

Term 1 Week 7 Issue 7 March 15th 2024

Upcoming Dates

March

Wed 13th to Fri 22nd: Naplan
 Mon 18th BOOK FAIR EXTENDED 1 DAY
 Tues 19th: Board Meeting
 Thurs 21st Harmony Day (no cost)
 Tues 26th: P&F Meeting 7.30pm
 Wed 27th: F-2 Halls Gap Excursion
 Thurs 28th: Last Day of Term 1 finish @ 2:15
 Fri 29th: Good Friday

April

Mon 15th: Term 2 starts
 Tues 16th: Board meeting
 Mon 22nd to 24th: Year 3/4 Camp
 Thurs 25th: Anzac Day (no school)
 Fri 26th: Pupil Free Day (Staff PD Day)
 Tues 30th & 1st May Parent Teacher Interviews

Chapel Dates

Fridays 9am
 22nd Mar (F/1)

Assembly Dates

*(after Friday Chapel
 in the morning)*
 22nd Mar (F/1)



Students of the Week

Congratulations to the following students who were presented with Student of the Week awards at assembly today:

Foundation/1: Jerome

Year 2: Luka

Year 3/4: Tom

Year 5/6: Cooper



Derek The Bear



Congratulations to Barrett for receiving Derek the bear at assembly today. We hope you both enjoy your time together.

From the Principal

This term has moved very quickly. With school closure days for catastrophic conditions, public holidays, swimming, excursions, and the fact it is a shorter Term One this year, it means our term has flown and we are only two weeks from the Easter holidays. The students are to be commended for demonstrating great adaptability, to continue showing impressive effort in their learning despite the changes to a 'normal' timetable.

Building update

A lot has been happening to the inside of the building. Plasterers have been busy installing walls and ceilings, electricians have installed cables, and carpenters are constructing benches and cupboards. Next week, solar panels will be installed, and internal works will continue.

Chapel and Holy Week

This morning the Year 2 class led chapel continuing with our 'building' theme. They shared about the building of the tabernacle.

On Sunday March 24, the Christian Church celebrates Palm Sunday which is the start of Holy Week. At the conclusion of Holy Week is Good Friday and Easter Sunday.

Cross Country

Our Year 3-6 students competed in the Nhill cross country at the golf course this morning. Well done to all students for a great effort coming 2nd out of 5 teams! Some of our better performing runners will be able to represent the school at the next level cross country.

Harmony Day

Next Thursday, March 21, is Harmony Day. Our school community is blessed with people from a range of cultures. Students may wear cultural attire or dress in orange.

SRC and swimming champions

The following students were presented with their Student Representative Council badges at assembly:

F/1: Ruth Lerhtoo, Ruby Broughton

2: Luka Rohde, Alyssa Pereira

3/4: Tom Warner, Helena Talor

5/6: Sophie Blackwood, Toleen Ali

The champion boy and girl swimmers from our swimming carnival were also awarded with medallions. Congratulations Henry and Mia.

Parent-teacher interviews

Parent-teacher interviews will be held on Tuesday April 30 and Wednesday May 1, and will be a valuable time for parents and teachers to discuss how their child is progressing. Further information will be distributed prior to these dates. In the meantime, if you need to talk to your child's teacher you are welcome to arrange a suitable time.

Every blessing for your week.

Damon Prenzler

What's Happening at NLS Next Week

Harmony Day Thurs 21st March

To celebrate Harmony Day at school, the SRC will be encouraging the students to wear orange or their traditional cultural outfit. NO COST to be out of uniform.

The SRC will also be providing a FREE BBQ sausage in bread and dash of sauce for the students for lunch. **If your child is not able to have sausages, bread or sauce please inform the school to make alternative arrangements.**



Book Fair ends Mon 18th March

Book Fair at the school this week been exciting for the students, the school had a quick colouring competition for the students to participate in, with prizes of vouchers to go towards purchasing a book at the fair. Congratulations to the following students Zara, Jessie, Oakley, Harper C, Ruby B, Matilda and Koda who have all received a voucher for their effort in the competition.



New Arrival Congratulations



The school community would like to congratulate the Robinson family on their safe arrival of little Harvey. Harvey is the little brother to Ollie and Lewis, and the bundle of joy to Emma and Lachie. God bless you all. Welcome Harvey.

Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead. Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation



If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin@nls.vic.edu.au

It was a great morning at Get 'em Going today, we learnt all about the colour yellow!

The children had a look at some sunflowers from Bel's garden, we sang some colour songs and enjoyed exploring with yellow Play-dough.

The rice tub was very much enjoyed as a sensory experience, learning fine motor skills through pouring, scooping and finding hidden rocks.

It was wonderful to see all the children dressed up in yellow! We finished with a sandpit craft and story.



Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....



- James & Ruth and their family
- Mia and her family
- Mr Prenzler & Karen and their family

Worship News

Please see below for this week's church service times: 5th Sun in Lent Nhill 9am

Jeparit 11am

Wed 20th Lenten Reflection 7.30pm @ Nhill
NhillLutheranParishOnline.com



Chapel Offerings

At today's Chapel \$15 was collected for the Maw Per Koh orphanage school in Myanmar. Please consider sending an offering each Friday morning as the children there rely on our help.



Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au or on iTunes and Spotify.

17th March Easter-Reflection and Hope (discussion)

Tania, Jo and Valdis share their reflections on what Easter means for them and the real reason we celebrate. Hear their insights into a time of reflection and hope.

24th March Easter a time of hope (Richard Fox)

What does Easter offer us in times of crisis? Listen to Richard share about Easter and where there is hope for us all.

Devotional Thought

A pearl of great price

Again, the kingdom of heaven is like a merchant in search of fine pearls, who, on finding one pearl of great value, went and sold all that he had and bought it (Matthew 13:45,46).

Read [Matthew 13:45,46](#)

Born into a Christian home, I have walked with Jesus from the beginning. Unlike distant treasures, Jesus has been with me and has been a close companion for as long as I can remember.

So, for me, I read in this parable that the merchant is the kingdom of heaven. If this merchant represents the kingdom, i.e. Jesus, what does the pearl mean? The answer is obvious: each of us.

But here, in contrast to the previous thought, the question looms large of whether I am really a pearl of great price. It is difficult to see myself that way. I am acutely aware of my weakness and inability to show my true self to others. As a weak believer, I am not able to be proud that my faith is worthy of salvation.

Sometimes I feel that I am not needed by anyone. But isn't this exactly why Christ was crucified for our sins? Jesus endured the physical pain and mental anguish resulting from our sin. Just before his crucifixion, in his last moments, he cried out to the pain of feeling abandoned by everyone, by his disciples and by God, which resonates with us.

But God never abandoned Jesus. Having conquered death, the wages of our sin, Jesus ascended to heaven in glory. To God, Jesus was undoubtedly a pearl of great price, and each one of us must also be a pearl of great price. There will definitely come a moment when we are compelled to feel that way. That is when I realise how valuable I am to God and how valuable Jesus is to my life today.

For me, that moment comes when I am travelling in a foreign land, and in a new encounter. It is when I fall into difficulties that I have no control over that I see the presence of God. This God who does not abandon me, but arranges for someone to show me the way. When I had nothing to eat, my visa expired and I lost my way in the midst of a global pandemic, there was nothing I could do except pray and ask. Still, there were people who comforted me and showed me a new path. I have lived my life with the help of those who are close to me. Through them, I have been reaffirmed of the greatness of God.

Now, how on earth can we as pearls respond to the merchant (God) who considers us expensive and wants to get us? I can only wait. I can only be found. I can only pray and seek. I can only live today, relying on God who says, 'That's good enough'.

King of Heaven, thank you that when you look at us poor, helpless sinners, you see a pearl of great price, thanks to Jesus' saving work on the cross. Strengthen and encourage the Kinki Evangelical Lutheran Church in Japan, as they cherish the spirit of the reformation, worship God based on the words of the Bible, and walk a life of faith while praising God. Amen.



Buddy Time





The Science Behind Raising Readers

Literacy is one of the main pillars of early education. There's a big focus on learning the ABCs, strengthening comprehension skills, and understanding literary devices. Being able to read and understand text is a foundational skill that enables learning in all other subject areas. Additionally, when children are exposed to book reading from an early age, it begins a 'causal spiral' – they more they are exposed to books, the greater their reading skills, which in turn encourages them to read more, culminating in greater academic outcomes.

But to focus on only the academic angle is a pretty narrow view of the benefits of reading. Adult book lovers innately know that there's a lot more to the benefits of reading than just academic achievement.

Here are just a few of the benefits:

- Reading is an antidote to stress. For example, a study of children hospitalized in the ICU found that listening to a story for just 30 minutes reduced their levels of cortisol (stress hormone) and increased their levels of oxytocin (the love hormone). Similarly, over a whole academic year, a study of college students found that recreational reading was associated with reduced psychological distress. In other words, reading can help people cope with mental and physical health challenges by boosting resilience to stress.
- Reading allows us to connect meaningfully with our fellow humans. Neuroscientists have determined that reading fiction provides readers with the opportunity to strengthen a certain neural network, which in turn makes them better at being able to use theory of mind capabilities (being able to consider the mental state of others).
- Reading makes us happier. A study of older adults found that frequent fiction readers report greater life satisfaction and greater positive affective well-being.
- Reading helps us live longer! A longitudinal study of 3675 participants found that book readers experience a survival advantage. This line from the study sums it up best: "The benefits of reading books include a longer life in which to read them."

Clearly, a love for reading leads to a much more fulfilling life and that's something we definitely want to pass on to our children!

So how can we implement a reading culture in our home?

Read together

This is the easiest and most effective way to encourage reading in kids of any age. Reading aloud has a strong and long-lasting effect on reading and cognitive skills. The best way to go about this, per cognitive psychologist David Willingham, is to

- (1) choose books that are rhyme-heavy;
- (2) engage them by asking questions as you go,
- (3) having books available in places and at times when they are likely to be bored (like in the car).

Have physical books

Make them available and accessible throughout your home. Literally, show kids how important books are by giving them valuable space in your home. Having lots of books in your home has a greater relationship with your child's reading ability than even being a good reader yourself.

If you're not sure how to get started, the first stop is a visit to your local library! There are thousands of books waiting to be discovered: picture books, graphic novels, folk tales, poetry. Borrow as many as you can carry!

Be a model

Show kids that you enjoy using your free time to read. Kids imitate us, so we can inspire them to read simply by picking up a book and reading in their presence.

No pressure

There's a lot of pressure towards reading at earlier and earlier ages. However, the evidence doesn't support pushing our kids to read early.

A focus on early reading (that is, teaching reading before age six or seven) shows only short-term effects that even out with time, such that by the time the child is 12 (or even earlier), their reading skills are not any better than those who learned to read later. Additionally, children who learn to read later acquire reading skills more readily (requiring about half as much formal instruction). Moreover, a large study looking at the natural variability in school starting age between countries found no evidence for an association between when formal reading instruction starts and reading achievement at age 15.

What does this mean? There is no need to push kids to read early! Any initial gains are lost later on. Additionally, the risk of pushing teaching to read too early or too hard is that it can backfire and can rob the fun and joy out of reading, leading to it being perceived as another pesky task or chore to complete.

Reading is life-changing. A child's curiosity is insatiable, and reading is the buffet that never ends. It is both a passport and time machine - taking readers to new countries, imaginary worlds, across the galaxy, to the distant past or forward to strange futures. Learning to read is good. Learning to love reading is magical.



AUTHOR Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.



Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting relating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some of the challenges being faced by young people today.

Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle.

Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Explore SchoolTV today - <https://nhills.vic.schooltv.me>

Year 3 to 6 Nhill & District Cross Country

This morning there were many competitors from the Nhill schools at the golf club running their hearts out competing in the cross country. We have to congratulate all the students that tried their best and gave it a go, which meant that NLS came 2nd out of 5 teams.



Photos of The New Build



The interior of the school is being fitted out now, it is looking great and can now see how it will benefit the learning for the students.





WE WANT YOU



Nhill and District Sporting club

Footballers

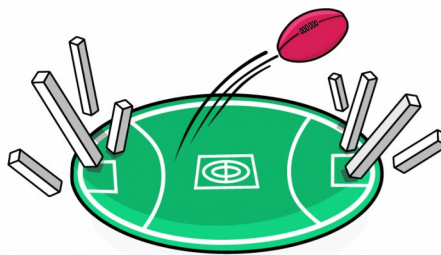
- Tiger cubs/Auskick age group 5-12 years, Boy and girls welcome, coached by Mark McEldrew. Information session Thursday 21st March at 5:00pm at Davis park.
- U/12's age group 8- 12 years, girls and boy's welcome U/12's will be coached by Steve Shurdington, trainings on Thursday's at 4:30-5:30pm, starting Thursday 21st March.
- U/14's age group 12-14 years, girls and boy's welcome Over aged permits (up to 15 years) can be applied for. U/14's will be coached by Jack Mason, Trainings will be Tuesdays and Thursday's at 4:30pm-6:00pm, Starting Tuesday 19th March.
- U/17's age group 14-17 years Over aged permits (up to 18 years) can be applied for. U/17's coached by Luke Oldaker, Training Tuesday's and Thursday's at 4:30-6:00pm, starting Tuesday 19th March.

For registration links please head to the Nhill and district sporting club on Facebook and Nhill tigers on Instagram.

For more information please contact:

Football director- Nathan Schneider 0427 913 221

President- Rob Bell 0407 522 264





WEEK 1

APRIL 2024 SCHOOL HOLIDAY PROGRAM

WEEK 2



MONDAY 1 APRIL

Easter Monday
Public Holiday



TUESDAY 2 APRIL

Cooking with Sharon
Nhill Memorial Community Centre
10am-11.30am



WEDNESDAY 3 APRIL

Level Up Gaming
Dimboola Library
12pm-4pm



THURSDAY 4 APRIL

CJ Puppet Show
Nhill Memorial Community Centre
10am-11am

Dimboola Library
2pm-3pm



Crafty Art with Danelle
Nhill Library
2pm-3pm

FRIDAY 5 APRIL



STEAM with Jo
Rainbow Library
10am-11am

STEAM =
Science, Technology,
Engineering, Arts and
Math

Cooking with Sharon
Rainbow Library
2pm-3.30pm



scan to register



REGISTER NOW!

Registrations submitted prior to school holidays are much appreciated!

Children under 11 years of age are required to have parent/guardian supervision.

MONDAY 8 APRIL



STEAM with Jo
Jeparit Library
10am-11am

Cooking with Sharon
Jeparit Library
2pm-3.30pm



TUESDAY 9 APRIL

Crafty Art with Danelle
Dimboola Library
10am-11am



Cooking with Sharon
Dimboola Library
2pm-3.30pm



WEDNESDAY 10 APRIL

Crafty Art with Danelle
Jeparit Library
10am-11am



STEAM with Jo
Nhill Library
10am-11am

THURSDAY 11 APRIL



Movie: Kung Fu Panda 4
Nhill Cinema
1pm - 3pm

Free Popcorn and Water provided



FRIDAY 12 APRIL



Crafty Art with Danelle
Rainbow Library
10am - 11am

STEAM with Jo
Dimboola Library
2pm-3pm



For more information visit
www.hindmarsh.vic.gov.au/events,
call 03 5391 4444
or email youth@hindmarsh.vic.gov.au.



Hindmarsh Shire Council
Hindmarsh Shire Libraries
Hindmarsh Shire Youth Council



@hsyouthcouncil
@hindmarshshirelibraries



HARMONY DAY

EXPRESSIONS OF INTEREST

We are seeking Expressions of Interest from members of our community to showcase their talents and represent their culture through singing, dancing, speaking or other performances at our Harmony Week celebration on **Thursday 21 March 2024 from 6pm at the Nhill Memorial Community Centre**

If you are an individual or group that would be interested in being part of our Harmony Week Celebrations please click the link in this post, or contact our Community Development Team on **03 5391 4444** or email **info@hindmarsh.vic.gov.au**.



Everyone Belongs

HARMONY DAY

FREE EVENT

21 MARCH 2024
NHILL MEMORIAL COMMUNITY CENTRE
6PM START

MULTI-CULTURAL FOOD, PERFORMERS AND SPEAKERS

WE ENCOURAGE YOU TO BRING A PLATE OF FOOD FROM YOUR CULTURE TO SHARE

DRESS IN CLOTHING TRADITIONAL TO YOUR CULTURE



*IF YOU ARE BRINGING A PLATE OF FOOD PLEASE ENSURE YOU PROVIDE A LIST OF ALL INGREDIENTS USED

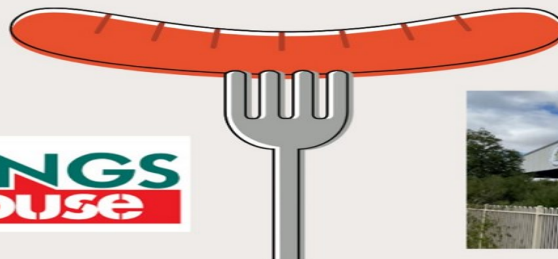


SAUSAGE SIZZLE FUNDRAISER

Sunday 17th March 2024
9am - 4pm

Come and support our wonderful small school by purchasing a delicious sausage from Bunnings, Horsham.

SAUSAGES \$3.50
DRINKS \$2.00





ANDARA
Lutheran
Camp



Kids Camp 2024

When: 3rd-5th April 2024

Where: Tandara Lutheran Camp

Cost: \$195

Ages 9-12

Theme: Living in the 10 commandments

Registration link:

<https://book.venue.life/tandara/register/kids-camp-2024>

Registrations close Thursday 28th March 5pm

