

# TOGETHER WE GROW

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Term 3 Week 10 Issue 28 September 19th 2024

# **Upcoming Dates**

#### September

Thurs 19th: School Concert

Fri 20th: Last Day Term 3 - pick up 2.15pm

Jump Rope For Heart "Jump Off"

#### October

Mon 7th: Term 4 starts

Tues 15th: ALWS Day

Thurs 17th: Nhill Show (no school)

Fri 25th: Grandparent's Day

World Teacher's Day

#### November

Wed 13th: BMX Incursion

Fri 15th: Colour Run (tbc)

Tues 19th: Board Meeting

#### December

Wed 4th: Year 6 Graduation Dinner

@Little Desert Lodge

Thurs 12th:Last Day of Term 4 (3.15pm)

Fri 13th: Staff PD Day

## **Chapel Dates** Fridays 9am

20th Sept - Pastor Carl

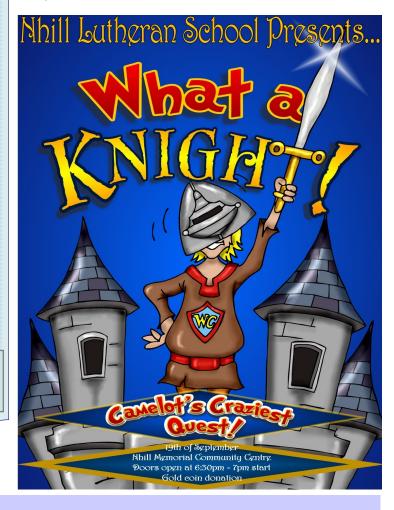
# **Birthdays**



Happy birthday wishes are sent to the following

students during the holidays:

Harper C 26th and Zoe 27th of September Harper H 6th and James 9th of October



NOTE: Last Day Term 3 Fri 20th Sep 2.15pm finish

## From the Principal

A combination of the end of term and the school having no internet for the last day is seeing the newsletter distributed a day earlier than usual.

### Last day – early finish

Please note we finish at 2.15pm tomorrow.

#### Concert

We are looking forward to seeing you this evening at the Community Centre for our performance What A Knight, doors open at 6.30pm for a 7pm start.

#### **Building update**

A fence has been erected around the old school building and more items removed from it, and power has been upgraded to the new school building. During the holidays the old building will be removed and we hope this process goes smoothly. Things will look a little different when school returns in Term Four.

#### Official Opening

The official opening of the new school building will be held on Friday November 8.

#### Leave

I am taking leave at the end of this week and will return on Monday October 28. In my absence Mrs Erin Alexander will be Acting Principal. Erin may be contacted using the school contact details or via erin@nls.vic.edu.au.

#### **Campus Advisory Committee**

Expressions of interest are being sought for the Wimmera Lutheran College Nhill Campus Advisory Committee. With the formation of Wimmera Lutheran College, each school site will have an advisory committee which will assess the needs and/or issues of the Nhill campus, and report these to the WLC Board. Meetings will be held at least once per term. If you are interested, please email me (<a href="mailto:principal@nls.vic.edu.au">principal@nls.vic.edu.au</a>) with the heading 'Advisory Committee'.

Every blessing for your holiday time and for the start of Term Four,

Damon Prenzler

#### Rubber boots and slippers

We have numerous pairs of unclaimed rubber boots and slippers. The unclaimed footwear has been placed in the school and will be available free to anyone looking for a pair. Any pairs remaining by the end of term will be donated to charity, or disposed of if in poor condition.

#### Hats

Students will be required to wear their hats when they are outside from Term 4, so please ensure they have a hat at school.

Nhill Lutheran School is committed to providing a child safe and child friendly environment, where children and young people are safe and feel safe, and are able to actively participate in decisions that affect their lives.

# Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead. Please bring along the following:

A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin@nls.vic.edu.au









We had a fun last session for term 3 in Get 'em Going! Our focus was on the school bus! The children enjoyed using shakers for our music time, we also sang 'the wheels on the bus' to keep with our theme.

We celebrated one of the children's birthday's which is always an exciting time where the children receive a certificate and some bubbles to take home.

We coloured in a bus for craft today and practised using scissors with the help of our parents to cut it out.

Next term we will be doing a new theme focusing on 'Spring'; including butterflies, rainbows and sunflowers to name a few.

Have a restful and enjoyable holidays and see you next term!



# Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....



- Clayton & Harper and their family
- Harrison & McKenzie and their family



# **Worship News**

Please see below for this week's church service times: Sunday 22nd Parish Camp weekend & Parish Picnic 10am @ 4 Mile Beach NhillLutheranParishOnline.com



Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au.or on iTunes and Spotify.

#### 22nd September Early Onset Dementia

Early onset dementia can come as a shock. Hear Ann and Tim's story of challenge and discovery after Ann's diagnosis of dementia.

#### 29th September Families Coping with Dementia

Coping with a diagnosis of dementia is difficult for families but there is hope. Dr Chris Materne reflects on what she has learned through her doctorate and her own family story













# We are SunSmart a note for families

Too much of the sun's ultraviolet (UV) radiation can cause sunburn, skin and eye damage and skin

UV damage accumulated during childhood and adolescence is associated with an increased risk of skin cancer later in life. Skin cancer is the most common cancer in Australia. It is also one of the most preventable cancers.

You can't see or feel the sun's UV. Whatever the weather, if the UV levels are three or more, it's important to Slip, Slop, Slap, Seek and Slide!

#### Sun protection times

Don't just wait for hot and sunny days to use sun protection. Check the sun protection times each day so your family can be protected when they need to be



Daily local sun protection times and weather details are available from the SunSmart widget on our school website, in the weather section of the newspaper, on the SunSmart website at <u>sunsmart.com.au</u> and as a free SunSmart app. Sun protection times can also be found at the <u>Bureau of Meteorology website</u> and live UV levels are available from <u>ARPANSA</u>.

#### SunSmart membership

Our school is a registered member of Cancer Council Victoria's SunSmart Schools Program. We aim to protect students and staff from too much UV

Sun protection and skin cancer prevention is a shared responsibility. Please help support our SunSmart membership and sun protection efforts by ensuring your child follows the SunSmart measures included in our policy at school and at home.

During the daily local sun protection times (usually from mid-August to the end of April), use these 5 SunSmart steps – even if it's cool and cloudy.

#### 1. SLIP on covering clothing

For free dress days, ensure your child wears clothing that covers as much skin as possible (e.g. elbow length tops with a higher neckline or collar and longer style shorts or skirts). Densely woven fabrics are best



#### 2. SLOP on SPF50+ broad-spectrum, waterresistant sunscreen

Apply a generous amount of sunscreen at the start of the day and make sure children have sunscreen in their bag ready to reapply throughout the day. Sunscreen should be reapplied every two hours Please ensure children get plenty of sunscreen application practice at home so they'll be all set when they are at school. Under supervision, ask children to put a dot of sunscreen on each cheek, nose and chin and rub it in (avoiding the eye area) and sunscreen squiggles or dots on the back of the neck, arms and legs to cover these areas

# 3. SLAP on a hat that protects the face, neck

Choose a wide-brimmed, legionnaire or bucket hat. Peak caps and visors do not offer enough UV protection so please leave them at home. Please help your child remember to bring and wear their approved school hat. Please keep this at school so they will always be ready for outdoor activities, outdoor learning and play during school days. For the walk to and from school and weekends, please have an extra home hat to help keep children protected at home.

#### 4. SEEK shade

Choose shady spots for learning and play whenever possible.

5. SLIDE on wrap-around AS1067 sunglasses When appropriate and practical, help protect the eyes

Need information in another language? Call 13 14 50 and ask to be connected to Cancer Council Victoria in your language





# NEUROKIN MICROFESTIVAL HORSHAM

# SUNDAY SEPTEMBER 29

# IMAGINEERING NEURODIVERSITY

Autistic-led space
facilitated by Louise Cooper,
author, artist and
organiser of Australia's first
neurodiversity arts festival.
Louise has lived experience as a latediagnosed Autistic parent of two
AuDHD offspring. Louise has a graduate
certificate in Autism Studies.

People of all ages & neurotypes welcome
Educators, therapists & allies encouraged to attend

#### Testimonials

"Such a helpful, joyful and inspiring event. I'm beyond grateful and excited to have had the opportunity to attend. This was so good for our learning, community connection,

sense of self worth and general wellbeing. I trust that Neurokin Events will continue on and offer connection, inspiration, wellbeing and joy to many more."

"You were fabulous. We felt so welcome even being so far away from home and not knowing anyone. The activities you ran were so fun, and whilst we could see you had a plan, you were flexible to the kids ideas. We were so thankful to be a part of your event and look forward to coming along again."

# 3 Spaces To Wander & Explore 10am - 12pm Silent Disco

Put on a pair of our special silent disco headphones and dance away to a playlist of neurodivergent musicians

# The Book Nook

Read Louise's book
'Welcome Neurokin, I am Autistic'

designed with conversational prompts on each page to encourage discussion, self-knowledge, positive self-identity & self-advocacy.

Create a little book of your own to photocopy, share

& take home

# Sensory Design \

Explore a range of fabrics and design your own sensory space.

What might a public sensory space be like and

where would you most need it?

# Neurodivergent Artists Chat, 2-4pm

Learn about creating accessible spaces and practices for both others and ourselves. Find out about Neurokin Festival 2025 and how you can get involved.

Network & share with other neurodivergent artists.

Creatives of all descriptions welcome: actors, visual artists, musicians, writers, producers, academics etc.



Horsham Neighbourhood House 13 Robin St, Horsham Tickets \$20

https://www.trybooking.com/CTJRZ

http://www.fb.me/rockabilby









## SEPTEMBER/OCTOBER 2024 SCHOOL HOLIDAY PROGRAM WEEK 2



WEEK 1

#### MONDAY 23 SEPTEMBER

Tennis Workshop with Jeremy Quest (ages 6-9)

Jeparit Tennis Court

10am - 11am

Tennis Workshop with Jeremy

Quest (ages 10+)

Jeparit Tennis Court 11am - 12pm

#### TUESDAY 24 SEPTEMBER

**Cooking with Sharon** 

Nhill Memorial Community Centre 11am - 12:30pm

**Outdoor Cinema: Migration** 

7pm - 9pm



#### WEDNESDAY 25 SEPTEMBER



**Tiny Goats & Co Farm Visit** 

393 Dimboola-Rainbow Road

10am - 11:30am



**Tiny Goats & Co Farm Visit** 

393 Dimboola-Rainbow Road

1pm - 2:30pm

#### Outdoor Cinema: Paw Patrol The Mighty Movie

The Oasis, Rainbow 7pm - 9pm



**Botanical Craft** 

The Supper Room - Rainbow 10am - 11am



FRIDAY 27 SEPTEMBER

**AFL GRAND FINAL** (public holiday)

scan to register



#### **REGISTER NOW!**

Registrations submitted prior to school holidays are much appreciated!

Children under 11 years of age are required to have parent/guardian supervision.

**Please note:** These activities have limited bookings available. Should they be oversubscribed, preference will be given to residents of Hindmarsh Shire.

#### MONDAY 30 SEPTEMBER

Cooking with Sharon

Jeparit Library 10am - 11:30am



#### TUESDAY 1 OCTOBER



**Cooking with Sharon** 

Dimboola Library 10am - 11:30am

Outdoor Cinema: IF

Dimboola Recreation Reserve, Dimboola

7pm - 9pm

#### WEDNESDAY 2 OCTOBER



Soccer Clinic (ages 6-9)

Davis Park Nhill

10am - 11am

Soccer Clinic (ages 10-12)

Davis Park Nhill 11:30am - 12:30pm

Soccer Clinic (ages 13+)

Davis Park Nhill 1pm - 2pm

**Outdoor Cinema: Trolls Band Together** 

Jeparit Primary School 7pm - 9pm



#### THURSDAY 3 OCTOBER



**Ultimate Frisbee (All Ages)** 

Dimboola Recreation Reserve 1pm - 3pm

#### FRIDAY 4 OCTOBER

**Cooking with Sharon** 

Rainbow Library 11:00am - 12:30pm



For more information visit www.hindmarsh.vic.gov.au/events, call 03 5391 4444 or email youth@hindmarsh.vic.gov.au.











**EXPRESSIONS OF INTEREST WANTED** 



Please contact Tarrah Dodds 0438 329 042 or Ash Dickinson 0417 587 002 for more information.



EXPRESSIONS OF INTEREST WANTED

**JUNIOR CRICKET** 

#### **UNDER 12**

- Training TBC
- Friday night game
- **UNDER 15**
- Training TBC Saturday morning game
- **UNDER 17.5** 
  - Training TBC Friday night

#### COMPETING IN THE HORSHAM CRICKET ASSOCIATION

Please contact Tarrah Dodds 0438 329 042 or Ash Dickinson 0417 587 002

