



Leo The Lion

Congratulations to Zoe for following the 5 rules of the school. We hope Leo and you both enjoy your time together.



Birthdays

Happy birthday wishes are sent to the following students:

Micah 8th June

Ruth 10th June



Students of the Week

Congratulations to the following students who were presented with Student of the Week awards at assembly this week:

Xander: Demonstrated responsibility with his learning at school and home, he has developed resilience, using his initiation and being organized for class

Madelyn: Her capacity to think creatively, and articulate those inventive thoughts through the written word, embedding them in her major narrative piece this term. Keep up the fantastic attention to detail.

Joseph: Tackles his work independently, has shown resilience with challenges and enjoys collaborating with his class mates.

Ruby L: Has proven that through dedication, determination, effort and focus she is able to be confident in recognizing the days of the week and their sequence.



From The Principal

Pentecost

Last Sunday was Pentecost Sunday, a special day in the Christian calendar when we remember the coming of the Holy Spirit to the disciples. Filled with courage and faith, the disciples went on to share the good news of Jesus and help grow the Christian church.

Today, Wimmera Lutheran College Nhill continues this Christian foundation, which shapes the way we nurture, educate, and care for every student in our community.

Athletics Day

Congratulations to all students for their outstanding efforts at Athletics Day last Friday. We were fortunate to enjoy beautiful sunny weather and witness many excellent examples of teamwork, determination, and sportsmanship throughout the day.

Congratulations to Hindmarsh House for narrowly taking out the overall win ahead of Lowan and Mallee. Well done also to Tom and Helena on receiving the Champion Boy and Champion Girl trophies.

Thank you to the many staff, families, and supporters who assisted and encouraged students throughout the day.

Cross Country

Congratulations to Nelson for his excellent performance at the Cross Country competition held in Warrnambool earlier this week. Nelson finished equal fourth in his race and has now qualified for the State Championships in Melbourne. We wish him all the best for the next stage of competition.

Reconciliation Week

This week marks National Reconciliation Week, a time to reflect on and honour the traditional custodians of the land on which we live and learn. At WLC Nhill, we acknowledge and pay our respects to the Wotjobaluk, Jaadwa, Jadawadjali, Wergaia, and Jupagulk peoples.

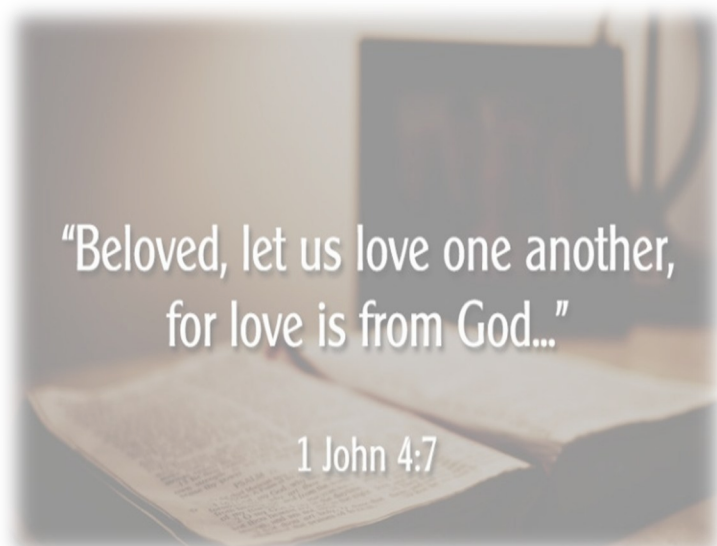
We are proud that both our school and town carry Aboriginal names, Wimmera and Nhill, which form an important part of our shared identity and heritage.

Looking Ahead

There is much to look forward to in the remaining weeks of Term 2:

- June 3 – P&F Meeting, 7:30pm
- June 5 – Report Writing Day (Student-Free Day)
- June 12 – Donut Day
- June 15 – Years 5/6 Travel Expo
- June 16 – School Photographs
- June 19 – WLC Music Tour
- June 23 – Freestyle Dance Ministry
- June 24 – F-2 Excursion

Every blessing,
Damon



Super Readers Award



Congratulations to the students who were presented with Super Readers awards at assembly this week, Sienna, Ruth, Ivy, Xavier and Micah.

Athletics Day at WLC Nhill



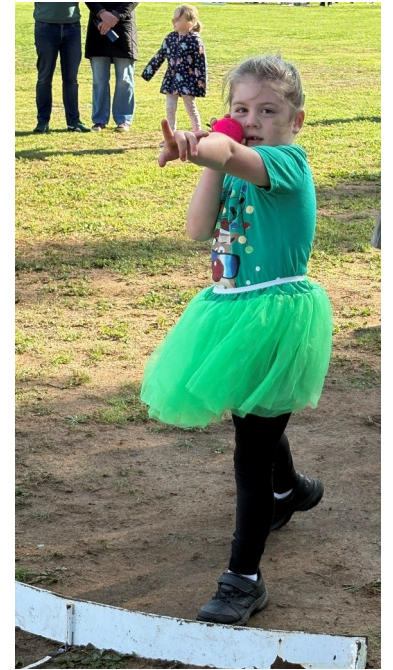


Winning Team - Hindmarsh!

Mr Prenzler presenting the Shield to Hindmarsh Year 6 students, James, Tom and Savannah.

Athletic Champions for 2026, Boys - Tom and Girls - Helena









Upcoming Events

June

Wed 3rd: P&F Meeting
Fri 5th: Report Writing Day (pupil free)
Mon 8th: Kings Birthday Holiday (no school)
Thurs 11th: Lightning Premierhips
WLC Band Visit
Fri 12th: P&F Donut Day
Mon 15th: Year 5/6 Travel Expo
Tues 16th: School Photos
Tues 23rd: Freestyle Ministry Dance
Wed 24th June: F-2 Excursion to Horsham
Fri 26th: Last Day Term 2

July

Mon 13th: Staff PD Day (No students)
Tues 14th: Term 3 Starts
Wed 22nd: Hockey 7's @ Dimboola
Tues 28th: 100 Days of School Celebration

August

Tues 4th: NO BUSES
Mon 10th: Meerkat Production Incursion
Mon 24th - Fri 28th: Book Week "Symphony of Stories"
Mon 31st - Fri 4th Sept: Teacher Aide Appreciation Week

HELLO WINTER

Hot Chocolates! 🍫

Warm up with a delicious hot chocolate in

Week 9!

📅 Wednesday 17/06

Bring \$2

CHANGE OF DATE!!!!

Place your money in your class message box
Enjoy a yummy hot chocolate treat!
Don't miss out on this cosy winter warmer! ❄️



Chapel Dates

June 12th: Year 1/2

June 19th: Year 3/4

June 26th: Foundation

Assembly Dates

June 12th: Foundation

June 26th: Year 3/4

Working With Children Check Required

DO NOT HAVE A WWCC? Please complete the online application and provide a copy to the school - link below

<https://service.vic.gov.au/services/working-with-children>

HAVE A WWCC? Please provide the school with a copy

Thanks in advance for your help on this matter.

From The WLC Executive Principal—Jason Przibilla

Strategic Plan Update

Recently, members of the Wimmera Lutheran College Board and Executive Leadership Team came together for an important strategic planning workshop focused on shaping the future direction of our College. Throughout the workshop, participants reflected on the values, mission and vision of Wimmera Lutheran College. The discussions highlighted a strong commitment to community, grace, care, compassion, academic growth and faith, alongside a desire to prepare students to contribute positively to the world beyond school.

The day started with the leaders of each Sub School and Campus, sharing their reflections around three key questions:

1. What does your community stand for?
2. What are you most proud of?
3. What must not be lost in the amalgamation?

This exercise proved to be a real highlight of the day as all members of the group were privileged to hear about what makes each campus/sub-school special. It was fascinating to note the points that celebrated diversity and the many points that celebrated unity, an important theme of our amalgamation journey so far.

The workshop also explored what makes Wimmera Lutheran College distinctive as a Lutheran school. Themes such as belonging, servant-hearted leadership, holistic education, resilience, innovation and lifelong learning emerged strongly throughout the day. These conversations will now help guide the development of a set of College values, a mission statement and a vision statement that reflect both our Lutheran identity and the unique nature of our three-campus community.

Importantly, this work is not simply about creating statements for a website or prospectus. Strong values, mission and vision statements help guide decision-making, teaching and learning, student wellbeing, leadership and the overall culture of a school. They provide clarity about what we stand for and ensure that we remain focused on providing a safe, engaging and Christ-centred environment where every learner can flourish.

Over the coming months, the Executive Team will continue refining this work as part of the College's broader strategic planning process. We look forward to sharing further updates with our community as these important foundations for the future of Wimmera Lutheran College continue to take shape.

"Commit to the Lord whatever you do, and he will establish your plans."

Proverbs 16:3

AI in Schools Update

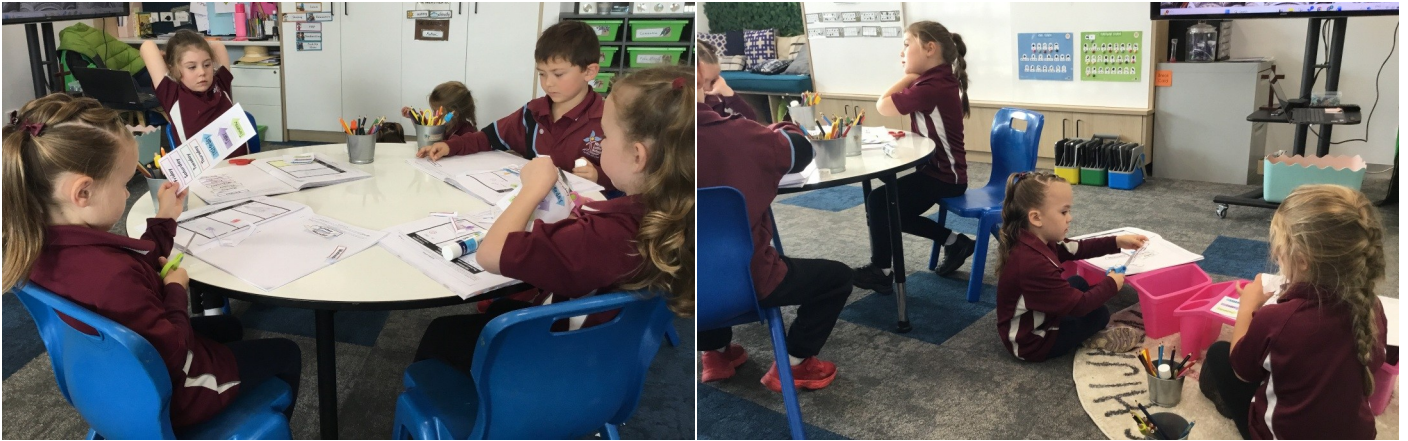
As part of our ongoing commitment to providing high-quality, future-focused Lutheran education, the Wimmera Lutheran College Executive leadership team continues to actively engage in conversations and professional learning around the use of Artificial Intelligence (AI) in schools. Wimmera Lutheran College is currently participating in the LEVNT AI: Ethical and Responsible Use project, which is supporting Lutheran schools to develop clear, safe and values-based approaches to AI implementation. Jacqui North, Matt Polack and myself will be attending the first workshop for this on Friday.

In addition to this, the Executive Team of WLC is undertaking a six-part workshop series focused on developing a shared understanding of AI and its implications for schools. Topics include: understanding what AI is, safety and privacy considerations, opportunities within teaching and learning, how we want students to use AI responsibly, student wellbeing in an AI-rich world, and the key skills and knowledge staff and students will require both now and into the future. This work will help guide the College as we seek to embrace innovation while ensuring our practices remain ethical, purposeful and centred on student learning and wellbeing.

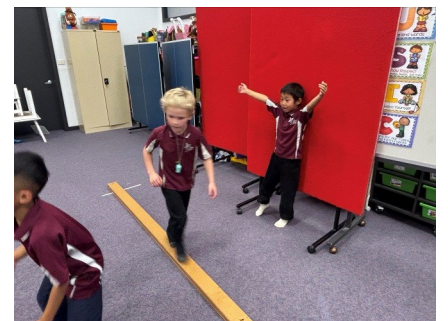
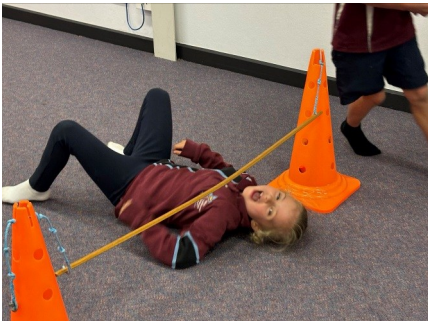
Specialist Class - Stephanie Alexander Program



Foundation Class Activities



PMP Program



Nelson Represented WLC Nhill in the Greater Western Region Cross Country Event at Warrnambool


Nelson competed on Tuesday 26th May in the Primary 12/13 year boys age group. Nelson came equal 4th with a time of 10.33 min for 3km.

Nelson now goes to the State Title in Melbourne on 16th July.

Congratulations Nelson!



Chapel Offerings

From the this weeks Chapel \$21.60 was collected for the ALWS Gifts of Grace.  Please consider sending an offering each Friday morning as the communities there rely on our help.



Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- Billie and her family
- Sophie & Lucy and their family
- Ruby & Ivy and their family
- Wesley and his family
- Miss Zikos and her family

Worship News

Please see below for this week's church service times:

Sun 31st May Trinity Sunday

Sun 7th June 2nd Sun after Pentecost
Nhill 9.30am



Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au or on iTunes and Spotify.

31 May	I don't agree	(Discussion)
Raising a child with a disability can be tough. Hear Bart's story of how his family embraced their son's abilities and focussed on the positives in challenging times.		
7 June	Support in financial hard times	(Interview)
Hear Jan, a volunteer financial counsellor, share how the financial struggle impacts all of us, and how we can ask for help when we're not coping.		

Devotional Thought

Essential lessons in Vegemite application

Let what you heard from the beginning abide in you (1 John 2:24a).

Read [1 John 2:24-29](#)

It's taken me years to master the art of Vegemite application.

This is not a skill you acquire in childhood and then forget about. It requires discipline, focus and a surprising amount of self-control. It takes patience, restraint and a willingness to learn from mistakes. Too much Vegemite, and you've ruined perfectly good toast. Too little, and you're left wondering whether you're even trying. I've had seasons of confidence, moments of regret and the occasional identity crisis when I thought I'd finally nailed it, only to discover I'd drifted off course again.

But as a proud Australian, applying Vegemite to toast is an essential life skill. You don't dabble with Vegemite. You don't improvise wildly or freestyle your way to success. Vegemite doesn't reward experimentation. It demands commitment. You learn the basics, you respect them and – crucially – you stick with them.

In today's reading, John is writing to a community where sticking to the basics is becoming increasingly harder.

New ideas are circulating. New voices are claiming authority. Some teaching sounds impressive, even sophisticated. There's no pressure to abandon faith altogether, but certainly to adjust it. Tweak it here, update it there. Make it fit more comfortably with what feels new or fashionable.

John's advice is remarkably simple: 'Let what you heard from the beginning abide in you.'

Stay. Remain. Stick.

This isn't fear of change or resistance to growth. John isn't warning against learning, reflection or being reshaped – he's cautioning against forgetting Christ himself. Abiding means continually returning to Christ and trusting him to keep doing his work in us. It is not about clinging tightly but trusting that we are already being held.

Abiding takes patience. It means resisting the urge to constantly upgrade, rebrand or improve what was already given as a gift. It means trusting that God – who held us from the beginning – is still enough.

This brings us back to Vegemite. It doesn't need experimentation or reinventing. Nor does it require upgrading or rebranding. Spread too thin, and it disappears. Tinker too much, and it loses its point. But used as it was intended, it does exactly what it's meant to do: it nourishes. John's advice is just as practical: stick with what you heard from the beginning. Stay. Abide. Don't drift.

Faithful God, when I am tempted to chase what is new, impressive or fashionable, draw me back to the life you give. When I drift, help me return. When I complicate faith, remind me of the grace I first received in Christ. Hold me steady in your love and keep me grounded in you. Amen.

Parents Complete The VSC Volunteer Online Program Using The Links Below



VSC Volunteer iLearn enrolment help notes

Lutheran schools seek to ensure that each member of the school community enjoys a positive, safe, healthy and respectful place of learning. To meet this expectation staff and volunteers of schools of the Lutheran Church of Australia (LCA), and early childhood services are obliged to meet the requirements of the 'LCA Standards of Ethical Behaviour' and related LCA policies. Valuing Safe Communities (VSC) is a school specific training program developed to comply with this expectation.

This handout provides information about how volunteers and casual staff can complete the Valuing Safe Communities training. Please note that to participate in this course, there is a two-step process which is required to ensure the integrity and safety of the training content. The first stage is registering on the training system: iLearn, and the second stage is enrolling in the training module.

Step 1 – Registering for Training if you do not have an iLearn login

1. Visit the following website: <https://ilearn.alc.edu.au/>
2. Click on Create new account on the right of the screen.

Login

Username / email


Password

Remember username

Log in

[Create new account](#)

[Lost password?](#)

3. Complete the registration form, including the fields under the title 'Valuing Safe Communities'. If the fields are hidden, click on the title ('Valuing Safe Communities') to reveal them, otherwise select your school.
4. Click on the button that looks like this: 
5. Check your inbox for an email from 'iLearn Support' <ilearnsupport@alc.edu.au> Subject: iLearn – Australian Lutheran College: account confirmation. If you can't see it in your inbox, check your junk or spam folder. Click on the confirmation link contained in the email.
6. After you click the confirmation link in the email, iLearn opens to confirm your registration. Before commencing step 2, please 'log-out' from the dashboard (top left-hand corner).

Stage 2 – Enrolling in the module

7. Once you have registered OR if you have registered previously with 'iLearn', visit the following website: <https://ilearn.alc.edu.au/course/view.php?id=242>
8. Log in to 'iLearn' entering your username and password.
9. Click on 'VSC Volunteer & Casual Staff' under the Enrolment options
10. Enter the Enrolment Key: VSC6_VoLCA5 (also printed below the module)
11. Commence the training by following the online prompts. Once the training is completed you will receive an electronic copy of a certificate. You can print a copy for your records and your completion date will be saved in the system.

If you require any help during this process, please email ilearnsupport@alc.edu.au

Thank you for taking part in this important training.



Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead. Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin.nhill@wlc.vic.edu.au



We had a great morning in Get 'em Going Playgroup last week! Our focus animal was the snake. Each of the children used coloured paper to make their own snake then added a head and tail on with glue. We finished off the morning reading the story of 'Adam and Eve' from the children's Bible. Next week we are learning all about sheep!

WLCN P&F

Our P&F have been busy creating an amazing cookbook, filled with over 100 family friendly recipes contributed by our school community.

The cookbook has now been printed

Cookbooks available at the office \$25 each (cash only)

Other payments methods please contact P&F member or via email pandf.nls@gmail.com



Nature is Fuel for the Soul

Children are spending up to 90% of their lives [indoors](#).

The [Royal Children's Hospital National Child Health Poll](#) of 2,036 parents found that most Australian preschoolers (55%) don't play outdoors every day. Data on adolescents is hard to come by, but international surveys all suggest the same thing: time outdoors for our kids is plummeting.

According to the [Australian Institute of Family Studies](#) (AIFS), the main reasons children spend more time indoors are:

- a lack of suitable outdoor spaces
- parental concerns about safety, traffic and crime
- children spending more time on electronic devices
- study being prioritised over play (e.g. spending time learning spelling or maths rather than playing – whether at home or at preschool).

There are few things more valuable for your child's wellbeing, however, than getting them outside, touching grass. The research on kids and nature is substantial.

A [2023 overview](#) pulled together 36 systematic reviews on the topic. [One review](#) looked at six "schoolyard greening" projects - basically, making school outdoor spaces more natural - and found real improvements in students' physical activity and social and emotional health. Another [systematic review](#) focused specifically on nature exposure and emotional and behavioural outcomes. Every randomised controlled trial in the review - all five of them - pointed in the same direction. More nature, higher wellbeing, less stress.

If my brief overview with links to incredibly useful studies has convinced you that outdoor time matters, even as we approach the cold of winter, the question becomes "how do I get the kids outside"?

The critical element will be *relationships*. Kids want to be where people they love are hanging out. If you're inside holding a hot cup of cocoa, they'll want to be there. But if you're brave enough to rug up and step outside (or if their friends are doing something outdoors), the battle is all but won.

Here are ten ideas for getting our kids (and ourselves) outside. This will, of course, depend on what is accessible near you.

1. Go for a walk or hike. Simple, free, and underrated. For younger kids, turn it into a scavenger hunt — make a quick bingo card with things like birds, flowers, pinecones, or different coloured letterboxes. For older kids, just being side-by-side on a walk can open up conversations that would never happen face-to-face at the kitchen table. Some of my best chats with my kids have happened while we were both staring at the footpath ahead of us.

2. Get moving. Dig the bikes out of the garage. Dust off the scooters. If you're feeling brave, find the skateboard. Getting moving outdoors — even just around the block — often turns out to be more fun than anyone expected. Fair warning though: if you haven't been on a skateboard since 1987, take it steady. They disappear from underneath you faster than you remember. Ask me how I know.

3. Find a park or open space. State parks, national parks, city parks, local reserves — parks are genuinely one of Australia's great underused resources. Hikes, waterfalls, skate parks, caves, green space, abseiling... yes, and also leeches, mozzies, and the occasional spiderweb to the face. That's what makes it memorable. The greener the space, the better — for the kids, obviously. Not for you. You're fine.

4. Water play. Beach, river, creek, backyard sprinkler, or just a bucket and a hose. Kids and water are a combination that never really fails. And yes, it might be getting cooler — but have you noticed that children are apparently immune to cold water? They'll be in it regardless. Let them.

5. Go rock pooling. With some of the most accessible coastline in the world, Australians are criminally underusing rock pools. All you need is low tide, a pair of old shoes, and a curious kid. The combination of water, wildlife, and the hunt — what's under that rock? what's in that crack? — keeps kids absorbed for far longer than you'd expect.

It's also a surprisingly good workout for adults who spend the whole time crouched down going "ooh, look at this one."

6. Have an outdoor picnic. Grab a blanket and take a meal outside. It doesn't need to be fancy — a pizza from down the road counts. There's a headland near our home on the Sunshine Coast where families gather at sunset, eat whatever they've brought, and let the kids roam. It happens every single week and it never gets old. Something about eating outside just makes everything taste better and everyone feel calmer.

7. Get outside after dark. Camp in the backyard. Head to a campground for a couple of nights where you can light a real fire and actually see the stars. Go stargazing on the trampoline. Or simply take the kids and the dog for a walk after dinner. We call it the "digestion walk" at our place — and some of the best conversations happen on those quiet evening loops around the neighbourhood when everyone has eaten and nobody has anywhere to be.

8. Outdoor art. This one lands particularly well with kids up to around age 12. Chalk on the driveway or footpath is always a hit — you end up with an entire neighbourhood canvas. Paintbrushes and spray bottles work brilliantly too, either with water on concrete or paint on paper pinned to the fence. Get the shoes off, get the aprons on, and accept that something is going to get stained.

9. Grow something. A vegie patch, a pot of herbs on the balcony, or even just a seed in a cup on the windowsill. Gardening is one of the most well-researched nature-based wellbeing activities we have, and for Australian kids with any outdoor space at all, it's enormously accessible. There's something quietly powerful about a child who plants something, tends to it, watches it grow, and then eats it. It teaches patience and care in a way that very little else does.

10. Follow your child's lead. Ask your kids what they want to do — as long as it's outside. Sports, flying kites, building sandcastles, climbing trees, digging holes for absolutely no reason, throwing a frisbee, setting up a cake stall on the corner of the street. There are as many ways to be outside as there are kids who need to be there. Sometimes the best thing you can do is open the back door and see what unfolds.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit

Bus Travelers



Can parents/caregivers please let us know at the school if your children are not going to be on the bus in the afternoon.

You may use the school stream app, phone the office, email or in person when you arrive to collect the children.

If you know the children are not on the bus for specific days of the week they can be permanently recorded as not on the bus for that particular day. Thanks in advance for your co-operation on this matter.

School Stream App



All families, please be aware that you can instal the school stream app from your app store and search for Nhill Lutheran School.

This app provides you with another means of communication for signing permission slips, camp, absentees, bus travelling changes.

Just a reminder that there have been some changes with the school stream reporting app. to make it easier for parents/caregivers to use.

The regular used forms have been moved to their own folders, they are; Absence Reporting & Bus.



A FREE WEBINAR

Understanding Anxiety and Depression to Foster Resilience

PART 2

Supporting Primary & Secondary students

Join us for an exclusive webinar featuring international experts Dr Emma Woodward and Dr Joe Stammeijer, as they share valuable insights into recognising early signs of concern and practical approaches to supporting the wellbeing of young people.

This webinar is **Part II of a series.**

In this session, topics include:

- **Staying Calm and Connected**
- **Building Daily Routines**
- **Meeting the Needs of Neurodivergent Learners**

Suitable for: Parents, grandparents, carers, educators, school leaders. |

Duration: 45 minutes



Online, Wednesday
10 June, 2026
7.30 pm



Dr Emma Woodward

Emma is recognised for her work as a child psychologist and TEDx speaker, keynote presenter, trainer and facilitator. She is also a regular SchoolTV presenter.



Dr Joe Stammeijer

A specialist in forensic psychiatry and a lecturer in medical education focusing on innovative practice and professional leadership. Joe is also a contributor to SchoolTV.

**Don't miss out.
FREE event.
Scan or click the
button to register.**



Register here



Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting relating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some

of the challenges being faced by young people today.

Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle.

Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Explore SchoolTV today - <https://nhills.vic.schooltv.me>

Wellbeing Barometer Survey 2026

A SchoolTV topic supporting
modern-day parenting



A SPECIAL REPORT: Wellbeing Barometer Survey - 2026

The Wellbeing Barometer survey is an important annual check-in that helps our school better understand the wellbeing of our students. Each year, the survey provides valuable insights into young people's experiences, highlighting areas of concern, recognising strengths and resilience and reinforcing the importance of early, preventative support.

This year, the survey has been reviewed and refreshed to further refine the information shared by parents and adult carers, helping provide a clearer and more meaningful overview of wellbeing across our school community. These updates support more accurate insights while maintaining the same commitment to privacy and confidentiality.

Your participation is strongly encouraged. We ask that you take a few moments to complete the survey for each of your children, based on your observations from the past 12 months. All responses remain anonymous and are reported only in aggregate.

By capturing a broad picture of students' emotional, social and mental wellbeing, the survey helps us respond more effectively to the evolving needs of our school community. The insights gathered assist in identifying emerging trends, areas of strength, and opportunities for early intervention, ensuring support can be targeted where it is needed most.

If any of the content raises concerns for you or your child, please contact the school or seek professional medical advice.

We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report:

https://wlc.vic.schooltv.me/wellbeing_news/special-report-wellbeing-barometer-survey-2026-au



SRC
CHICKEN NUGGETS Available Term 2, 2026!
Tuesday only - \$1 each
or
3 for \$2
Send money with student
Place their order in classroom message box
A great fundraiser for the Student Representative Council

Year 3/4 GWMWater Visit

WHAT HAVE YOU FLUSHED DOWN THE TOILET?

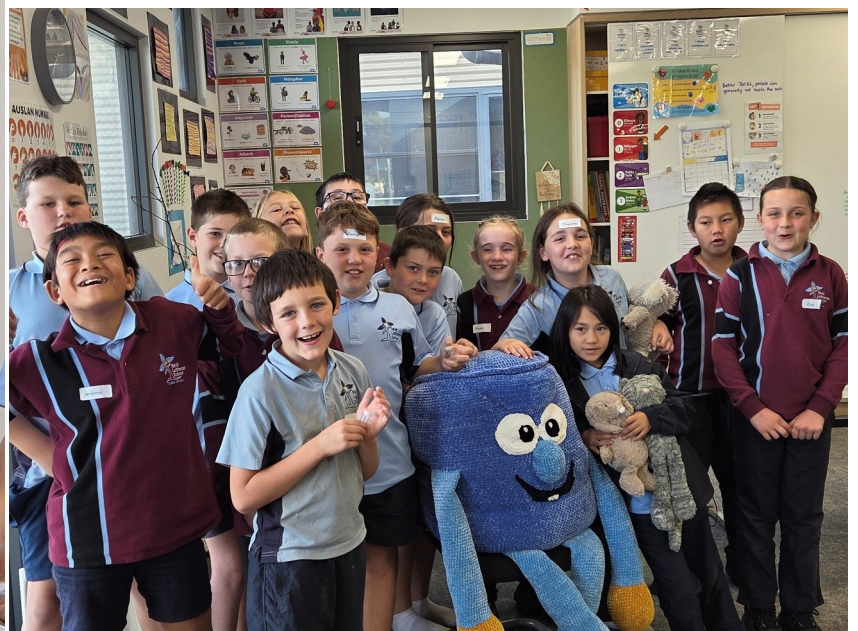
Shelly Stockdale from GWM Water visited the Year 3/4 class on Thursday 28 May to talk about what happens to our wastewater.

Before she arrived, students predicted what they thought happened to the water that goes down our sinks, drains, and toilets. Some students thought it ended up in the ocean, while others believed it was treated so thoroughly that we could drink it again!

Shelly explained that wastewater travels through pipes to a treatment facility. She showed students photos of the Nhill treatment plant and explained how the treatment process works. Students were fascinated to learn that "big bugs" eat smaller bugs as part of the cleaning process until the water is considered safe enough to be used for farm irrigation — but not for drinking.

Did you know there are only three things that should be flushed down the toilet? Pee, poo, and paper! Shelly carried out an experiment with student volunteers to show that toilet paper is the only type of paper that properly breaks down in water. She also showed students a photo of a pipe clogged with items that should never have been flushed. Students learned that oil, food scraps, baby wipes, tissues, fish and even vomit should not go down the drain or toilet.

The session was an eye-opener not only for the students, but for staff as well. Have you ever flushed a tissue when the toilet paper ran out or cleaned up vomit using the toilet? Next time, think of the poor worker who may have to unclog the pipes!



The **flu** spreads quickly

**Sick kids?
Keep them
home**

Keeping unwell children at home helps protect classmates, staff, and families during flu season

 my.gh.org.au/flu

 **Grampians Health**
Grampians Public Health Unit