



# Wimmera Lutheran College Nhill



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Term 2 Week 4 Issue 13 May 30th 2025

## Upcoming Events

### May

Sat 31st: Quiz Night 7pm

### June

Fri 6th: Donut Day

Mon 9th King's Birthday (no school)

Thurs 12th: Winter Lightning  
Premierships Yr 3-6

Tues 24th: Freestyle Dance Ministry

Wed 25th: WLC Board Meeting @ Nhill

### July

Wed 2nd: Last Day Term 2 (3.15pm)

Thurs 3rd & Fri 4th: Student Free Day

Mon 21st: Student Free Day

Tues 22nd: Term 3 starts

### August

Thurs 14th: Ghana Beat My Drum

Mon 18th - Fri 22nd: BookWeek  
"Book An Adventure"

## Students of the Week

Congratulations to the following students who were presented with Student of the Week awards at assembly today:



**Matilda:** For demonstrating critical thinking, resilience and compassion along with collaborating with others, building a strong sense of teamwork

**Darcy:** For demonstrating resilience, persistence and perseverance at camp. You have shown responsibility and leadership along with critical and creative thinking which has lead to deep learning.

**Silas:** Recognition of mastering subtraction and addition with determination and a joyful approach to learning.

**Freya:** Showing care and compassion to others when they need friendly support.

## Birthdays

Happy birthday wishes are sent to the following students this week:

Micah 8th June Ruth 10th June



## Gertrude The Bear



Congratulations to Lexie for following the 5 rules of the school. We hope Gertrude and you both enjoy your time together.

## From The Principal

### Athletics Day

We were blessed with beautiful weather last Friday for our annual Athletics Day — a true celebration of school spirit, teamwork, and friendly competition. A heartfelt thank you to all the wonderful helpers who made the day run smoothly, especially the Parents & Friends group for providing delicious food and refreshments. Our students were outstanding — cheering each other on, showing great sportsmanship, and giving their all for their house teams. Congratulations to *Hindmarsh* for taking the win over *Lowan* and *Mallee*. A special shoutout to *Helena* and *Clayton*, who were named Champion Girl and Champion Boy — well done!

### Ascension Day

Yesterday, we commemorated *Ascension Day*, a significant moment in the Christian calendar that marks Jesus' return to heaven. Before ascending, Jesus gave his disciples both a promise and a mission, as recorded in Matthew 28. He assured them, "You can be sure that I will be with you always. I will continue with you until the end of the world." This promise is a profound comfort to Christians — a reminder of Jesus' constant presence. He also gave a command, often called *The Great Commission*: "Go and make followers of all people in the world. Baptise them in the name of the Father and the Son and the Holy Spirit. Teach them to obey everything that I have told you." This mission continues today at WLC, as we nurture and guide the young people entrusted to our care, sharing the love and message of Jesus.

### Quiz Night

Looking for a fun evening out? Join us for our *Quiz Night* — happening tomorrow at 7:00pm! It's a fantastic opportunity for some light-hearted competition and family fun. Everyone is welcome, and there's no need to organise a team in advance — we'll happily sort tables on the night. Come along and enjoy the challenge!

### One Year in the New Building

It's hard to believe, but we're already celebrating *one year* in our new school building! On *May 30, 2024*, we moved a multitude of furniture, equipment, and resources into our beautiful new space. The following day, *May 31*, we began our first school day there — a milestone marked with a special chapel service and blessing. From the very beginning, this building has been more than just bricks and mortar; it's a place filled with God's love, where learning, growth, and care continue to flourish every day.

### Wimmera Lutheran College Update

The WLC Executive Principal, Mr Jason Przibilla, has shared the following information regarding the College's Teaching and Learning Philosophy:

Towards the end of last year, the Leadership teams of Horsham, Dimboola and Nhill schools engaged in a number of workshops with the aim of developing the Wimmera Lutheran College Teaching and Learning Philosophy. This philosophy will shape the development of our teaching and learning program as we move into the future as Wimmera Lutheran College. The staff of the three campuses are continuing to focus on the implementation of this philosophy into the three campuses, and whilst we acknowledge there is much work to be done in this space, staff are excited by the opportunity that exists to develop and refine our teaching and learning program to ensure that graduates of our schools are prepared and ready for the world that exists beyond the boundaries of the school grounds. I am looking forward to continuing to provide updates on the development and implementation of this philosophy over the coming weeks and months.

### Wimmera Lutheran College Teaching and Learning Philosophy

*At Wimmera Lutheran College, we believe that learning is an adventurous journey that inspires curiosity, challenges boundaries, and encourages exploration. Education, for us, is not just about acquiring knowledge, but about cultivating a passion for discovery and personal and spiritual growth. We engage with learners across three campuses with a shared vision.*

#### Adventurous

*We view education as an adventure, where each learning opportunity is a chance for students to step out of their comfort zones and engage with the world around them. We encourage students to explore new ideas, ask bold questions, and seek out experiences that challenge their thinking. By fostering a spirit of adventure, we help students develop the resilience and creativity needed to navigate their journey in an ever-changing journey.*

### *Purposeful*

*Our educational approach is grounded in purpose. We believe that learning should be meaningful and connected to real-life experiences. By aligning our curriculum with the values of curiosity, exploration, and social responsibility, we ensure that students not only acquire knowledge but also understand how to apply it in ways that contribute positively to their communities. Every lesson and activity is designed with intentionality, ensuring that students can see the purpose behind their learning and feel empowered to make a difference.*

### *Compassionate*

*Compassion is at the core of our College community. We strive to create an environment where students are not only intellectually challenged but are also encouraged to develop empathy, kindness, and respect for others. By valuing emotional well-being and fostering positive relationships, we nurture a supportive space where students learn to care for one another and actively contribute to the betterment of their communities.*

### *Relational*

*At our college, we understand that learning is most effective when it happens in the context of strong, positive relationships. We prioritise building meaningful connections among students, teachers, and families, knowing that these relationships form the foundation for a supportive and collaborative learning environment. Through open communication and mutual respect, we cultivate a community where students feel valued, heard, and connected*

*Together, our Wimmera Lutheran College community is committed to creating an adventurous, purposeful, compassionate, and relational environment where each student is empowered to grow, contribute, and thrive. We believe that when students are inspired by purpose, supported with compassion, and surrounded by meaningful relationships, they are equipped to navigate life's challenges and make a lasting, positive impact in the world.*

### **Strategic Plan Workshop**

The date for the first Strategic Plan Workshop has been set for Saturday 28 June. This day will bring together current Wimmera Lutheran College Board members, the Executive Leadership team and also invited representatives from the three communities. Phil McCredden from Ecclesia Leadership will coordinate this workshop. He has started his planning by viewing existing Strategic Plans of the 3 schools, mission and vision statements and other important identity documents. I am excited to be working with Phil who will bring a wealth of experience to this role, having previously worked with a number of organisations, including amalgamated entities. I look forward to sharing the outcomes of this workshop as we continue to develop the identity of Wimmera Lutheran College.

### **WLC Branding and Logo**

WLC has started to make contact with various Marketing Companies to engage in conversations regarding the development of WLC's Branding and Logo. Some of these companies have provided a scope of works and also quotes for their work which has been helpful as we consider future options and possibilities. The WLC Board realises that brand development is important but also understands the need to ensure the new branding and logo is representative of Lutheran Education across the three schools in the Wimmera, and therefore needs to be in line with the discussions and decisions around strategic plans.

Every blessing for your week,

Damon Prenzler

#### **Chapel Dates**

6th June Pentecost Pastor Carl

13th June F/1

20th June Year 5/6

27th June Year 3/4

#### **Assembly Dates**

13th June Year 5/6

27th June F/1



## Athletics Day



Congratulations to Team Hindmarsh for winning on the day. Both Lowan and Mallee teams provided tough competition.



2025 WLCN Athletic Champions for boys and girls were Clayton and Helena. Well done!



















## Greater Western Region Cross Country @ Warrnabool



Nelson competed in the GWR cross country in Warrnambool on Monday in windy conditions, which made it a difficult run. Congratulations Nelson for representing our school at this higher level of competition.



## Prayer of the Week



Each week we pray for someone in our School Community. This week we pray for.....

- Sophie & Lucy and their family
- Darcy, Connor & Heath and their family
- Alyssa & Gus and their family
- Spencer and his family
- Matilda and her family

## Worship News

Please see below for this week's church service times:

1/625 Nhill 9am, Jeparit 11am  
8/6/25 Jeparit 9am, Nhill 11am  
NhillLutheranParishOnline.com



## Chapel Offerings



At this week's Chapel \$6 was collected for the ALWS Gifts of Grace. Please consider sending an offering each Friday morning as the communities there rely on our help.

## Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at [messagesofhope.org.au](http://messagesofhope.org.au) or on iTunes and Spotify.

### 1st June Speaking from the heart (Interview)

Where is the hope when reconciliation efforts in the past haven't always been smooth? Shona Reid, an Eastern Arrernte woman, has devoted her personal and professional life to the advancement and rights of aboriginal children, families, and communities.

### 8th June Journeys: Navigating the winding path of life (Panel discussion)

For many people, journeys can be fun, but life's journey can be stressful, unpredictable and even painful. Hear the journeys of young adults as they share their recent experience and where they place their hope for the future.

## Devotional Thought

### Doing right when we think no-one is watching

For we are setting our minds on what is right not only before the Lord but also before the people (2 Corinthians 8:21).

Read [2 Corinthians 8:16-24](#)

The *Cambridge Dictionary* defines integrity as 'the quality of being honest and having strong moral principles that you refuse to change'. I've heard it simply put as 'doing the right thing when no-one is watching'. To maintain integrity in all ways and on all days is tough.

In today's devotion, we could turn our attention to the 'liberal gift' that Titus and another believer were entrusted to take to the Corinthian church. However, my thoughts have been drawn more to what Paul highlights about the importance of integrity: that honesty, trust, fairness, respect and responsibility, combined with courage (held to even in the face of adversity), govern actions.

Paul noted the solid experience shared by him and the churches of those men sent with this gift to the Corinthian churches. He is clear that they do their best so that their actions in this matter are honourable and of integrity before God and people. Paul seeks to show that this gift is handled in a thoroughly honourable and transparent manner. There was more resting on this than just the money getting to its destination. There was a loving sacrifice represented in this gift. It was the collective action of believers who trusted that the need they heard of was true, and they trusted that what they gave would be used for this, that their giving would be honoured.

These words remind us of the importance of integrity in our Christian life and service. Responsibility and trust should be part of our day-to-day actions. These reflect our faith, and integrity in our behaviours is part of this. It is human to make mistakes, and it is very sad to see integrity compromised by mistakes. This has far-reaching ramifications and harms both the person who failed and those they failed. We can all fall in our integrity in some way at some time, for which we seek forgiveness; however, our aim is, as Paul noted in this verse, 'For we are setting our minds on what is right not only before the Lord but also before the people.'

May we be mindful of the Lord's sight of us and the observance of others as we live. May we seek to be helpers of one another and hold to integrity. This is not to earn favour with God through good conduct, as we know our salvation is by grace alone, through faith alone in Christ alone, but so that we don't hinder the message of the gospel to those around us and, in our private relationship with God, can be free in his gaze.

Every blessing to you.

**Loving God, please help us to be mindful of integrity and seek to live in it. Please help us so that our actions show your love and bring honour to your name. Amen.**



## What's Been Going On At WLCN





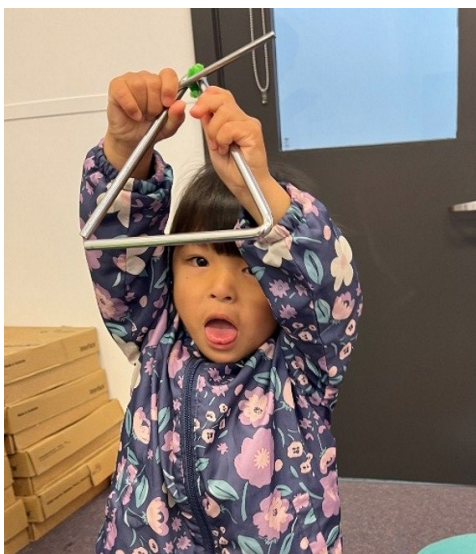
## Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead. Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or [admin@nls.vic.edu.au](mailto:admin@nls.vic.edu.au)



We have had a fun few weeks in playgroup learning about our shapes; focusing on the Triangle and the Diamond.

The children have been exploring new instruments including the 'triangle' where they have been practicing keeping to the beat and learning how to play soft, loud, slow and fast.

Lots of shape puzzles have been explored and it's great to see the children starting to remember some of their basic shapes.

We have been having lots of fun with craft making Autumn trees and using stickers to decorate diamonds.

Next week we are learning about the Oval shape. Hope to see you there. Tuesday at 9:30am.



# The Liking Gap: Helping Kids Feel More Confident in Friendships

When I wrote my book about teen girls, *“Miss-Connection: Why Your Daughter “Hates You”, Expects the World, and Needs to Talk”*, I was astonished at how insecure girls felt in their relationships.

*“I wonder if my friends really like me”*, one girl confessed. She was not alone.

It turns out that it's a very human challenge. We meet someone (or catch up with someone), and walk away from an interaction wondering if we said something silly or if the other person even liked us. This is incredibly common—not just for adults, but especially for kids.

Psychology researchers call it **“the Liking Gap”**—the tendency we have to **underestimate how much others like us** after an interaction. And research shows this gap starts young. Even children as young as four or five experience it - boys and girls.

## Why it matters for your child

Think about your child at school:

- They meet new classmates.
- They wonder if they'll be liked.
- They say something awkward—or worry they did.
- And then, they assume the worst.

This can lead to anxiety, loneliness, and even social withdrawal. Many kids believe their peers *tolerate* them rather than truly *like* them. Another girl in my book told me,

*“I have a massive fear that everyone around me is just putting up with me until I leave them alone.”*

The tragedy is, **most of the time, this belief is wrong**. The science is clear: people generally like us more than we think.

## What the research shows

A recent study from the [University of Toronto](#) found that across thousands of conversations, people consistently *underestimated* how much their conversation partners liked them. And the more anxious or insecure a person was, the bigger the gap.

In other words, **your child is probably more liked than they realise—but they don't know it**.

So what can we do?

## 3 Things Parents Can Do to Help Close the Liking Gap

### 1. They're Likely More Liked Than They Think

Children from about age 5 onward tend to underestimate how much others like them. When your child worries “nobody likes me,” they're probably wrong! They won't believe you, but if you tell them to reverse it and ask them how much they like other people, they'll get your logic. When they understand the science, they are more likely to believe it. Remind them that their natural tendency to miss positive social signals from peers becomes more pronounced as they get older, making tweens and teens especially vulnerable to social insecurity.

### 2. Focus on connection, not perfection.

Teach your child to stop keeping an invisible “friendship scorecard” in their head. Encourage them to focus on *being present*—listening, showing interest, and sharing kindly. Those are the traits people like most.



### 3. Build their confidence at home.

Self-esteem plays a huge role in the liking gap. Children who believe they have something valuable to say are more likely to connect with others and feel good doing it. Let your child's voice be heard at home. Ask their opinions. Validate their thoughts. Confidence in relationships starts in the lounge room before it shows up in the classroom.

### One final thought

Most kids aren't struggling with being unlikable—they're struggling with *believing* they're likable. That's a mindset shift we, as parents, can gently guide.

Your child is probably doing better socially than they think. Let's help them see it.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit

### Super Readers Award

Congratulations to the following student who were presented with Super Readers awards at assembly: Dakoda, Xander, Amber, Jerome, Atreyu and Freya.



SRC

## Individual Freddos are available at Lunchtime



for students to buy @ 50c each.

### ***SRC Dim Sims have returned !!!***

**Wednesday only - \$1 each - steamed send money in envelope with student name & quantity**

*A great fundraiser for the Student Representative Council*





Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting relating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some of the challenges being faced by young people today.

Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle.

Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.



Wellbeing for School Communities

## 2025 Youth Mental Health Roadshow

Featuring Dr. Michael Carr-Gregg



Join Dr Michael Carr-Gregg, one of Australia's leading child and adolescent psychologists, for a presentation on youth mental health. His invaluable insights will equip parents and caregivers with practical strategies to support youth wellbeing build resilience, and navigate the challenges young people face today.

Topics will include:

- Nurturing growth and development
- The stages of adolescence
- Understanding key milestones
- Tips for effective communication
- Tips for thriving in school
- Strategies to help with anxiety
- Building resilience
- Trauma and recovery

**Tuesday 29 July, 2025**

**Parent & Carer  
Information Evening**

**7 pm - 8 pm**

**Kaniva**

**Kaniva Community Hub  
132 Budjik Street, Kaniva**

Suitable for: Parents, grandparents  
and caregivers supporting school  
aged young people.

**FREE EVENT**

Registration is essential.



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- Nurturing growth and development
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- Building resilience
- Trauma and recovery

**Wednesday 30 July, 2025**

**Parent & Carer  
Information Evening**

**7 pm - 8 pm**

**Horsham**

**Horsham Town Hall, Theatre  
71 Pynsent Street, Horsham**

Suitable for: Parents, grandparents  
and caregivers supporting school  
aged young people.

**FREE EVENT**

Registration is essential.



The **flu** spreads quickly

**Sick kids?  
Keep them  
home**

Keeping unwell children at home helps protect classmates, staff, and families during flu season



 [my.gh.org.au/flu](https://my.gh.org.au/flu)

 **Grampians Health**  
Grampians Public Health Unit



**WIMMERA**  
LUTHERAN COLLEGE  
HORSHAM CAMPUS

## Year 7 For a Day

EVER WONDERED WHAT IT'S LIKE TO BE A YEAR 7 STUDENT AT WIMMERA LUTHERAN COLLEGE? FIND OUT AT OUR 'COME AND TRY DAY' ON WEDNESDAY, 11 JUNE.

### Experience:

- Year 7 Classrooms
- Year 7 Subjects
- Year 7 Teachers
- Meet other Year 6 students
- HAVE FUN!



Not yet a Wimmera Lutheran College family?  
Register your interest for the Come and Try  
Day on 5382 2529





# NLS P&F QUIZ NIGHT 2025

Tables of 8 people, can be worked out on the night.

May 31 | 7:00 PM

Nhill Lutheran School Multipurpose room

BYO nibbles and sealable drinks

Adults \$10

Kids \$5

**Tomorrow Night!**

Prizes for Adults and Kids tables

## Special Guest QUIZMASTER!

Enquiries/bookings contact Jackie 0491 707 699