



Wimmera Lutheran College Nhill



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Term 4 Week 8 Issue 23 November 28th 2025

Upcoming Events

Dec

Wed 3rd: Year 6 Graduation Dinner @ Bowling Club

Wed 3rd: SRC Casual Day (details on page 13)

Fri 5th: P&F Colour Run

Wed 10th End of Year Graduation Service @ Lutheran Church

Thurs 11th: Last Day of Term 4

Fri 12th: Pupil Free Day

Jan

Tues 20th - Fri 23rd: Staff will be at school (Uniforms can be purchased on these days)

NOTE....change of date below

Wed 28th: First Day of Term 1, 2026

Birthdays

Happy birthday wishes are sent to the following students and staff for this fortnight and during the holidays.

Sienna B 8th Dec

Jed 12th Dec

Sophie M 20th Dec

Mrs Lees 18th Jan

Madalyn 25th Jan

Mr Prenzler 7th Dec

Roger 18th Dec

Mrs A 10th Jan

Lawson 19th Jan

Jessie 3rd Feb



Sharing Gifts With The Year 3/4 Class

On Wednesday afternoon the Year 3/4 class received visitors from Iona. They came bearing gifts of bracelets that they had made for the students, who earlier in the year had made cards/letters for Iona to build a supportive community.

Welcome Laird!



We have welcomed Laird into Year 4. Our school is blessed to have you and your family join our Wimmera Lutheran College Nhill community.



From The Principal

End of Year happenings

We are edging closer to the end of the school year. Below are a few end of year items to highlight. Class teachers will communicate information to families in their class about any class specific matters (eg – class parties).

- **Student Progress reports** will be distributed before the end of the term.
- **Year 6 Graduation Dinner:** This is a special occasion for our Year 6 graduates and will be held at the Bowl's Club next Wednesday, December 3rd. Each Year 6 student has invited two special guests, and staff will also attend. A big thank you to the Bowl's Club and to Bec Pereira who is catering.
- **End of Year Graduation Service:** This will be at the Lutheran Church at 7pm, Wednesday December 10th. Doors open at 6.30pm. It is expected that all students attend in their formal school uniform. The service is a special time for our school community to gather, farewell our Year 6 graduates, and awards and presentations also take place.
- **Last Day of School:** Thursday December 11th. Finishing time is 3.15pm.
- **First Day of Term One, 2026:** Wednesday January 28th. School starts at 9am. The office will be open the week prior, from Tuesday January 20th, and uniforms may be purchased at this time.

Staffing and classes for 2026

Thank you to Mrs Bel Rohde who is filling in as an Integration Aide for the remainder of the year for Mrs Taela Launer who commenced her maternity leave this week.

Looking ahead to 2026, we welcome Mrs Bel Rohde and Mrs Rheanna Wise to our staff team. Bel and Rheanna will cover the five days of Integration Aide support provided by Taela. Bel has had experience working in childcare and after school care, and is currently leading our Get 'Em Going playgroup, a role she will continue next year. In recent years, Rheanna has served as a childcare assistant and room leader at Emerge Early Years Service, and is currently studying for her Bachelor in Early Childhood and Primary Education. We look forward to Bel and Rheanna being at WLC Nhill in 2026.

Mrs Kelsie Webb will return from parenting leave for three days a week teaching in Year 5/6. Kelsie has been assisting with tutoring, and the occasional relief teaching day, during the second half of this year.

Mrs Karen Prenzler will be at WLC Nhill for a day and a half per week. Karen will continue teaching Auslan, and will become the Mental Health in Primary Schools (MHIPS) facilitator, a role shared with the WLC Dimboola campus.

We farewell Miss Katarina Drisch who will become full-time at WLC Horsham campus, and also Mr Adam Borgas who will conclude his MHIPS role at the end of the year.

WLC Nhill Staffing for 2026:

Principal: Mr Damon Prenzler

Specialist Teachers: Mrs Erin Alexander, Mrs Karen Prenzler, Mr Damon Prenzler

Foundation Teacher: Miss Georgie Zikos

Year 1/2 Teacher: Miss Debbie Schultz

Year 3/4 Teacher: Mrs Heidi Lees (plus full-time Integration Aide)

Year 5/6 Teachers: Mrs Kelsie Webb (3 days), Mrs Erin Alexander (1 day), Mr Damon Prenzler (1 day)

Integration Aides: Ms Linda Rutherford, Mrs Rheanna Wise, Mrs Bel Rohde

Office Administrator: Mrs Lyn Fisher

Playgroup Coordinator: Mrs Bel Rohde

In addition to the above Nhill based staff, we are supported by cross-campus WLC staff in maintenance, IT, curriculum, pastoral care and wellbeing, and more.

We thank God for all our staff.

Every blessing,


Damon Prenzler



Last week at Chapel,
Laird received his bible.

Wimmera Lutheran College Nhill is committed to providing a child safe and child friendly environment, where children and young people are safe and feel safe, and are able to actively participate in decisions that affect their lives.

Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for..... 

- Hailey and her family
- Nelson, Luka & Micah and their family
- Harrison and his family
- Jessie and her family
- Mr Prenzler & Karen and their family



Worship News

Please see below for this week's church service times:

16th Nov Nhill 9am Jeparit 11am ??????
23rd Nov Nhill 11am Jeparit 9am ??????

NhillLutheranParishOnline.com

Chapel Offerings

From last weeks of Chapel \$ 5.55 was collected for the ALWS Gifts of Grace. Please consider sending an offering each Friday morning as the communities there rely on our help.

Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au or on iTunes and Spotify.

30 th November	Unlocking Ability	(Interview)
When you're faced with a life of caring for your child with a disability, how do you cope? Hear Chris share the remarkable story of Rachel and how she's found purpose despite her limitations.		
7 th December	Getting real with God	(Discussion)
Is faith all about the big God moments or the everyday moments of life? Sarah, Jo and Richard get real with faith and life and what it means for them.		
14 th December	What if God was one of us?	(Adrian Kitson)
What if God lived among us? What if God was one of us, right with us and able to be seen and heard in a way that we can see and hear? Listen to Adrian as he reflects on the very real presence of God.		

Devotional Thought

Keep reminding each other

Therefore, I will always remind you about these things – even though you already know them (2 Peter 1:12).

Read [2 Peter 1:12-21](#)

Reminders are pretty important in our lives. People set alarms for appointments, get reminder calls and are constantly reminded by road signs about how fast to drive, which lane to be in, and so on. How would we survive without reminders?

The Apostle Peter said he would always remind the people he was writing to about these things. Not what I have just mentioned. But the things that give life: grace and peace, walking with Jesus daily, and allowing the Holy Spirit to move in our lives.

How do you remind yourself, your family and your friends of these things? Perhaps you use a daily devotion (this one?), a Bible-reading guide, a quiet time, or a walk along the beach or in nature. Our wonderful Creator God gives us many reminders as we go about our daily lives. Sometimes, we just need to open our eyes to see them.

These reminders, like the words of the prophets pointing to Jesus, are 'like a lamp shining in a dark place' (verse 19). Reminders of Jesus, of grace and peace and of the Creator's generosity and abundance all bring light to our lives, hope when we are anxious, comfort when we need comforting and life when death seems close.

How do you remind yourself, your family and your friends? If you don't know how, ask the Holy Spirit to breathe the breath of life in you, to allow your creative side to emerge, to find reminders that assist you to live life fully and to bless those around you.

Remember grace and peace, love and joy, hope and compassion, and live with Jesus in your heart.

Holy Spirit, give us life. Remind us of grace and peace. Enable us to be like a lamp shining in a dark place. Amen.

Strategic Plan Update

The Executive Leadership Team met with Phil McCredden this week to analyse and discuss the data that was collated through the Shared Futures Survey and the Focus Group discussions. This was an engaging session with plenty of conversation and commentary around the feedback WLC received. I would like to take this opportunity to personally thank those stakeholders that took the time to respond in such a thoughtful and insightful manner. In amidst the affirming responses and comments, there was also constructive feedback which will be used to help develop the strategic direction of Wimmera Lutheran College in the years to come. The Executive Team will meet with Phil early next year to finalise the Signposts and key objectives of the Strategic Plan.

Work continues in other key areas of the amalgamation with a focus on the following key areas including:

- Uniform
- Mission, Vision and Values statements
- Website development
- Campus and Bus signage
- Corporate Stationery items (Letterheads, powerpoint slides, business cards etc)

WLC Board Update

The WLC Board met for the final time this year on Wednesday night. There were a number of key agenda items discussed, including the approval of the 2026 Budget. I would like to acknowledge the efforts of the Board and thank them for their support of WLC this year. In a short period of time, the new Board has formed a strong connection and is being led with purpose and direction by chair Mark Hughes and the other Board members including:

- Ryan Fowler
- Hilton Hausler
- Pastor Hans Peethala
- Michelle Pipkorn
- Teagan Rudolph
- Andrew Wundke

WLC is fortunate to have such a passionate and skilled collection of Board members with experience in Governance who will continue to lead WLC in 2026.

Finishing the Year Strong

As we enter the final stretch of the school year, it's natural to feel tired, busy, or stretched. Yet this season is also filled with opportunity, an opportunity to reflect, refocus, and finish well. Whether you are a student working hard to complete tasks, a teacher giving your all to provide meaningful learning, or a parent supporting your child through these last weeks, your efforts matter. Every act of perseverance contributes to a strong and positive ending.

The Bible reminds us in Galatians 6:9:

"Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."

These words encourage us to keep going, to stay committed, stay hopeful, and trust that the work we put in now will bear fruit. Finishing strong isn't about perfection. It's about showing up with purpose. It's about encouraging one another, celebrating progress, and giving our best with the time we have left. Together, as a united school community, we can close the year with gratitude, energy, and pride.

Let's take these final weeks as an opportunity to shine, support one another, and finish the year strong, knowing that God walks with us every step of the way.

Year 2 Unit of Inquiry Interviews With The Older Generation







Lots of information was shared with the younger generation by their older generation visitors. The students learnt so much and got to experience some things from maybe the simpler times. The afternoon was enjoyed by everyone.



Invitation to Sing At Nhill Christmas Carols

NHILL TOWN COMMITTEE PRESENTS

Nhill Christmas Carols & Nhill Lions Twilight Market

SATURDAY | **13** | DECEMBER

MARKET FROM 5:30PM
CAROLS FROM 6:00PM

JAYPEX PARK, NHILL

For more information, contact the
Nhill Town Committee at
nhilltowncommittee@yahoo.com.au

FREE BBQ

Hindmarsh Shire Council

LIONS INTERNATIONAL

NTC
Nhill Town Committee

WLC Nhill will be performing a couple of Christmas carols...this is open to all students who wish to participate.

Mrs A has been teaching the students the songs at school over the last few weeks.

NO uniform is required to be worn on the night, but Christmas attire is encouraged.

Please be there by 6pm, as no actual times have been finalized for the performances.

A great night to be had!

Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead. Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin@nls.vic.edu.au



We've had a fun few weeks in Get 'em Going playgroup.

We finished off our lessons on creation last week. With the last day when God made humans. The children had the chance to decorate a paper plate with paint and use stickers and wool to create a face.

This week we started our Christmas activities. The children all had the chance to make some Christmas cards for their family. They could choose some Christmas images then decorate with glitter, sparkles and glue.

We finished off the morning by reading the Christmas story from the Bible about baby Jesus.

Next week we will continue to celebrate Christmas by making some gifts for our families.

Should You Force Your Child to Say “Sorry”?



We've all done it.

Our child hits a sibling, breaks something, or lashes out—and we respond, “Say sorry!” It feels like the right thing to do. We're trying to teach empathy and accountability.

But here's the problem: **forcing kids to apologise teaches them to lie.**

In [Season 1](#) of my Channel 9 hit TV show, *Parental Guidance*, I made this claim and stirred up national controversy. But let's unpack the truth behind it—and what to do instead.

Why Forced Apologies Often Backfire

Imagine being told to apologise when you're still angry, embarrassed, or feeling misunderstood. You say the words, but you don't mean them. That's exactly how kids feel. You spit those words across the room at the person. And guess what - they don't believe you, and you still feel aggrieved.

A forced apology doesn't build empathy or repair relationships—it can actually make things worse. It:

- Creates resentment, not remorse.
- Focuses the child on their own hurt rather than what they've done.
- Teaches compliance, not compassion.

So What Can We Do Instead?

Here's how to raise children who apologise sincerely—and learn to repair relationships in meaningful ways.

1. Give Kids Time and Space

When kids are upset, they're not in the right emotional state to reflect—let alone apologise. Instead of demanding instant remorse, try:

- “Let's take some time to cool off.”
- “I can see you're really upset. We'll talk when you're ready.”

This allows both sides to calm down and consider how to make things right.

2. Coach, Don't Coerce. Support, Don't Solve.

Ask questions that help your child reflect:

- “How do you think your sister felt?”
- “What could you do to help fix things?”
- “What do you think would make things better between you two?”

Support them through the repair process without demanding an immediate “sorry.”

3. Acknowledge Their Feelings Too

Often, kids resist apologising because they feel wronged too. Recognise their emotions first:

“It looks like you're still really frustrated. Do you want to tell me what happened?”

When children feel heard, they're more likely to consider the other person's perspective.

4. Model What a Real Apology Looks Like

Children learn best by example. When you mess up, own it.

Try this 4-step apology:

1. **Say sorry.** ("I'm sorry.")
2. **Name what you did.** ("Because I yelled at you.")
3. **Acknowledge the impact.** ("I can see it made you feel scared.")
4. **Ask for forgiveness.** ("Will you forgive me?")

This shows your child how to take responsibility with humility and care. Teach this model and watch how sincere their apologies become. (And yours... it's profoundly hard and humbling to ask "Will you forgive me", and enormously freeing when they say "yes".)

True Apologies Are Chosen, Not Forced

A coerced apology may check a box, but it doesn't change hearts.

Instead, let's help our kids:

- Reflect on their actions,
- Understand the impact,
- And feel safe enough to say sorry because they *mean it*.

Apologies are about *repair*, not *compliance*. And like anything worthwhile in parenting, that takes time, patience, and modelling.

Try This at Home: Next time your child hurts someone, pause. Don't rush in with "Say sorry!" Instead, say:

"I know you're upset. Let's take a moment. Later, we can talk about how to make things right."

You might be surprised at the heartfelt apology that comes *when they're ready*.

To learn more, listen to [Episode #1043 of the Happy Families Podcast: Forcing Kids to Apologise](#).



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.



Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting relating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some of the challenges being faced by young people today.

Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle.

Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Explore SchoolTV today - <https://nhills.vic.schooltv.me>

Term Dates 2026

Term 1 2026 : Wed 28th Jan - Thurs 2nd April

Mon 9th March: Labour Day (public holiday)

Term 2: Mon 20th April– Fri 26th June

Fri 5th June: Report Writing Day (no students)

Mon 8th June: King's Birthday (public holiday)

Term 3: Tues 14th July—Fri 18th Sept

Mon 13th July: Staff PD Day (no students)

Term 4: Mon 5th Oct—Wed 9th Dec

Thurs 15th Oct: Nhill Show (holiday TBC)

Fri 16th Oct: School Closure Day

Mon 23rd Nov: Report Writing Day (no students)

Wed 9th Dec: Last Day for students

Thur 10th/ Fri 11th Dec: Staff PD Days

SRC Zooper Doopers

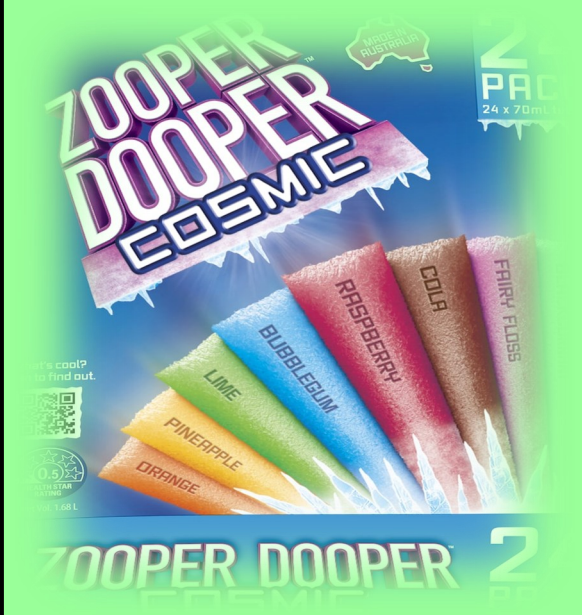
Available Term 4 !

Every day at lunchtime - \$1 each

Send money with student

Place their order in classroom
message box

A great fundraiser for the Student
Representative Council



School Stream App

All families, please be aware that you can instal the school stream app from your app store and search for Nhill Lutheran School.



This app provides you with another means of communication for signing permission slips, camp, absentees, bus travelling changes.

Just a reminder that there have been some changes with the school stream reporting app. to make it easier for parents/caregivers to use.

The regular used forms have been moved to their own folders, they are; Absence Reporting & Bus.

Assembly Dates

Nov

Fri 5th: Year 2 sharing

Chapel Dates

Dec

Fri 5th: F/1 Class

Wed 10th: End of Year Graduation
Service @ St Pauls Lutheran Church

SRC Casual Day

Wednesday 3rd December

No cost

Free Zooper Doopers at lunch Christmas Theme!

Thank You Mrs Launer...

We here at Wimmera Lutheran College Nhill have been so blessed to have Taela share her gentle nature with the students. She has shown immense understanding, patience and love to everyone at the school. Now Taela has much more important things to do with growing her family with Shannon and we wish them both all the riches that little ones bring to your life.

We will all miss you and we hope we get a few 'fly by' visits with your little cherub.



**WELCOME TO OUR
COOKBOOK**

**Would you like to be a part of
our school cookbook?**

Design a cover Competition

Best Food Joke Competition

**Food facts and hand drawn
food pictures**

**Please have your
contributions into the box on
Mrs Fisher's desk by Friday
November 28th.**

**Winners will be announced
Friday 5th December**

Hindmarsh Shire Outdoor Pools

Pools are opening for the 2025/2026 summer season from 15 November 2025 to 09 March 2026. See hours below:

Hindmarsh Outdoor Pool Opening Hours

	Dimboola	Jeparit	Nhill	Rainbow
Monday to Friday	3:30pm – 6:30pm <i>*Closed Thursday</i>	4:00pm – 6:30pm <i>*Closed Wednesday</i>	3:30pm – 6:30pm <i>*Closed Monday</i>	3:30pm – 6:30pm <i>*Closed Tuesday</i>
Saturdays and School Holidays	2:00pm – 7:00pm <i>*No closure day during school holidays</i>			
Sundays	2:00pm – 6:00pm			

FREE ENTRY ALL SEASON

Canteens will not be operating but staff will have icy-poles available for a small donation. Community members and visitors are encouraged to support local businesses and BYO refreshments (no glass) to the pool.

Consumption and/or the taking of alcohol into swimming pools or grounds is strictly prohibited, as is smoking and vaping.

Scan the QR code for more details about our Outdoor Pools! You can also like us on Facebook to keep up to date

 **Hindmarsh**
Shire Council

FIND US ON FACEBOOK



MORE INFORMATION
AND REGISTRATION



Grass pollen season is here

Protect your family

**Thunderstorm asthma
can be life-threatening**



See your GP about an asthma **action plan** or hay fever **treatment plan** for your child



Always **carry your child's medication** and ensure that the school has a backup of their plan and medication/s



Keep your family indoors before and during thunderstorms



For forecasts & alerts, get the **VicEmergency app**



Learn **asthma first aid**

 my.gh.org.au/thunderstormasthma

 **Grampians Health**
Grampians Public Health Unit

FUNDED UNDER RESPECT VICTORIA'S
16 DAYS OF ACTIVISM GRASSROOTS INITIATIVE
Hindmarsh Shire Council

ALL WELCOME

FREE EVENT

RUN FOR *Respect*

AS A PART OF 16 DAYS OF ACTIVISM AGAINST
GENDER-BASED VIOLENCE

You are invited to join us for a colour run, to bring awareness to
gender-based violence.

Each event will end with a free barbeque tea.



MONDAY
01 Dec
2025

Jeparit
Riverbank Precinct



6pm–8pm



TUESDAY
02 Dec
2025

Rainbow
Recreation Reserve



6pm–8pm



MONDAY
08 Dec
2025

Dimboola
Soundshell



6pm–8pm



TUESDAY
09 Dec
2025

Nhill
Jaypex Park



6pm–8pm

Please bring...

Suitable
footwear

Eye protection,
e.g. sunglasses,
goggles

A change of
clothes and/or
towel

To register for any of these events, please scan the QR code, call
(03) 5391 4444 or visit any of Council's Customer Service Centres.

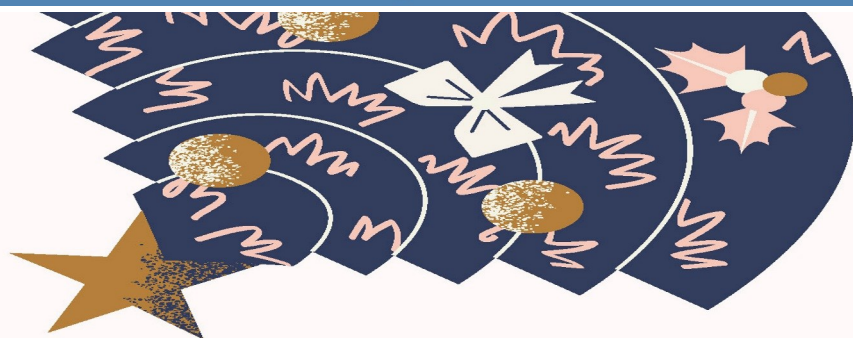


If you don't wish to join in the colour run, please come along
and watch the fun, and join us for the free barbeque tea!



SAFE+EQUAL
RESPECT VICTORIA

If you have any questions, please contact
Stephanie Lynch: Free From Violence Project Officer
slynch@hindmarsh.vic.gov.au



★ Free
Community
Event

Hymns & Pimms

Join us for
an Advent evening celebrating the
beginning of Christmas.

Our Singing will be led by Sing
Australia and local musicians.

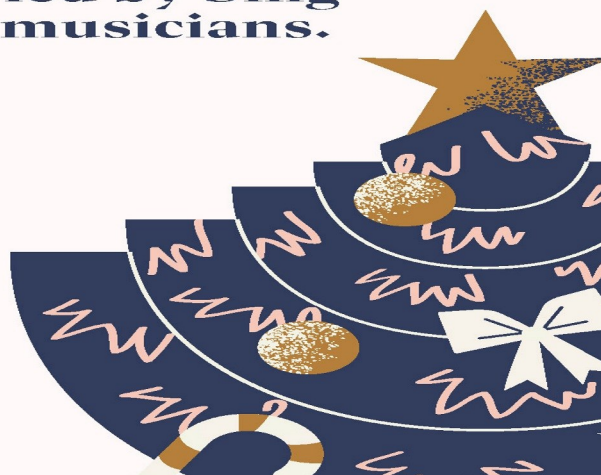
30/ 11/ 2025

7.00pm

Nhill Lutheran Church

Supper provide including
Pimms Christmas Punch

EVERYBODY
WELCOME





WLC-NHILL P&F

COLOUR RUN

DECEMBER 5TH 2025

To Celebrate the end of 2025 the P&F are holding a Colour Run on December 5th
at 2.00pm

Please wear a white or black t-shirt.

Sunglasses or swimming goggles are recommended to keep powder out of eyes.

Change of clothes recommended, especially for bus kids.

To opt out please speak with your child's teacher.

Parent helpers will be needed on the day, so please come along and enjoy the
fun.