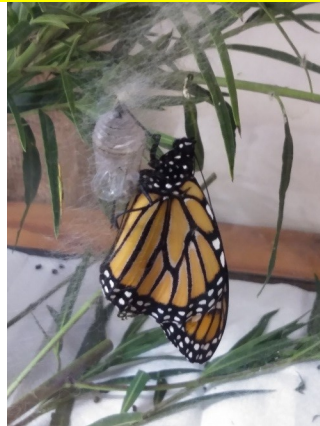


## Year 1/2 Class's Monarch Butterfly



The last of our caterpillars, curled itself into a 'J' ready to form a chrysalis.....



On Wednesday afternoon it began to emerge from the chrysalis, on Thursday morning he welcomed the class to school. He has been released.

## DIY With The Year 5/6 Class



The Year 5/6 class thought it would be a great contribution to the school to paint the seat that is near the oval, so lovely bright colours were used. Job well done.

## Rapid Antigen Tests

If anyone needs RAT tests please come to the school and take as many as you need, they are in the foyer, please help yourself.

## Upcoming Dates



### June

**Mon 19th** Incursion Freestyle Dance Ministry

**Tues 20th** P&F meeting 8pm (*change of date*)

*NOTE: No Playgroup*

**Fri 23rd** Last Day Term 2 pick up 2.15pm

### July

**Mon 10th** Term 3 begins

**Fri 14th** Kinder Visits 9:15 - 11am

**Tues 18th** School Board 7:30pm

**Thurs 20th** Pet Ownership incursion

### Friday Assembly Dates

**23rd June after recess 11:20am**

## Birthdays

Happy birthday wishes are sent to the following student and staff:

Robbie 17th June

Mr Holt 21st June



## From the Principal

### Last day of Term Two

Next Friday, June 23, is the last day of Term Two with school finishing at 2.15pm. Term Three commences on Monday July 10. Although Term Two has been a shorter term, only nine weeks, it has been jam packed with plenty of activities and learning opportunities, as well as times for our school community to gather and enjoy being with each other. Term Two happenings have included the 3/4 camp to Mount Gambier, Mother's Day chapel and morning tea, Athletics Day, the 5/6 camp to Anglesea, Donut Day, visiting performer, F-2 excursion to church, Lightning Premierships and more. Additionally, the students have completed a range of learning tasks which have showcased their capabilities and skills, and have done so using great problem solving, teamwork, collaboration, communication, creativity and more. We give thanks to God for blessing our school with these opportunities.

### Semester One Reports

Student progress reports will be sent home next week. Reports provide an opportunity to not only inform parents, but to promote discussions with your child to celebrate the learning growth that has occurred, as well as identify areas for improvement.

### Lightning Premierships

Congratulations to our Year 3-6 students for their efforts in the Lightning Premierships held on Thursday. It was great to combine with our friends from St Peters Lutheran School in Dimboola to form teams for netball, t-ball and football, and judging by the comments from the students there was much fun.

### Staffing for Term Three

Staffing arrangements for Term Three will continue as is, with a small change to the specialist teacher times. Being a concert term, Mrs Alexander will teach all classes for The Arts, and Mrs Lees will teach all classes for kitchen/garden.

### Freestyle Dance Ministry

Next Monday we look forward to again hosting Freestyle Dance Ministry. The students will be involved in an upbeat session of dance.

*"Give thanks to the Lord, for he is good; his love endures forever." (Psalms 118:1)*

Every blessing,

Damon Prenzler

## SRC Pyjama Day Fun



## Year 3/4 Class Student Created Psalms

The lord is my shepherd and he will always guide me in the right direction and he will protect me from evil and he will help me through tough times in my life and keep me safe from all the things that could harm me and he will always love me no matter what he takes away my sins but even though he knows I'm sinful he still loves me and cares for me every day for he will always be my friend I thank him for my eyes, ears, nose, mouth, arms, legs, head and life.

Sophie 😜

## Worship News

Please see below for this week's church service times:

Nhill 9am

Jeparit 11am

[NhillLutheranParishOnline.com](http://NhillLutheranParishOnline.com)



## Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ◆ Mia and her family
- ◆ Ms Rutherford & Harper and their family
- ◆ Imogen & Savannah and their family
- ◆ Cooper & Abby and their family



## Chapel Offerings

At today's Chapel \$1.20 was collected for the Maw Per Koh orphanage school in Myanmar. Please consider sending an offering each Friday morning as the children there rely on our help.

## Devotional Thought

We will be your people  
You shall be my people, and I will be your  
God (Ezekiel 36:28b).

[Read Ezekiel 36:24-28](#)

357: Does that number mean anything to you? I know it does to a friend of mine named Jon.

Jon and I used to play in a church band together. One consequence of growing up in the church was that Jon knew the *All Together* songbooks so well that you could give him a number, and he would know the song name and which book it came from. That was a surprisingly handy skill.

357 in *All Together Now* is the song, 'Give us hearts to know you'. It came to mind when I reflected on this passage from Ezekiel. The chorus is, 'We will be your people and you, our God'. The verses of the song beseech our Lord to give us hearts to love, bless, serve, praise and worship him.

The Christian life is full of mysteries and concepts that we have to hold in tension. The devotion yesterday reminded us of how precious we are individually to God. Today, the reading from Ezekiel reminds us that God equally views us as a collective body. We are all his people. And he is God to all of us.

I am either a member of Generation Y or a millennial – depending on who you ask – and I hear that these generations are the most selfish ever. Yet the Bible shows us that selfishness is something that has plagued humanity from the very beginning. Why else did God need to give ten commandments to the nation of Israel, many of which are about looking out for others and discouraging human selfishness?

Our role, as members of God's family, is to seek to have a heart like our Heavenly Father. Furthermore, we have a role to play in helping sisters and brothers in our community to be God's people. To help them be people that bring glory to God. We need our sisters and brothers, too, to allow us to better love, bless, serve, praise and worship God.

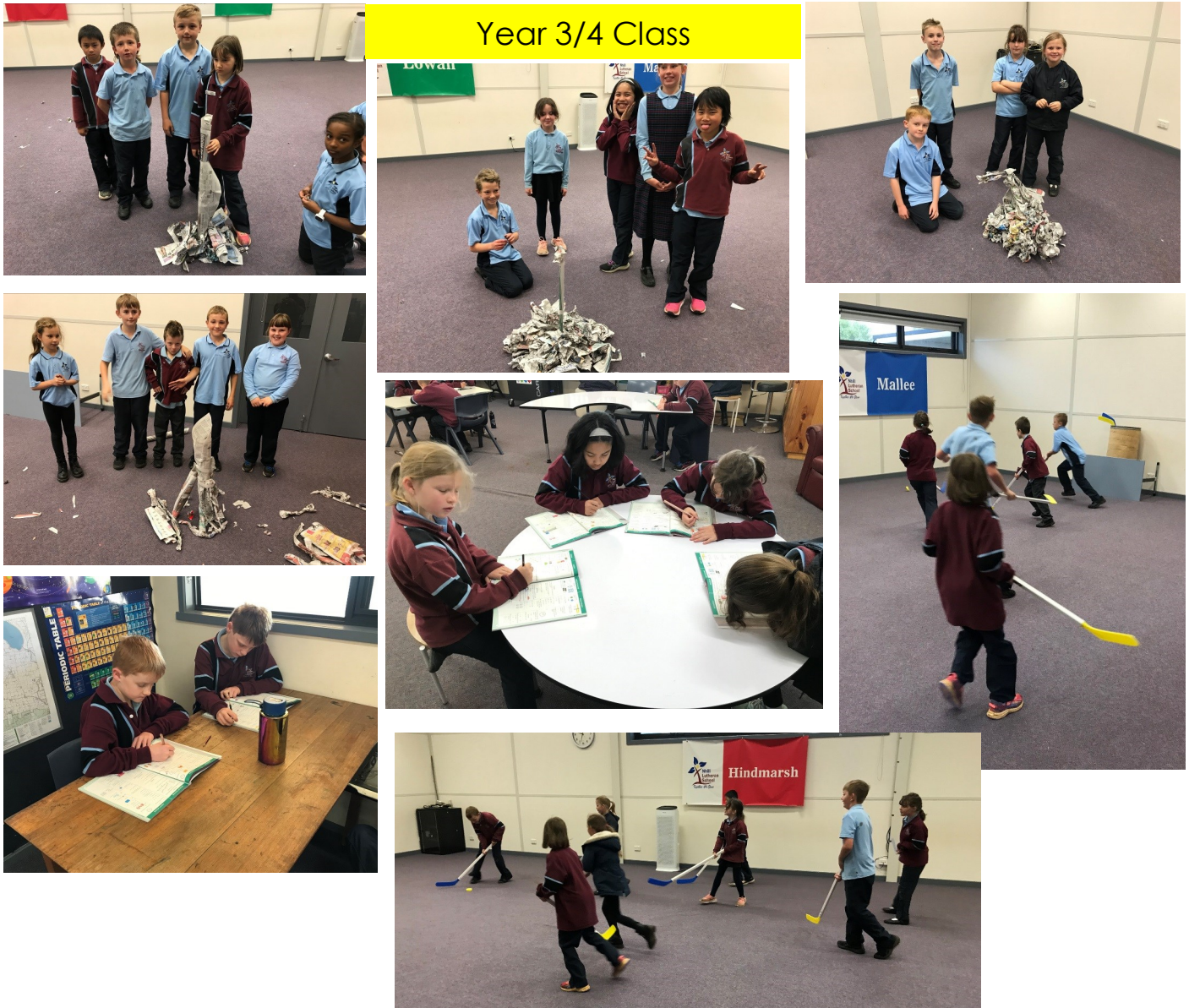
Thank God that he called us to be in community and chose us all. We are better together than we are apart.

***Lord, thank you for calling us out of the darkness as a community. Please help us to be your people as a community. Help us to love you and serve our sisters and brothers. Amen.***

## Chapel

The Year 3/4 will host Chapel next Friday, 9am in the multi – purpose room.





The Year 3/4 class has been very busy lately in the classroom and also in the multi purpose room to do some creative play as a reward for the class. One challenge was in teams they were to build the tallest structure using only paper, and then play a game of indoor hockey.

## Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at [messagesofhope.org.au](http://messagesofhope.org.au) or on iTunes and Spotify.

### **18<sup>th</sup> June**      **When God Seems Far Away**      **(Interview)**

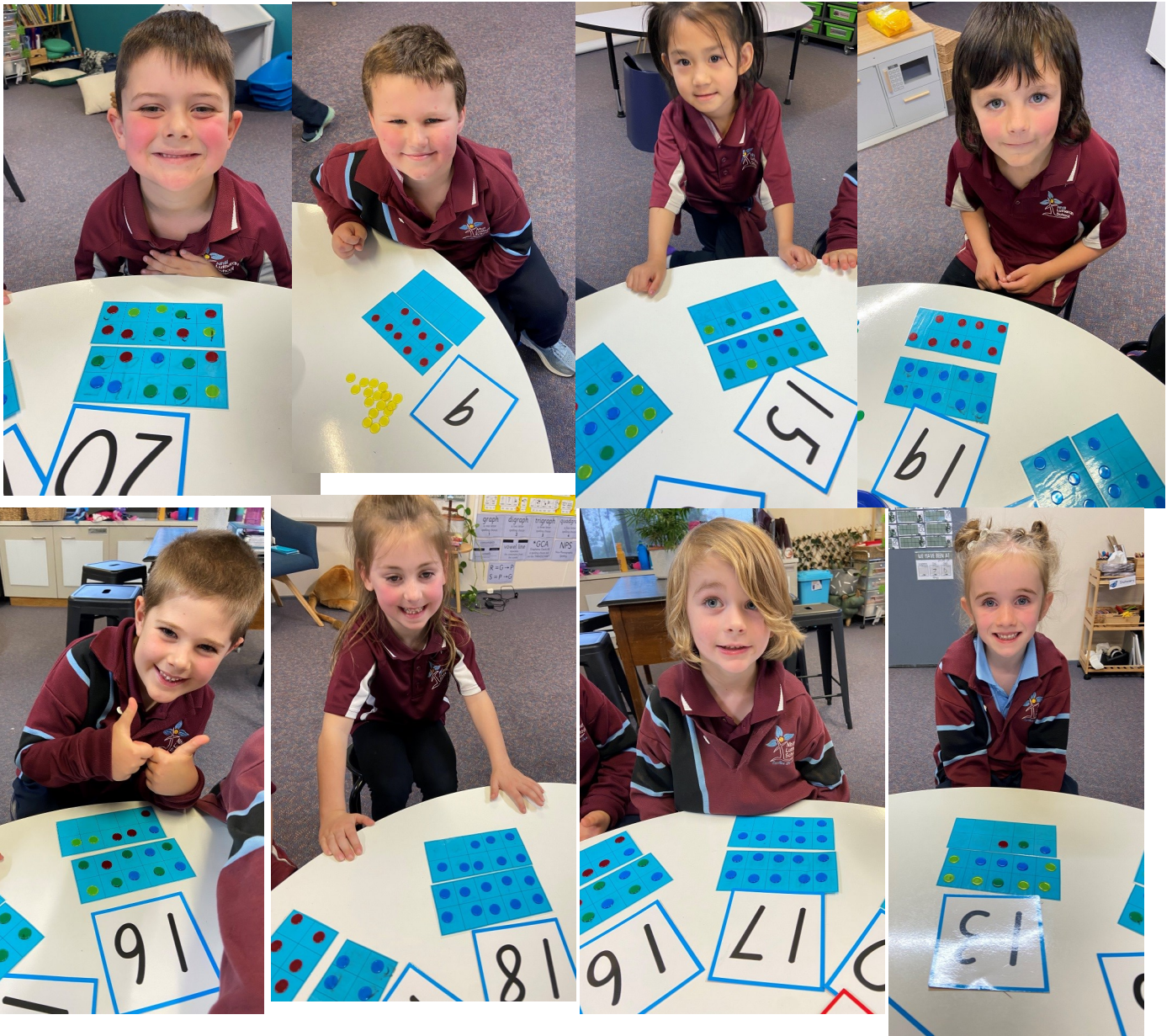
Depression challenges us, not only physically and emotionally, but also spiritually. Listen to Mark's story, a pastor who has struggled with depression for about 20 years. How does someone with faith reconcile a God who often seems far away, especially when you feel so totally alone?

### **25<sup>th</sup> June**      **Send me an Angel**      **(Interview)**

For the person struggling with depression, and the loved ones who care for them, depression can challenge and test us. Listen to Jane's story of depression and how she finds hope to live through it.

## Foundation Class

The class have been learning about numbers, the smiles say it all - Learning is fun!



## What has happened this week at NLS

Thursday morning at recess the Foundation to Year 2 students had the playground to themselves, while the Year 3 to 6 students were at the lightning Premierships.



# Lightning Premiership



Thursday the year 3 to 6 students wandered down to the Nhill College to participate in the annual Lightning Premiership competition. NLS joined forces with the Dimboola St Peter's Lutheran School to compete in football, tee ball and netball. A fun day was had and it was great to build friendships with other students from schools around the area.

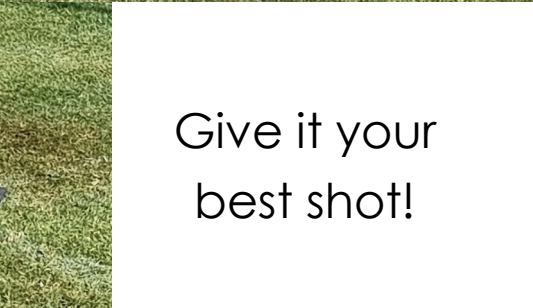




Eye on the ball!



Teamwork!  
Encouragement!



Give it your  
best shot!



## Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead.

Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or [admin@nls.vic.edu.au](mailto:admin@nls.vic.edu.au)

What a lovely morning at play group. We celebrated Iris's birthday with party hats and cup cakes. New faces joined us today everyone enjoyed playing with some new toys and the play dough table is always busy. For our craft this week we used cotton buds to do some painting. The new whale toy was a great success everyone trying to catch the orange balls, that flew out of his spout.

I have thoroughly enjoyed seeing you all this term and look forward to seeing you next term. We will be back on Tuesday 11th of July.

Kind regards  
Mrs Leitch





# parenting ideas Threats and rewards—or something better? schools



“If you don’t pack away your toys right now, I’m throwing them in the bin!”

It’s the end of the day. We’re tired, or stressed, and we’ve asked our kids a hundred times already to start packing up. Even though we might know that there is a better way, we can’t stop ourselves, and a threat slips out. The thing is, it seems to work! Suddenly the kids are packing up their toys, fearful that if they stay out they’ll be relocated to the bin. In fact, **research shows** that threats, verbal reprimands, and time-outs are all effective ways of securing immediate compliance in our children. Which would be great - if our only goal was immediate compliance. The problem is that this compliance is coerced, and if we’re not there to enforce the consequences we lose our ability to influence behaviour. Our kids are more focused on avoiding the punishment than on internalising what we’re trying to teach them!

So if threats aren’t the ticket to getting our children to do something, rewards must be the right alternative, right?

“If you pack away your toys right now, you can have ice cream!” might be what we say. But we might as well say “If you *don’t* pack away your toys, you *can’t* have ice-cream”. **Rewards are just threats in disguise.** If our kids are still relying on us to give them ice-cream or a gold star or their pocket money in exchange for good behaviour, they’re still not intrinsically motivated to do what we’re asking them to do. Rewards, just like threats and punishments, only work if we’re there to dish out the consequences. They simply don’t promote lasting behaviour change and our kids often lose interest, so if we want to keep enforcing the behaviour we need to dish out bigger and bigger rewards, or bigger and bigger punishments.

The truth is, both threats and rewards use fear as a motivator – either fear of getting punished, or fear of missing out on the reward. Fear can be a powerful motivator. But there is another thing that motivates us. LOVE.

Love is a much stronger motivator. It drives intrinsic motivation, or motivation that isn’t reliant on external outcomes like rewards and punishments.

Here are three ways we can use love to help motivate our kids:

- 1. Do it with them.** Kids spell love T.I.M.E. They want to be involved in our world. So, if we’re doing something, and we invite them to join in, chances are that they’ll say yes, even for something as routine as tidying up the toys.
- 2. Make it fun.** Kids love to play! Maybe we can challenge them to throw all the blocks into the tub like they’re shooting basketball hoops. Or maybe the cars strewn everywhere need to be driven back to their garage on the shelf. There are so many ways to make even simple tasks fun. Not only does having fun get the job done, it also boosts learning and competence in our kids.
- 3. Model love and respect for them by trusting that they’ll do it when they’re ready.** Simply say “Can you pack up the toys when you’re ready?”, and then let them be. They may need a gentle reminder, but if we step back and let them know that we trust them to get the job done in their own time, there’s a good chance they’ll do it.

Sometimes they still won’t do what we’re asking. When that happens, there are two more things we can do.

- 1. Just do it for them.** Sometimes they’re sick, tired, or cranky. And the truth is that we’re not going to teach them to be lazy slobs as adults by tidying up their room occasionally as kids. (That’s fear speaking!).
- 2. Set a boundary.** Boundaries are different to punishment. A boundary is something we do to ourselves, whereas a punishment is something we do to others. A boundary could mean that our adult sized feet are unwilling to walk through a room strewn with LEGOs, so if they want a book read to them before bed, they need to clear the floor so we can safely get to the bookshelf. Set the boundary, and then let them decide how to respond to it.

Ultimately, parenting isn’t about getting our kids to do things. The only person we can truly control is ourselves.

The real focus of parenting is about being the person we want to be, regardless of how our kids are behaving.

When we remember that, we can move away from fear-based parenting, and parent with love.



## **AUTHOR** Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters. He is the parenting expert and co-host of Channel Nine’s Parental Guidance, and he and his wife host Australia’s #1 podcast for parents and family: The Happy Families Podcast. He has written 7 books about families and parenting. For further details visit [happyfamilies.com.au](http://happyfamilies.com.au).

# mates

MENTORING PROGRAM

24 hours to change a life!  
You can make a difference

## VOLUNTEER

Can you spare 1 hour a fortnight to visit a young person in their school? For more information on how you can help, please come along to our Information Session.

The three schools in Nhill will be holding a combined:-

### Information Session

for anyone interested in becoming a mates mentor

Date - Monday 19th June  
12noon - 2pm  
At Nhill College  
Check in at reception  
All welcome

For more information contact:  
Kerri Nichols  
Email: mates@llen.com.au  
Ph:0408 810 123



**ALL FREE!** **WEEK 1** **JUNE/JULY 2023** **SCHOOL HOLIDAY PROGRAM** **WEEK 2**

**MONDAY 26 JUNE**  
Level Up! Gaming  
Jeparit Hall  
12pm - 4pm

**TUESDAY 27 JUNE**  
Yoga with Sukha Pilates & Fitness  
Rainbow Mecca Supper Rooms  
1pm - 2pm  
Spider-Man: Across the Spider-Verse  
Nhill Cinema  
1pm - 3pm  
Yoga with Sukha Pilates & Fitness  
Jeparit Hall  
3pm - 4pm

**WEDNESDAY 28 JUNE**  
Crafty Art with Danelle  
Dimboola Library  
10am - 11am  
Science with Jo  
Jeparit Library  
10am - 11am  
Science with Jo  
Rainbow Library  
2pm - 3pm

**THURSDAY 29 JUNE**  
Yoga with Sukha Pilates & Fitness  
Nhill Memorial Community Centre  
10am - 11am  
Yoga with Sukha Pilates & Fitness  
Dimboola Library  
1pm - 2pm

**FRIDAY 30 JUNE**  
Crafty Art with Danelle  
Rainbow Library  
10am - 11am

**NAIDOC Week, 2 - 9 July**  
Kids colouring in activities are available in all libraries this week.

**MONDAY 3 JULY**  
Crafty Art with Danelle  
Jeparit Library  
10am - 11am

**TUESDAY 4 JULY**  
Cooking with Sharon  
Dimboola Library  
10am - 11:30am  
Cooking with Sharon  
Nhill Library  
2:00pm - 3:30pm

**WEDNESDAY 5 JULY**  
Cooking with Sharon  
Jeparit Library  
10am - 11:30am  
Cooking with Sharon  
Rainbow Library  
2pm - 3:30pm

**THURSDAY 6 JULY**  
Musical Puppet Show  
Rainbow Mecca Supper Rooms  
10am - 11am  
Musical Puppet Show  
Dimboola Library  
2pm - 3pm  
Crafty Art with Danelle  
Nhill Library  
2pm - 3pm

**FRIDAY 7 JULY**  
Science with Jo  
Dimboola Library  
10am - 11am  
Science with Jo  
Nhill Library  
2pm - 3pm

scan to register

**REGISTER NOW!**

Registrations submitted prior to school holidays are much appreciated!

For more information visit  
[www.hindmarsh.vic.gov.au/events](http://www.hindmarsh.vic.gov.au/events)  
call 03 5391 4444  
or email [youth@hindmarsh.vic.gov.au](mailto:youth@hindmarsh.vic.gov.au)

Children under 11 years of age are required to have parent/guardian supervision.



Have you registered for Kindergarten & Long Day Care in 2024?

**OPEN DAY**  
Come, look and play...

Virtual Tours available on EEYS website

### Nhill Kindergarten

3 & 4 year old Kindergarten

Tuesday 11th July 2023

2.00pm - 3.00pm

2/20 Whitehead Avenue, Nhill

2024 KINDERGARTEN REGISTRATIONS CLOSE FRIDAY, 21ST JULY

### LONG DAY CARE OPEN WEEK

Monday 10th - Friday 15th July 2023

Book a tour of our Long Day Care services during this week by contacting

0428 485 933

LONG DAY CARE REGISTRATIONS CLOSE MONDAY, 18th SEPTEMBER



TO REGISTER FOR KINDERGARTEN

Online: [www.eeys.com.au](http://www.eeys.com.au)

Email: [enrol@eeys.com.au](mailto:enrol@eeys.com.au)

Phone: 5382 7997

TO APPLY FOR LONG DAY CARE

Download online: [www.eeys.com.au](http://www.eeys.com.au)

Email: [kimberley@eeys.com.au](mailto:kimberley@eeys.com.au)

Phone: 0428 485 933

or pick up a form from an EEYS Office

Emerge Early Years Services is the Early Years Manager for the above sites

**HORSHAM**  
REGIONAL ART GALLERY

# School Holiday WORKSHOPS

27 JUNE - 06 JULY 2023

10.30AM-12 NOON

Ages 7+

### WEEK ONE

Tuesday June 27  
Drawing Time with Mars

Wednesday June 28  
Drawing Time with Mars

Thursday June 29  
Creating Animals: Wool Felting with Rachel

### WEEK TWO

Tuesday July 4  
Harmonic Pendulum Motion Painting with Belinda

Wednesday July 5  
Creative Kite Making with Belinda

Thursday July 6  
Painting: Native Flowers with Rachel

\$12 ea per sess



Bookings essential for all sessions  
[www.horshamtownhall.com.au](http://www.horshamtownhall.com.au)  
or 5382 9555

WWW.HORSHAMTOWNHALL.COM.AU