



Leo The Lion

Congratulations to Billie for following the 5 rules of the school. We hope Leo and you both enjoy your time together.



Birthdays

Happy birthday wishes are sent to the following students:

Natania 1st May
Xavier 7th May
Jerome 8th May



Students of the Week

Congratulations to the following students who were presented with Student of the Week awards at assembly this week:



Hailey: Has approached the start of a new school year with great enthusiasm, making a most positive effort in all activities encountered so far. Her writing skills are growing steadily, and she shows much enjoyment in any type of artistic endeavour.

Nate: Showing great commitment to his learning of ordering, writing, recognising, and counting numbers from 0 to 20. He approaches tasks with focus and growing confidence, accurately recognising, ordering, and recording numbers. His positive attitude and persistence, even when challenged, have been wonderful to see.

From The Principal

Welcome to our first newsletter for Term Two. This edition is being shared a little later than usual following last week's Year 3/4 camp.

ANZAC Day

Last Saturday marked ANZAC Day, and it was wonderful to see so many of our students participating in the Nhill commemoration. Our school captains, Esther and Savannah, proudly represented our community by laying a wreath on behalf of the school. Lest We Forget.

Cross Country

Last week, our Year 3-6 students joined with students from St Pat's for the annual cross country event. The course followed the Parkrun track through Jaypex Park and around the lake, a fantastic setting for the event.

Congratulations to the students who have qualified to represent our school at the Little Desert Regional Cross Country in Kaniva on Monday, May 11. Koda, Zoe, Lucy, Abby, Savannah, Grace, Sophie, Helena, Jerome, Atreyu, Luka, Tom, James and Nelson. We wish them all the best.

Year 3/4 Warrnambool Camp

Our Year 3/4 students enjoyed a fantastic camp in Warrnambool last week. They are to be commended for their enthusiasm, willingness to try new and challenging activities, and their positive participation throughout the experience.

A sincere thank you to Mrs Lees for her organisation of the camp, and to Mrs Wise, Mrs Fisher and Mr Borgas for their support. We look forward to sharing more camp highlights in the next newsletter.

WLC Board Visit

The Board of Wimmera Lutheran College met in Nhill last Tuesday. The Board rotates its meetings across the three campuses and plays a vital role in the strategic governance of the college.

LEVNT Central Hub Principal Visit

We were privileged to host the LEVNT Central Hub Principals last Wednesday. These principals, representing Lutheran schools in and around Melbourne, spent two days visiting and exploring the three campuses of Wimmera Lutheran College.

Quiz Night

The P&F Quiz Night will be held on Friday, May 8. Previous quiz nights have been highly enjoyable, and we encourage all members of our community to come along for a great evening.

Mother's Day

Our Mother's Day Chapel and morning tea will take place on Friday, May 8, beginning at 9:00am. We warmly invite all mothers, grandmothers, and special women in the lives of our students to attend.

Uniforms

Winter uniform is to be worn from Week 3 onwards. However, on warmer days, summer uniform may still be worn. Details of winter uniform requirements can be found in the Parent Handbook, and items are available through the school if needed.

Please note that hats are still required in accordance with our SunSmart policy and must be worn when the UV rating is 3 or above.

Every blessing,
Damon

Foundation Class Activities



Super Readers Award



Congratulations to the students who were presented with Super Readers awards at assembly this week, Ruth and Ollie.

WLCN P&F

Our P&F have been busy creating an amazing cookbook, filled with over 100 family friendly recipes contributed by our school community.

The cookbook is ready for printing and can now be preordered.

Cookbooks are \$25 each

Cookbooks can be ordered by contacting P&F via email pandf.nls@gmail.com

Upcoming Events

May

- Fri 8th: Mother's Day Chapel
- Mon 11th: Little Desert Cross Country @ Kaniva
- Thurs 21st: Foundation Class Nurse Visit
- Fri 22nd: WLC Nhill Athletics day
- Wed 27th: National Simultaneous Storytime

June

- Fri 5th: Report Writing Day (pupil free)
- Mon 8th: Kings Birthday Holiday (no school)
- Fri 12th: P&F Donut Day
- Wed 17th: School Photos
- Tues 23rd: Freestyle Ministry Dance (tbc)
- Fri 26th: Last Day Term 2

July

- Mon 13th: Staff PD Day (No students)
- Tues 14th: Term 3 Starts
- Wed 22nd: Hockey 7's @ Dimboola
- Tues 28th: 100 Days of School celebrated

August

- Tues 4th: NO BUSES
- Mon 10th: Meerkat Production Incursion
- Mon 24th - Fri 28th: Book Week "Symphony of Stories"
- Mon 31st - Fri 4th Sept: Teacher Aide Appreciation Week
- Mon 31st - Thurs 3rd Sept: Year 5/6 Melbourne Camp

September

- Fri 4th: Father's Day Chapel and Footy Match
- Wed 9th: L'Desert Athletics @ Stawell
- Fri 18th: Last Day Term 3



Chapel Dates

- | | |
|-------------------------------------|------------------------------|
| April 24th: Kate Pollack | June 12th: Year 1/2 |
| May 1st: tbc | June 19th: Year 3/4 |
| May 8th: Mother's Day Chapel | June 26th: Foundation |
| May 15th: Kate Pollack | |
| May 29th: Year 5/6 | |

Assembly Dates

- | |
|------------------------------|
| May 1st: General |
| May 15th: Year 1/2 |
| May 29th: Year 5/6 |
| June 12th: Foundation |
| June 26th: Year 3/4 |

Year 1/2



Chapel Offerings

From the last fortnight of Chapels \$21.05 was collected for the ALWS Gifts of Grace. Please consider sending an offering each Friday morning as the communities there rely on our help.



Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- Sienna B and her family
- Grace & Xavier and their family
- Madalyn, Charlotte & Atreyu and their family
- Alfie and his family
- Mrs Lees and her family

Worship News

Please see below for this week's church service times:
Sun 10th May 5th Sun of Easter
Nhill 9.30am

Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au or on iTunes and Spotify.

10 May	Mums you don't have to be perfect	(Discussion)
As mothers, we often feel like we're not doing a very good job, and that everyone else seems to have it all under control. Listen to Celia chat with Ali Hoopmann about what it means to be a mum – warts and all!		

Devotional Thought

'Yes,' says the Lord, 'I will do mighty miracles for you' (Micah 7:15a).

Read [Micah 7:14-20](#)

One of the things I struggle with in my daily walk with God is the impact of media. Whether it's watching Australian or world news, scrolling on Facebook or watching films and shows on Amazon Prime while engaging in a craft activity such as spinning wool or knitting, it's easy for me to have the TV on.

We know that engaging with media has become a huge part of our lives: it's often difficult to 'switch off'. It's habitual and, at times, necessary. But I do find myself getting so wrapped up in a TV series, or worse still, deeply affected by the news, that I can find myself easily falling into despair. Yes, it is important to know what's going on in the world, but this daily bombardment of information can cause fear and distress.

God's word is the antidote to this fear and distress. Engaging daily with Scripture brings a different result. Today's reading from Micah contains key words that offer great comfort that the news cannot give.

Protection: God speaks to us and promises protection for his people, leading them as his special possession (verse 14).

Provision: Even though they are alone (verse 14), he provides fertile pastures.

In a time of dramatic world unrest and increasing lack, God's assurance of safety and abundance comforts us: 'The Shepherd cares for his flock' (verse 14). And he continues to say 'yes' to you and to me. Daily, despite the noise of modern life, we can give thanks and remember that 'Yes,' says the Lord, 'I will do mighty miracles for you' (verse 15).

God calls us to trust in him for all we need. He does not want us to doubt his promised goodness. 'Where is another God like you?' (verse 18). Today, we are exposed to so many 'gods' (you know the list), yet none can 'pardon our guilt' or 'retain anger forever' (verse 18).

This text instead reassures us of God's promises: his unfailing love, compassion and faithfulness (verses 18 and 19), just as he showed to Abraham and Jacob. God's word continues from of old; it remains true and everlasting. Though we may be surrounded by personal trials, confronting media images and disturbing news (both real and imagined), we are encouraged by the gift of being able to turn daily to the best and only source of truth – God's word.

Dear Triune God, help me daily to turn to your holy word for consolation and comfort. May I pray for those who are suffering in these difficult times to also seek you for protection and provision. In Jesus' holy name, we pray. Amen.

From The WLC Executive Principal—Jason Przibilla

Survey and Strategic Planning

Welcome back to Term 2 and I hope the holiday break provided time for rest, renewal and connection with family and friends. As we reflected over Easter and I referenced in the Opening Service, the Easter message reminds us that Jesus is risen, a powerful truth that brings hope, renewal and the opportunity for a fresh start in all that we do. It is with this spirit that we begin the term ahead, embracing new opportunities for learning, growth and community. I extend my warmest wishes to all families across the Nhill, Dimboola and Horsham campuses for a positive and rewarding term ahead.

Anzac Day

Anzac Day is a deeply significant occasion in Australia, reminding us of the courage, sacrifice and service of those who have served our nation, and it was wonderful to see Wimmera Lutheran College honour this day through meaningful services both at school and within the local communities. My sincere thanks go to Mr Wayne Bandel for leading the Horsham service with such care and respect, to Mrs Michelle Hahn and the band for leading the music that enriched the commemoration, and to Bryan Matuschka for his moving playing of the bugle for the Last Post and Rouse.

We also acknowledge and thank our Student Leaders and staff of all three campuses who represented the College at the dawn and other commemorative services. As a community, we are reminded that Anzac Day is not just about remembering the past, but about carrying forward the values of courage, mateship, sacrifice and service in our daily lives.


Central Hub Principal Visits

Lutheran Education Victoria, NSW and Tasmania (LEVNT) brings together schools of varying sizes and contexts across the three states. These schools are organised into regional Hubs that meet regularly to foster collaboration, professional dialogue and shared growth.

This week, it was a pleasure to host the Central Hub (made up of schools from Melbourne, Geelong and Mildura) at Wimmera Lutheran College, with leaders visiting our Nhill, Dimboola and Horsham campuses. The visit provided a valuable opportunity for each campus to share its unique history, reflect on our amalgamation journey, and offer an update on the learning, community and developments taking place across our College.

I thank the Central Hub for their time, engagement and encouragement, and extend my appreciation to Mr Damon Prenzler and Ms Millie Dent for hosting and showcasing their campuses. We pray for continued collegiality, wisdom and partnership across the Lutheran schools of LEVNT as we work together in service of our communities and God's mission.

Horsham Campus Open Day



**WIMMERA
Lutheran
College**

**HORSHAM CAMPUS
OPEN DAY**

Wednesday 20 May, 2026

1:45PM - 5:00PM

GUIDED TOURS
Leaving every half hour

4:00PM - 4:30PM

YEAR 7 INFORMATION EVENING
For 2027 Year 7 families (First Showing)

4:30PM - 6:00PM

INTERACTIVE SHOWCASE
Middle School

6:00PM - 7:00PM

YEAR 7 INFORMATION EVENING
For 2027 Year 7 families (Second Showing)

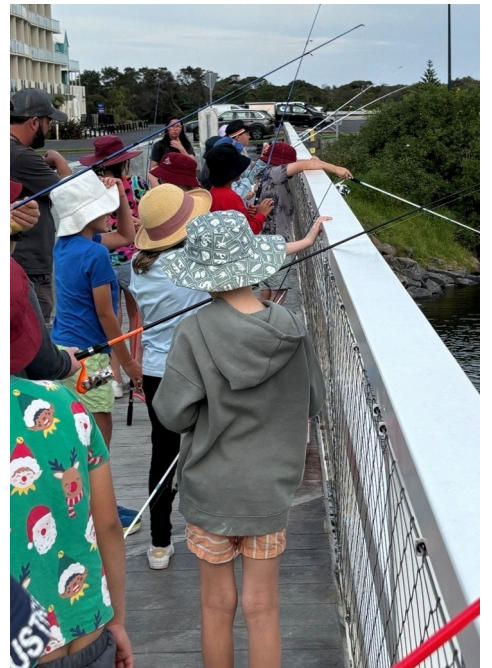
Come and see what makes
Wimmera Lutheran College - Horsham special

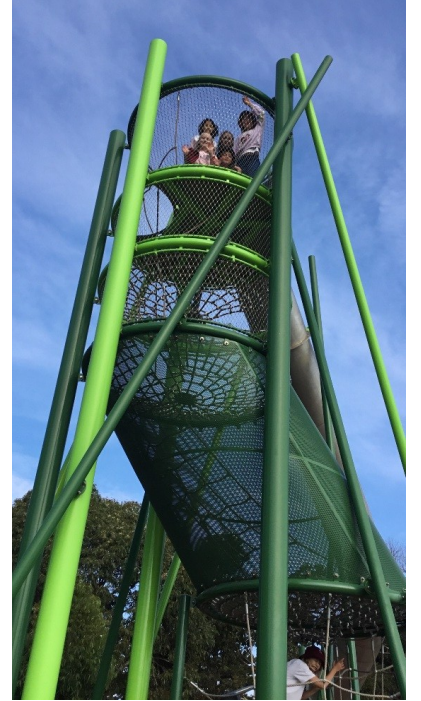
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03 5382 2529

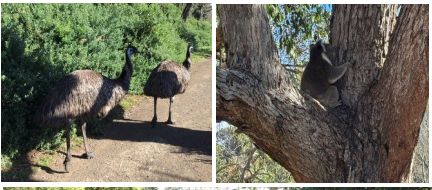
Website
www.wlc.vic.edu.au

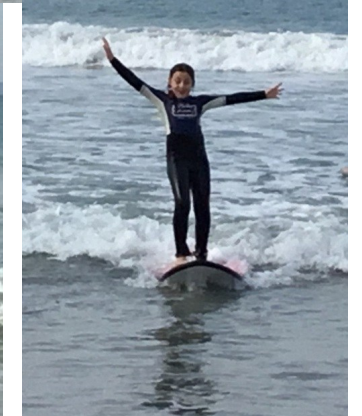
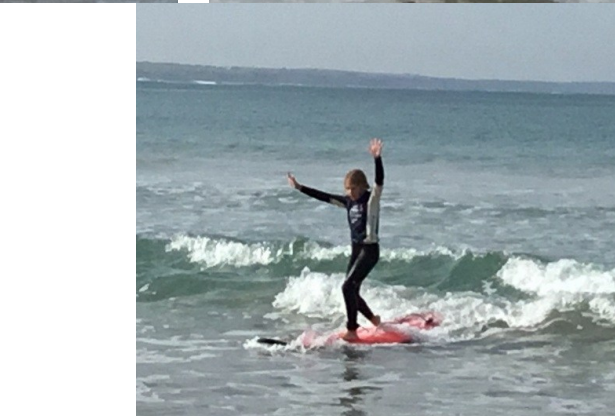


Year 3/4 Warrnambool Camp









Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead. Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin.nhill@wlc.vic.edu.au



We had a great morning in Get 'em Going Playgroup today! Our focus animal today was the 'Lion'.

For our music time in the library we used ribbons to dance and follow along with the actions. Learning 'up and down' and 'left and right'. We also continued practising our counting up to 10; with 2 songs about fish in the ocean and pigs.

For our craft this week the children had a go at ripping up some autumn leaves and sticking them onto a lion for the lions mane. They also used pencils and glitter to decorate.

We finished off the morning reading a story from the children's bible 'Daniel and the Lions Den'. We also celebrated one of the children's birthdays with bubbles and a sticker.

Next week we are having a Mother's Day morning tea! You are invited along with your preschooler; and all mums, grandparents and special friends are welcome along too!



How to Know if Screens Are a Problem

For years, one of the most common questions I've been asked is "How much screen time is too much?"



I've found the guidelines from official sources unhelpful. And I've disagreed with them more often than not. However...

From the people who brought you "an hour or less per day," we now have...new screen guidelines! The *American Academy of Pediatrics* updated its guidance last month, and the biggest change? No more emphasis on "screen time."

Instead, we've got a much more comprehensive - and, admittedly, less straightforward - set of recommendations. The focus has shifted from counting minutes to understanding how screens fit into your child's whole life.

The 5 Cs Framework (For School-Aged Kids)

The AAP now recommends thinking about five key areas:

Child: Your child's unique strengths and challenges are becoming clear. Whether they're great at art, struggle with attention, or are obsessed with science facts, carve out time to build on these interests beyond screens. If your child is neurodivergent they are more likely to be screen-obsessed. Be mindful of this in the way that your kids have access to and use of screens.

Content: Many kids love video games and YouTube at this age but can easily access inappropriate content (violent, sexual, or rude). Use *Common Sense Media* to check reviews, set up parental controls (they're not perfect but help), and watch shows or play games together to see if you like the messages.

Calm: Many kids want a mental break after school - that's fine. Just ensure it doesn't crowd out homework, family meals, or other activities. Put devices away at bedtime and teach techniques like deep breathing or quiet music to help them wind down.

Crowding Out: Video games and YouTube are designed for extended use - hours at a time. Talk about balancing screen time so there's enough time to sleep, read, play sports, do homework, and chat with family and friends in analogue mode (face to face). Model putting your own phone down at meals, bedtime, and in the car.

Communication: This is prime time for conversations about advertising, privacy, right vs. wrong. Regular open-minded talks build critical thinking and become the "voice in their head". Let them know they can tell you about anything creepy or negative they see online.

What About You?

The new guidelines recognise that parents need support too. Screen use isn't just a kid problem—it's a family one.

Think about how you'd score on this quick check (0=Never, 4=Very Often):

How often do you stay on a screen even though you say you'll stop?

How often does screen time cost you sleep?

How often do you neglect things you should be doing because you prefer screens?

How often do you feel restless or irritated when you can't be on screens?

If you're scoring high, you're not alone. The AAP now calls on tech companies to create safety features as default settings and policymakers to invest in real-world spaces - because healthy media use isn't solely parents' responsibility.

The Bottom Line

Screens and parenting are inseparably intertwined. Kids want to game, chat, consume, and be on their screens endlessly (and honestly, so do we as their parents).

But the stakes are high. Getting screen usage right matters enormously.

Consider your child. Consider the context. Consider the content. But also consider whether they're creating, connecting, or just consuming.

These guidelines are messier than "one hour a day," but they're more honest. Creating a healthy digital life for your family is about balance, not a timer. Start with one C that resonates most, and build from there.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit

Congratulations to the Maw Keh family

on the safe arrival of their son and brother Thor.

Warm wishes to Judah, Bway, Roger, Flora and Iris.

Your home will be filled with more love, smiles and laughter.



SRC

CHICKEN NUGGETS Available Term 2, 2026!

Tuesday only - \$1 each or 3 for \$2

Send money with student

Place their order in classroom message box

A great fundraiser for the Student Representative Council



School Stream App



All families, please be aware that you can instal the school stream app from your app store and search for Nhill Lutheran School.

This app provides you with another means of communication for signing permission slips, camp, absentees, bus travelling changes.

Just a reminder that there have been some changes with the school stream reporting app. to make it easier for parents/caregivers to use.

The regular used forms have been moved to their own folders, they are; Absence Reporting & Bus.



Bus Travelers

Can parents/caregivers please let us know at the school if your children are not going to be on the bus in the afternoon.

You may use the school stream app, phone the office, email or in person when you arrive to collect the children.

If you know the children are not on the bus for specific days of the week they can be permanently recorded as not on the bus for that particular day. Thanks in advance for your co-operation on this matter.

Anaphylactic & Asthma Plans

A friendly reminder that it is time to source the above plans from your doctor and provide the school with the plan. This enables us to be able to follow the correct management for your child.



Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting relating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some of the challenges being faced by young people today.

Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle.

Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Explore SchoolTV today - <https://nhills.vic.schooltv.me>

Cross Country



The 3/4 and 5/6 went to cross country. We went to cross country on Wednesday.

We travelled on a bus. We went to cross country at 10 o'clock.

When we first got there we played on the playground. Then we needed to get in our group.

We all line up at the start. We had to run and walk 2 kilometres.

When I was nearly at the end I found a feather on the ground.

At the end I went past Mrs A and gave my mummy a hug.

Jessie Muller



Drawing
by
Luka



On Wednesday the 22nd of April 2026, Wimmera Lutheran College (WLC) Nhill had

cross country with St Pats.

We went to cross country. Most of the year 3/4's went on the second bus, but three of them went with the year 5/6's. I sat at the back.

We started 5 mins after the year 5/6's. Then we were told to go to the starting line. I was so nervous. Mrs A said, "Ready set go!" We all started running! I saw my mum along the track but straight after I saw her there was a bridge and I saw lots of people I know. Before I knew it I was half way there, where Mrs Lees was. So I turned around, kept running and smelt the lake. I was back and I heard cheering!

Results for Year 3/4's: 1st Jack from St Pats, 2nd Xavier from St Pats and 3rd Luka from WLC.

Results for year 5/6's: 1st Nelson from WLC, 2nd Sophie my sister from WLC and 3rd Helena from WLC.

Cross country was so fun!

Lucy Moll

Remembering Our Anzacs



Term Dates 2026

Term 2: Mon 20th April– Fri 26th June

Fri 5th June: Report Writing Day (no students)

Mon 8th June: King's Birthday (public holiday)

Term 3: Tues 14th July—Fri 18th Sept

Mon 13th July: Staff PD Day (no students)

Term 4: Mon 5th Oct—Wed 9th Dec

Thurs 15th Oct: Nhill Show (holiday TBC)

Fri 16th Oct: School Closure Day

Mon 23rd Nov: Report Writing Day (no students)

Wed 9th Dec: Last Day for students

Thur 10th/ Fri 11th Dec: Staff PD Days

Girls Just Want To Have Fun!



MAY
FREE!

@ THE STATION

16 PYNSENT STREET, HORSHAM

<p>FRI 1</p>	<p>[BAND] JAM SANDWICH Plug In, Tune Up. Play Loud. Registrations are a must!!! Ages 10 - 25 4:00 - 9:00</p> 	<p>WED 6</p>	<p>2VOX A Zine for young people , made by young people. For creative team only Ages 10 - 25 4:00 - 5:15</p>
<p>FRI 8</p>	<p>[BAND] JAM SANDWICH Plug In, Tune Up. Play Loud. Registrations are a must!!! Ages 10 - 25 4:00 - 9:00</p> 	<p>TUE 12</p>	<p>AMPLIFY Be apart of a group that plans, develops and delivers music, creative arts and cultural programs for other young people Ages 12 - 25 4:00 - 5:30</p>
<p>WED 13</p>	<p>2VOX A Zine for young people , made by young people. For creative team only Ages 10 - 25 4:00 - 5:15</p>	<p>THURS 14</p>	<p>YOUNG Q A social group for young LGBTQIA+ people. We will be celebrating IDAHOBIOT Day! Ages 10 - 18 4:00 - 5:30</p>
<p>FRI 15</p>	<p>[BAND] JAM SANDWICH Plug In, Tune Up. Play Loud. Registrations are a must!!! Ages 10 - 25 4:00 - 9:00</p> 	<p>WED 20</p>	<p>2VOX A Zine for young people , made by young people. For creative team only Ages 10 - 25 4:00 - 5:15</p>
<p>THURS 21</p>	<p>D.I.Y & ARTS NIGHT Get hands on with our D.I.Y art afternoon. Ages 10 - 18 4:00 - 5:30</p>	<p>FRI 22</p>	<p>[BAND] JAM SANDWICH Plug In, Tune Up. Play Loud. Registrations are a must!!! Ages 10 - 25 4:00 - 9:00</p> 
<p>TUE 26</p>	<p>AMPLIFY Be apart of a group that plans, develops and delivers music, creative arts and cultural programs for other young people Ages 12 - 25 4:00 - 5:30</p>	<p>WED 27</p>	<p>2VOX A Zine for young people , made by young people. For creative team only Ages 10 - 25 4:00 - 5:15</p>
<p>THURS 28</p>	<p>IT'S GIVING ART Spend the afternoon relaxing, listening to music and crafting with us. Ages 10 - 18 4:00 - 5:30</p>	<p>FRI 29</p>	<p>[BAND] JAM SANDWICH Plug In, Tune Up. Play Loud. Registrations are a must!!! Ages 10 - 25 4:00 - 9:00</p> 



FOLLOW US ON SOCIAL MEDIA




@horshamyouth

The **flu** spreads quickly

**Sick kids?
Keep them
home**

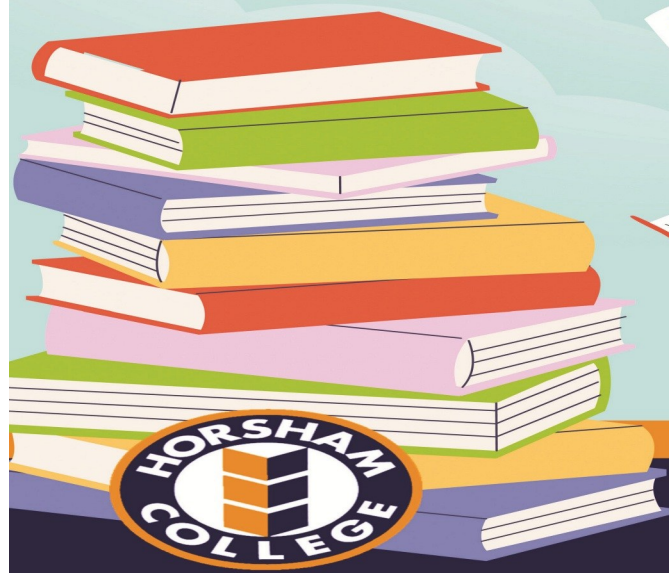
Keeping unwell children at home helps protect classmates, staff, and families during flu season



 my.gh.org.au/flu

 **Grampians Health**
Grampians Public Health Unit

CHAPLAINCY BOOK FAIR



**22-23
MAY**

**ALL BOOKS \$1
Cash Only**

**Fri 22 May 12pm to 9pm
Sat 23 May 9am to 12pm**

**Horsham College
Maroske Hall, Dimboola Rd**



WLC-NHILL P&F QUIZ NIGHT 2026

Tables of 8 people, can be worked out on the night.

May 8 | 7:00 PM

WLC Nhill - Multipurpose room

BYO nibbles and sealable drinks

Adults \$10

Kids \$5

Prizes for Adults and Kids tables

Special Guest QUIZMASTER!

Enquiries/bookings contact Jackie 0491 707 699



HAPPY
Mother's Day

SRC
Mother's Day
Stall

Open at lunchtimes on
Tues - Wed - Fri
in week 2 & 3

Students can purchase gifts
for mum's and grandma's
(until 9th May)

Gifts from \$2 - \$6
Gift wrapping available