



Leo The Lion

Congratulations to Micah for following the 5 rules of the school. We hope Leo and you both enjoy your time together.



Birthdays

Happy birthday wishes are sent to the following student and staff:
Ms Rutherford 16th August
Nelson 19th August



Students of the Week

Congratulations to the following students who were presented with Student of the Week awards at assembly this week:

Micah: He is caring and considerate of his class mates and enjoys being creative while working collaboratively with others.

Tom: Has been working hard with expanding his knowledge and applying critical thinking during Maths.

Roger: Takes responsibility for his learning at school and home, he ensures he has a good working space and has the resources to complete his work.

Natania: Showing fantastic persistence during our Maths learning. It has been wonderful to see her confidence grow as she becomes more accurate in representing addition using numbers and symbols.



From The Principal

Kinder Visit and Enrolling for 2027

It was wonderful to welcome children and their families to our Kinder Visit last Friday. Families enjoyed a tour of the school, learned more about life at Wimmera Lutheran College, Nhill, and the children had the opportunity to spend time in the Foundation classroom, meeting staff and experiencing a taste of school life.

Over the next two weeks, the other Nhill schools will also hold their Kinder Visits. Following these visits, schools will begin finalising enrolments to assist with planning for the 2027 school year.

If you would like to enrol your child at Wimmera Lutheran College, Nhill, simply click the 'Enrol Here' button on our website at www.wlc.vic.edu.au. Families who were unable to attend our Kinder Visit are warmly invited to contact the school to arrange a tour.

Hockey 7s and Athletics

Next Tuesday, our Hockey 7s team will travel to Hamilton to compete at the next level of competition. We wish all our players the very best and thank Mrs Alexander and the parents who will be assisting on the day.

On Wednesday, 19th August, 23 students will proudly represent our school at the WWSSA Athletics Carnival in Warracknabeal. We congratulate these students on their achievements and wish them every success.

The Hub

If you have not yet activated your account for The Hub, we encourage you to do so as soon as possible. The Hub will become an important platform for school communication and information sharing. Instructions for setting up your username and password were sent to families earlier this term. If you need any assistance, please contact the school office.

Meerkat Performance and Book Week

We are looking forward to welcoming performers from Meerkat Productions next Monday. Their engaging performance will help launch the excitement of Book Week, which begins on Monday, 24th August.

Our Book Week celebrations will conclude with a dress-up day, parade and special activities on Friday, 28th August. Students are invited to come dressed as their favourite book character or in a costume inspired by this year's Book Week theme, 'Symphony of Stories'. We can't wait to see everyone's creativity on display!

Every blessing,

Damon

Book Week
Dress Up
Parade

Friday 28th Aug 9am

Symphony of Stories

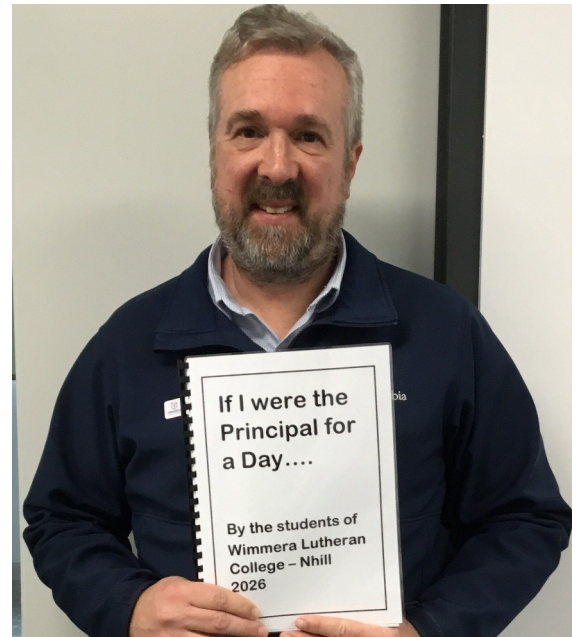
Super Readers Award

Congratulations to the following students who were presented with Super Readers awards at assembly this week. Ivy and Sienna



Principal Day at WLCN

The students have put together a book for Mr Prenzler which is filled with many ideas on how the school should be managed! Happy Primary Principals Day Mr Prenzler!



WLC Nhill Book Fair

Tues
11th
August

to

Fri
28th
August

Open
1.35pm
to
1.55pm

—
3.15pm
to
3.45pm

All purchases help raise funds for the school for student resources

Year 1/2 says: Please help us look after our environment!

The Year 1/2 class is proud to be involved in the BRAD Program, which collects hard-to-recycle items and sends them to specialist recyclers rather than landfill.

Students and families can collect accepted items and bring them to the Year 1/2 classroom, where they will be sent to BRAD for sorting. The materials are then processed by specialist Australian recyclers and turned into new products whenever possible.

Look for the green box!



Many everyday items, such as blister packs, bread tags, pens, toothbrushes, bottle lids, and small beauty product containers, cannot be placed in regular kerbside recycling bins. BRAD provides a solution for these items. (Please see Miss Schultz for a list)

Foundations 100 Days Celebrated





Sharing the Stage

One of the unexpected joys of being Principal is that no two days are ever the same. Last week, I found myself stepping into the rather unusual role of Goliath during our Foundation D Chapel. Standing on stage in costume alongside our youngest students certainly wasn't on my list of expected duties when I entered education, but I wouldn't have missed it for the world.

What struck me most wasn't the costume or the performance itself, it was the sheer delight on the faces of the students. They laughed, smiled, and threw themselves wholeheartedly into retelling one of the Bible's most well-known stories. Seeing their excitement and enthusiasm reminded me that some of the most meaningful moments in a school community happen when adults are willing to step into a child's world and simply share an experience with them.



There is something powerful about having someone stand beside you on a stage. Whether it is in a chapel presentation, on a sporting field, in a classroom or through one of life's challenges, knowing someone is there with you brings confidence, encouragement and joy. Our Foundation students weren't standing alone; they knew their teachers, classmates and even their Principal were alongside them. That shared experience transformed what could have been a daunting moment into one filled with fun and laughter.

As I reflected on the experience, I also found myself thinking about the many leaders across Wimmera Lutheran College who quietly "share the stage" with our students and families every day. Whether it is Mrs Jacobsen in the Horsham Primary School, Mrs Carter in our Secondary School, Mr Prenzler in Nhill, Ms Dent in Dimboola, Mrs North across the 3 campuses, or the many teachers, support staff and leaders across every campus, they consistently stand alongside others through moments of celebration, challenge, learning and growth. Leadership is at its best when people know they are not facing life's journey alone, and I am incredibly grateful to work alongside colleagues who live this out so faithfully each day. One of the greatest strengths of Wimmera Lutheran College is that, across our three campuses and two sub-schools, our students and families are surrounded by leaders who choose to stand alongside them. They celebrate the highs, walk through the challenges, and remind our young people every day that they are valued, known and never alone.

As I reflected on the morning, I was reminded that this is exactly how Jesus journeys with us. He never asks us to face life on our own. Through every success and every challenge, every celebration and every uncertainty, Jesus stands beside us. He doesn't simply watch from the audience; He joins us in our daily lives, offering His strength, His grace and His unwavering presence.

The story of David and Goliath reminds us that God is greater than any giant we may face. Yet perhaps another beautiful reminder from our chapel was this: God never intended for us to face those giants alone. Through Jesus, we have someone who continually shares the stage with us.

The writer of Hebrews reminds us of this wonderful promise:

"Never will I leave you; never will I forsake you."

Hebrews 13:5

What a comforting assurance that wherever life takes us, whether we feel confident or uncertain, successful or challenged, we are never standing on the stage alone. Christ is always beside us, and through Him we have the courage to face whatever lies ahead.

I am grateful to our Foundation D students and staff for inviting me to play a small part in such a joyful chapel service. It was a wonderful reminder that leadership is not only about guiding from the front, it is also about being willing to stand alongside others, share in their experiences, and celebrate the joy that comes from learning and growing together in Christ.

Chapel Offerings

From this weeks Chapel \$60.70 was collected for the ALWS Gifts of Grace. Please consider sending an offering each Friday morning as the communities there rely on our help.



Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- Tom & Zoe and their family
- Elly and her family
- Sienna & Hunter and their family
- Jed and his family



Worship News

Please see below the church service times:

Sun 9th August 11th Sun after Pentecost
Sun 16th August 12th Sun after Pentecost
Nhill 9.30am

Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au or on iTunes and Spotify.

9 August	Walking together with depression	(Interview)
How can you help a teenager through their most challenging life moments? Hear Vicki's reflection of walking with her children through depression. As a parent and counsellor, she's found what helps in the hard times.		
16 August	Who am I: Teen Identity	(Interview)
What do teenagers really think about their place in a world of confusion and challenges? Hear stories of young people searching for identity, and how faith shapes who they are.		

Devotional Thought

Leave the weeds to the master

'No,' he answered, 'because while you are pulling the weeds, you may uproot the wheat with them' (Matthew 13:29).

Read [Matthew 13:24-30](#)

In Year 8 Agriculture at my high school, we were each given a plot and some cabbage seeds and told to plant the cabbages and keep the plot weed-free. In my report at the end of the semester, my teacher Mr Boerth wrote, 'Stephen struggled to keep the weeds at bay. He is no gardener!' (A bad report for the son of a farmer!)

As much as I try, I admit I'm still no gardener. Nowadays, I get help with my garden from an expert. He knows far more than I do. Sometimes I have ideas for dealing with issues in my garden and don't consult him. I inevitably do the wrong thing, which he then must correct. As much as I want to do things myself, I have to trust his expertise first.

In the Parable of the Wheat and the Weeds, Jesus addresses the human frustration of seeing weeds among the wheat. A farmer's field is sabotaged by an enemy who sows weeds alongside the good wheat. In first-century Palestine, this weed was likely darnel, a poisonous plant closely resembling wheat in its early stages of growth. When the master's workers eagerly offer to pull up the weeds, the master stops them with a surprising command: 'Let both grow together until the harvest.'

We make judgement calls all day long: make this or that for breakfast, check our calendars or messages, sort out this problem or prioritise another. But when it comes to God's kingdom – who is righteous, who is not, who is heaven-bound and who is not – that is not our call to make. Calling down God's judgement on people isn't our responsibility (as much as we might want to).

Do we need to confront poor behaviour respectfully? Yes. Do we need to keep people safe? Absolutely. Do we help those who need help? Of course! Do we point people to Jesus? One hundred per cent. But a person's salvation or damnation isn't our call to make – we leave that to the master.

Heavenly Master of the field, we lift our world to you. Focus us on your word and on the tasks set before us. Help us trust you with the final outcome of our world, knowing that we who are in Christ will one day shine like the sun in your kingdom. Amen.

ARE YOU WHEAT?
OR ARE YOU A TARE?
MATTHEW 13:24-30

Upcoming Events

August

Mon 10th: Meerkat Production Incursion

Tues 11th to Fri 28th: WLC Nhill Book Fair

Hockey 7's @ Hamilton

Wed 19th: Athletics in Warracknabeal

Fri 21st: Year 3/4 visit Respect Avonlea Aged Care

Mon 24th - Fri 28th: Book Week "Symphony of Stories"

Fri 28th: Book Week Dress Up and Parade

Mon 31st - Fri 4th Sept: Teacher Aide Appreciation Week

Mon 31st - Thurs 3rd Sept: Year 5/6 Melbourne Camp

September

Wed 2nd: P&F Meeting

Fri 4th: Father's Day Chapel and Footy Match

Tues 8th and Wed 9th: 3 Way Conversations (after school)

Wed 9th: L'Desert Athletics @ Stawell

Fri 11th: P&F Movie Night

Thurs 17th: School Production

Fri 18th: Last Day Term 3

October

Mon 5th: Term 4 Starts

Thurs 15th: Nhill Show

Fri 16th: WLC Nhill School Closure

Fri 23rd: Grandparents Day

Fri 30th: World Teachers Day

November

Mon 23rd: Report Writing Day (pupil free)

December

Fri 4th: NO BUSES

Reminder:

Students need to bring their own water bottles to school.

Chapel Dates

Aug 14th: Kate Polack

Aug 21st: Foundation

Aug 28th: Book Week

Sept 4th: Father's Day

Sept 11th: Kate Polack

Sept 18th: TBC

Assembly Dates

Aug 21st: Year 1/2

Sept 11th: Foundation

SRC

Hot Chocolates

Term 3

Wednesdays



SRC

CHICKEN NUGGETS

Term 3

Tuesdays

\$1 each or

3 for \$2



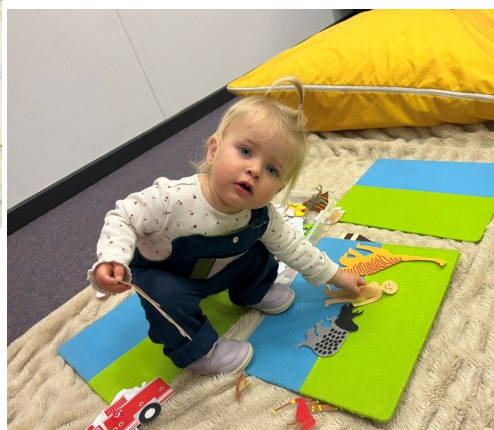
Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead. Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin.nhill@wlc.vic.edu.au



We continued with our 'musical instrument's' theme and each of the children had a turn at making their own hand drums. We used cardboard, string, beads and paint pens to decorate. These were enjoyed by the children as they explored how to make the drum sound using the beads.

We started a new set of songs during music time in the library. Using ribbons this week to explore dance and rhythm.

We finished off the morning reading a story called 'Violet and the violin'.

There is no playgroup next week.

So we look forward to seeing you on Tuesday August 18th for our next musical morning!



Girls: *Trading Anxiety & Perfectionism for Authentic Growth*

Wednesday 19 August | 7pm AEST

It's a heartbreaking reality: mental health disorders in teenagers are on the rise. Girls are the most affected, and while there are several contributors to this trend, social media is unquestionably a major factor for many of our daughters.

Platforms like Instagram, Snapchat, and TikTok have changed the way girls relate. Social media has changed girls' expectations for themselves and each other. Anxiety, perfectionism, bullying, and self-loathing are just some of the devastating side effects.

In short, new and impossible standards are leaving many of our daughters feeling like they're simply... not enough. But there's hope.

Join Dr Justin Coulson for Girls, where he'll unpack:

- Why so many of our girls don't feel they are enough.
- How our best-intentioned efforts to help them feel enough backfire.
- Solutions that shift your daughter's focus from worrying if she'll ever be enough to no longer even thinking about it.
- How to establish a relationship that leaves no doubt that she really is enough.

Sign up here:

<https://happyfamiliesfamilyeducation.ac-page.com/awj-girls-hfs-register>





Your Kids Don't Trust You

The most important line in this article is this one:

Trust is the belief that the other person has your best interests at heart.

In parenting, nothing matters more than that your child trusts you. Your child must believe that you want the very best for them. No matter what. But... most of our children don't believe that.

Picture this: you walk into your child's bedroom and find them doing something that they're not supposed to be doing. A younger child might be drawing on the wall. Or tearing pages out of your favourite book. An older child might be on their device and looking at inappropriate content online. Or talking to a friend and using coarse language.

What's the typical response? We react. Large. Now they're in trouble. We're removing privileges or delivering a lecture. Perhaps we are asking them what in the world they are thinking, or imposing sanctions.

At no point as we stand in the doorway angrily scowling or threatening do our children ever look at us and say, "Gee Mum/Dad, I guess you're right. And I can see that you're telling me to clean up the mess because that's what is best for me". Or "Wow, taking my device away makes sense. It's certainly in my best interests."

Regardless of whether what we have said to our children is accurate, they're rarely, if ever hearing it as something that will make them trust us more. Instead, it's driving a wedge between us and harming trust.

Kids don't learn to trust us when things go right. They learn it when things go wrong. The moment you most want to explode is the exact moment your child is deciding whether you're safe.

So what do I recommend instead? Here's what I do.

First: name it. I let my child know I'm not happy with what's going on, and that we'll need to have a chat about it soon. Then I walk away and let things cool. (This matters. Nothing good gets said while everyone's temperature is up - mine included. High emotions equals low intelligence.)

When we do sit down, my opening question surprises them every time: "What does trust mean?"

My kids know the answer by heart now. "Trust means believing that the other person is going to act in your best interest."

Then I ask the question that sets the stage for whether we proceed or not: "Do you trust me? Do you believe that I'm going to act in your best interest?"

Only once they've said yes can the real conversation begin. Because now we're on the same side of the table. If they say no, that becomes a different conversation about why.

Some time ago I had an extremely difficult and serious conversation with one of my children. She'd done something that crossed our lines of acceptability by a long way. I followed the steps above - and then, because the stakes were so high, I added one more. I asked her, "Do you know that there is no one on this planet of 8 billion people who loves you as much as your Mum and I do? No one who wants what's best for you more than we do?"

I told her she could trust me. And that we'd work through this thing together. That's when the walls came down.

Our children trust us when we step away from "sanctions" and "consequences", and focus on problem-solving. That's the very best "discipline". No child has ever been lectured into feeling loved. Your child's behaviour is a moment. Your child's trust is the relationship. Don't trade the relationship to win the moment.

Studies show that trust increases efficiency. We can get more done and much faster when trust is high. We can make a deal with a handshake. Without trust, we second-guess, draw up legal contracts, demand oversight and accountability. Supervision and monitoring becomes a requirement. A lack of trust is costly.

Where trust is high, people communicate more openly, accept feedback more readily, and cooperate with decisions even when they disagree. That last part is powerful for parents. A child who trusts you will accept a limit they don't like.

In the midst of my challenging conversation with my daughter, we agreed that YouTube was off-limits. Without trust in the relationship, this decision would have felt like a punishment - something she would need to work around when no one was watching. But because she understood the challenge we faced, knew I was acting in her best interest, and was part of the problem-solving process, *she was the one who suggested it!* When kids own the solution, they keep it.

But the [landmark finding](#) from parenting research is that parental "monitoring" doesn't actually keep kids safe; child *disclosure* does. And kids disclose to parents they trust and feel warmth from. Surveillance and sanctions reduce disclosure; trust increases it.

"Do you trust me?"

Our children will believe we have their best interests at heart when our response to their worst moments proves it.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.

2026 Victorian Premiers Reading Challenge



Reminder:

The end date of the Reading Challenge is just around the corner.

Friday 4th September

Students who have signed up can now make the last big effort to add more books to their reading tally.

Congratulations to all the students who have made a commitment to be reading on a regular basis for this challenge.

WLCN P&F

Our P&F have been busy creating an amazing cookbook, filled with over 100 family friendly recipes contributed by our school community.

Cookbooks available at the office \$25 each (cash only)

Other payments methods please contact P&F member or via email pandf.nls@gmail.com

Creativity at Lunchtime



Future Engineers, Chefs and Gymnasts practising their skills and having fun using their imagination at WLC Nhill.



Parent & Friends Update

P&F met on the 29th of July after not having met since mid Term 2. Lots had happened since then.

Most notably we held our annual donut day, which was very well supported by families and local business again. A total of around 1800 donuts were cooked and sold on during the day and just under \$1500.00 raised. A huge thank you to everyone who volunteered on this day, it is a huge effort always, and always a success.

Earlier this term we spent a Friday selling cookbooks at IGA, another successful day with 23 cookbooks sold. Thank you to everyone who volunteered on this day. There are still cookbooks available at the front office for anyone still wanting a copy.

Coming up this term we will be holding another Movie Night on September 11th, watch this space for more details in coming weeks. The movie suggestion box will be back at the front office for anyone wanting to make movie suggestions.

We will again be cooking hotdogs to be enjoyed after the annual Fathers Day footy match. Thank you to Paula Pereira for again donating the hot dogs.

At the end of term we will be holding another fundraiser. At the Lions Market on September 20th we will be selling cookbooks and Donuts. More information and requests for volunteers will be sent out in coming weeks.

With the funds raised so far this year we decided to order 2 beautiful outdoor mats for the school. These will be used in the yard, and at sporting events. It gives us great pleasure to provide these resource to the school, which we can't do without your volunteering. Can't wait to see these mats once they arrive.

I would like to thank everyone for their support of the P&F so far this year and encourage everyone to get involved anyway they can, attending meetings, attending social events volunteering or encouraging volunteers. Your support is always appreciated.

Jackie Rethus

WLC-Nhill P&F Chair



Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting relating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some of the challenges being faced by young people today.

Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle.

Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Explore SchoolTV today - <https://nhills.vic.schooltv.me>



Attention Deficit Hyperactivity Disorder (ADHD)

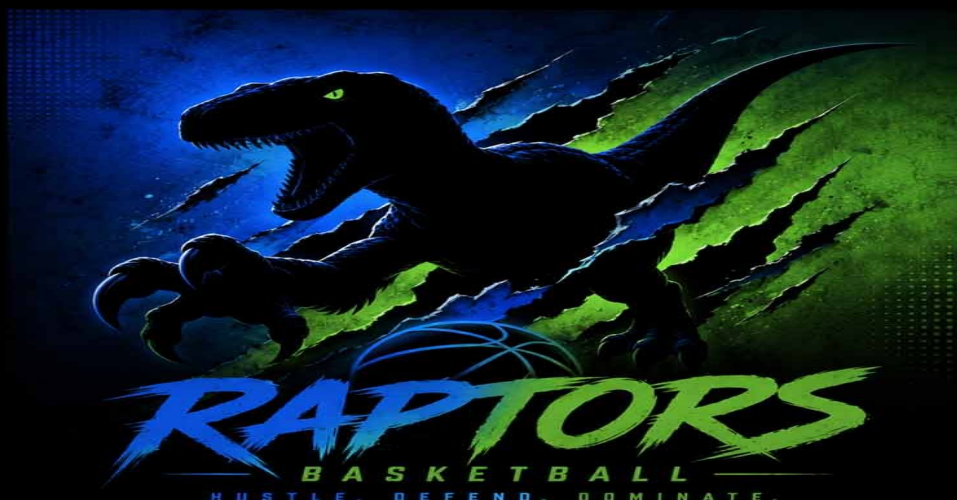
The link to this topic

<http://wlc.vic.schooltv.me/newsletter/adhd-au>



Mental Health Literacy

The link to this topic http://wlc.vic.schooltv.me/wellbeing_news/special-report-mental-health-literacy-guided-reflection-au



2026-27 NHILL/DIMBOOLA REPRESENTATIVE SQUAD TRAILS

Under 12s (2018 - 2016)

Under 14s (2015 - 2014)

Under 16s (2013 - 2012)

Under 18s (2011 - 2010)

**AUGUST 2ND @
NHILL**

**AUGUST 9TH @
DIMBOOLA**

10:00 - UNDER 12 & 14 GIRLS

11:00 - UNDER 12 & 14 BOYS

12:00 - UNDER 16 & 18 GIRLS

1:00 - UNDER 16 & 18 BOYS

STOP MOTION ANIMATION WORKSHOPS

THE STATION

16 PYNSENT STREET, HORSHAM



**Every Wednesday
beginning 12th August**

***DURING SCHOOL TERMS**

4:00pm - 5:15pm

**BYO device with Stop
Motion (free) app installed**



STOP MOTION



For ages 10-25

REGISTER VIA THE QR CODE OR
[https://jotform.com/HorshamYouth/
stop-motion-animation-workshops](https://jotform.com/HorshamYouth/stop-motion-animation-workshops)



In September, 2026, Gallery Central will hold a community art display,

“Sea of Faces”.

***We want participants to create faces on 4x4 inch canvas panels.** Our plan is to mount them all “side by side” to create the effect of a patchwork quilt.

***The exhibition is free to enter and there are no prizes. The work will not be for sale.**

***The back of each panel must have the artist’s name and school or phone number if an adult.**

The artwork must be delivered to the gallery before Friday, September 4th.

The faces may be human, animal, insect, fantasy, alien etc. They may be abstract or realistic. Any medium may be used, such as paint, textas, crayons, collaged paper, textiles, photos, digital images etc.

Partial faces, profiles, big or little faces. As long as there is a face on the canvas panel and it has been fun to create.

Note: 4x4 inch canvas panels can be found in shops like “Trevs” in Horsham.
The Mont Marte brand is perfect.

Enquiries to Kim Gibson 0417 846 213

or Jen Dufty 0488 040 063

The flu spreads quickly

**Sick kids?
Keep them
home**

Keeping unwell children at home helps protect classmates, staff, and families during flu season

my.gh.org.au/flu

Grampians Health
Grampians Public Health Unit