

Term 2 Week 3 Issue 11 May 3rd 2024

Upcoming Dates

May

Fri 10th: Mother's Day Chapel (morning tea)
 Mon 13th: Little Desert Cross Country
 Sat 18th: P&F Quiz Night
 Tues 21st: School Photos
 Board Meeting
 Wed 22nd: National Simultaneous Storytime
 Fri 24th: NLS Athletics Day
 Tues 28th P&F Meeting
 Wed 29th: L'Desert AFL, Netball & Soccer
 Fri 31st: Year 3/4 Artist Naomi Gallery Visit

June

Mon 3rd - Thurs 6th: Yr 5/6 Melbourne Camp
 Fri 7th: Year 3/4 Artist Naomi Workshop
 Mon 10th: Kings Birthday public holiday
 Thurs 13th: Freestyle Dance Ministry
 Tues 18th: Board Meeting
 Tues 25th: Last Day Term 3.15pm
 Wed 26th, Thurs 27th & Fri 28th: Staff PD Day
 (pupil free days)

Assembly Dates

(after Friday Chapel in the morning)

10th May Mother's Day 17th May F/1
 31st May Year 2 (tbc) 14th June Year 3/4

Chapel Dates

Fridays 9am

10th May Mother's Day Chapel
 17th May Year 5/6
 31st May Special Chapel
 7th June Pastor Carl
 14th June Year 2
 21st June Year 3/4

Students of the Week

Congratulations to the following students who were presented with Student of the Week awards at assembly today:

Foundation/1: Cooper Year 2: Alyssa
 Year 3/4: Harper H Year 5/6: Harper C



Derek The Bear

Congratulations to Roger for receiving Derek the bear at assembly today. We hope you both enjoy your time together.



Birthdays



Happy birthday wishes are sent to the following students: Henry 6th May, Xavier 7th May & Jerome 8th May

Belated birthday wishes sent to Darcy 30th April

From the Principal

A lot has happened over the last fortnight. The Year 3/4s had a wonderful camp at Portland. Thank you to Mrs Lees and Miss McLean for making the camp a success, and well done to the students for being great ambassadors for our school. Thank you to students and families who attended the ANZAC Day commemorations, a special time to stop and remember.

Next week we honour mothers. On Friday, all mums, grandmothers and special females are welcome to attend our Mother's Day chapel, spend time with the children, and have a special morning tea.

Building update

Finishing touches are being added to the building in readiness for final inspections. Once we receive the certificate of occupancy, we would love to invite all members of our community to come and have a look at our beautiful new facility. Also, once we have the certificate of occupancy, we can then begin the process of relocating from our current spaces to the new spaces, a process that will take a few weeks.

Uniform

Winter uniform is to be worn starting next Monday. Hats are still needed in line with our SunSmart practices of wearing a hat if the UV rating is 3 or above.

Parent Teacher interviews

Thank you to parents who attended the parent teacher interviews. If you were unable to meet with your child's teacher, another time will need to be arranged.

Quiz Night

The P&F Quiz Night is being held on Saturday May 18, with a special quizmaster in charge, and promises to be a fun-filled, family friendly evening.

Athletics Day

Students are practising events for our upcoming Athletics Day on May 24.

Welcome

Welcome to Ellie who commenced in Year 6 this week. We hope you enjoy your time at NLS.

Blessings,

Damon Prenzler



A Huge thank you to
Nhill IGA

A generous donation of \$500 was presented to the school captians, Barrett, Harper and Henry with the Principal Mr Prenzler by Steve the IGA manager on Thursday.

The funds will go towards resources for the students learning environment.

Anzac Day Commemoration March



Last week we had the privilege as a school to take part in the annual Anzac march.

Paying respect to the men and women who had sacrificed their life, and those who returned home with the memories of war which affected many facets of their lives. Lest We Forget.



Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....



- Amber and her family
- Jackson and his family
- Alyssa & Gus and their family
- Mrs Alexander and her family

Worship News

Please see below for this week's church service times:
6th Sun of Easter
Nhill 9am
Jeparit 11am
NhillLutheranParishOnline.com



Chapel Offerings

At today's Chapel \$35.40 was collected for the Maw Per Koh orphanage school in Myanmar. Please consider sending an offering each Friday morning as the children there rely on our help.



Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au or on iTunes and

5th May Special Parenting

Have you ever doubted yourself as a parent and had to face feelings of guilt and regret at not being good enough? Hear Kirra's story about some of the challenges she's faced as a parent raising a son with Aspergers.

12th May If I were a mum

What do you love about your mum? Listen to children and adults sharing their reflections on what makes a mum special.

Devotional Thought

Lost and found

I tell you that in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety-nine righteous persons who do not need to repent (Luke 15:7).

Read [Luke 15:1-10](#)

In response to the comments from the Pharisees and morality police about Jesus welcoming sinners and eating with them, Jesus tells two parables, one about a woman searching for a lost coin and the other about a shepherd searching for a sheep that strayed off. (Actually, there is a third parable, which we will look at tomorrow.) In these parables, there are three characters; the one who gets lost, the good ones who don't get lost, and the one who goes looking for the lost one. It is interesting to challenge oneself to pick one of these characters to identify with.

I've generally thought that Jesus (and the Holy Spirit) would be the one searching for the lost one, but he definitely invites us to be part of this activity, too. So we can, therefore, easily identify with the one searching for the lost, asking the Holy Spirit to help us recognise who they are and where they are hiding. And, of course, we need wisdom and sensitivity in reaching out to them.

Then there are the ones who haven't got lost, the righteous ones who don't need to repent. It would be nice to be able to identify with these wonderful people; unfortunately, they don't exist in reality (even though the Pharisees and morality police probably identified with them).

So that leaves us with identifying with the lost ones, although it does nothing for our self-esteem. But our verse tells us that there is rejoicing in heaven each time we acknowledge and repent of our failures, of our inability to live up to God's standards. I find this picture very encouraging to think that the angels of heaven are cheering us on as we face the challenges of daily life. Our Heavenly Father, Jesus, the Holy Spirit and all the angels of heaven are actively involved in guiding us through each day in living out God's love to our fellow lost ones.

Thank you, Jesus, for doing everything needed to rescue me from being lost from my relationship with you. Thank you, Holy Spirit, for continuing to find me from where I have wandered off and lovingly calling me back to the security of my relationship with Jesus. Amen.



Year 3/4 Portland Camp





The school was very quiet last week, when the Year 3/4 class enjoyed 2 nights and 3 days in the Portland, Warrnambool and Cape Bridgewater area. The students immersed themselves into experience of what it was like at the turn of the century to attend school, then they immersed themselves into the ocean to learn to surf and met the maramma dog of Fairy Penguin Island.



Term 2 Fees

The school fees for Term 2 were emailed last week, just a reminder that you may need to check your junk mail as they show up as "accounts".

If any assistance for organizing a payment plan please contact Principal Mr Prenzler (53 912 144) or the business manager Dennis Chow at HTLC (53 822 529)

Position Vacant



Nhill Lutheran School

Classroom Teacher

F/1 Teacher

(Term 3 Start-Permanent Ongoing Position)

Nhill Lutheran School is seeking a passionate educator to teach a small class of eager to learn students. The successful applicant should be willing to support the Christian ethos of the school.

For a job description please email principal@nls.vic.edu.au with the subject line of 'Classroom Teacher Position' or view teachers.on.net

Applications to be sent to principal@nls.vic.edu.au or 2 Mackay St, Nhill 3418

Applications close: 3rd May 2024

Position commences: 15th July 2024

Congratulations to the following students who were presented with Super Readers awards at assembly today: Koda and Amber

School Photos Tues 21st May

The pre-order envelopes for the school photos were sent home with each student.

If you require a sibling photo there are forms at the office, please request one from the school.

The forms are due back with payment by no later than Monday 20th May.

NLS 2023 School Magazine

NLS families would have received their 2023 school magazine this week, this is a reminder that there are a few spare copies available for purchase for \$20 each from the school office. They may make a nice gift for someone special or have a copy for each sibling in the family.



Super Readers Award





The Power of Habit

James Clear, author of *Atomic Habits*, writes that,

“Goals are for people who care about winning once. Systems are for people who care about winning repeatedly.”

We rise or fall according to the level of our systems. But family systems often don't exist. Chaos, rush, and stress dominate. Spontaneity works on some days. Exhaustion wins on others.

If systems and habits are at the core of our successes, developing effective, usable systems becomes a skill that matters.

Can you write out your morning system? Your weekly meal system? Your exercise routine or system?

What's the system for strengthening your relationship with your spouse or partner? Your kids?

Here are three practical systems I recommend:

Mornings

- Prep everything from uniforms, shoes, and schoolbags to breakfast choices and lunch decisions the night before.
- Get enough sleep (that's children and parents).
- Wake up early enough to be ready before the kids need to get started.
- Wake your children up with at least a 15-minute margin in case of challenges.
- Reduce correction and direction and build connection by asking how you can help.

Develop your morning system along these guidelines and watch your family's effectiveness and connection shift.

Getting on the Same Page

- Have a weekly couples meeting and a weekly family meeting (with treats if necessary).
- Ask, “What's working this week?”, “What's not?”, and “What will we work on next week?”
- Make a plan and ensure kids and partner buy-in.
- Integrate accountability processes each morning or evening.

Building a Better Relationship

- Touch each other when you pass in the corridor, sit in the car together, or anytime you can.
- Answer the phone with delight rather than “Yep?” or “What's up?”
- Schedule a regular date (that doesn't include watching a screen).
- Share long kisses when you leave the house and when you return.
- Remember to say “Hi” and “Bye.”
- Say, “I love you”, and use their name.
- Have a night away together once every quarter/term.

These are idea starters, not gospel. Creating positive habits together with small and consistent daily actions aligned with your system moves the needle.

It's not just about what you do today, but about what you do every day. Your family's happiness and your parenting effectiveness will reflect the habits you establish over time.



AUTHOR Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.

Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead.

Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin@nls.vic.edu.au

Note...No Playgroup Tuesday 21st May



GET 'EM GOING PLAYGROUP

Mother's Day

Morning tea



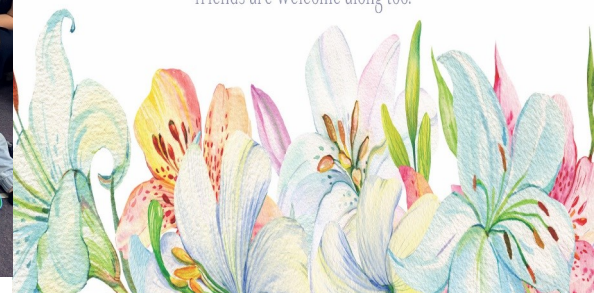
These photos were from the 23rd April playgroup session.

This weeks photos and write up on next page.



NHILL LUTHERAN SCHOOL

Come along for a play with your children with morning tea provided. All grannies, aunts and friends are welcome along too!





We had a great morning in Get 'em Going this week! We talked all about the Giraffe! We danced to some zoo songs, practiced our listening skills using shakers and called out some names of zoo animals using flash cards. The children enjoyed painting the spots on a Giraffe and listening to a story about a Giraffe who couldn't find his dad. The Playdough and rice tub is always a hit as the children experiment with their fine motor skills. It's great to see the children all learning and remembering the actions to our 'Good morning' and 'Good-bye' songs each week. Next week we have a very exciting morning celebrating our mums and special people in our lives. Come along for a Mother's Day morning tea provided by the school.



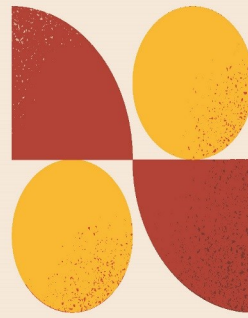
Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern -day parenting relating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some of the challenges being faced by young people today.

Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle.

Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Explore SchoolTV today - <https://nhills.vic.schooltv.me>



IN service
TOGETHER

Confident Caring
for Pastor, Parish
& One Another

NHILL LUTHERAN CHURCH HALL

Wed 8 May 7-9:30pm *Free!*

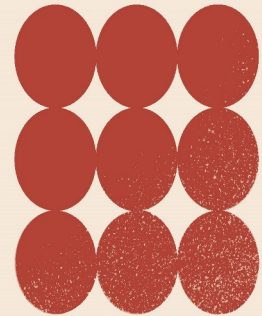
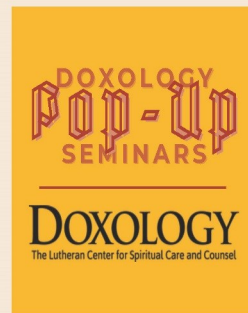
Speakers

REV DR DAVID FLEMING

DR BEVERLY YAHNKE

For more information, and to register, please go to:

www.cwfellowship.net/doxology



COMPLETE
OUR SURVEY
FOR YOUR
CHANCE TO
WIN!

YOUR SMILE CAN TELL A STORY ABOUT YOUR OVERALL HEALTH!

Partnering with La Trobe University, West Wimmera Health Service is conducting a quick and anonymous Oral Health Survey to find out more about oral health across our service area.

Take just 10-15 mins to share your insights on oral health. It's a window into your general health too!

As a thank you, choose to enter for a chance to win one of three \$100 grocery vouchers!

Don't miss this chance to shape the future of oral health in your community.

For more info and to complete the survey, scan the code:



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LA TROBE
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Violet Vines Marshman Centre
for Rural Health Research



NLS P&F QUIZ NIGHT 2024

Tables of 8 people, can be worked out on the night.

May 18 | 7:00 PM

Nhill Lutheran School Multipurpose room

BYO nibbles and sealable drinks

Adults \$10

Kids \$5

Prizes for Adults and Kids tables

Special Guest QUIZMASTER!

Enquiries/bookings contact Jackie 0491 707 699