

TOGETHER WE GROW

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Term 3 Week 8 Issue 26 September 1st 2023

Annual Father's Day
Chapel & Fathers vs Kids
Footy Match







Upcoming Dates

September

Thurs 7th Little Desert Athletics Division @ Stawell

Tues 12th No Playgroup

School Concert @ Community Centre 7pm "The Adventures of Superstan"

Wed 13th Term 3 ends 3:15pm Board 7:30pm

Thurs 14th/Fri 15th Staff PD Pupil Free

October

Mon 2nd Term 4 starts

Thurs 12th Year 2 Sleepover

Thurs 19th Nhill Show Day-Public Holiday No school

Fri 27th Grandparents Day & World Teachers Day

November

Sat 4th P&F Quiz Night

Thurs 16th Beats 'n' Pieces Incursion

Fri 24th Colour Run

Birthdays

Happy birthday wishes are sent to the following students:

Oakley 7th September



From the Principal

Father's Day

Happy Father's Day to all Dads for Sunday and may God bless your day, and as you continue to love and care for your children.

This morning we enjoyed a Father's Day chapel led by all the students, and the Dads v Kids footy game was a hotly contested affair.

Teacher Aide Appreciation Week

This week has been Teacher Aide Appreciation Week and we give thanks to God for our caring Integration Aides: Linda Rutherford, Taela McLean and Christina Leitch.

Staffing update

Miss Debra Schultz is continuing as teacher at Nhill Lutheran School for 2024. Considering Miss Schultz was initially going to be here for one term, we are delighted she will continue to be a blessing to our school community moving forward.

We hope an announcement for the Wellbeing Officer role will be made soon. The Wellbeing Officer will be shared between Nhill Lutheran School and St Peters Lutheran School in Dimboola. This is a 12 month position with each school receiving a day per week of wellbeing support.

We have also advertised for a middle/upper primary teacher for 2024. With teacher shortages providing challenges to schools across Australia, we pray that God will provide our school with a caring and capable educator.

Hats and Uniform

With the UV rating now on the rise hats are to again be worn. As we approach the end of Term 3 and the weather warming, students may wear either winter or summer uniform. By the beginning of Week 3 next term all students are to wear their summer uniform. If you require uniform items they are available at the front office.

Concert

"The Amazing Adventures of Superstan" is fast approaching. The students have been regularly rehearsing for our concert which will be held at the Community Centre at 7pm on Tuesday September 12.

End of Term

Term Three concludes next Wednesday, September 13, at usual finishing time. The staff have two days of professional development on the 14th and 15th.

Enrolments for 2024

Schools in Nhill are looking at finalising enrolments for 2024 and are asking families yet to enrol their child to do so. This will help schools with planning class compositions, staffing etc... Enrolment application forms for Nhill Lutheran School are available from the school upon request.

Every blessing for your week,

Nhill Lutheran School is committed to providing a child safe and child friendly environment, where children and young people are safe and feel safe, and are able to actively participate in decisions that affect their lives.

Worship News

Please see below for this week's church service times: Nhill 11am Jeparit 9am



NhillLutheranParishOnline.com

Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for......



- Henry & Matilda and their family
- Esther, Cooper & Mrs A and their family
- Sienna and her family
- ♦ Ruby B and her family

Chapel



Year 3/4 will host Chapel Friday 8th Sept 9am in the multi – purpose room.

Note: No chapel 15th Sept due to pupil free day

Chapel Offerings

At today's Chapel \$43.35 was collected for the Maw Per Koh orphanage school in Myanmar. Please consider sending an offering each Friday morning as the children there rely on our help.

Rapid Antigen Tests

If anyone needs RAT tests please come to the school and take as many as you need, they are in the foyer, please help yourself.

Devotional Thought

Given and received For what I received I passed on to you as of first importance: that Christ died for our sins according to the Scriptures (1 Corinthians 15:3).

Read 1 Corinthians 15:1-11

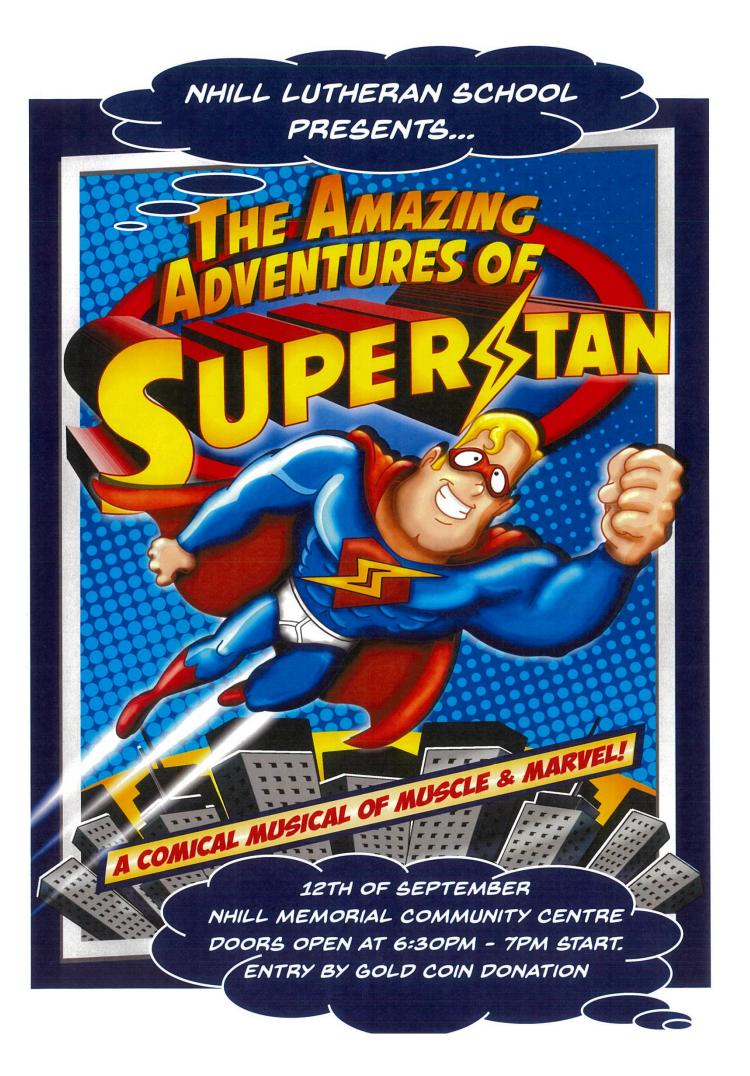
When did the religious faith that was passed on to you become your own? Some of us may have had a conversion as an adult leading to baptism. For some of us, the lights came on gradually; for others, it was an epic, vivid experience. Some of us who grew up baptised in the faith just always believed (which was my experience). Yet, I distinctly remember a time in my teens after doing the whole 'going to church because my parents made me' thing where I thought to myself, 'I'm just going to read Gideon's NIV New Testament and check it out for myself'. I specifically remember reading 1 Corinthians 15:3–8 with wide-eyed wonder, and even with my un-theologically-trained eye, thinking, 'This must be where we get some of the Apostles' Creed from!'

This verse tells us so much in so few words. It tells us that faith is meant to be passed on – given and received. It tells us that talking about our faith – what it is and why we believe it – is just what Christians do! It is in our DNA. Faith is meant to be passed on from friend to friend, sister to brother, parent to child (or even child to parent!). In this verse, we get both a personal testimony from Paul and an early creedal statement that did indeed form the basis of latter official creeds of the church.

If you haven't done it before, here is something worth role-playing. How would you respond if someone asked you what you believe and why? (Maybe spend a minute now or later and write down your response.)

Even in this brief creedal nutshell, Paul personalises this faith statement by owning up to his own 'warts and all' experience of railing against the early Christians in verses 8 to 10. I reckon that is pretty gutsy and honest. What is powerful, though, is that he contrasts it with what coming to believe in the gospel meant for him personally; he went from hating on it to heralding it big time!

Holy Spirit, thank you for the way you moved in those who shared the faith with me. Thank you for guiding me to faith. Heavenly Father, give me the opportunity to share my faith with others and give me the courage to do it – warts and all. Thank you for saving me, Lord Jesus. Amen.



More Photos of The Father's Day Celebration at NLS











































Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead. Please bring along the following:

A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office, 53 912 144 or admin@nls.vic.edu.au

Lots of catching and throwing the ball this week learning those important hand eye co-ordination skills. We also enhanced our cooking skills using the playdough making pizzas with various toppings. Some of the toys that run on batteries got a new lease of life, so lots of noise and fun was had. Next week is our last play group of Term 3.

Thanks Mrs Leitch





School Stream

Just a reminder that there have been some changes with the school stream reporting app. to make it easier for parents/caregivers to use.

The regular used forms have been moved to their own folders, they are; Absence Reporting & Bus

SRC Hot Chocolates

Hot chocolates are available every Monday, they are enjoyed by the students after they have eaten their lunch. They cost \$2.

SRC Dim Sim Wednesdays

Our popular "Steamed Dim Sim"
Wednesday is still happening to
help raise funds for the SRC, for
their various projects they
support and any equipment for the
school, which will benefit the students.



Fatherhood Redefined



Dads of all kinds are important contributors to families. Biological fathers, step-fathers, legal guardians, fosterfathers, grandfathers, even close family friends acting as faux fathers can all perform important roles in families.

There is even a YouTuber who acts as "Dad" to 4.6 million subscribers, who turn to him for "Dadvice" abouteverything from how to shave a beard to how to inflate a tubeless wheelbarrow tyre. However, the benefits of having a present and involved dad go far beyond having someone around to teach wheelbarrow maintenance. In fact, Harvard family scholars Marc Grau Grau and Hannah Riley Bowles state that "The importance of engaged fatherhood is now undismissable in ways it was not in earlier decades."

Fathers are not like mothers. Fathers parent in unique ways, which offers unique and important benefits to their families and children.

Here's a few things dads can do to be uniquely helpful:

Take paternity leave

Fathers who take paternity leave, especially if they take at least two weeks, are significantly more likely to dedicate their time to childcare and housework, not only during their leave period, but at least until the child is two to three years old!

Be present

It seems simple, but remember that having a present father in the home is a protective factor for reducing antisocial behaviour in boys, and reducing teen pregnancy, depression, and early sexual activity in girls

Share the load

It's highly likely that the distribution of childcare and housework tasks isn't as even as you might like to believe it is. By stepping up and sharing the load, fathers can help close the gender gap even further, model for their children how healthy relationships function, and set expectations for their children's future relationships.

Play

Dads play in unique ways, particularly by encouraging risk taking and exploration. The sort of vigorous, stimulating rough-housing play that dads are so great at predicts enhanced social competence, while decreasing externalising and internalising behaviour problems.

Read to the kids

Reading books together, telling stories, and singing songs to the kids are all important forms of cognitive stimulation which have established benefits for improving literacy outcomes in children. Interestingly, these benefits are more pronounced when dad does the storytelling.

Talk with the kids

Dads also engage in a unique communication style with their kids. Fathers seem more likely to use bigger words when they speak to their children. Mums keep it simple. Both forms of communication are valuable for kids, but this report from the American Academy of Pediatrics points out data showing that "at 3 years of age, father-child communication was a significant and unique predictor of advanced language development in the child but mother-child communication was not."

Engage in discipline

To discipline means to instruct, teach, and guide. Parents can effectively discipline their kids by setting limits in a way that explores what's going on, explains our reasoning for desired behaviour, and empowers kids to problem solve and come up with reasonable ways forward. Fathers are typically more authoritarian than mothers, so may need to work harder to move away from coercive and punitive discipline methods.

There's so many other things dads can do to be excellent fathers. But... here's the vital thing: Fatherhood matters. Period. Even if dad is not in the family home. Even if dad is not married or together with mum. Even when it's not part of the 'package' deal. (Which is, by the way, ideal... but the world is far from perfect.)

In Australia, there are more than 1 million single parent families, and 86% of those families are mother-led. Additionally, data from the US suggests that 27% of non-resident fathers don't see their kids at all. That is a lot of kids who are growing up with absent fathers.

Living away from the kids does not mean that a father can't provide them with the benefits of being involved. This metaanalysis of 52 studies finds clear support that non-resident fathers can still have a positive impact on their children's academic achievement, behavioural adjustment, and emotional well-being. Being involved matters. Having a positive father-child relationship matters. Taking an interest in child-related activities matters. Spending time with the kids matters.

Mothers are not fathers. Mothers can't fill in for absent fathers; they can't provide their children with all the benefits that come from having involved and present fathers in their lives.

And fathers are not mothers. They don't parent in the same way. Instead, they provide unique, important contributions to their families; contributions that should not be dismissed or devalued.



AUTHOR Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.



Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au.or on iTunes and Spotify.

3rd September Blended Families (Interview)

Listen to Mark and Beth share their story of challenges, hopes and strengths as a blended family.

10th September Foster Parenting (Interview)

With foster care needs at crisis point, hear Ann, a foster parent, and Margaret, a foster care placement worker, share the struggles and joys of fostering children in need.

17th September Feeling Lonely (Discussion)

There are many people who are struggling with loneliness. There's statistics that say one in three. How can you find a way through loneliness?

24th September Loneliness (Discussion)

Many people struggle with loneliness at some time in their life. Where can we find hope in times of loneliness and how can we not feel so lonely?



Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting relating to youth

mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some of the challenges being faced by young people today.

Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle.

Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Explore SchoolTV today - https://nhillls.vic.schooltv.me

