



WIMMERA
Lutheran
College

Nhill

Term 3
Week 2
Issue 11
July 24th 2026

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Leo The Lion

Congratulations to Jerome for following the 5 rules of the school. We hope Leo and you both enjoy your time together.



Birthdays

Happy birthday wishes are sent to the following students:

Eva 26 July

Ayla 27 July

Matilda 3 August

Silas 6th August



Students of the Week

Congratulations to the following students who were presented with Student of the Week awards at assembly this week:

Khemaka: Uses his initiative and compassion to support his classmates by offering help and remaining focused to complete his own tasks.

Sienna: Her exceptional commitment to her learning in all areas of the curriculum, especially reading. Your resilient and positive attitude, are a testament to the progress you have made this year.

Jackson: Responds positively to feedback to improve the quality of his work and to his class peers.

Ruth: Improvement with her writing task and using her imagination to create stories and present them.

Alfie: Shown fantastic persistence during our maths learning, to understand how to share a collection equally, he never gave up asking for help and showed determination to complete the task.

Seraph: Demonstrated responsibility with her learning by listening, and being kind to her classmates.



From The Principal

Term 3 has begun positively, and I would like to commend our students on the way they have returned to school with enthusiasm, ready to learn. It has been wonderful to see such a positive start to the term. I hope all of our families enjoyed a relaxing and refreshing school holiday break.

Kinder Visit

We look forward to welcoming prospective Foundation families to our Kinder Visit next Friday, 31 July, from 9.15 am to 11.00 am.

Parents and children who will be starting Foundation in 2027 are invited to visit our school, learn more about what WLC has to offer, enjoy a guided tour of the campus, and spend time in the Foundation classroom with Miss Zikos. We encourage families to share this opportunity with anyone who may be interested.

Hockey 7s

Congratulations to our Hockey 7s team on their outstanding efforts at Wednesday's interschool Hockey 7s competition. Led by Mrs Alexander, the team displayed excellent sportsmanship, teamwork and determination throughout the day. They represented our school with pride, winning every game, including the final.

The team has now qualified to compete at the next level of competition in Hamilton on 11 August. We wish them every success. Thank you also to the parents who assisted and supported the team on the day.

Police Visit

We thank Leading Senior Constable Teilah Rabone from the Proactive Policing Unit for visiting our school yesterday.

During her visit, Teilah spoke with our Foundation to Year 2 students about policing and the important role police play in our community. She also presented an engaging session on online safety for our Year 3-6 students, providing valuable information to help them stay safe in the digital world.

The Hub

Information about *The Hub* has recently been sent to families. Over the coming weeks, our campus will begin using The Hub more regularly as the primary communication platform between school and home. We encourage families to familiarise themselves with the platform as it will become an important way for us to share information and updates.

Semester 2 Chapel Theme - Parables

This term we have begun our Semester 2 chapel theme, *Parables*. Parables are stories Jesus told using familiar, everyday situations, such as sowing seed or searching for a lost coin, to teach important truths about God's kingdom and His love for us.

Last week our Year 5/6 class shared the Parable of the Workers in the Vineyard, while this morning the Year 3/4 class presented the Parable of the Prodigal Son. We look forward to exploring many more of Jesus' parables throughout the semester.

A reminder that an offering is collected at each chapel service. These offerings support worthwhile organisations, including Australian Lutheran World Service, and we thank our families for their continued generosity.

Every blessing,

Damon



Super Readers Award

Congratulations to the following students who were presented with Super Readers awards at assembly this week. Seraph, Joseph, Atreyu, Silas, Billie and Oliver.



Year 1/2 says: Please help us look after our environment!

The Year 1/2 class is proud to be involved in the BRAD Program, which collects hard-to-recycle items and sends them to specialist recyclers rather than landfill.

Many everyday items, such as blister packs, bread tags, pens, toothbrushes, bottle lids, and small beauty product containers, cannot be placed in regular kerbside recycling bins. BRAD provides a solution for these items. (Please see Miss Schultz for a list)

Students and families can collect accepted items and bring them to the Year 1/2 classroom, where they will be sent to BRAD for sorting. The materials are then processed by specialist Australian recyclers and turned into new products whenever possible.

Look for the green box!



Action required

Working With Children Check Required

DO NOT HAVE A WWCC? Please complete the online application and provide a copy to the school - link below

<https://service.vic.gov.au/services/working-with-children>

HAVE A WWCC? Please provide the school with a copy
Thanks in advance for your help on this matter.

WLCN P&F

Our P&F have been busy creating an amazing cookbook, filled with over 100 family friendly recipes contributed by our school community.

Cookbooks available at the office \$25 each (cash only)

Other payments methods please contact P&F member or via email pandf.nls@gmail.com

Hockey 7's Competition at Dimboola—WLC Nhill Winners!





Congratulations to our Hockey 7s team on their outstanding efforts at Wednesday's interschool Hockey 7s competition. Led by Mrs Alexander, the team displayed excellent sportsmanship, teamwork and determination throughout the day. They represented our school with pride, winning every game, including the final. The team has now qualified to compete at the next level of competition in Hamilton on 11 August. Thank you also to the parents who assisted and supported the team on the day.

WLC Day – Coming Together as One

On Monday 13 July, staff from across our Horsham, Nhill and Dimboola campuses gathered at St Peter's Lutheran Church, Dimboola, for a WLC Day. These days have become an important part of our College calendar, providing a valuable opportunity for all staff, teachers, education support staff, administration, finance, maintenance, ICT and wellbeing to come together as one community to learn, reflect and continue strengthening the culture and identity of Wimmera Lutheran College.

The day began with a warm welcome from Dimboola Campus Head, Ms Millie Dent, who shared the rich history of the Dimboola campus and led us in prayer as we prepared for the day ahead. We also took the opportunity to welcome several staff members, including Ms Jana Pavlovska, who officially commenced her role as our Interim Director of Business Operations. We also acknowledged the contribution of Mr Craig Young as he concluded his time with the College. The morning encouraged staff to pause before the busyness of Term 3 and intentionally reconnect with colleagues from across all three campuses.

Our first professional learning session centred on Leading Lutheran Identity. Together we explored what makes a Lutheran school distinctive and reflected on the *Growing Deep* framework, *which reminds us that every person working in a Lutheran school is a leader, regardless of their role. Through discussion and collaborative activities, staff considered how our Lutheran identity is expressed not only through worship and Christian symbols, but also through our relationships, culture, hospitality and daily interactions with students and families. A highlight of the session was a creative design challenge where groups imagined what a purpose-built Lutheran school would look like and identified the elements that could never be removed if the school's Christ-centred identity was to remain intact. These conversations reinforced that our Lutheran identity is something we intentionally live out every day, not simply something we display.*

The second part of the morning focused on the ongoing development of our Mission, Vision and Values as part of the Wimmera Lutheran College Strategic Plan. Building on the work already undertaken by the Board, Executive Team, staff surveys and community consultation, staff explored the emerging themes of Community, Faith, Excellence and Respect, while also having the opportunity to suggest additional values that they believe best represent WLC. Through table discussions and collaborative activities, every staff member contributed to identifying the values that will shape the culture and future direction of our College. These responses will now be collated by the Leadership Team as the next stage of the strategic planning process continues.

Following morning tea, staff participated in a practical professional learning session on Artificial Intelligence in Schools. The session examined how AI is already influencing education and explored the opportunities and responsibilities it presents for schools. Staff considered the importance of the Australian Privacy Principles, ethical decision-making, cyber safety, and responsible use of AI by both staff and students. Interactive activities challenged staff to evaluate real-world scenarios and contributed to the development of Wimmera Lutheran College's future AI Charter, ensuring our approach remains both innovative and grounded in our Christian values.

The afternoon concluded with important compliance and wellbeing sessions, including the College's twice-yearly Anaphylaxis Management Briefing, followed by worship together as one College community before staff returned to their respective campuses in preparation for the arrival of students the following day.

As we continue to grow as one College, days such as these are invaluable. They strengthen relationships across campuses, deepen our shared understanding of Lutheran education, and ensure that we continue moving forward with a common purpose. Thank you to everyone who contributed to making the day such a positive and engaging experience, and in particular to the Dimboola Campus and St Peters Lutheran Church and Ladies Guild for their generous hospitality. Together, we continue to build a Christ-centred community where students, staff and families are truly Free to Flourish.

"And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together... but encouraging one another."

Police Visited All the Classrooms On Thursday





Chapel Offerings

From this weeks Chapel \$79.15  was collected for the ALWS Gifts of Grace. Please consider sending an offering each Friday morning as the communities there rely on our help.

Prayer of the Week



Each week we pray for someone in our School Community. This week we pray for.....

- Jessie and her family
- Milienke and her family
- Harper and her family
- Khemaka and his family
- Lexie and her family
- Penny and her family

Worship News

Please see below the church service times:

Sun 26th July 9th Sun after Pentecost
Sun 2nd Aug 10th Sun after Pentecost
Nhill 9.30am

Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au or on iTunes and Spotify.

26 July	Great expectations	(Richard Fox)
Have you ever had grand dreams of being great at something, only for them to disappear? Richard reflects on what happens when life doesn't turn out the way we'd hoped.		

2 August	Surviving Cancer	(Interview)
How do you cope with a cancer diagnosis? Celia shares Karen's story of courage and hope through cancer and how she found a way to survive through the illness.		
9 August	Walking together with depression	(Interview)
How can you help a teenager through their most challenging life moments? Hear Vicki's reflection of walking with her children through depression. As a parent and counsellor, she's found what helps in the hard times.		

Devotional Thought

Seeing the sign

Give me a sign of your goodness, that my enemies may see it and be put to shame, for you, Lord, have helped me and comforted me (Psalm 86:17).

Read [Psalm 86:11-17](#)

I remember watching a movie called *The Man with Two Brains* some years ago. It was a comedy starring actor Steve Martin. In one of the opening scenes, we see his character (recently widowed) standing in front of a painting of his late wife, talking to it about what to do regarding a woman who had taken his fancy. Then he says, 'Show me a sign, just show me a sign!' The picture starts spinning on the wall – and he takes it down and puts it away in a cupboard.

Have you seen any signs of God's goodness lately? I have. I see God's goodness in the beauty of nature, in the fact that we have food on the table, in the love of family and friends, and every time I go to church and hear the words, 'Your sins are forgiven', 'Take and eat, this is my body', and 'Take and drink, this is my blood that was shed for you for the forgiveness of your sins'. And, of course, God's goodness shines through answered prayers.

Even when we cannot form the words to ask God for help, God knows our needs and what is on our hearts. Think about how God provides help and comfort when you most need it – the person who is prepared to listen; the quiet touch when you feel lost and alone; the friend who checks in to make sure you're okay – and the knowledge that nothing can separate you from God's loving care (see Romans 8:26-39).

The psalmist prays that God would teach him to rely on God's faithfulness. We can pray that, too – and in learning to rely on God's faithfulness, we can have confidence that God will never leave us or forsake us; God will deliver us from the depths. And in return, let's give thanks and praise to our generous God – the God who surrendered his only Son for us, to die for us and to make it possible for us to be God's children for now and for always.

Let's pray: faithful God, thank you for always being here for us. Thank you for being compassionate and gracious, slow to anger and abounding in love, faithfulness and mercy. Amen.

Year 3/4 Class Making Butter In A Jar



Year 1/2 Class UOI - Exploring What Can Happen When You Mix Ingredients



Upcoming Events

July

Tues 28th: 100 Days of School Celebration

Wed 29th: P&F Meeting (New Date)

Fri 31st: Kinder Visit 9.15am to 11am

August

Tues 4th: NO BUSES

Mon 10th: Meerkat Production Incursion

Tues 11th to Fri 28th: WLC Nhill Book Fair

Wed 19th: Athletics in Warracknabeal

Fri 21st: Year 3/4 visit Respect Avonlea Aged Care

Mon 24th - Fri 28th: Book Week "Symphony of Stories"

Mon 31st - Fri 4th Sept: Teacher Aide Appreciation Week

Mon 31st - Thurs 3rd Sept: Year 5/6 Melbourne Camp

September

Fri 4th: Father's Day Chapel and Footy Match

Wed 9th: L'Desert Athletics @ Stawell

Fri 18th: Last Day Term 3

October

Mon 5th: Term 4 Starts

Thurs 15th: Nhill Show

Fri 16th: WLC Nhill School Closure

Fri 23rd: Grandparents Day

Fri 30th: World Teachers Day

November

Mon 23rd: Report Writing Day (pupil free)

December

Fri 4th: NO BUSES

Wed 9th: Term 4 Ends 3.15pm

Reminder:

Students need to bring their own water bottles to school.

Chapel Dates

July 31st: No Chapel

Aug 7th: Year 1/2

Aug 14th: Kate Polack

Aug 21st: TBD

Aug 28th: Foundation

Sept 4th: Father's Day

Sept 11th: Kate Polack

Sept 18th: TBC

Assembly Dates

Aug 7th: Year 3/4

Aug 21st: Year 1/2

Sept 11th: Foundation

SRC

Hot Chocolates

Term 3

Wednesdays



SRC

CHICKEN NUGGETS

Term 3

Tuesdays

\$1 each or

3 for \$2



Parents Complete The VSC Volunteer Online Program Using The Links Below



Lutheran schools seek to ensure that each member of the school community enjoys a positive, safe, healthy and respectful place of learning. To meet this expectation staff and volunteers of schools of the Lutheran Church of Australia (LCA), and early childhood services are obliged to meet the requirements of the 'LCA Standards of Ethical Behaviour' and related LCA policies. Valuing Safe Communities (VSC) is a school specific training program developed to comply with this expectation.

This handout provides information about how volunteers and casual staff can complete the Valuing Safe Communities training. Please note that to participate in this course, there is a two-step process which is required to ensure the integrity and safety of the training content. The first stage is registering on the training system: iLearn, and the second stage is enrolling in the training module.

Step 1 – Registering for Training if you do not have an iLearn login

1. Visit the following website: <https://ilearn.alc.edu.au/>
2. Click on Create new account on the right of the screen.

3. Complete the registration form, including the fields under the title 'Valuing Safe Communities'. If the fields are hidden, click on the title ('Valuing Safe Communities') to reveal them, otherwise select your school.
4. Click on the button that looks like this:
5. Check your inbox for an email from 'iLearn Support' <ilearnsupport@alc.edu.au> Subject: iLearn – Australian Lutheran College: account confirmation. If you can't see it in your inbox, check your junk or spam folder. Click on the confirmation link contained in the email.
6. After you click the confirmation link in the email, iLearn opens to confirm your registration. Before commencing step 2, please 'log-out' from the dashboard (top left-hand corner).

Stage 2 – Enrolling in the module

7. Once you have registered OR if you have registered previously with 'iLearn', visit the following website: <https://ilearn.alc.edu.au/course/view.php?id=242>
8. Log in to 'iLearn' entering your username and password.
9. Click on 'VSC Volunteer & Casual Staff' under the Enrolment options
10. Enter the Enrolment Key: VSC6_VoLCA5 (also printed below the module)
11. Commence the training by following the online prompts. Once the training is completed you will receive an electronic copy of a certificate. You can print a copy for your records and your completion date will be saved in the system.

If you require any help during this process, please email ilearnsupport@alc.edu.au

Thank you for taking part in this important training.



Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead. Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin.nhill@wlc.vic.edu.au



We had a great morning in Get'em Going playgroup this week.

Our focus instrument was the drum! All the children had the opportunity to make their own drum. We used tin cans, paint pens and balloons to decorate them.

There was lots of fun making train tracks and magnets today. Working with our friends to create our own towns.

We used drums and shaker eggs for our music time in the library.

We finished off the morning reading a story from the Bible called 'The walls of Jericho'.

Next week we are making 'arm bells.

Our Biggest Resilience Mistake



We are accidentally raising fragile children.

It's not because we're bad parents. It might be the opposite. It's because we're "good ones". We love our kids so much that we smooth the path ahead of them, intervene when things get hard, and rescue them from discomfort before it has a chance to teach them anything.

It feels like protection. It might be the opposite. But it takes wisdom to know the difference. And it's hard because it seems that the stakes are high.

About ten years ago, my daughter (Abbie), came home from school in tears. Her best friend, Abby, had discovered that her mum's cancer had returned after years of remission. The doctors had caught it too late. Her body was riddled with it, and the prognosis was terminal. Four weeks. Christmas.

Abbie announced that, to support her friend, she would sign up for the Leukemia Foundation's "World's Greatest Shave". We asked what colour she would dye her hair. Her response: "I'm not dyeing it. I'm shaving it." We tried to convince her it was a bad idea. The possibility she would be teased or worse worried us. Grade 8, we suggested, can be tough on kids who look different. Abbie dismissed our concerns. She was all in.

Sadly the doctors' forecast was accurate. Mrs Johnson passed away at Christmas time. We hoped Abbie would change her mind about the shave but she grew more determined.

The day arrived. Abbie's head was shaved with Abby, Mr Johnson, and our entire family bearing witness. Thousands of dollars were raised in honour of Abby's mum, Mrs Johnson. And many tears were shed as our brave daughter said goodbye to her hair.

Now for the sad part. Despite her bravery, despite the school principal inviting Abbie onto the stage at assembly to describe what she'd done and how much she'd raised, despite the Johnson's being well known in our school community, and despite the applause for her efforts, Abbie came home in tears on many afternoons. She was called names. She was pushed and shoved. Her lunch was stolen. Abbie was "different", and the kids let her know it.

"Do you regret it?" I asked one afternoon as I comforted her.

"Dad, my hair will grow back", she responded. "But the Johnson's don't get their mum back. It's a small price to pay."

Anti-Fragile

Nassim Taleb is a statistician and philosopher who thinks about risk and uncertainty. He claims there are three kinds of systems:

1. Fragile ones - the type that break under pressure.
2. Resilient ones - the kind that absorb a shock and return to where they were.
3. Antifragile ones - which use stress as fuel. They don't just survive difficulty. They grow *because* of it.

Most of us are trying to raise resilient kids. Taleb invites a more interesting question: what if we aimed higher?

The trap we don't see coming

Fragility rarely announces itself. A child whose parents have smoothed every conflict, intervened in every struggle, and removed every meaningful obstacle can look perfectly capable - right up until the moment they aren't. The problem isn't that these kids lack love or support. It's that they've never had the chance to build internal architecture for stress.

When difficulty finally arrives - and it always does - they have no practiced response. Weakness was never allowed to become strength.

Resilience versus antifragility

Resilience means returning to baseline. It's recovery. It's important, and we should cultivate it. But antifragility is *the capacity to be changed by hard experiences in ways that leave you better equipped, not merely restored.*

A child who navigates a painful friendship fallout without a parent stepping in to fix it doesn't just get through it. They learn about conflict, about emotion, about repair, in ways no amount of coaching from the sideline could teach. The difficulty was the lesson.

Presence without rescue

This doesn't mean leaving kids to struggle alone, or treating hardship as automatically character-building. This is not a "toughen up princess" message. Chronic stress without support is damaging, not developmental.

The antifragile environment is one where a child encounters age-appropriate difficulty and knows they're not alone in it.

The parent's role shifts from problem-solver to context-setter. You're not fixing the situation. You're providing the secure base from which they can engage with it themselves.

For a primary school child, that might mean resisting the urge to call another parent when friendship gets complicated, and instead sitting with your child while they figure out what they want to do. For a teenager, it might mean allowing a poor decision to carry its natural consequences, and being present for the debrief rather than the prevention. You're nearby, not in between.

The children who adapt when plans fall apart, who recover from failure without collapse, who find their footing in genuinely hard circumstances - they're rarely the ones who had the smoothest ride. They're the ones whose difficult experiences counted for something. Who felt the weight of things, and discovered they could carry it.

I almost prevented my daughter from having one of the most powerful experiences of her life. By getting out of the way but staying nearby, she showed me she was stronger than I could ever have known.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.

Welcome



We would like to extend a warm welcome to Penny and her parents to our school family. It is lovely seeing your happy face around the school.

Well Done Nelson!



Nelson competed on Thursday last week at the State Cross Country Titles at Yarra Valley race course.

He came 20th out of 86

Time of 11.24 for 3km.

St Pauls's Church Congregation Helping WLC Nhill Year 3/4 With Unit of Inquiry



A huge thank you to the St Paul's Lutheran Community who have been helping the Year 3/4 class painting calico bags. These will be sold to raise funds for the class to adopt a Turtle, which is part of their Unit of Inquiry. Wendy and Lorraine shared their turtle bags at assembly.



Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting relating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some

of the challenges being faced by young people today.

Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle.

Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Explore SchoolTV today - <https://nhills.vic.schooltv.me>

Wellbeing Barometer Survey 2026

A SchoolTV topic supporting
modern-day parenting



A SPECIAL REPORT: Wellbeing Barometer Survey - 2026

The Wellbeing Barometer survey is an important annual check-in that helps our school better understand the wellbeing of our students. Each year, the survey provides valuable insights into young people's experiences, highlighting areas of concern, recognising strengths and resilience and reinforcing the importance of early, preventative support.

This year, the survey has been reviewed and refreshed to further refine the information shared by parents and adult carers, helping provide a clearer and more meaningful overview of wellbeing across our school community. These updates support more accurate insights while maintaining the same commitment to privacy and confidentiality.

Your participation is strongly encouraged. We ask that you take a few moments to complete the survey for each of your children, based on your observations from the past 12 months. All responses remain anonymous and are reported only in aggregate.

By capturing a broad picture of students' emotional, social and mental wellbeing, the survey helps us respond more effectively to the evolving needs of our school community. The insights gathered assist in identifying emerging trends, areas of strength, and opportunities for early intervention, ensuring support can be targeted where it is needed most.

If any of the content raises concerns for you or your child, please contact the school or seek professional medical advice.

We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report:

https://wlc.vic.schooltv.me/wellbeing_news/special-report-wellbeing-barometer-survey-2026-au

Term Dates 2026

Term 4: Mon 5th Oct—Wed 9th Dec

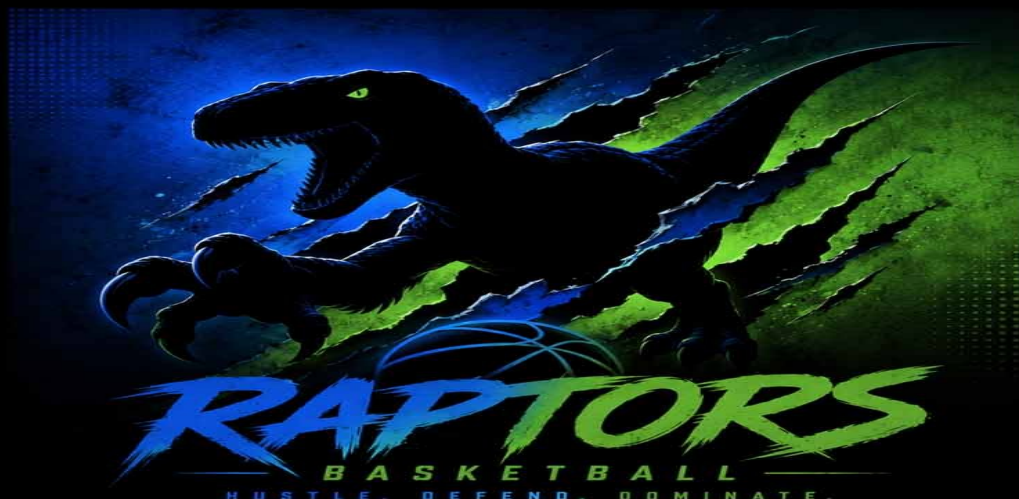
Thurs 15th Oct: Nhill Show (holiday TBC)

Fri 16th Oct: School Closure Day

Mon 23rd Nov: Report Writing Day (no students)

Wed 9th Dec: Last Day for students

Thur 10th/ Fri 11th Dec: Staff PD Days



2026-27 NHILL/DIMBOOLA REPRESENTATIVE SQUAD TRAILS

Under 12s (2018 – 2016)

Under 14s (2015 – 2014)

Under 16s (2013 – 2012)

Under 18s (2011 – 2010)

**AUGUST 2ND @
NHILL**

**AUGUST 9TH @
DIMBOOLA**

10:00 – UNDER 12 & 14 GIRLS

11:00 – UNDER 12 & 14 BOYS

12:00 – UNDER 16 & 18 GIRLS

1:00 – UNDER 16 & 18 BOYS

The **flu** spreads quickly

**Sick kids?
Keep them
home**

Keeping unwell
children at home
helps protect
classmates, staff,
and families during
flu season

 my.gh.org.au/flu

 **Grampians
Health**
Grampians Public
Health Unit