



Wimmera Lutheran College Nhill



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Term 1 Week 7 Issue 7 March 14th 2025

Upcoming Events

March

Tues 11th to Mon 17th: Bookfair

Wed 12th to Mon 24th: Naplan testing
for Year 3 and 5

Tues 19th: P&F Meeting 7.30pm

Fri 28th: P&F Movie Night 7pm **(NEW DATE)**

April

Tues 1st/ Wed 2nd: Parent Teacher
Interviews (after school)

Fri 4th: Last Day of Term 1, pick up
2.15pm

Tues 22nd: First Day Term 2

Fri 25th: Anzac Day (no school)

Wed 30th to Fri 2nd May: Year 3/4
Camp

May

Fri 9th : Mother's Day Chapel 9am

Sun 11th: Mother's Day

Tues 13th to Fri 16th: Year 5/6 Camp

Wed 21st: National Simultaneous
Storytime

Fri 23rd: WLCN Athletics Day

June

Fri 6th: Donut Day

Mon 9th King's Birthday (no school)

Chapel Dates

21st Mar F/1

29th Mar Yr 2

4th April Yr 3/4

Assembly Dates

21st Mar Yr 5/6

4th April Yr 3/4

Buddy Time



More photos on page 7

From The Principal

First Wednesday for Foundations

Congratulations to our Foundation students for completing their first Wednesday (apart from the first day of the year) and are now attending school every day.

WLC Board

The following information regarding the WLC Board has been shared by our Executive Principal, Mr Jason Przibilla:

Last week was the first official Board Meeting of Wimmera Lutheran College. The meeting was held on the Horsham Campus and incorporated a mix of Board members who attended online and in person. The Board priorities for the year were set with a focus on:

- *Development of a Strategic Plan with a consultant to be approached to manage the scope of works*
- *Development of the WLC Branding, Logo, and subsequently the uniform, with the consultant to assist with this process*
- *Implementation of the Parent Advisory Group*
- *Review of WLC's academic product and development of a contemporary learning model through Learning Tours for staff across the three campuses*
- *Ensuring risk management is prioritised and policies are reviewed regularly*
- *In-depth financial reporting and management to ensure KPI's are reported on and plans put in place to reach key targets and goals*
- *Meeting schedule to allow for meetings to be held across the three campuses throughout the year*

Mr Mark Hughes, with the support of Board Members, will ensure the Board is operating from a position of strong and professional Governance which will be crucial as the new entity takes shape over this year.

Looking Ahead to Next Week

Next week, Mrs Alexander and I will be participating in a *Free to Flourish Immersion Tour*. Along with seven other staff members from the Wimmera Lutheran College campuses, we'll be joining educators from several Lutheran schools to visit schools in Geelong and Melbourne. During this tour, we'll engage in meaningful discussions and collaborative planning around teaching philosophies and pedagogical strategies. We are grateful to the following teachers who will be supporting the Nhill campus while Mrs Alexander and I are away:

- Mr. Jason Przibilla will be teaching PE to all classes on Monday. (Please note, all students are asked to wear their sports uniforms on Monday.)
- Mrs. Anne Rogers will be covering for Mrs Alexander on Tuesday and Friday.
- Mrs. Kelsie Webb will be teaching the 5/6s on Thursday.

Harmony Week

Next week also marks the celebration of *Harmony Week*, a time to honor the diverse cultures within our community. Our students will participate in various activities centred around this year's theme, "*We all have a role to play.*" It's a wonderful opportunity to celebrate inclusivity and reflect on the importance of unity in our school and beyond.

We will be participating in Harmony Week activities next Wednesday; Students may wear orange or dress in cultural attire.

Supervision times

Supervision in the morning starts at 8.30am. Students are not to arrive at school before 8.30.

Every blessing for your week,

Damon Prenzler

Wimmera Lutheran College Nhill is committed to providing a child safe and child friendly environment, where children and young people are safe and feel safe, and are able to actively participate in decisions that affect their lives.

Prayer of the Week



Each week we pray for someone in our School Community. This week we pray for.....

- Sophie & Lucy and their family
- Harrison and his family
- Jessie and her family
- Mr Prenzler & Karen and their family

Worship News

Please see below for this week's church service times:

2nd Sun in Lent

Nhill 9am

Jeparit 11am

NhillLutheranParishOnline.com



Chapel Offerings

At this week's Chapel \$21.10 was collected for the ALWS Gifts of Grace. Please consider sending an offering each Friday morning as the communities there rely on our help.

Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au or on iTunes and Spotify.

16 th March	Called to serve	(Interview)
Have you ever wondered what inspires people to serve? Hear Eloise, an inspiring young person, as she shares her story of following the call to serve people in need through mission trips overseas and locally in her own community.		
23 rd March	Finding hope in your grief	(Interview)
Experiencing the grief of losing someone close to you can really shake you up and sometimes make you question where God is in all of this. Steve shares what sustains him in the midst of grief.		
31 st March	Good grief	(Interview)
Can grief ever be good? As a funeral director and pastor, Tim Klein has seen all kinds of grief. Hear his perspective on how grief can impact each one of us differently.		

Devotional Thought

Do you believe?

Then he [Jesus] touched their eyes and said, 'According to your faith let it be done to you' (Matthew 9:29).

Read [Matthew 9:27-31](#)

Magic defies reason. When a magician does a trick, even though you may be watching ever so carefully, you do not see the sleight of hand that makes the trick appear magic. Our eyes see one thing, but another occurs. Is it real? Our reason says no, but we cannot prove it! A magician wants people to marvel at their gifts. What if we could not see it? Would it still be magic? There are the idioms 'I'll believe it when I see it' or 'Seeing is believing'. But what if you can't see it, yet you believe? Is this a stronger faith?

The two blind men in the story above in Matthew obviously believed that Jesus could heal them from their blindness. Their faith came not from seeing Jesus perform miracles but from hearing the stories about what Jesus had done. These two wanted the mercy of Jesus and so believed in his power to be able to open the eyes of the blind. It seems their faith was the one condition that granted their healing request. It is interesting that this healing happened inside and out of sight of the public – for 'they went right into the house'. After they were healed, Jesus also told them, 'See that no-one knows about this'.

While Jesus is all-powerful, his power was used to show his compassion and care and not to show off as a magician would do. He didn't want to gain notoriety with people who just wanted to see his miracles. In the Gospel of Matthew, we are reminded over and over that following Jesus is about following his commands and words that bring life, health and healing to body, mind and spirit. Jesus, as God, is all about teaching about the kingdom of God and showing compassion to all. This is something we can all do this Lenten season – share about Jesus' love and care for those around us!

Jesus' act of forgiveness is not magic – it is a gift of love and grace!

My loving Jesus, you showed me the need for my healing from the wrongs I do. Your forgiveness and love are all I need. I trust you and have faith that you hold me in your hands. Amen.

Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead. Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin@nls.vic.edu.au



We had a great morning in Get 'Em Going today!

We focused on the colour orange! For music time the children enjoyed using tapping sticks and practising lots of different actions and beats to the songs.



We talked about each colour using pictures cards, having the children help remember what each colour is.

For our craft the children decorated some pumpkins using tissue paper and stickers.

We read a book about pumpkins and talked about what happens to the leaves as autumn approaches.

We celebrated one of the children's 1st birthdays today with bubbles and singing happy birthday together!

Next week we are doing the colour pink!



Now You See Them, Now You Don't

Transforming Chore Dodgers into Willing Helpers



Chores, responsibilities, tasks—no matter what you call them, asking your child to help around the house often leads to groans, whining, or excuses. Suddenly, they're "sick" or they need to use the bathroom when it's time to help! While we'll likely never have children who love doing chores, there are ways to make them more willing participants in keeping the household running. This article explains when kids are ready to help, why they should, and how to involve them in ways that work for everyone.

Developmental Realities

Children are more capable than we often give them credit for. While we expect too much emotionally, we sometimes underestimate their physical abilities. Kids can help with many tasks, but it's important to match chores with their developmental stage. For example, a 6-year-old might not be able to hang laundry, but they can wash dishes, clear the table, or pick up toys.

How Do You Teach Them?

The fancy term for it is the "Gradual Release of Responsibility" framework. It works in three phases:

- **I Do** (demonstration)
- **We Do** (guided practice)
- **You Do** (independent application)

First, you model the task completely while they observe. Next, you perform it together, with you gradually stepping back as they take on more responsibility. Finally, they assume complete ownership while you provide occasional guidance. This approach acknowledges that mastery develops through supported practice rather than sudden handover.

Research

Studies show that children who help out with regular tasks around the home:

- [Develop better executive function](#) (e.g., memory, self-regulation)
- Have higher self-confidence and self-efficacy
- [Are more competent, perform better in school, and are happier](#)

And the researchers generally point to the age of around 5 as the best time to start.

But how? Let me suggest three big ideas to help:

1. Do It Together

Kids are more likely to engage in chores if they're not left alone. Working side-by-side makes the task faster and allows kids to learn the correct way to do things. Plus, they're focused on the time spent with you, not the chore itself. You can turn this time into an opportunity to connect—talking about life, their interests, or asking fun questions. Working as a team can also motivate kids, such as framing a task with a goal: "Can we get the whole playroom cleaned in 10 minutes?"

2. Make It Fun

Transforming chores from drudgery to delight is all about presentation. A competition to see who can do it faster is fun. Pumping up the music and dancing while you work is fun. Reimagining the living room as a laboratory that needs to be organised before an important experiment? Genuinely engaging!

In our family, we play a game the kids invented called “word association” (terrible name, but it's all theirs). We identify a theme (like dreams, or modes of transport, or breakups) and take it in turns singing a song that matches the theme. The dishes practically wash themselves when everyone's belting out “I Will Survive” during our breakup-themed cleanup session. No one is thinking about the chores because they're having too much fun singing the songs.

3. Create Ownership Through Choice

Children crave autonomy, and giving them some control over their chores can reduce resistance. Instead of a simple “Can you clean your room?”, ask, “Would you like to organise your toys before or after tea?” or “Do you want to be in charge of vacuuming or dusting this week?” Offering a “Responsibility Menu,” where kids choose their tasks for the week, provides more agency while ensuring everything gets done.

Remember that ownership develops gradually. Start by assigning specific areas of responsibility that belong exclusively to your child. Perhaps they're the family's “Plant Care Specialist” in charge of watering, or the “Energy Monitor” responsible for sensible electricity use. These roles transform mundane tasks into meaningful contributions to the family ecosystem. (But beware... you might create a monster!)

Nurturing Responsibility for Life

Teaching our children to participate in household maintenance goes far beyond having a tidy home. It's about cultivating essential life skills and values that will serve them well into adulthood. Through collaborative and engaging approaches to chores, we help children build competence, confidence, and consideration for others.

The investment we make now—in patience, creativity, and consistent expectations—yields dividends in the form of capable, responsible young people who understand that contributing to their community begins at home. By transforming household work from dreaded obligation to meaningful participation, we prepare our children not just for independent living, but for a lifetime of positive engagement with the world around them.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.



Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting relating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some of the challenges being faced by young people today.

Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle.

Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Buddy Time



SRC Cadbury Chocolate Fundraiser

To help raise money for our SRC, we are taking part in a Cadbury Chocolate Fundraiser. We have got 3 different types of products we are selling in various flavours, these are Easter eggs, Freddo frogs and Natural Confectionary Company lolly bags.

Cadbury Fundraising Easter Carry Box,
(20 bags) a mix of:

- 114g CADBURY DAIRY MILK Egg Bags
- 117g CADBURY CARAMELLO Egg Bags
- 110g CADBURY CRUNCHIE Egg Bags
- 113g CADBURY CARAMILK Egg Bag

Each bag of eggs are \$4,



**Bags of Easter Eggs are
available
after school
to purchase
\$4 each**

Freddo and Friend carry box. Contains
(120)mix of:

- 40x 12g Freddo Milk Chocolate
- 40x 15g Caramello Koala
- 20x 15g Freddo Strawberry
- 20x 12g Freddo Milky Top

Each item in this box is 50c



**Individual Freddos are
available at
Lunchtime
for students to buy @ 50c
each.**

Natural Confectionary Company lolly bags,
each box contains (20 bags) a mix
of:

- 200g Snakes
 - 180g Chews Fruity Mix
 - 180 Party Mix
 - 180g Sours Squirms
- Each bag of lollies is \$3



**Bags of Natural Jellies
are available
after school
to purchase
\$3 each**

Boxes will be available for families to take home and sell if they would like to, however this is not mandatory. We also have the option of making up mixed boxes with some of each of the products, or making up smaller packs to sell rather than whole boxes. If you would like one of the boxes, or a mixed box to sell, please talk to Mrs Fisher at the front office.

When we sell all the boxes, the SRC will make over \$1,100 to go towards school improvements!

Erin Alexander

Wellbeing With Karen



Year 5/6 Anglesea Camp

A friendly reminder that an information letter has been sent home this week with the Year 5 & 6 students. The permission forms are to be completed on the schoolstream app. **All participants will need to have the 'Confidential Medical Report' (also on schoolstream app) completed .**

GUEST SPEAKERS
WILL SHARE THEIR
KNOWLEDGE AND
RESOURCES TO
HELP US TALK
WITH OUR TWEEN-
TEEN(S).
TOPICS INCLUDE:
MENTAL
WELLBEING,
PUBERTY,
RELATIONSHIPS &
SEXUALITY,
DRUGS & ALCOHOL
SOCIAL MEDIA

"TOUGH TALKS"

the how to for talking with your tween-teen(s)

TUESDAY, MARCH 25 2025

5.30PM

**NHILL COLLEGE -
ADMINISTRATION BUILDING**

**ALL PARENTS/CARERS OF STUDENTS IN YEARS 5-10
ARE INVITED TO JOIN US FOR THIS INFORMATIVE
SESSION!**

NIBBLES & DRINKS ON ARRIVAL

**RSVP: 18/3/25 TO NHILL COLLEGE 5391 2111 - FOR
CATERING PURPOSES**

XXXXX

MOVIE *Night*

COME AND JOIN THE P&F
FOR A FUN FAMILY NIGHT
[MOVIE TO BE PG RATED]

7 PM

New Date:
March 28th

BYO comfy
seating.

Popcorn
provided.

Water only
please.

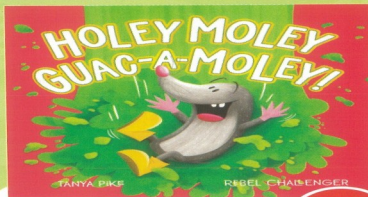


NHILL LUTHERAN SCHOOL MULTIPURPOSE ROOM

XXXXX

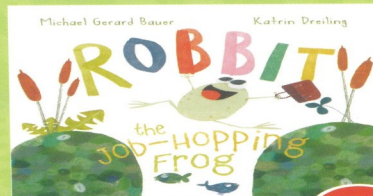


You're invited to our SCHOLASTIC Book Fair



HOLEY MOLEY GUAC-A-MOLEY!
Roley Moley dug a big holey, and filled it full of guacamole...
100140963 | HARBACK PICTURE BOOK | AGES 3+

\$10



ROBBIT THE JOB-HOPPING FROG
An hilarious tale about courage, perseverance and never giving up on your dreams!
100140961 | HARBACK PICTURE BOOK | AGES 3+

\$10



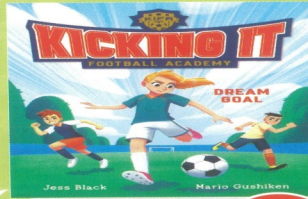
THE SPEEDY SLOTH
This sloth is determined to win a race!
100139828 | PAPERBACK PICTURE BOOK | AGES 3+

SPECIAL VALUE \$6



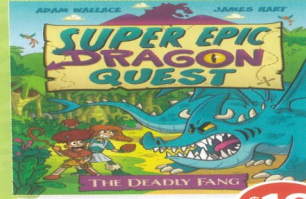
ZORA THE SNOW DRAGON
The Storm Dragons are being called back to the Magic Forest for one...

\$9



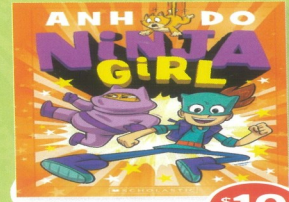
DREAM GOAL
Alex dreams of attending Football Academy and becoming a professional footballer.
100140959 |

\$9



THE DEADLY FANG
Arlo and Julia must find an invisible island and bring home a Super Epic Dragon treasure!

\$10



NINJA GIRL
Niki has just found out she's a ninja! Can she use her new powers to save the town?
100140959 |

\$10

Wimmera Lutheran College Nhill Autumn Bookfair (help to raise funds)

LAST DAY! Mon 17th March @ Nhill campus

Open: 1.35pm to 1.55pm & 3.25pm to 3.45pm

FUN & SAFE

OSHC



**WEST WIMMERA
HEALTH SERVICE**

WEST WIMMERA HEALTH SERVICE



**VACATION
CARE**

- **MONDAY 7TH APRIL**
- **WEDNESDAY 9TH APRIL**
- **MONDAY 14TH APRIL**
- **WEDNESDAY 16TH APRIL**

**DON'T LET
YOUR
CHILD MISS
OUT ON THE
HOLIDAY
FUN - SIGN
UP TODAY!**

caring for your kids...



Enrol now via the website:
<https://www.wwhs.net.au/oshc>
Any questions, please email:
OSHC@wwhs.net.au

**9AM-
4:30PM**