

Foundation Class



The Foundation class, Word of the Week was King, they all made their own crown and proudly showed them to the classes, once they were dressed in the appropriate attire. Bows and curtsies were performed while greeting others. Finger puppets were used for imaginary play and they had to build castles from connetix. More photos later in the newsletter.

Birthdays

Belated Happy birthday wishes are sent to the following students:

Luka 17th July

Xander 17th July



Upcoming Dates



July

Thurs 27th Hockey 7's

Fri 28th P&F Movie Night

August

Fri 11th Pupil Free Day

Thurs 17th Athletics @ Warracknabeal

Mon 21st - Fri 25th Book Week & Book Fair

Wed 23rd Dress Up Day- "favourite book" character

Tues 29th & Wed 30th 3 Way Conversations (between student, parent and teacher)

September

Fri 1st Father's Day Chapel and Footy Match

Wed 13th Term 3 ends 3:15pm

Thurs 14th/ Fri 15th Staff PD Pupil Free

October

Mon 2nd Term 4 starts

Assembly Dates for Term 3

Note: change of time, now AM

Fri 4th August Fri 18th August Fri 1st Sept

(after Chapel in the morning)

From the Principal

It has been another productive week of learning at Nhill Lutheran School. On Wednesday students in Year 3/4 and 5/6 were able to exhibit their learning to parents/caregivers, staff, fellow students and guests. Showcasing one's learning to an audience is powerful for learners, and it was wonderful to hear our students explain what they had learnt to others. Thank you to parents and guests who attended the exhibition.

Kinder Visit

It was lovely to welcome families from the Kinder to NLS this morning. Our guests were able to attend chapel led by the 5/6s, have a tour of the school led by our School Captains, Imogen and Chelsea, spend time in the Foundation classroom, and learn more about NLS.

Hockey 7s

Next Thursday our 5/6 students will participate in the Hockey 7s tournament and we wish them well for the day.

Student Free Day – August 11

A reminder that Friday August 11 is a pupil free day due to the staff attending the LEVNT Western Hub Conference.

Every blessing,

Damon Prenzler

Beanies and Jackets Available

The school has received more beanies and more jackets. Beanies and jackets worn at school should be the approved uniform.

Term 3 School Fees

The accounts department have sent out statements for Term 3 school fees, due 26th July 2023.

If any financial difficulties, please contact Damon Prenzler, Dalton Burns or Donna Snowden, to arrange payment agreements.



Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au or on iTunes and Spotify.

23rd July I want to be healed (Interview)

Have you ever felt like life is ripping you off? That what you're suffering is unjust. Stephen and Therese share how they've had to face those feelings for over a decade. Where is God when you are suffering?

30th July What about the carer (Interview)

"I've become his carer and his protector. That role of changing from being a wife to that element of carer, that's massive. Sometimes I'm just terrified." Therese shares about adjusting from wife to carer. What are the challenges and how did she cope?

Passing of Founding NLS Principal- Eric Rathjen



Mr Eric Rathjen, the school's founding Principal was at NLS for 10 years. He was presents for the opening of both primary and secondary school, and he had a huge passion for our school.

Eric's funeral will take place after his committal in the Cambrai Cemetery. Those wishing to attend the committal, it will take place on Monday 24th July 2023 at 9am, followed by the funeral service at the Concordia Lutheran Church, Bookpurnong Tce, Loxton at 1pm.

The funeral service will be live streamed and available on the following link;
<https://taylormedia.link/6VVHqE>

Worship News

Please see below for this week's church service times:
Nhill 11am
Jeparit 9am

NhillLutheranParishOnline.com



Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....



- ◆ Lawson and his family
- ◆ Roger and his family
- ◆ Sophie & Lucy and their family
- ◆ Miss McLean and her family

Chapel Offerings

At today's Chapel \$9.30 was collected for the Maw Per Koh orphanage school in Myanmar. Please consider sending an offering each Friday morning as the children there rely on our help.

Devotional Thought

Connections

I am the vine; you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing (John 15:5).

Read [John 15:1-11](#)

'A chip off the old block!'

'Just like his old man!'

That's what we might say when we see a child who looks, acts and even walks like one of their parents. If you are a parent, have you ever heard your little one playing and pretending to talk on the phone and, alarmingly, heard yourself? It's a bit scary, isn't it? Your child is emulating and reflecting you.

It's actually a natural thing. You have been a constant in your child's life. You have been with them since their birth, even before. Who would you expect to have the most influence on them? You. Your child is connected to you, and you are connected to them – intimately. You would expect that what you are and the way you are would rub off on them. That is a connection that is very hard to sever.

Jesus uses an image that people of his time would easily understand. He is the vine, and the branches are intimately connected to him. The more connected they are, the more likely they will reflect him – to bear fruit. And when people see good fruit-bearing, they recognise what a good vine it must be.

How is your connection? When people see you, do they automatically see the One to whom you are connected? The good thing is that the Father is the gardener (verse 1), and, as such, he works at making the connection strong. He doesn't just let it be, whatever its state. He works at it because when good fruit results, the Father receives glory (verse 8), and the possibility of others getting connected becomes real.

You can ensure that the connection with your child remains strong the more you invest in them. God invests in you. He is persistent. A severed connection pains him. In Isaiah 49:15,16, we are reminded that even if it were possible for a mother to forget her child, God can never forget us because he has our names engraved on the palms of his hands.

Jesus, keep drawing me closer to you. Amen.

Chapel

Pastor Carl will host Chapel Friday 28th July 9am in the multi – purpose room.



Foundation Class Word of The Week - KING (more photos)



Students of the Week

Congratulations to the following students who were presented with Student of the Week awards at assembly today:

Foundation: Ruby B Year 1/2: Lucy and Charlotte
Year 3/4: Robbie Year 5/6: Imogen



Bananas the Monkey

Congratulations to Tricia for receiving Bananas the Monkey at assembly today. We hope you both enjoy your time together.



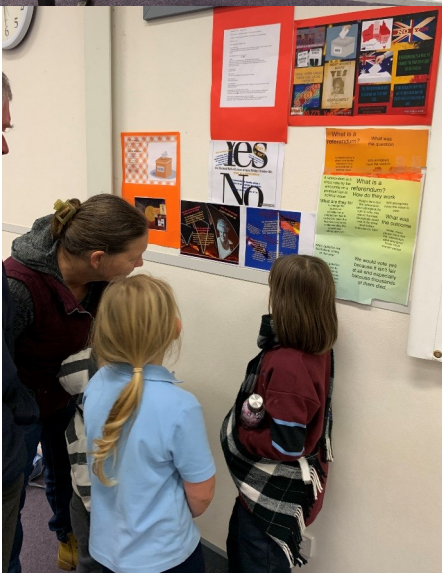
The Rhyme Goes Like This.....A Lamb Followed Mrs Clark To School This Week

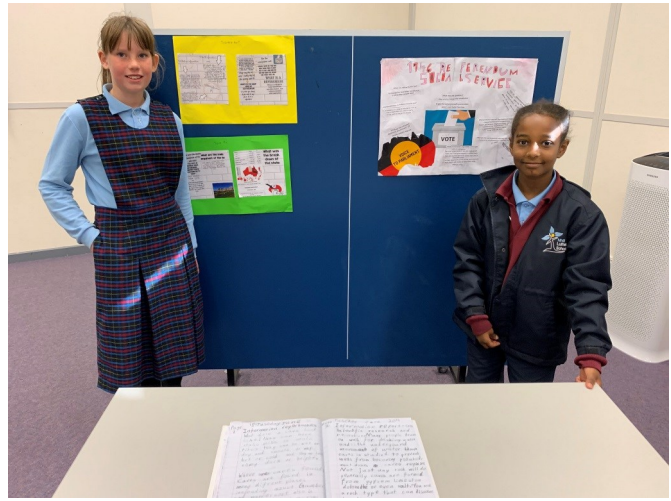
There was no shortage of feeding volunteers in the last 3 days of the week, we had Rick the lamb pay a visit while his human mum was relief working at the school. Baby lambs are great fun when you only have to feed them during the day, and someone else does the night feeds.



Year 5/6 Class Museum in Motion and Year 3/4 Exhibition

Wednesday this week the Year 5/6 and the Year 3/4 classes held a sharing day to showcase their Museum in Motion Dioramas and the Year 3/4's shared their Referendum Project and other projects respectively. Parents and friends gathered to see the learning the students have completed over the last term, and it was such a positive experience for all involved. The students were proud of the effort they had put into each project.





Missing Jumpers & Jackets

There seems to be quite a few students missing either their jumpers or jackets. The students seem to be taking them off and putting them back on more at this time of the year.

We are asking if you have extra jumpers or jackets at home, that are not yours, please return to the school office.

We recommend you name the items, to help find the rightful owners.





My youngest daughter, now 9, has recently been watching a cartoon with a cyclops in it. This naturally energetic and confident child is now terrified every night at bedtime – the cyclops are coming!

Another of my children has always had an anxious disposition. She feels a little bit of anxiety about most things most of the time. It's typically low-level anxiety, but from time to time it can be paralysing. Each of these anxiety situations is different. One is based on "state anxiety" or feeling anxiety just now about a specific situation. The other is based on "trait anxiety", or feeling anxiety as a general characteristic.

Anxiety situations can be founded on rational fears (like heights), or irrational fears (like the cyclops). But anxiety, whether state or trait, rational or irrational, requires kind and compassionate responses. Consider it for a moment: It doesn't matter whether you have a general predisposition to anxiety or not, we all have something that makes us feel anxious. It might be giving a speech in public, or driving in the city at peak hour, or starting a new job. In those moments, what would you want from the people around you? What would you want your partner, trusted friend, or even your own parents to say to you?

Dismissal? "Nothing bad is going to happen, stop worrying. You'll be fine."

Denial? "Driving at peak hour is the same as driving any other time. I don't know why you're worried about this."

Disapproval? "Stop telling me how worried you are about this new job, you should just be grateful instead."

Doesn't feel good, does it?

Dismissing the problem with statements like "You'll be right. There's nothing to worry about" doesn't help. Instead, they leave our kids feeling misunderstood and wronged. It can leave them feeling like they're incompetent! Plus, they feel as though no one understands them in their worries, and that they're left alone to face them.

Denying the problem doesn't work either. We often think that reassuring our kids that "There's no such thing as cyclops" would surely help. Yet never in the history of people has anyone who is anxious and emotional responded to logic by saying, "Good

Lastly, when we show our disapproval of their anxiety by telling them "stop worrying" "Stop being silly", or even "If you keep this up I'll give you something to really be worried about", we use our power to threaten and intimidate. This doesn't decrease anxiety, instead it makes them more anxious - about the cyclops, the exam, the dark, and about us!

Instead of dismissal, denial, and disapproval, what our kids need from us when they're feeling anxious is acceptance and affirmation. This doesn't mean we agree with them. And we don't need to take their worries away. What they need is our support and encouragement to give them the confidence to face their worries themselves.

What if we said these things instead?

"Something about this is making you worried. I believe you."

"I get worried sometimes too. Can you tell me more about what is making you worried?"

"This is hard for you. I'll be right here with you."

When we accept that our child is worried about something and let them know that whatever it is, we understand that it's a real worry for them, we give them the confidence to know that they have a trusted adult to support them. We aren't doubting them or telling them that their problem isn't real. Instead, we're telling them that they can count on us to listen to them without judgement. When we affirm that we have experienced worries and anxiety too, we give them the courage to share openly with us what is causing their anxiety.

When we agree that whatever they're going through is hard, we show that we empathise with their emotions. We give them the assurance to know that they don't need to experience these feelings of anxiety alone. Once our children feel heard, seen, and validated, they'll be better prepared to make an action plan to help them face their worries. Maybe they'll make a cyclops repellent spray, or maybe they'll ask for help to practice their speech. Whatever it is, allow them to formulate their own plan with



Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead.

Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin@nls.vic.edu.au

We had a birthday to celebrate this week, with cupcakes and party hats. The fun continued using paint rollers over stencils to see the picture on the paper, lots of physical fun was had with climbing over the frames and shapes, and there were some budding mechanics in the group using the tools to fix the cars and trucks. Again the playdough is very popular amongst the little ones with making faces this week. See you next week.



Responsible Pet Ownership Incursion

On Wednesday the school had a visit from Tracey And Beebe the dog. They provided valuable instructions on how to care for a pet responsibly, and also the important manner that you safely approach a dog to avoid being bitten or scaring the dog.



Junior Master of the Masters Exhibition Prize Winners



Congratulations to Matilda, Chelsea and Trinity

YANAC HOCKEY CLUB

QUIZ NIGHT

Saturday 29th of July

Yanac Hall

6 PM Pizza
7 PM Quiz

Quiz Entry
\$5

Maggi's Pizza
\$20 Adults
\$10 Secondary
\$5 Primary

BYO Drinks and Nibbles
RSVP to Erin 0429773853 by Saturday 22nd of July

Movie Night



Friday 28th July 6.30pm
@ NLS multipurpose
room

- Popcorn provided.
- BYO comfy seats, blankets, and water
- Wearing of Pyjamas is welcome.

Please note all children need to be supervised as this is an out of school hours event.

Proudly brought to you by the NLS P&F

