

Wimmera Lutheran College Nhill

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Term 3 Week 8 Issue 19 September 12th 2025

Father's Day Annual Chapel and Footy Match



Birthdays

Happy birthday wishes are sent to the following students for this fortnight:

Helena 14th Sept
Zara 19th Sept
Zoe 27th Sept
Harper 6th Oct
Freya 14th Oct

Vy 18th Sept
Vy 18th Sept
Joseph 5th Oct
James 9th Oct
Tom 17th Oct



Upcoming Events

Sept

Tues 16th: No buses running

Wed 17th: Concert Dress Rehearsal

Thurs 18th: Concert @ Community

Centre

Fri 19th: End of Term 3 2.15pm

Oct

Mon 6th: Term 4 starts

Thurs 16th: Nhill Show (no school)

Fri 17th: Nhill Schools Sport F-2 Afternoon

Fri 24th: Grandparents/Special Friends Chapel

Fri 31st: World Teachers Days

1st pre- Foundation visit 9-11am

Assembly Dates
Fri 19th Sept: General

Chapel Dates Fri 19th Sept: Pastor Carl

From The Principal

Athletic Sports

Congratulations to all the students who competed at the next level of athletics in Stawell on Wednesday. Despite the chilly weather, our students gave their best and represented our school with great enthusiasm and sportsmanship. A big thank you to Mrs. Alexander and the parents who supported and assisted on the day - your help is always greatly appreciated. Congratulations to Savannah, Tom, Nelson, Helena, Zoe, Harper and Mia who have qualified for the next level in Ballarat.

Father's Day Chapel and Footy

Thank you to all the dads and special male role models who joined us for our Father's Day Chapel and footy game. It was a joy to see the children so excited to share this time with you, and we hope you enjoyed it just as much as they did. We give thanks to God for the wonderful fathers and father-figures in our community. Thank you also to the P&F for providing delicious hot dogs after the game.

School Concert: Star Warts - The Umpire Strikes Back

Excitement is building as we prepare for our upcoming school concert, Star Warts - The Umpire Strikes Back. The students have been rehearsing with dedication and growing in confidence each day.

Date: Thursday, September 18

Time: 7:00pm (students to arrive by 6:30pm)

Location: Community Centre

We look forward to welcoming you for what promises to be a fun and entertaining evening.

Three-Way Conversations

Thank you to all parents, students, and teachers for your participation in our Three-Way Conversations. Including students in these discussions empowers them as learners, giving them a voice and a chance to reflect on their progress. Educational researcher John Hattie highlights goal setting and student voice as key practices that support positive growth.

F-2 Excursion to Naracoorte Caves

Our Foundation to Year 2 students enjoyed an adventurous day at the Naracoorte Caves yesterday. It was a fantastic opportunity to explore a unique environment and learn through hands-on experience. Thank you to Miss Zikos, Miss Schultz, Mrs Fisher, and Ms Rutherford for organising and supporting this excursion.

Hats and Uniform Update

With warmer weather approaching, students are now required to wear hats in accordance with our Sunsmart Policy. For the remainder of Term 3 and the first two weeks of Term 4, students may wear either winter or summer uniform.

From Week 3 of Term 4, the summer uniform will be required.

Dates to Remember - Term 3 and Early Term 4

- September 18: School Concert
- September 19: Last day of Term 3 (School finishes at 2:15pm)
- October 6: First day of Term 4
- October 16: Nhill Show

October 17: F-2 Sports Afternoon

Every blessing,

Damon

Welcome! Our New Feathered Friends at WLC Nhill...Thanks For The Eggs



Mrs Launer organised new chickens to join our community. The older chickens are over 3 years old and for some time their egg laying had been not very productive in the past year. It was decided that it was time to bring some new blood into the chook house and eggs were laid on the very first day! The students are very excited and keen to go into the hen house and check to see how many eggs have been laid. We have Ollie, Ruth and Xavier proudly showing the freshly laid eggs.

Hindmarsh Shire Grant

Thank you to Hindmarsh Shire Council, for contributing to our outdoor space with a grant of \$1000 to go towards gardening items. Mrs A, Mr Prenzler, Mia, Clayton, Oakley and Lawson had a trip to Home Hardware to purchase what was needed to get our vegetable patch sorted. Items included galvanised raised garden beds, gloves, tools, soil and a retractable hose.





Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for......

- Darcy, Connor & Heath and their family
- Ruby & Freya and their family
- Jerome and his family
- Sophie B and her family
- Miss Drisch and her family



Worship News

Please see below for this week's church service times:

14th Sept Nhill 11am Jeparit 9am 21st Sept Parish Camp 10am @TBC NhillLutheranParishOnline.com

Chapel Offerings



From last 2 weeks of Chapel was collected for the ALWS Gifts of Grace. Please consider sending an offering each Friday morning as the communities there rely on our help.

Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at <u>messagesofhope.org.au</u>.or on iTunes and Spotify.

14th September Costly Love - Foster Care part 2

(Interview) Foster care can be something many families have considered, but often find it overwhelming to take the next step. Hear how Ben and Corinne's family have been both challenged and blessed by welcoming a foster child into their home. Natalie, a foster care family engagement worker, also shares why it's important to have a 'village' to help raise a child in foster care.

21st September Dementia: This is our story (Interview) How would you feel when the person you have loved for over 50 years doesn't know who you are anymore? John shares his inspiring story of loyalty and love in the face of Dementia.

28th September It doesn't make sense (John

Henderson) It can be very difficult to get through disasters, sometimes it seems impossible. Bishop John Henderson will share his insights about a tragedy that was close to him, and how there can still be hope.

Devotional Thought

Love in action

Live in harmony with one another. Do not be proud, but be willing to associate with people of low position. Do not be conceited (Romans 12:16).

Read Romans 12:9–21

In recent years, our global society has become increasingly divided. While there have always been differing opinions on social and political matters, divisions now seem to be deeper and more entrenched, often with no real middle ground. It can sometimes feel as though ideas different from ours are not only wrong, but that the people who hold them are also seen as stupid, deluded or even evil.

We could speculate on the reasons for this, such as blaming social media, which rewards more extreme views. However, I think it is just an aspect of basic human nature, that is, what Paul called 'the pattern of this world' in yesterday's reading from earlier in Romans 12.

Today's reading suggests a different path. We should not be proud or conceited, believing that we have all the right answers and opinions. Part of our discipleship mission is to care for those in need, to practise hospitality, and to share God's love with all. We are called to hate what is evil and love what is good. Somebody who has a different opinion, faith or lifestyle is not evil. Instead, the hatred caused by political and social divisions is evil. What is good is living in harmony with each other.

We cannot spread the love of God if we only associate with those who share our beliefs. Spreading the love of God through word and action requires us to move beyond our comfort zone.

We are all simultaneously a mixture of good and evil – saint and sinner. When we follow the patterns of behaviour that we see in the world around us, we emphasise the evil aspect. It is only when we turn to God and share God's love for all humanity and all creation that God's good shows through.

God of humility, help me to live in harmony with all. Take away my pride, greed, arrogance and self-deception. Fill me with your Spirit of love, so that I may learn to live in your kingdom of heaven, here on Earth. Amen.

From The WLC Executive Principal—Jason Przibilla

Strategic Plan Update

Important work continues with the development of the Strategic Plan. Unfortunately, due to unforeseen circumstances, the last Strategic Planning workshop planned for September 3 did not proceed as planned. A new date has been arranged so that this work can continue. The first step in the Branding and Logo development has occurred with the completion of the Brand Questionnaire. This data has been given to Mad Mouse Designs who will now use this information to start to prepare various logo designs for us to look over.

Farewell Neil Leek

Last week signalled the end of Neil Leek's tenure as Interim Business Manager of Wimmera Lutheran College, a role he has held for almost 2 years now. Neil arrived in Horsham on Melbourne Cup Day of 2023, at a time when the school was in need of strong financial support and guidance. This was originally going to be a 6-week placement, but it soon became evident that there was much more work to be done that would require a longer commitment.

A snapshot of achievements in Neil's 2-years in the job includes:

Stabilising the college's finances to meet LEVNT objectives

Negotiating interest free loans with the LLL and other lenders, ensuring adequate cashflow for daily operations

Streamlining the budget process

Assisting with the Implementation of Alii

Actioning key recommendations following yearly audits

Providing accurate financial data and projections for the College Board

Overseeing key amalgamation responsibilities including payroll, database mergers and more

Implementing Direct Debit payments for the payment of fees

Overseeing a complete fee restructure from Foundation to Year 12

Updating and implementing key financial policy and procedure

Prioritising innovation projects and understanding the need for schools to support key curricular and extra-curricular programs

Creation of the Finance Manager's position

Providing calm leadership and direction to the finance and Executive Leadership team

Neil is a man of great character and conviction. He remained committed to the task he was given, worked over and beyond what should have been expected, and became a part of the Holy Trinity and now Wimmera Lutheran College Community. WLC owes Neil a great debt for the sacrifice and service he has provided our college, and on behalf of WLC Horsham, Dimboola and Nhill Campuses, I wish to acknowledge Neil's efforts and contributions, and wish him and his partner, Carman, every blessing for the next stage of their life.

Whilst Neil has completed his on-site responsibilities at the college, he will remain connected to the College in an advisory role as he continues to support Craig Young in an extended handover period.

Work at Wimmera Lutheran College

Planning continues for 2026 with a number of employment opportunities available. WLC currently has the following positions being advertised:

Dimboola Campus: Administration Officer

Horsham Campus: Primary School Classroom Teacher Horsham Campus: Secondary Woodwork Teacher Horsham Campus: Secondary School Generalist Teacher

Please visit https://www.htlc.vic.edu.au/about/employment for more information, or

contact recruitment@wlc.vic.edu.au

Acknowledgements

The Nhill Campus staff and students as they prepare for their end of term concert next week Mr Busbridge and the F-2 students and teachers for putting on a Bushdance Showcase on Thursday night. An entertaining showcase of talent.

Mr Engert and Mrs Rudolph for escorting a keen group of students to the Robocup Championships in Melbourne on Saturday. Good luck team!

Hindmarsh Landcare Group Donated Plants For The Landscaping











Last week we had over \$500 worth of native plants delivered to the school by Cliff, Daryl and Mary from the Hindmarsh Landcare Group.

A large gum was planted by the group with some help from Tim (WLC maintenance/gardener) in the area north of the new building to be beautified.

Along with the plants the HLG have also provided the school with \$500 to purchase a watering system to get the plants off to a great start.

The northside of the school is beginning to come together and the students will be involved in planting the new shrubs and plants to give them a sense of ownership and accomplishment.

A huge thank you to Hindmarsh Landcare Group for your generous donation and the knowledge shared to get the right plants and to where they need to be planted.

Students Helping To Get The Plants In The Ground















Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead. Please bring along the following:

• A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or



















We have had a fun few weeks in Get 'em Going playgroup. Last week we celebrated Father's Day, making a gift for all the dads; decorating some teddy bear biscuits.

We read a story all about Dad jokes which was fun for the children and the parents!

This week we focused on the dog for our farm animal. The children had a chance to make their own dog mask or colour in a picture of a doa.

We have learnt a new set of songs and experimented with ribbons, dancing and following actions to the songs.

Next week is our last week of playgroup for Term 3. We will learn all about the chicken!

WLC Nhill Annual Father's Day Chapel and Footy Match

















A frosty morning made for a cool start to the annual Father's v kids footy match. There was some apprehension for some of the competitors to get into the game. After 10-15 minutes of watching how the game was played, it was then on for the young and old.

The Dads were landing on the ground with not so much grace as the

younger years gone by. The morning was very competitive with the students wanting to come away with a win, there were no fathers giving the kids any grace. The game was on!

I'm sure there were a few Dads with sore muscles the next day. After a fun filled hour, it was time to enjoy the hot dogs (kindly donated by the Pereira Family) the P&F Mums cooked for the players and spectators. There is a review of some dangerous tackles by Peter H. Watch this space!

A huge thanks to Glen who kindly gave his time to officiate the game, the Pereira's and the P&F ladies.





















Little Niggles Can Lead to Big Dramas: Why Parents Should Act Early



Sometimes, it's not the big meltdowns or obvious problems that cause the most stress in family life—it's the little things. The constant whining. The bedtime battles. That one child who just won't listen. It's these small, everyday frustrations that slowly wear us down.

This strange but common experience can be described by a psychological concept called the **Region Beta Paradox**: we're more likely to act on a big problem than a small one. Why? Because when something is just *mildly annoying*, it doesn't feel urgent. We wait. We tolerate. We tell ourselves it will pass.

Yet over time, those little issues can become big dramas—ones that might have been avoided with earlier action. Think of:

- A child who is quietly anxious but "functioning okay"—until they're not.
- A sibling rivalry that's "just bickering"—until it becomes daily screaming matches or bullying, or even violence..
- A speech delay that "might sort itself out"—until it's interfering with learning and confidence.

Why This Matters for Parents

We all do it. We wait for things to get bad enough to justify action. But sometimes, by the time it feels serious, we've lost valuable time, made things harder for our child, and added unnecessary stress to the whole family.

Moreover, with our medical system and our mental health system so strained, wait times to see a mental health professional, occupational therapist, or obtain other allied health support have blow right out. The "wait and see" approach could backfire if things become a problem, you need help, and you discover that there'll be a 6-, 12-, or even 24-month wait.

So how can we avoid falling into the Region Beta trap? Here are a few simple, practical ways to act sooner and support your child more effectively:

Action Steps for Parents

1. Watch for Patterns, Not Just Incidents

A child over age four who has an occasional sleepless night? Normal. No real sleep for two weeks? That's a pattern. Disturbed sleep every night for three-to-six months? That's a problem. Pay attention to:

- Frequency How often is it happening?
- Intensity How disruptive or upsetting is it?
- Duration How long has it been going on?

If the behaviour is consistent and causing distress or disruption, it may be time to explore support—even if it doesn't feel like an "emergency". Remember the three Ds. Distress. Dysfunction. Deviation from "normal".

2. Trust Your Gut

Sometimes, the only real sign that something's wrong is that your instincts say so. If you're feeling uneasy about your child's behaviour, development, or wellbeing, don't ignore that signal. Seek advice. Ask questions. Be persistent. One of the biggest regrets parents share is wishing they'd acted sooner.

3. Invest in your Parenting Skills

I hate to throw shade at parents... Yet sometimes our children are experiencing challenges (particularly when it comes to mood, anxiety, and even relationships) when our parenting is not quite hitting the mark. Buy a parenting book (I can recommend one if you're stuck!), practice the skills you need, and learn to be dialled in as a parent. Often your improved self-awareness, self-regulation, empathy, or communication skills can give your child the extra support they need, and some issues will go away.

That psychological security boost can be powerful.

When to Seek Help

If a concern persists, causes distress, or affects your child's ability to function (at school, with friends, or at home), it's worth seeking professional advice—whether from a teacher, GP, psychologist, or speech pathologist. You don't need a crisis to justify reaching out. Sometimes acting early prevents the crisis altogether.

Where to Go to Get the Help You Need

If something's concerning you—even just a little—the best first step is often your GP. They can provide guidance, offer referrals, and support you with a Mental Health Care Plan if needed. You can also call **Parentline**, a free, confidential service staffed by trained counsellors. It's available in every Australian state and territory. They'll talk things through with you and help you work out next steps.

Depending on your concerns, other helpful contacts may include:

- Your child's school counsellor or teacher
- Kids Helpline (1800 55 1800)
- Local parenting support groups or early intervention services
- A trusted psychologist, speech pathologist, or occupational therapist

It's easy to overlook the small stuff. But sometimes, those little niggles—physical, cognitive, or emotional—are our early warning signs. As parents, one of the most loving things we can do is to listen—to our children and to our intuition—before the small things become big dramas.

That's the paradox, isn't it? The bigger the issue, the quicker we act. But the little things? They're easy to dismiss... until they're not so little anymore.

You don't have to remember the name *Region Beta Paradox* (try dropping that casually at school pickup and watch the silence). But you can remember this: when something's not quite right, act sooner. Ask for help. Stay curious.

Because doing something early almost always works out better than doing something late.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.



Short term. Long term. Life changing.

Foster Carers are urgently needed in the Wimmera.

Foster carers come from diverse backgrounds, lifestyles and family types.

Types of care we urgently need:

- Weekend respite occasional or regularly scheduled
- Emergency care in response to a child's safety
- Short-term care a few days to a few months
- Long-term care care for many months or years.

We'll match you to a type of care suitable to your lifestyle.

You'll have a specialised support team with you every step of the way.

1800 543 779 <u>unitingvictas.org.au/foster-care</u>



F - 2 Naracoorte Caves Excursion

























On Thursday the Foundation, Year 1 and Year 2 students had their annual excursion. This year they went to the Naracoorte Caves. The weather was kind to us as it had rained when we were in the caves and after we got on the bus to head home. The students were excited about heading into the caves and they got to ask lots of questions about the actual cave. It was great to see all the students go into the cave and experience what amazing things lie underneath the ground and how the caves were created. They also got to use their imagination at the wonderful playground at the caves after they ate their lunch.

Little Desert Primary School Athletics













Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting relating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some

of the challenges being faced by young people today.

Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle.

Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Explore SchoolTV today - https://nhills.vic.schooltv.me



Family friendly - kids welcome





RESIN ART

WORKSHOP FOR BEGINNERS

NHILL, VIC

CREATE: Resin art workshop:

- -A VIBRANT OCEAN DESIGN ON A WOODEN SERVING BOARD (approx 30cm) FROM A SELECTION OF 30 COLOURS
- -MATCHING COASTER (mandala, flower, round)
- -BONUS ITEM!!!

LEARN:

- -A NEW FUN ART FORM
- -GIVES YOU THE KNOWLEDGE TO CREATE JEWELLERY, TABLE TOPS, RESIN CLEAR COAT ON PAINTINGS AND OTHER RESIN

Pine-apple Creations offer public and private workshops for

- Arts groups
- · NDIS participants®
- · Hens parties
- Birthday parties
- · Team building/organisations
- Community programs

OVER 18'S ONLY. NOT SUITABLE FOR PREGNANT WOMEN. Sorry no babies or children to attend.



\$120 P.P

HOTEL, NHILL, VIC

WHEN/TIME: 20TH SEPTEMBER @2-

4.30PM

To book your ticket for this limited ticketed workshop visit -

www.pineapplecreations.art

0424963699

terpay& Available

Available on request



SEPTEMBER/OCTOBER 2025 SCHOOL HOLIDAY PROGRAM WEEK 1

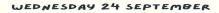
WEEK 2

MONDAY 22 SEPTEMBER Crafty Arts with Ellen



Cooking with Sharon *Dimboola Library* 10am - 11:30am

Cooking with Sharon Jeparit Library 2:30pm - 4pm



Roller Disco Dimboola Stadium (Recreation Reserve) 10am - 12pm

(Please note registrations close on Monday 22 September at 5pm for Roller Disco)

Fishing Workshop & BBQ Jeparit Fishing Pontoon 2pm - 4pm

THURSDAY 25 SEPTEMBER

Fishing Workshop & BBO Lunch Nhill Lake 10am - 12pm

FRIDAY 26 SEPTEMBER

AFL GRAND FINAL (public holiday)

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Children under 11 years of age are required to have parent/guardian supervision.

Please note: These activities have limited bookings available. Should they be oversubscribed, preference will be given to residents of Hindmarsh Shire.

MONDAY 29 SEPTEMBER

Fishing Workshop & BBQ Lunch Rainbow Lake 10am - 12pm

Crafty Arts with Ellen Jeparit Library 2:30pm - 3:30pm

TUESDAY 30 SEPTEMBER

Cooking with Sharon Nhill Memorial Community Centre 10am - 11:30am

Cooking with Sharon

Rainbow Library 2:30pm - 4pm

WEDNESDAY 1 OCTOBER

Crafty Arts with Jess *Rainbow Neighbourhood House* 10am - 11am

Board Games and puzzles Rainbow Neighbourhood House 2pm - 3pm

THURSDAY 2 OCTOBER

Movie: The Bad Guys 2 Nhill Cinema 1pm - 3pm

FRIDAY 3 OCTOBER

Dimboola Pottery hand-building workshop

103 Lloyd Street Dimboola 11am - 11:45am Dimboola Pottery hand-building workshop

103 Lloyd Street Dimboola 12:30pm - 1:15pm Dimboola Pottery hand-building workshop

103 Lloyd Street Dimboola 2pm - 2:45pm

For more information visit www.hindmarsh.vic.gov.au/events, call 03 5391 4444 or email youthehindmarsh.vic.gov.au.



@hsyouthcouncil @hindmarshshirelibraries



FINAL FEVER PROGRAM







ΠA

Auskick (5-7YRS) & Superkick (8-12YRS) Match Play AFL Giveaways
Grand Final Sprint

FREE Football for every registration \$55





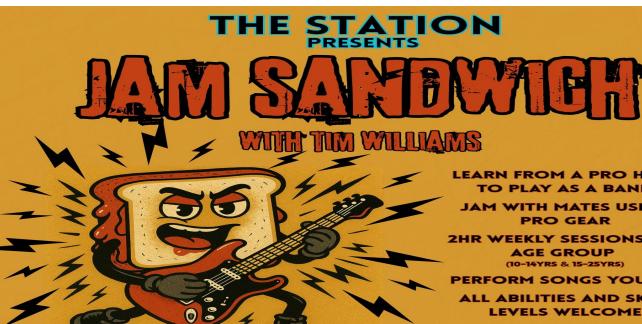












LEARN FROM A PRO HOW TO PLAY AS A BAND

JAM WITH MATES USING PRO GEAR

2HR WEEKLY SESSIONS PER AGE GROUP (10-14YRS & 15-25YRS)

PERFORM SONGS YOU LIKE **ALL ABILITIES AND SKILL**

FREE

EVERY FRIDAY FROM 15 AUG - 19 SEPT

Do you play guitar, bass, drums or sing?

Learn the tips & tricks to jamming in a band setting. Jam with musicians your own age and playing level. Start a band and work towards playing paid gigs. All music gear supplied or BYO instrument. Sign up for one, a few, or all of the sessions Sessions conducted by Tim Williams of Horsham Music.



AMPLIFY

HORSHAM

THE STATION PYNSENT STREET HORSHAM



Grampians Public Health Unit



LADIES COMMITTEE OF THE NHILL A & P SOCIETY INC Invitation to attend an

EXHIBITORS INFORMATION SESSION

Learn how to enter and prepare items for exhibiting Open to all ages

Wednesday 17th September 2.00 pm - afternoon session 7.00 pm - evening session In the Young Farmers Pavilion at the Show Grounds Afternoon tea / supper will be supplied.

RSVP by 15th September to Tricia Alexander 0407364833





The WLC Nhill P&F are looking to create a cookbook as a school fundraiser.

But first we need your help!!

We need your favourite recipes!

The ones your kids will actually eat!!

Snacks, lunchbox, quick dinners, re-heat and eat, deserts etc.

'3 out of 4 kids will eat this'

'They'll eat this now, but maybe not next

'Little helpers in your kitchen'

Please email your recipes in a word document to pandf.nls@gmail.com

We will get the kids to contribute to the book with drawings and designing the cover.

