



Wimmera Lutheran College Nhill



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Term 4 Week 4 Issue 21 October 31st 2025

Upcoming Events

Nov

Fri 7th: Pre-Foundation visit 9-1pm
Parent Focus Group 2.30pm
Fri 14th: Pre-Foundation visit 9- 3.15pm
Fri 21st: Pre-Foundation visit 9- 3.15pm
Fri 28th: WLC F-2 Educational Sport
Carnival at WLC Horsham

Dec

Wed 3rd: Year 6 Graduation Dinner @
Bowling Club

Fri 5th: P&F Colour Run

Wed 10th End of Year Graduation
Service @ Lutheran Church

Thurs 11th: Last Day of Term 4

Fri 12th: Pupil Free Day

Jan

Tues 27th: First Day of Term 1 2026

Gertrude The Bear

Congratulations
to Sophie for
following the 5
rules of the
school.

We hope
Gertrude and you
both enjoy your
time together.



Birthdays



Happy birthday
wishes are sent to
the following
student for this
fortnight:

Harry 2nd Nov

Students of the Week

Congratulations to the following students who were presented with Student of the Week awards at assembly last Term and this week:

Ollie: Wonderful kindness is shown to his classmates, using kind words and offering to help. A great attitude to learning and always working hard to make huge improvements in his learning.

Savannah: Consistently shows initiative and responsibility at school. Having an impressive attitude to learning with your curiosity and critical thinking and positive outlook.



From The Principal

Reformation Day

On Reformation Day, October 31, 1517, German monk Martin Luther nailed his Ninety-Five Theses to the door of the Castle Church in Wittenberg, challenging the Church's sale of indulgences and other abuses of power. This courageous act sparked the Protestant Reformation, a movement that reshaped Christianity across Europe. It remains a deeply significant day for Lutheran people, and this morning our chapel service reflected on its meaning and message.

Last year, I had the privilege of visiting Wittenberg with my family. It's a beautiful town, rich in history - and, I must add, home to some very fine baked goods! The many sites connected to Martin Luther serve as powerful reminders of his conviction that salvation is not something to be bought, but a gift from God's grace, received through faith. As Ephesians 2:8-9 reminds us:

"For by grace you have been saved through faith. And this is not your own doing; it is the gift of God."

World Teachers' Day

Today we celebrate World Teachers' Day, a wonderful opportunity to acknowledge the dedication and care shown by our teaching team at Wimmera Lutheran College, Nhill. We are truly blessed to have such committed educators guiding and nurturing our students. Thank you to Miss Zikos, Miss Schultz, Mrs Lees, Miss Drisch, Mrs Alexander, Mrs Prenzler, and Mrs Webb for all the love, effort, and encouragement you share each day.

Kinder Visits

It was a joy to welcome our 2026 Foundation students this morning for their first kinder visit. We look forward to seeing them again over the next three Fridays as they continue to get to know their new school environment.

Survey and Focus Group Discussion

A heartfelt thank you to all families who completed the WLC Shared Futures Survey. Your feedback will play an important role in shaping the work of our strategic planning steering committee. In addition, all parents are warmly invited to attend a focus group discussion next Friday, November 7, at 2:30 pm. Phil McCredden from Ecclesia Leadership will lead these sessions, providing an opportunity for parents to share their thoughts on WLC, the amalgamation of the three Wimmera Lutheran schools, and future directions for our community.

ALWS Visit

Last week, WLC Dimboola students joined us for a visit from the Australian Lutheran World Service (ALWS). Our school has proudly partnered with ALWS for many years. Josie, from ALWS, led engaging sessions where students learned more about the organisation's life-changing work supporting people in need around the world. Families have received a Gift of Grace catalogue, offering opportunities to donate toward practical items that make a real difference. Later this year, our SRC will contribute part of their fundraising efforts to Gifts of Grace.

Integration Aide

WLC Nhill are advertising for an Integration Aide for 2026. Position details are located on the WLC website, just under the Nhill tab: www.wlc.vic.edu.au. Applications close November 3rd.

Every blessing,

Damon Prenzler

SRC Melbourne Cup Day Tues 4th Nov

Students can wear their racing attire or casual clothes to school

No Cost

Assembly Dates Nov

Fri 14th: Year 5/6 sharing

Fri 28th: tbc

Chapel Dates

Nov

Fri 7th: Year 2

Fri 14th: Year 5/6

Fri 21st: Year 3/4

Fri 28th: tbc

Dec

Fri 5th: F/I Class

Wed 10th: End of Year Graduation Service @ St Pauls Lutheran Church Nhill

Wimmera Lutheran College Nhill is committed to providing a child safe and child friendly environment, where children and young people are safe and feel safe, and are able to actively participate in decisions that affect their lives.

Nhill Schools F-2 Sports Day



Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....



- Seraph & Silas and their family
- Ruby & Ivy and their family
- Xander and his family
- Helena and her family
- Mrs Lees and her family



Worship News

Please see below for this week's church service times:

2nd Nov Nhill 9am Jeparit 11am All Saints Sunday
8th Nov Nhill 11am Jeparit 9am

NhillLutheranParishOnline.com

Chapel Offerings



From last 2 weeks of Chapel \$185.35 was collected for the ALWS Gifts of Grace. Please consider sending an offering each Friday morning as the communities there rely on our



Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au or on iTunes and Spotify.

2nd	Power from above	(Michael Dutschke)
How much of what happens in the spiritual world do you think impacts on your day-to-day living? Michael shares insights into what the bible says about the spiritual realm and what we need to know about the spiritual nature of the Christian faith.		

9th November	Letting go of control	(Discussion)
Do you feel stressed trying to meet everyone's expectations as well as your own? Hear Richard, Celia and Noel share their thoughts on how to deal with stress when it all becomes too much.		

Devotional Thought

How God comes to you through others

So Michal let David down through a window, and he fled and escaped

(1 Samuel 19:12).

Read [1 Samuel 19:1-18](#)

Our text tells the story of a man with a serious lifestyle problem. Saul was jealous and unable to control his emotions – to the point of intending to kill David ... more than once. The more David served and brought benefit to the king, the more the king despised him. Sometimes, the consequences of our actions aren't logical. We do what we think is right, only to suffer because of it. David needed help.

First, the king's son, Jonathan, intervened with his father and tried to reason with the murderous king.

For a moment, in 1 Samuel 19:6, Saul relented, saying, 'As surely as the Lord lives, David will not be put to death.'

Soon, another war called David to fight for his king. David performed so well in battle that Saul returned to his jealousy and tried to kill David (1 Samuel 19:10). So, David's wife, Michal, intervened, and David escaped.

David was doing the right thing, but he was getting nowhere with the king. He needed help. God stepped in through Jonathan, then Michal and then through his own Spirit. Likewise, God steps in for us in the form of family, friends and others who care about us.

When you need help, who do you go to? Is there someone within your family like Michal, or do you have a friend like Jonathan?

One thing is certain – we all need help in times of need, and we should never forget that there is one who gave his life so that he would be our advocate before God.

**Heavenly Father,
I commend to your holy keeping:
all who are far from home and family;
all who are homeless and hungry;
all who suffer pain;
all who are kept awake
by anxiety or suspense.**

**Give them all such a sense
of your presence with them
as may turn their loneliness into comfort
and their trouble into peace.
Amen.**

Super Readers Award

Congratulations to the following students who were presented with Super Readers awards at assembly this week. Ivy, Hunter, Sienna, Ruby, Xander and Cooper



Getting Ready to Participate In The Nhill Show Parade



From The WLC Executive Principal—Jason Przibilla

Strategic Plan Update

As a follow on to the Shared Futures Survey, parents and carers will have the opportunity to be a part of a Shared Futures Focus Group which will be facilitated by Phil McCredden from Ecclesia Leadership next week. Phil will be in the Wimmera on Thursday and Friday with the WLC community having the opportunity to contribute their thoughts and ideas at the following times:

FRIDAY 7/11

2:30-3:30pm - WLC Nhill Parent Focus Group

3:40-4:40pm - WLC Nhill Staff Focus Group

These focus groups will deepen the understanding of how people have experienced the amalgamation progress and raise discussion on possibilities for the future. Some of the key questions that will be addressed include:

1. What kinds of connections or shared experiences would help us feel more "one school"?
2. What are the biggest opportunities and challenges you see ahead?
3. Where could collaboration between campuses make a difference?
4. What do you hope will be true of our community five years from now?
5. If you could share one message with the leadership team about the future, what would it be?
6. How do we ensure learning prepares students for their future?
7. How have you experienced the amalgamation so far — what's worked well, and what's been challenging?
8. What makes you most proud to be part of Wimmera Lutheran College?

WLC Logo and School Colours

The WLC Logo and College Colours have been finalised after a consultative process.

The Logo and colours are a strong representation of the 3 campuses coming together and will form a significant part of the amalgamation story. I anticipate that the logo and colours will be shared with the WLC community next week. Finalising the logo and colours will allow for important work to continue in regards to uniform, brand recognition and signage across the 3 campuses.

World Teacher's Day

Friday 31 October is World Teacher's Day, a day where we get to acknowledge and celebrate the amazing work that teacher's do each and every day. It has been great to see the different ways the campuses of WLC have been celebrating this day; social media posts, gratitude gardens, thank you notes and gifts are just some ways in which we have been able to show our appreciation to the teachers of WLC. The teacher's of WLC do an amazing job at not only teaching our students, but also caring for them as people, often putting their needs above their own. If you know of a teacher who has made a significant contribution to your life or your child's life, please take the time to write them a card or send them an email, sharing your gratitude with them. It's amazing what this acknowledgement and encouragement can do for our special teachers.

Prayer Points

The amazing teachers of WLC

The Year 12 students who have started exams this week

2026 Foundation students and families who will be starting their transition program

Those that are experiencing ill-health or other medical concerns

1 Peter 4:10

As each has received a gift, use it to serve one another, as good stewards of God's varied grace

Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead. Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin@nls.vic.edu.au



We've had a fun few weeks in Get 'em Going playgroup.

Last week we celebrated 'Grandparents Day' and invited all the grandparents or special friends of the playgroup children to join in for morning tea and a play. Each child had a go at making a special card to give to their grandparent.

This week we learnt about 'Day 3' when God created the plants, trees and vegetation. The children made another paper plate craft using water paints, glue and pipe cleaners to make a garden scene. Lots of active play was enjoyed including 10 pin bowling, ring toss and tunnels. We have also had the dress ups out which has been enjoyed by all.

Next week we are leaning about 'Day 4' when God created the Sun, moon and stars.

Structure (not rigidity) the key to success



One of the most common questions I hear from parents—whether their children are 3, 13, or 17—is:

"Why does it feel like bedtime, chores, or even just getting ready for school turns into a battle every day?"

The short answer? Many kids are missing **clear structure** - and the emotional connection that makes that structure feel good.

The Power of a Calm Routine

In our home, bedtime with one of our daughters had become a struggle. She hated it. In her words, it was "unnecessary and unwanted."

So instead of lecturing or nagging, we sat down with her to create a simple bedtime structure she could look forward to - things like a warm bath, quiet time, some one-on-one conversation, and even a calming massage (and prayer... we are a family of faith).

Here's what happened: when we followed the routine - the structure - everything was calmer, more cooperative, and more connected. She even started going to bed earlier - on her own!

Why?

Because the structure gave her a sense of **predictability**. She knew what was supposed to happen and when it was supposed to happen. It also gave her a sense of **competence**. And because each step also included moments of love and connection, it didn't feel like something being "done to her" but something we shared together. Beyond that, however, it worked because **she had a voice in developing a structure that she could feel good about.**

Why Structure Works at Every Age

Structure is more than just a bedtime trick though. It's a universal principle that helps children of all ages feel safe and *capable*. Everyone understands the importance of feeling "safe". But it's that second bit - capable - that is the surprise. Feeling a sense of competence is a *basic psychological need*. (I wrote about these needs in my book, *The Parenting Revolution*.) What makes kids feel competent and capable? Structure.

When children know what's expected of them, and when, and how it's expected (so, structure), they're more likely to:

- Cooperate without constant reminders
- Feel less anxious and more confident
- Build the autonomy and responsibility they need as they grow

Whether it's your 4-year-old cleaning up toys, your 9-year-old getting ready for school, or your 17-year-old juggling assignments and part-time work, structure helps them succeed.

But here's the key: it works best when paired with emotional connection. Structure should be developed in a supportive way, not a controlling way.

The hugs. The "I love yous." The quiet conversations that remind them they matter. Structure without love can feel cold and rigid. Love without structure can feel chaotic. Together, they're magic.

What Parents Can Do This Week

Here are 4 steps you can take to build structure and connection at home this week:

1. Identify one tricky time of day.

Is it mornings? Homework time? Bedtime? Choose just one to focus on for now.

2. Involve your child in making a plan.

Sit down and agree on a simple routine. Keep it short and include at least one thing they enjoy. (For older kids, this might be agreeing on deadlines and check-ins for schoolwork.)

3. Add connection.

Build little moments of love into the routine - a hug before school, a chat while making dinner, a kind word before bed.

4. Aim for progress, not perfection.

Even if you only follow the routine half the time at first, you'll start to see changes. Be consistent, but also kind to yourself when life happens.

Structure helps children feel competent and secure. Love helps them feel valued and connected. Both are vital.

When kids feel like they know what's coming next—and know that they're loved no matter what—they're happier, more motivated, and more cooperative.

And so is the whole family.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit

Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting relating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some of the challenges being faced by young people today.

Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle.

Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Explore SchoolTV today - <https://nhills.vic.schooltv.me>



School Stream App



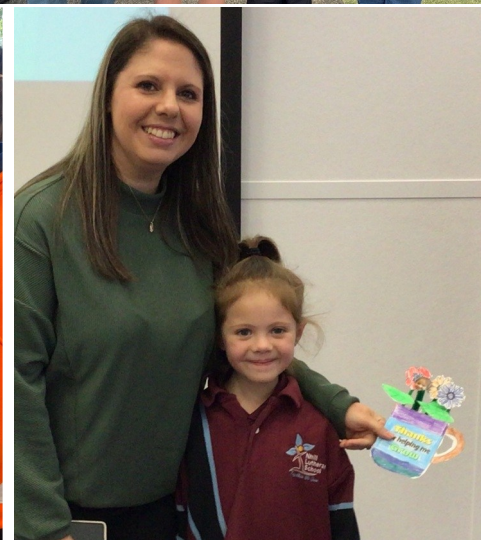
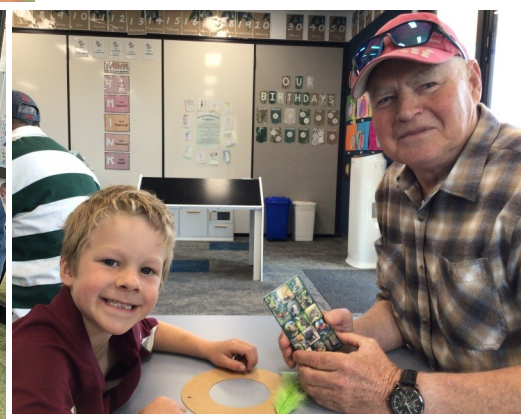
All families, please be aware that you can instal the school stream app from your app store and search for Nhill Lutheran School.

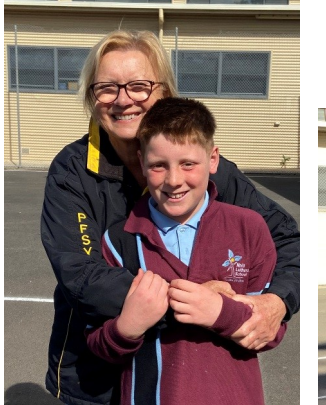
This app provides you with another means of communication for signing permission slips, camp, absentees, bus travelling changes.

Just a reminder that there have been some changes with the school stream reporting app. to make it easier for parents/caregivers to use.

The regular used forms have been moved to their own folders, they are; Absence Reporting & Bus.

Grandparents/ Special Friends Day At WLC Nhill





We Welcomed WLC Dimboola To Share With Us The ALWS Visit





Victorian Premiers Reading Challenge

Congratulations to the students that participated in the 2025 reading challenge, they received a certificate at assembly today and the school will be hosting a party at a later date for all the readers to celebrate their achievement.



Cooper, Connor, Jessie, Lexie, Lucy, Esther, James, Mia, Nelson, Savannah, Sophie, Zara, Heath, Micah and Ruth.
Absent Abby and Roger

Parent & Friends Update

P&F met on Wednesday 22nd at the school. We had a short meeting followed by time spent supporting each other on our parenting journey.

Last Term P&F held a movie night where we watched "Harold and The Purple Crayon", this was well attended and we thank all of the families who came along.

P&F provided hot dogs at Father's Day footy which were appreciated and we thank all the mums who helped with this on the day and the Peirera family for kindly donating the hot dogs.

This Term we look forward to holding our annual "Colour Run" on December 5th. This is always a fun filled afternoon for the kids and parent helpers alike.

There was much discussion about the cookbook project. Which we have decided to move ahead with as at the time of the meeting we had received 77 recipes. We decided to give our grandparents a chance to contribute recipes on grandparents day as well, and have invited our new 2026 families to contribute as well. If anyone in our community would like to contribute please email recipes to the P&F as soon as possible. We will also be looking for artwork from the kids for the cookbook cover, chapter covers, and throughout the book. Kids can complete art work and leave it with Mrs Fisher before the end of the year. The cookbook will be available for purchase in 2026 at a cost of \$20.

We will have one more meeting for the year on November 26th. Everyone is invited to attend and celebrate our 2025 year with us.

Jackie Rethus
WLC Nhill P&F Chair

SRC Zooper Doopers Available Term 4 !

Every day at lunchtime - \$1 each

send money with student and place their order in classroom message box

A great fundraiser for the Student Representative Council

Lions Peace Poster WLCN Results

The Year 5/6 class all participated in the Lions Peace Poster Competition that is ran annually.

Congratulations to Zara Rethus was the winner from WLC Nhill entrants and we had 6 students gain a commended award; Savannah Hedt, Oakley Moylan, Harrison Jupp, Sophie Blackwood, Mia Grover and Nelson Rohde.

All the posters will be on display at The Gallery from this week, so make the time to check them all out.



WLC-NHILL P&F COLOUR RUN DECEMBER 5TH 2025

To Celebrate the end of 2025 the P&F are holding a Colour Run on December 5th at 2.00pm

Please wear a white or black t-shirt.

Sunglasses or swimming goggles are recommended to keep powder out of eyes.

Change of clothes recommended, especially for bus kids.

To opt out please speak with your child's teacher.

Parent helpers will be needed on the day, so please come along and enjoy the fun.

Year 2 Class Sleepover Last Night!



LIVE
ONLINE
SESSION

JOIN THE CYBER SAFETY PROJECT FOR EXPERT INSIGHTS

SOCIAL MEDIA DELAY

WHAT'S CHANGING

WHY IT MATTERS

MYTH BUSTING

START THE CHAT

READINESS

NEXT STEPS



Starting on **10 December 2025**, Australia's minimum age for social media use will increase from 13 to 16. This change will affect all young people under 16 and the parents and schools who support them.

WHY ATTEND?

Join Cyber Safety Project for this 45-minute family event designed for parents and children under 16. Together, we'll unpack the facts, clear up common myths, and kick-start important conversations that really matter before the new laws take effect.

Here's what we'll chat about:

- ✓ Exactly what's changing and who it applies to.
- ✓ What will (and won't) be impacted by the new rules.
- ✓ How the law will be enforced and what that means day-to-day.
- ✓ How families can prepare together to stay informed and connected.

FOR
PARENTS &
CHILDREN
U16

WHEN & WHERE

LIVE ONLINE

7.00pm - 7.45pm AEDT
Wednesday 19th November 2025

SCAN TO REGISTER

or visit
bit.ly/SMDelay



PRESENTED BY



Cyber Safety Project,
Australia's premier
online safety education
provider.

cybersafetyproject.com



Pre-foundation 1st Day



Specialist Class - Stephanie Alexander Garden



Year 3/4 class were busy planting out the vegetable patch at the school this week in their specialist class.



Hindmarsh Shire Outdoor Pools

Pools are opening for the 2025/2026 summer season from 15 November 2025 to 09 March 2026. See hours below:

Hindmarsh Outdoor Pool Opening Hours

	Dimboola	Jeparit	Nhill	Rainbow
Monday to Friday	3:30pm – 6:30pm <i>*Closed Thursday</i>	4:00pm – 6:30pm <i>*Closed Wednesday</i>	3:30pm – 6:30pm <i>*Closed Monday</i>	3:30pm – 6:30pm <i>*Closed Tuesday</i>
Saturdays and School Holidays	2:00pm – 7:00pm <i>*No closure day during school holidays</i>			
Sundays	2:00pm – 6:00pm			

FREE ENTRY ALL SEASON

Canteens will not be operating but staff will have icy-poles available for a small donation. Community members and visitors are encouraged to support local businesses and BYO refreshments (no glass) to the pool.

Consumption and/or the taking of alcohol into swimming pools or grounds is strictly prohibited, as is smoking and vaping.

Scan the QR code for more details about our Outdoor Pools! You can also like us on Facebook to keep up to date

 **Hindmarsh**
Shire Council

FIND US ON FACEBOOK



MORE INFORMATION
AND REGISTRATION



Grass pollen season is here

Protect your family

**Thunderstorm asthma
can be life-threatening**



See your GP about an asthma **action plan** or hay fever **treatment plan** for your child



Always **carry your child's medication** and ensure that the school has a backup of their plan and medication/s



Keep your family indoors before and during thunderstorms



For forecasts & alerts, get the **VicEmergency app**



Learn **asthma first aid**

 my.gh.org.au/thunderstormasthma

 **Grampians Health**
Grampians Public Health Unit