

# **TOGETHER WE GROW**

2 Mackay Street, Nhill 3418 P: 53 912 144 E: admin@nls.vic.edu.au Issue 34 November 10th 2023 Term 4 Week 6 **Birthdays** Upcoming Dates November Sat 11th Miss Attiwill & Dylan's wedding day 🔅 Fri 17th Pre foundation Visit 9am to 1pm Sat 18th P&F Quiz Night 7pm Thurs 16th Beats 'n' Pieces Incursion Tues 21st Board Meeting 7.30pm Fri 24th P&F Colour Run Pre foundation Visit 9am to 3.15pm Happy birthday wishes are sent to the December following student: Fri 1st Pre foundation Visit 9am to 3.15pm Lexie 18th November Wed 6th Year 6 Graduation Dinner @ Little Desert Lodge Tricia 21st November Mon 11th End of Year Graduation Service 7pm (all students expected to attend) Cooper C 23rd November Note: change of date Wed 13th Last Day Term 4 finish 3.15pm Thurs 14th Staff PD

#### Special Chapel Today



Kevin, Cathy, Erin, Clayton and Mia all spoke of their own memories of the school through the years they have been involved with NLS at chapel.

They all expressed excitement at the new build and what the future holds for the school.



#### From the Principal

#### **Special Chapel**

This morning a special chapel was held where the community gathered to thank God for the buildings that have served Nhill Lutheran School for many years, and to look ahead with anticipation at the soon-to-start new building. Thank you to Pastor Carl for leading the worship, to Darryn Rethus for the ground breaking, and to our guest speakers who were able to share stories and memories with us: Kevin Hedt, Cathy Moll, Erin Alexander, and Mia and Clayton from Year 4.

The middle section of the school is scheduled to be removed in the days between the conclusion of Term Four and Christmas, and the new building is already being constructed off-site, ready to be transported to Nhill early next year. The photos included in this newsletter show the elevations and a couple of initial pictures of the new building in construction.

As part of our relocation and removal plan, we have several items the school no longer requires that we are offering for sale. Please see the photos elsewhere in this newsletter.

#### **Bursaries 2024**

Each year bursaries are offered to families of Nhill Lutheran School. Application forms were sent home today and are due by December 1. Three bursaries of \$200 and two bursaries of \$100 are available to assist families in meeting educational expenses. Nhill Lutheran School aims to keep costs down for families, and if families are experiencing financial difficulties they are welcome to have a confidential conversation with either myself or our Business Manager.

Every blessing,

Damon Prenzler



Nhill Lutheran School is committed to providing a child safe and child friendly environment, where children and young people are safe and feel safe, and are able to actively participate in decisions that affect their lives.

#### Updates For The New Build

NLS wants to share the journey with everyone about the new build, so when we get updates we will publish them in the newsletter. Today we are sharing the plans (these can be found at the school) and photos of the new building being constructed off site.



#### Worship News

Please see below for this week's church service times: Nhill 11am Jeparit 9am NhillLutheranParishOnline.com



#### Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

Miss McLean and her family



Jessie and her family

 $\Diamond$ 

- Savior & Seraph and their family
- Madalyn, Charlotte & Atreyu and their family

#### Chapel

Year 1/2 will host Chapel Friday 17th November, 9am in the multi – purpose room. Everyone from the community welcome.

#### Chapel Offerings

At today's Chapel \$30.30 was collected for the Maw Per Koh orphanage school in Myanmar. Please consider



sending an offering each Friday morning as the children there rely on our help.



#### **Devotional Thought**

#### A warning from Jesus

As he taught, he said, 'Beware of the scribes, who like to walk around in long robes and to be greeted with respect in the marketplaces' (Mark 12:38). Read Mark 12:35–44

Jesus wants his disciples to be as wise as serpents and innocent as doves (Matthew 10:16). That is, he wants to free us from naivety concerning those who would deceive us and give us a life marked by his own truthfulness and honesty. The good news is that, as we receive Jesus' word, he grows us in maturity and discernment.

In today's reading, we hear Jesus while teaching in the temple. As he teaches, the large crowd is listening to him with delight. As part of his teaching, Jesus gives a warning concerning the scribes – the educated class of men who were socially honoured and liked to enhance their status through the clothes they wore, the greetings they received, and the places of honour they took at banquets.

Now, as it happens, Jesus was evidently not opposed in principle to people having honoured roles or even wearing special clothes as part of the worship of God. Jesus did not criticise the priests for the robes and other vestments they wore as part of their role in the temple – after all, the priests had a calling from God, who had given commands concerning what they were to wear as they served (see, for example, Exodus 28:1–5).

But Jesus did warn us to beware of those who seek for themselves the benefits of status and put on their own shows of piety to make the vulnerable trust them – especially with their money. Jesus wants us to understand that not all people who act in apparently godly ways have God's approval. On the contrary, Jesus assures us that those who use God's name to exploit the vulnerable will receive the greater condemnation from God.

Unlike those who deceive for gain, Jesus came not to be served but to serve and to give his life as a ransom for many. Listen to your Servant King, and he will give you his Spirit of wisdom.

Lord Jesus, thank you for your Spirit-filled word. Let us always listen to you so that we may be wise people who are not deceived by those who use your name to gain power and make money. Amen.

# Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at

messagesofhope.org.au.or on iTunes and Spotify.

12<sup>th</sup> November Overcoming Depression

(Interview)

Hear David's story of facing depression and finding hope amid guilt and frustration.

#### 19<sup>th</sup> November Unlocking Ability

Rachel has a rare genetic disorder but above all odds, she embraces life with joy. Hear her parents share how life with Rachel has blessed them with determination and hope.

26<sup>th</sup> November Parenting – Coping with Unexpected Challenges (Interview)

How do you cope with unexpected challenges? What if you knew they would be lifelong? Hear Katrina share how she faced her biggest fear at the birth of her second child.

#### Special Chapel - Blessing The Old and The New

Kaye, Kevin and Bev catching up sharing memories.

Cathy and Kaye enjoying looking at the memory board.

Mr Prenzler, Darryn Rethus (Vice Chair) and Pastor Carl at the formal first turning of the ground for the new build to begin in the near future.







(Interview)

#### Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead. Please bring along the following:

• A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin@nls.vic.edu.au

We had our own little Melbourne Cup races today at playgroup with the children riding the horses down the track. The time was also filled with playing with the cars and doing some mechanical repairs, cutting butterflies out the playdough, being farmers playing with the farm set, making dancing jelly fish for our craft activity and creating some great 3D shapes using the connect.

Thanks

Mrs Leitch











Term One: January 30 – March 28 Term Two: April 15 – June 25. Student Free Days: April 26, June 26-28. Term Three: July 15 – September 20 Term Four: October 7 – December 12

#### **Excess Items To Clear**



Table \$20



Desk \$20



X 6 free



X 13 \$50 the lot



Due to having to make space for storage while the new build is happening.

We are offering these items to the school community first, and if they are not sold by 17th November, they will go on social media.

Contact office 53 912 144



"There's usually an "inside" story to every "outside" behaviour. Though we may not be able to know that "inside story", there's generally some inner reason for what children do."- MR ROGERS Today, I want to share 2 stories.

#### First, a story about me.

I had a tough moment a few weeks ago. I wasn't getting quality sleep, I had a lot of pressure with my work and volunteering commitments, I was just getting over yet another cold (hasn't this cold and flu season been just the worst?).

For 2 whole days, I was a raging ball of irritability. I was snappy with everyone. I got angry over tiny little things. I almost cried when my husband gave me a compliment because I didn't think he was being genuine. In short, my outside behaviour was atrocious. I didn't want to be cranky with everyone, but I really couldn't help it. I tried to exercise to stimulate endorphins... nothing. I tried going to bed early... didn't help. I tried taking deep, calming breaths... which gave me about 2 seconds of calm. I tried eating too much chocolate... yeah, that didn't work either.

Luckily for me, my husband was incredibly tolerant. When I snapped at him, or was short with the kids, or stormed off for a break, he never once made me feel worse because of the way I was behaving. He didn't insist that I say sorry, or go to my room for a time out, and he didn't push me to talk about my feelings if I wasn't ready. Instead, he gave me what I needed – space to regulate myself, a hug when I was ready, and soft words.

#### Now for the second story.

I took my eldest shopping for some new clothes, and we decided that because his younger brother mostly gets hand-medowns, we should buy him something too. Together, we spent a long time browsing the aisles, trying to find something that we thought he would love. Eventually, we settled on a warm, red Spiderman hoodie. I was sure that we were on to a winner, given that he was just reminding me that very morning that he wants a spiderman suit for his birthday (which is in 102 days and counting... he's very excited to turn 5). Well, we picked him up from kinder, excitedly showed him his new jumper... and he lost it. He yelled at me that he didn't want a jumper! He wanted a t-shirt!

He quickly escalated into hitting, and kicking, and trying to knock over tables. He was completely disappointed and angry, and boy was he was showing it. Some other parent, or even me in some other moment, might have snapped back at him. Might have told him that his behaviour wasn't ok and if he didn't calm down, he wouldn't get a new t-shirt or even keep his new jumper. But I didn't do that. Because I knew that there was something deeper going on than just not liking the jumper. So, while I didn't know all the moments that led to this meltdown, this I did know. It was the end of the week and he's tired. He was just getting over being sick. He's been dealing with the constant disappointment that his birthday is still 102 days away. Then his reality didn't meet his expectation, and he was disappointed.

And I remembered... I remembered how my outside behaviour wasn't good the other day. And I remembered how much better I felt by knowing that no matter how angry and cranky and irrational I was, I had someone in my corner who loved me unconditionally. So I gave that to my son.

I did restrain him from him hitting and throwing things around. But I didn't scold him, or yell at him, or make him feel worse. Instead, I did my best to hold space for his disappointment. I let him get his angry out, and once he moved past the anger to the underlying sadness, we cuddled. There is always an inner story. We just won't always know what it is.

But we'll never find out if we go straight to scolding and focus on 'correcting' the behaviour. Kids (and grownups!) act right when they feel right. To improve behaviour, we need to work from the inside out.



#### AUTHOR Rebekah Delahoy

Beck Delahoy is a homeschooling mum of 3 and microadventure enthusiast who somehow finds time to read and write about parenting. Find her on Instagram @beckdelahoy or beckdelahoy.substack.com about families and parenting.



Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting re-

lating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some of the challenges being faced by young people today.

Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle.

Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Explore SchoolTV today - <u>https://nhillls.vic.schooltv.me</u>



Nhill Lutheran School is seeking a passionate educator to teach a small class of eager to learn students. The successful applicant should be willing to support the Christian ethos of the school.

For a job description please email principal@nls.vic.edu.au with the subject line of 'Classroom Teacher Position' or view teachers.on.net

Applications to be sent to principal@nls.vic.edu.au or 2 Mackay St, Nhill 3418

#### Applications close: 17th November 2023

Position commences 23rd January 2024



Gather your family and friends and have some fun

# Nhill Lutheran School Trivia Quiz Night

WITH SUPPORT FROM THE NLS PARENT AND FRIENDS COMMITTEE

### Groups of 8— Tables can be organised on the night

Saturday 18th November 2023 7pm

NLS Multipurpose Hall, Cnr Queen St and Mackay St

## Cost: \$5 adult child (gold coin)

Kahoot style quiz, ipads will be supplied. Feel free to bring your own lucky ipad or laptop Fun games and challenges for all ages to enjoy.

Nibbles will be provided. BYO drinks.