

# TOGETHER WE GROW

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### Term 2 Week 9 Issue 16 June 14th 2024

### **Upcoming Dates**

### June

Tues 18th: Board Meeting

Tues 25th: Last Day Term 3.15pm

Wed 26th, Thurs 27th & Fri 28th:

Staff PD Day (pupil free days)

### **August**

Fri 19th to 23rd: Bookfair

"Reading is Magic"

Tues 20th: Board Meeting

Fri 30th: Father 's Day Chapel

### October

Mon 7th: Term 4 starts

Tues 15th: ALWS Day

Thurs 17th: Nhill Show (no

school)

Fri 25th: Grandparents Day

### July

Mon 15th: Start Term 3

Mon 22nd: Meerkat Productions

Thurs 25th: Little Desert Hockey 7's

### September

Sun 1st: Father's Day

Tues 3rd - Wed 4th: 3 Way Conversations

Thurs 12th: Little Desert Athletics

Tues 17th: Board Meeting

Fri 20th: Last Term 3

# **Chapel Dates** *Fridays 9am*

21st June Year 3/4

### Students of the Week

Congratulations to the following students who were presented with Student of the Week awards at assembly today:

Foundation/1: Xander Year 3/4: Maddy Year 2: Lucy Year 5/6: Ellie

### Derek The Bear

Congratulations to Clayton for receiving Derek the bear at assembly today. We hope you both enjoy your time together.



Congratulations to the following student who were presented with Super Readers awards at assembly today: Jed

### Super Readers Award



### From the Principal

### **Semester One reports**

Semester One student progress reports will be distributed before the end of term. Reports provide an indication of how a child is progressing with their learning and how they approach their learning.

### **Lightning Premierships**

Well done to our 3-6 students for their efforts in the Lighting Premierships yesterday. Together with our friends from St Peter's Dimboola, we fielded a football, netball and t-ball team. A big thankyou to Mrs Alexander, Mrs Lees and Miss McLean for organising and assisting on the day, and also to the parent helpers. Congratulations to the football team for winning the event.

### **Kinder visits**

Next term, the three Nhill schools will host kinder visits, where families from the kindergarten may visit each school and see what each school has to offer. Nhill Lutheran will be welcoming families on Friday August 9 from 9.15 – 11.00.

### Wimmera Lutheran College update

A lot has been happening 'behind the scenes' regarding the amalgamation of the Nhill, Dimboola and Horsham Lutheran Schools. A committee consisting of representatives from each school board and LEVNT, has been meeting regularly to establish structures, systems and processes to satisfy regulatory requirements. An announcement of an Executive Principal will be made soon, and further updates will be provided in due course.

### End of Term Two, Start of Term Three

The last day for students this term is Tuesday June 25. Staff have three days of professional development June 26-28. Term Three commences on Monday July 15.

Blessings,

Damon Prenzler

### Learner Profile of a Nhill Lutheran School Student

The core business of any school is to provide a robust academic program to equip students with the necessary academic capabilities for life. We know, however, that academic growth does not happen in isolation. Lutheran schools have always focussed on the development of the whole child. Yes, the academic growth is crucial, but so is growth in the social, emotional, physical and spiritual areas.

The shifting needs of society means certain capabilities are being prioritised so individuals can contribute meaningfully to whatever their role may be, or wherever life takes them. These attributes may be called different titles: essential skills, soft skills or 21st century skills. They all have something in common, in that they focus on attributes and dispositions beyond academics alone, and are skills and dispositions needed now and into the future.

In identifying the need to equip our students with the skills and attributes they need now and into the future, our staff have created a Learner Profile of a Nhill Lutheran School Student. These complement the academic program, and aim to grow a student in important areas to aid and equip them for life.

A guiding question used by staff when creating the learner profiles, and one you may wish to consider when you read them, is 'what skills/attributes/dispositions do we want our NLS graduates to have?' The profiles have five main statements:

- I am resilient
- I think critically, creatively and with curiosity
- I am responsible and show initiative
- I show compassion
- I am collaborative

Further dot points and statements are provided for each. A copy of the Learner Profile is included in the newsletter.



# Learner Profile of a Nhill Lutheran School student

critically, creatively and with curiosity	responsible and show initiative	compassion	collaborative
can	I can	I can	I can
wonder and investigate	be organised and demonstrate good	consider the needs of others, and be kind to	listen to others appreciating that we
explore different ways to do something	learning habits	myself	have different gifts and can still work together
ask questions to expand	be accountable for my words and actions	help, be patient with, and encourage others	contribute ideas to
my learning	notice and take action	put myself in someone	discussion
evaluate information in order to make	when things need	else's shoes and choose to treat them the way I	work in partnerships regardless of age,
appropriate choices		would like to be treated	gender or friendships
	find solutions to problems independently and seek help if needed		
	creatively and with curiosity  I can  wonder and investigate explore different ways to do something ask questions to expand my learning  evaluate information in order to make appropriate choices	<u> </u>	I can  be organised and demonstrate good learning habits  be accountable for my words and actions notice and take action when things need attention find solutions to problems independently and seek help if needed

Lightning Premiership Competition - Netball, Football & T-Ball











Congratulations to the Combined Nhill & Dimboola Lutheran schools football team, winning the Football Division. The T-Ball and Netball combined teams were well represented and fought hard on the day with their competition.











### Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for......



- Maddy, Charlotte & Atreyu and their family
- Jerome and his family
- Mrs Harding and her family

### Worship News

Please see below for this week's church service times:



4th Sun after Pentecost Nhill 9am Jeparit 11am

# Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at <u>messagesofhope.org.au</u>.or on iTunes and Spotify.

### 16th June There's no one face to poverty

Hear Kelly Hughes, a financial counsellor with Lutheran Care, share about the impact of poverty on families in crisis and how we can help.

### 23rd June Worrying about money

Do you stress about your finances? Many people worry about money, especially the lack of it. Richard, Celia, and Anna chat about how this affects us and what can help.

### 30th June Support in financial hard times

Hear Jan, a volunteer financial counsellor, share how the financial struggle impacts all of us, and how we can ask for help when we're not coping.



### **Chapel Offerings**

At today's Chapel \$12.60 was collected for the Maw Per Koh orphanage school in Myanmar. Please consider sending an offering each Friday morning as the children there rely on our help.

### **Devotional Thought**

### All by grace Then he said, 'Jesus, remember me when you come into your kingdom' (Luke 23:42).

Read Luke 23:32-43

There was no earthly reason for Jesus to remember the thief on the cross next to him. And there's no earthly reason why Jesus ought to remember us. But he does – not because of what we do or say and avoid doing or saying. He remembers us because of his grace and mercy.

One thief recognised that grace. A spark of faith led him to cry out with his request. But that confession of faith was all he needed to make. He had nothing to present to God as an offering to impress or influence him. He couldn't make an appeal to Jesus based on his track record. His life was riddled with violations of the law of the land, and he was an offence to God's moral law. There was nothing within him that would have made a scrap of difference to the fact that he deserved all that was coming his way.

All he could do was cry out for help. 'Lord, have mercy. Lord, help me. Jesus, remember me when you come into your kingdom.' He acknowledged Jesus as the one who could rescue him – and this confession of faith was all that was needed.

We're no different. We may pride ourselves on our good behaviour; we may be law-abiding citizens; we may be generous in our support of charitable organisations; we may be actively involved in our congregation's ministry. But those things have never been — and will never be — our ticket to heaven. There's only one way to heaven: acknowledge our sinfulness and confess Jesus as our Saviour from sin.

There's no rational explanation for why God deals with latecomers and desperate seekers of his mercy with such kindness. There's no human justification for Jesus to share his kingdom with criminals. There's no reason why even those who despise God and reject him are still loved by him.

The only answer – and it's beyond our comprehension – is that God's grace and Christ's love are so great that they defy our efforts to understand them.

Lord Jesus, we stand in awe of your grace. We can't always understand it. We don't always appreciate it. We take it for granted. Thank you, Lord, that your grace still surrounds us. 'Jesus, remember me when you come into your kingdom.' Amen.



### Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead. Please bring along the following:

A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin@nls.vic.edu.au





We had a great morning today in Get 'em Going! Our focus animal was the Platypus. We looked at some pictures about where the platypus lives, what it does, and that they lay eggs when having babies. The children enjoyed using the tapping sticks again with our songs and practising listening skills whilst following instructions to the music.

Today for our craft everyone made a platypus using pencils and brown paper to decorate. They then attached a tail with some pins.

We celebrated another special friend's birthday today who turned 2!

It's great to see all the children forming some great friendships with their peers at playgroup.

We finished off with a very special guest Justin from Freestyle Dance, who taught the children some actions to a new song. This was very much enjoyed!

Next week we are focusing on the Koala!

Tuesday morning, 9:30am.









# Making Family Life Fun

For many of us, fun stopped becoming spontaneous and automatic around the time that we decided we had to be responsible adults. But if we want our families to be happier, we need to find ways to make family life FUN!

Here are 5 ways to make fun a habit:

### 1. Smile more

Imagine a child whose every interaction with their parent is met with a look of serious concentration or contemplation—they are not angry or annoyed, simply preoccupied. Now, imagine that when that same child looks at their parent, they receive warm smiles and gentle, approving eye contact. Which would have the most positive influence on the child's wellbeing?

Smiles improve relationships, and they seem to make life more fun. Let your face know you feel great. Smile!

### 2. Learn new things together

Most children are naturally inquisitive and deeply curious. They love to learn new things. Learning is both fun and potentially profound when we do it together. We can have fun helping our children explore a topic they are interested in; we can plant a garden, learn new sports, and do crafts.

Exploration, learning, and curiosity are fun and make families happy. It simply requires that we are willing to be creative, explore ideas, and respond to our children's questions with enthusiasm and interest.

### 3. Just add treats

I don't know of any family activity that can't be enhanced with treats. If you are having a family meeting or a working bee in the garden, include popcorn, ice cream, brownies, or, if you don't do processed sugars, a big bowl of strawberries or freshly chopped watermelon. This approach is best used randomly and for fun, rather than as a bribe. Treats are fun! But they should be offered unconditionally and to everyone, rather than only on conditions being met and only to those who meet the conditions. Otherwise, it stops being fun for everyone.

### 4. Celebrate—whatever!

Our lives are full of reasons to celebrate, from a child's small success to a big achievement. Celebrate in varied ways: a hug, high-five, ice cream, movie outing, special date, or a family dinner. For best results, make celebrations spontaneous and unexpected, not used as bribes.

We don't need to make our children's minor experiences into front-page news, but we can have fun when they do well. Do something more than nod 'well done' while chopping carrots for dinner. Pause. Get into the moment. Respond actively and constructively. Celebrate!

### 5. Five minutes of fun

If your children are demanding your attention, give it to them. We can all afford 5 minutes to become engrossed in some fun with our children. This can be unstructured play, like rolling around on the floor or dancing to a favourite tune, or it can be structured play, like a game of UNO or charades.

These micro-moments of positive engagement show that we are involved and available to our children. They teach our children that they are worthy, and they promote a sense of family cohesion and togetherness. They give us moments to be grateful for, to reflect upon, and to savour.

So today, find something to smile about. Drop your agenda and have some fun. Find something new to learn about or explore with your children. Cook treats, buy treats, or just eat treats. And find something—anything—to celebrate.

Then, do it again, maybe a little differently, tomorrow.



### **AUTHOR**Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.



Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting relating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some of the challenges being faced by young people today.

Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle.

Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Explore SchoolTV today - <a href="https://nhillls.vic.schooltv.me">https://nhillls.vic.schooltv.me</a>

### Slippers and Gumboots

When relocating to the new school building we discovered many slippers and boots that were not claimed by anyone. Slippers have been moved to the new building and boots will be moved in the future. Any slippers that are unclaimed by the end of the term will be removed.

## Freestyle Ministry Dance









The school was bopping to the music from the Ministry of Dance incursion. The students all participated and really enjoyed the instructions from Justin.

"Hit it DJ" "Noice"

### Year 3/4 Class Painting With Naomi Zanker

The 3/4 class were fortunate to have a visit from Naomi Zanker last Friday to learn some of the skills that go into painting a masterpiece. The creative juices were flowing and art pieces by the students were varied in themes and colour.





Do you love to cook new and exciting things using locally sourced ingredients?

JOIN THE WWHS COOKING COMPETITION 2024!

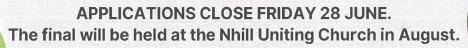
Enter your recipe to be chosen for the competition final in August.

Scan the code for more info and to enter the competition

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The winner will
walk (or skip)
away with a \$500
gift voucher to
Robertson's
Furniture in
Horsham



Please contact Health Promotion on 5391 4312 or email health.promotion@wwhs.net.au if you have any questions.