



Wimmera Lutheran College Nhill



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Term 1 Week 9 Issue 9 March 28th 2025

Upcoming Events

March

Fri 28th: P&F Movie Night 7pm

TONIGHT

April

Tues 1st/ Wed 2nd: Parent Teacher Interviews (after school)

Fri 4th: Last Day of Term 1, pick up 2.15pm

Tues 22nd: First Day Term 2

Fri 25th: Anzac Day (no school)

Wed 30th to Fri 2nd May: Year 3/4 Camp

May

Fri 9th : Mother's Day Chapel 9am

Sun 11th: Mother's Day

Tues 13th to Fri 16th: Year 5/6 Camp

Tues 20th: School Photos

Wed 21st: National Simultaneous Storytime

Fri 23rd: WLCN Athletics Day

June

Fri 6th: Donut Day

Mon 9th King's Birthday (no school)

Chapel Dates

4th April Yr 3/4

Assembly Dates

4th April Yr 3/4

The Annual Year 6 Cohort Photos



Birthdays



PB for Mia

Congratulations Mia for making the Greater Western Region Swimming in Horsham on Wednesday and achieving your PB. We are very proud of you here at WLC Nhill.



Happy birthday wishes are sent to the following students & Staff this week.
Karen 31st March
Cooper A 4th April

From The Principal

I can hardly believe we're already in the penultimate week of Term One! (And for those wondering what *penultimate* means — hopefully the children can tell you!)

A big thank you to our entire school community for their flexibility and support last week when Mrs. Alexander and I were away. We are grateful to Miss Schultz for stepping in as the teacher in charge, and to Mr. Przibilla, Mrs. Rogers, and Mrs. Webb for assisting with teaching throughout the week. It was fantastic to have Mr. Przibilla spend some time at the Nhill campus, and he shared his positive experience in the Horsham campus newsletter, saying:

"On Monday, I had the pleasure of teaching PE to the 5/6, 3/4, 2, and Foundation/1 classes. It was a return to my roots as a former PE teacher, and I have to admit, I really enjoyed my day. The students at Nhill were friendly, respectful, and impressed me with their energy, attitude, and skill."

We look forward to welcoming Mr. Przibilla back to Nhill again soon!

Uniform

As the weather begins to cool, students are welcome to wear either their summer or winter uniform. However, from Week 2 of Term Two, the winter uniform will be required. In line with our SunSmart policy, students are still required to wear hats until the UV rating drops below 3. If you need to purchase any winter uniform items, they are available at school. Full uniform guidelines can be found in the Parent Handbook.

Parent-Teacher Interviews

We are excited for the upcoming Parent-Teacher Interviews, scheduled for next Tuesday and Wednesday. This is a great opportunity to discuss your child's progress and effort. We look forward to seeing you there!

End of Term One

A quick reminder that school will finish at 2:15 pm next Friday, marking the end of Term One.

Free to Flourish Immersion Tour

Last week, Mrs. Alexander and I had the opportunity to attend the *Free to Flourish Immersion Tour* in Geelong and Melbourne. Along with seven WLC staff members from the three campuses, we joined around 30 educators for visits to four schools, as well as engaging in enriching discussions and workshops focused on sound educational practices for both today and the future.

P&F Movie Night

Tonight is the much-anticipated P&F Movie Night! This is always a fun and enjoyable event for the whole community. A big thank you to the P&F for organizing this wonderful night.

Every blessing for your week,

Damon Prenzler

Wednesday 19 March was Harmony Day

It was at school and the whole school did it. We dressed up in orange or cultural clothing. We made rice paper rolls, a tessellation of people, hand prints and quilt patches.

Firstly, we made rice paper rolls. I loved it and it was kind of funny because Sophie M had it full of soy sauce and it all went to the bottom, she didn't want the last bit so she gave it to me and it squirted out when I bit it!

Secondly, we made a tessellation of people. I liked it because it was fun and cool because all of the things went together so well! We also had to write what harmony means to us.

Thirdly, we went to do hand prints. I liked this one because you had to trace your hand and colour it in. I did mine with vines on it and little butterflies with berries.

Lastly, we went to do quilt colouring ins. I liked this thing because you could do anything you want on it whether it's colourful or dark, cute or scary, vibrant or pastel.

In fact, I liked all of it and I don't have a favourite!!!!☐THE END!

By Matilda Zanker

Wimmera Lutheran College Nhill is committed to providing a child safe and child friendly environment, where children and young people are safe and feel safe, and are able to actively participate in decisions that affect their lives.

WLCN Swimming Champions Medals Presented To Tom and Mia



Nhill and District Cross Country



The students all competed to their best ability and by doing so.... Wimmera Lutheran College Nhill were the WNNERS on the day for the Nhill & District School Cross Country. Well done to everyone and best of luck for the runners who have qualified for the next level.

WLCN Trifecta for 11 year old girls
Sophie 1st Savannah 2nd Helena 3rd



11 Year old boys James 3rd



12 Year old boys Clayton 1st



10 Year old girls Abby 2nd, Zoe 3rd



12 Year old girls Zara 1st, Mia 3rd

Prayer of the Week



Each week we pray for someone in our School Community. This week we pray for.....

- Sienna & Hunter and their family
- Ruby & Ivy and their family
- Mia and her family
- Claton & Harper and their family

Worship News

Please see below for this week's church service times:

4th Sun in Lent

Nhill 9am

Jeparit 11am

NhillLutheranParishOnline.com



Chapel Offerings

At this week's Chapel \$19.10 was collected for the ALWS Gifts of Grace. Please consider sending an offering each Friday morning as the communities there rely on our help.

Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au or on iTunes and Spotify.

31 st March	Good grief	(Interview)
Can grief ever be good? As a funeral director and pastor, Tim Klein has seen all kinds of grief. Hear his perspective on how grief can impact each one of us differently.		
6 th April	When waters rise	(Interview)
'Life doesn't stop for anything, even a natural disaster'. Listen to Alex's story of how devastating floods impacted her farm and her livelihood. Hear her story of faith and resilience through unimaginable challenges.		

Devotional Thought

Do not be afraid

It is I. Do not be afraid (Matthew 14:27). Read [Matthew 14:22-36](#)

Are these the most comforting words in the Bible? It is not just the fact that these words were spoken to the disciples in a storm. But they are spoken so often to so many people and in so many different situations. For the moment, think about or talk about the occasions you know of in the Bible when the words 'Do not be afraid' are spoken. Then, share (with your family or a friend) when this has happened in your life, providing reassurance.

I am sure most of you know that the words 'Do not be afraid' occur 365 times in the Bible. Planned? Who knows? But what a great way to start or end each day of the year or to remind yourself at midday each day that Jesus says, 'Do not be afraid'.

Here are some of the times they are spoken:

- to Elijah when he had to confront the king (2 Kings 1)
 - to Jeremiah when he was called to be a prophet (Jeremiah 1:8)
 - to Joseph when told Mary would have a baby (Matthew 1)
 - to the women at the tomb when Jesus rose from the dead (Matthew 28:5,10)
 - to John when Jesus gave him the words to speak to the churches (Revelation 1:17).
- Again, and again, and again. I think God might want to be giving us a message. Spoken by God, by angels, by Jesus. Perhaps we can pick up on that and say these words to each other: Do not be afraid.

Of course, we do not need to be afraid because God is the creator, the provider, the life-giver, the one who inspires, and the giver of grace and forgiveness.

Do not be afraid. Instead, go into your day with confidence that God is with you and that the words of Jesus ring true again and again.

Thank you, God, for this reassurance. Help me to walk in confidence with you each day. Do not be afraid. Okay, God. Amen.

Parent & Friends News!

P&F met on Wednesday 19th of March.

Everything is ready for a fun movie night, tonight!

The donut stall is ready for the Car Boot Sale on Sunday and we thank all those who have volunteered their time for this fundraising event.

We are looking forward to a busy Term 2 with plans being made for Donut Day on June 6th, a Quiz Night sometime in Term 2 hopefully with a special guest quizmaster, BBQ at the Athletics Sports, and a possible working bee in the yard.

Our next meeting will be Wednesday May 7th at 7.30pm and everyone is welcome to join us.

Thank you for your support

Jackie Rethus

WLCN P&F Chair

F/1 Class



Anaphylactic & Asthma Plans

A friendly reminder that it is time to source the above plans from your doctor and provide the school with the plan. This enables us to be able to follow the correct management for your child.

SRC Dim Sims will return 1st week in Term 2 !!!

Wednesday only - \$1 each - steamed

send money in envelope with student name & quantity

Parent Teacher Interviews

Parent Teacher Interview times were sent home with the eldest child on Wednesday this week.

Cadbury Fundraising Boxes

Thank you to those who had taken some boxes home or to the workplace to sell on behalf of the SRC. The money and/or unsold chocolates are due back to the school by Thurs 4th April unless prior arrangements have been made with the school.

The Habits of Happy Families



As I have surveyed and worked with thousands of families over the years, there are a small handful of habits that I see parents practice that make their families happy. And they are astonishingly powerful. In this article I will share those habits by describing the principle, discussing how it works in practice, and offering a provocation to get you thinking.

1. Assume Positive Intent

Principle: Your children are not actually trying to ruin your life. They're trying their best with limited skills and resources. Sometimes they can be clumsy. They only have their 'L' plates on.

In Practice: When your child does something upsetting, pause before reacting. Ask yourself, "What need is my child trying to meet?" Then, address the need rather than just the behaviour. "I can see you're frustrated. Let's figure this out together."

Provocation: We wouldn't assume your colleague intentionally sabotaged a project, yet we're quick to believe our children are orchestrating psychological warfare against us. Your child isn't a criminal mastermind plotting your demise. They're just hungry, tired, or struggling to communicate. The fastest way to turn a good kid bad is to treat them like they already are.

2. Laugh Together

Principle: Shared joy creates bonds that withstand life's challenges.

In Practice: Have family movie nights with comedies. Share funny stories. Play ridiculous games. Create inside jokes. Laugh at yourself when you make mistakes. Make silly faces, tell dad jokes, and celebrate the ridiculous moments of family life.

Provocation: Most families spend more time coordinating schedules than creating memories. The average household shares fewer than 20 minutes of laughter per week, yet we wonder why everyone feels disconnected. If your family hasn't had a proper belly laugh together in the last few days, your family culture is in critical condition.

3. Fix Things Fast

Principle: Conflict is inevitable; prolonged disconnection is optional.

In Practice: Be the first to apologise, especially if you're the parent. Name what went wrong. Take responsibility for your part. Ask what would help. End with physical connection. A hug, high five, or fist bump resets everyone's nervous system.

Provocation: Your silent treatment isn't "teaching them a lesson". Nor is yelling or threatening. It's teaching them that love is conditional. Every hour of unresolved tension between you and your child is rewiring their brain to expect conditional acceptance in future relationships. Your pride isn't worth the therapy bills they'll have later.

4. Stay Close

Principle: Children of all ages are biologically wired for connection with their parents.

In Practice: Create daily rituals of connection: bedtime stories, morning cuddles, after-school check-ins. Sit on their bed for five minutes at night. Drive them to school when possible. Find small ways to connect throughout the day that show you're thinking of them.

Provocation: Your child's push for independence is a façade. Behind it is a child desperately hoping you won't believe the act. While you're respecting their "independence" by backing off, they're interpreting your distance as abandonment. Your children need you more, not less—they just need you differently as they grow. They want your involvement in a supportive, not a controlling, way.

5. Listen Fully

Principle: Being heard creates security and builds trust.

In Practice: Put down your phone when your child speaks. Make eye contact. Ask follow-up questions. Reflect back what you hear. Don't immediately jump to solutions or lectures. Sometimes say, "Tell me more about that."

Provocation: If your screen time report shows more hours on social media than minutes of eye contact with your children, you're outsourcing the most important relationship they have right now to someone or something else. Your child will remember exactly zero of your "important" emails or Instagram reels, but they'll never forget the times you chose your phone over their story.

6. Create Meaningful Traditions

Principle: Family rituals create stability and identity in an unpredictable world.

In Practice: Establish weekly family nights, seasonal celebrations, birthday traditions, or Sunday dinners. They don't need to be elaborate—consistency matters more than complexity. Even simple traditions like Sunday morning pancakes create anchors of belonging.

Provocation: In a culture where kids construct identity through screens and peers, your family traditions are fighting for your children's sense of self. Without these shared experiences, your family becomes little more than roommates who occasionally share Wi-Fi. The traditions you neglect creating today are the memories your children won't have tomorrow.

7. Have the Hard Conversations

Principle: Children need parents who are brave enough to discuss difficult topics.

In Practice: Create an environment where no question is off-limits. Talk about bodies, relationships, disappointments, and fears in age-appropriate ways. Don't wait for the "perfect moment". Use everyday opportunities to address important topics briefly and naturally.

Provocation: Your discomfort with difficult conversations doesn't make them unnecessary. It makes them urgent. The conversations you avoid having with your children will be filled by Google, YouTube, or the kid on the bus with wildly inaccurate information. If you won't have these conversations, someone else—or something else—will, and you probably won't like their curriculum.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.



Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting relating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some of the challenges being faced by young people today.

Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle.

Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Specialist Education Classes





SRC Cadbury Chocolate Fundraiser

To help raise money for our SRC, we are taking part in a Cadbury Chocolate Fundraiser. We have got 3 different types of products we are selling in various flavours, these are Easter eggs, Freddo frogs and Natural Confectionary Company lolly bags.

Cadbury Fundraising Easter Carry Box,
(20 bags) a mix of:

- 114g CADBURY DAIRY MILK Egg Bags
- 117g CADBURY CARAMELLO Egg Bags
- 110g CADBURY CRUNCHIE Egg Bags
- 113g CADBURY CARAMILK Egg Bag

Each bag of eggs are \$4,



**Bags of Easter Eggs are
available
after school
to purchase
\$4 each**

Freddo and Friend carry box. Contains
(120)mix of:

- 40x 12g Freddo Milk Chocolate
- 40x 15g Caramello Koala
- 20x 15g Freddo Strawberry
- 20x 12g Freddo Milky Top

Each item in this box is 50c



**Individual Freddos are
available at
Lunchtime
for students to buy @ 50c
each.**

Natural Confectionary Company lolly bags,
each box contains (20 bags) a mix
of:

- 200g Snakes
- 180g Chews Fruity Mix
- 180 Party Mix
- 180g Sours Squirms

Each bag of lollies is \$3



**Bags of Natural Jellies
are available
after school
to purchase
\$3 each**

Boxes will be available for families to take home and sell if they would like to, however this is not mandatory. We also have the option of making up mixed boxes with some of each of the products, or making up smaller packs to sell rather than whole boxes. If you would like one of the boxes, or a mixed box to sell, please talk to Mrs Fisher at the front office.

When we sell all the boxes, the SRC will make over \$1,100 to go towards school improvements!

Erin Alexander

SRC Coordinator



WEEK 1

APRIL 2025 SCHOOL HOLIDAY PROGRAM

WEEK 2



MONDAY 7 APRIL

Craft with Ellen - Nhill

Nhill Library

11am - 12pm



TUESDAY 8 APRIL

Craft with Jess - Jeparit

Jeparit Library

11am - 12pm



WEDNESDAY 9 APRIL

Arts and Craft with Turbo Gallery

Turbo Gallery, Rainbow

11am-12pm



THURSDAY 10 APRIL

Soccer Clinic (ages 6-9)

Dimboola Recreation Reserve

10am - 11am

Soccer Clinic (ages 10+)

Dimboola Recreation Reserve

11:30am - 12:30pm



FRIDAY 11 APRIL

Dimboola Skate Lesson

Dimboola Skate Park

10am-11am

Jeparit Skate Lesson

Jeparit Skate Park

1pm - 2pm

Rainbow Skate Lesson

Rainbow Skate Park

4pm - 5pm



SATURDAY 12 APRIL

Skate Competition

Nhill Skate Park

11am - 2:30pm



MONDAY 14 APRIL

Level Up Gaming

Mecca Super Room, Rainbow

12pm-4pm



TUESDAY 15 APRIL

Games Day

Jeparit Oval

11am - 12:30pm

Fruit provided



Make your own Kokedama

Jeparit Library

2pm - 4pm

*Please note registrations
close Wednesday 9 April at
9am for this session.*



WEDNESDAY 16 APRIL

Make your own Kokedama

Dimboola Library

11am - 1pm

*Please note registrations
close Wednesday 9 April at
9am for this session.*



Physics with Bruce

Dimboola Vintage

Session one: 2:00pm

Session two: 2:45pm

Session three: 3:45pm

Session four: 4:45pm



THURSDAY 17 APRIL

Movie: Paddington in Peru

Nhill Cinema

1pm - 3pm

Free Popcorn and Water provided



FRIDAY 18 APRIL

**Good Friday
Public Holiday**



scan to register



REGISTER NOW!

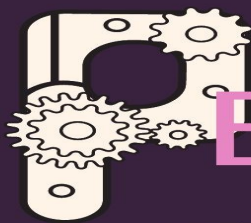
Registrations submitted prior to school holidays are much appreciated!

Children under 11 years of age are required to have parent/guardian supervision.



Please note: These activities have limited bookings available. Should they be oversubscribed, preference will be given to residents of Hindmarsh Shire.

For more information visit
www.hindmarsh.vic.gov.au/events,
call 03 5391 4444
or email youth@hindmarsh.vic.gov.au.



SciFiBriar's ECULIAR Science show for kids



presented by
the science collective



As part of the Wimmera
Steampunk Festival



45 minute
shows!

All Tickets
only \$10!!

Adults at
kids prices!



Date > < < < > April 12, 2025

Time > < < < > 11:00 AM, 12.30 and 2pm

Venue > < < < > Star Theatre, Dimboola



www.thesciencecollective.com

FUN & SAFE

OSHC



WEST WIMMERA
HEALTH
SERVICE

WEST WIMMERA HEALTH SERVICE



VACATION CARE

- **MONDAY 7TH
APRIL**
- **WEDNESDAY 9TH
APRIL**
- **MONDAY 14TH
APRIL**
- **WEDNESDAY 16TH
APRIL**

**DON'T LET
YOUR
CHILD MISS
OUT ON THE
HOLIDAY
FUN - SIGN
UP TODAY!**

caring for your kids...



Enrol now via the website:
<https://www.wwhs.net.au/oshc>
Any questions, please email:
OSHC@wwhs.net.au

**9AM-
4:30PM**

XXXXX

MOVIE *Night*

COME AND JOIN THE P&F
FOR A FUN FAMILY NIGHT
[MOVIE TO BE PG RATED]

7 PM

New Date:
March 28th

BYO comfy
seating.

Popcorn
provided.

Water only
please.

TONIGHT

NHILL LUTHERAN SCHOOL MULTIPURPOSE ROOM

XXXXX