

Upcoming Dates



May

Tues 23rd School Photos

(Note No Playgroup Tuesday 23rd May)

Wed 24th National Simultaneous Story Time

Fri 26th Athletics Day
BBQ available for gold coin donation

Tues 30th to Fri 2nd June Year 5/6 Camp @ Anglesea

Tues 30th Year 1/2 Parent/Teacher Interviews

June

Thurs 1st Year 1/2 Parent/Teacher Interviews

Fri 2nd P&F's Donut Day fundraiser

Mon 5th Incursion Sussing Out the Solar System

Mon 12th King's Birthday public holiday

Thurs 15th Lightning Premierships

Mon 19th Incursion Freestyle Dance Ministry

Tues 20th School Board 7.30pm

Fri 23rd Last Day Term 2 pick up 2.15pm

Friday Assembly Dates at 2pm

9th June

23rd June

Year 1/2 Class

The Year 1/2 class have been working with wattle this week as part of their Mappen research about how plants can be similar or different. Today they were painting wattle sprigs, using pieces of cardboard to make the wattle flower have more texture and look more realistic.

All the students were doing such a great job and working so well together, sharing the paints on the table.



Birthdays

Happy birthday wishes are sent to the following student:

Sophie B 24th May



Rapid Antigen Tests

If anyone needs RAT tests please come to the school and take as many as you need, they are in the foyer, please help yourself.

From the Principal

Athletics Day

We are looking forward to our Athletics Day next Friday. A letter was distributed to families yesterday with details and seeing if any parent would like to help on the day. The Parents and Friends will be provide a BBQ, soup, tea/coffee and a fruit platter for the students. The events conclude at lunchtime, and students may go home with their families at that time.

School Photos

School photos will be happening next Tuesday. Students are to wear their formal winter uniform.

Staffing update

I am pleased to announce that Miss Debra Schultz will remain as the 1/2 teacher for the remainder of the year. Initially, Miss Schultz committed to Term Two, but now has extended that time which is great for the 1/2 students and for the school. Thank you to families who have made Debra feel welcome.

COVID-19

Recently there has been an increase in COVID-19 cases in the community. Rapid Antigen Tests are available at the school if families require them.

If a student tests positive to COVID-19, it is recommended they isolate for a minimum of 5 days and not attend school until their symptoms have resolved. It is no longer a requirement for school communities to be informed of positive cases associated with the school. Face masks are also available at school and the Department of Health recommends that masks be worn by close contacts of someone who has tested positive for COVID-19 when leaving home, and for a person who has had COVID-19 for at least 7 days after a positive test when leaving home.

Every blessing,

Damon Prenzler

Upcoming Principal Review Survey Information

Dear Nhill Lutheran School Community,

A standard process in Lutheran schools is for Principals to undertake a review, at regular intervals, during their appointment. The review process is aimed to affirm and enhance the leadership capabilities of our Principal, Damon Prenzler, in the context of Lutheran education and our school in particular. It seeks to provide feedback and insights to the Principal about the quality of leadership as well as helping to determine areas of further professional growth and improvement.

At the beginning of next week, families will receive an email containing some more details and a link to an online survey. The survey, which opens on Monday 22 May and closes on Monday 5 June, is also being made available to staff and Board members. We value your feedback and encourage you participation in the survey.

Yours sincerely,

Matt Miller (College Board Chairperson)

Devotional Thought

Selfless faith

Therefore lift your drooping hands and strengthen your weak knees and make straight paths for your feet, so that what is lame may not be put out of joint but rather be healed (Hebrews 12:12,13).

Read [Hebrews 12:12-29](#)

I remember watching the London marathon a while ago. A runner was within sight of the finish line but completely exhausted. His legs were giving out on him, his hands were dangling and it seemed like he would collapse at any moment. He was the definition of 'drooping hands' and 'weak knees'. Another athlete saw his distress, and stopped and helped the exhausted man to the finish line. It was a truly inspiring moment of compassion.

Through this week's readings, we have been encouraged to 'run with perseverance the race that is set before us' (Hebrews 12:1b), despite the trials we will face along the way.

The encouragement in today's focus text to 'therefore lift your drooping hands and strengthen your weak knees and make straight paths for your feet so that what is lame may not be put out of joint' adds to the imagery of the athlete in an endurance race. On our run to the finish, we want to avoid obstacles in our path, prevent injury to others or ourselves, and not get lost along the way.

Lane ropes help swimmers stay in their lanes, and roads are cleared for marathon runners so that they don't stumble or go off course. God's law is there to guide us and protect us from what is dangerous. It helps us to stay on track, and to honour God by following his commands. We do this not in fear and trembling, afraid of the certain death we deserve as sinners entering the presence of God, but with joy and thanksgiving because we know we will be welcomed home, thanks to Jesus' work on the cross.

The way we run our race affects the people we encounter, so we are encouraged in this passage to live lives that draw people to God rather than letting bitterness and division create stumbling blocks. Sometimes we are the ones with drooping hands and weak knees, needing encouragement and support to complete the race. Sometimes we are called to be the supporter.

Compassionate Christ, you have had mercy on us. Help us to stay true to your path, and to support others when they stumble on the way. Amen.

Worship News

Please see below for this week's church service times:

Ascension of the Lord

Nhill 9am

Jeparit 11am

NhillLutheranParishOnline.com



Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ◆ Ruby & Freya and their family
- ◆ Annabella and her family
- ◆ Harrison & McKenzie and their family
- ◆ Henry & Matilda and their family



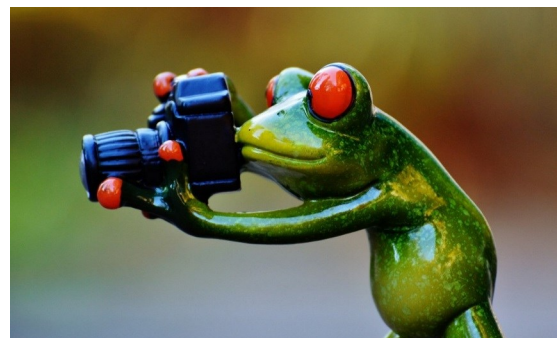
Chapel

No Chapel for 26th May due to Athletics Day



Chapel Offerings

At today's Chapel \$22.55 was collected for the Maw Per Koh orphanage school in Myanmar. Please consider sending an offering each Friday morning as the children there rely on our help.



School photo day is Tuesday 23rd May at 9am, Remember to wear your winter uniform, your combed hair and your big smile.

Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead.

Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin@nls.vic.edu.au

This morning was busy with the playgroup children making butterfly prints with paint. The playdough table allowed the youngsters to be creative, then squish it and make something again. Towers and farm scenes were made with the duplo blocks, noodle horse play and seesawing made for lots of giggles and laughter in the room.

Reminder there will be NO playgroup next week 23rd May.

Thanks for coming, Mrs Leitch



2022 Yearbook

The 2022 Nhill Lutheran School Yearbook has been sent home this week to each family, we have 9 copies that are still available at the school office. You may like to give one as a gift or purchase a book for each child in the family at a cost of \$20 each, only while copies are available.



School Photos Envelopes

A reminder that School Photo envelopes have been sent home this week with every student. If you require family photo packages please contact the office.

The envelopes will need to be returned to the school with cash/cheque or online payment before Monday 22nd May.

P&F Committee



Tuesday 9th of May the P&F had a very successful meeting, we are organizing and preparing for our Donut Day which is enjoyed by the school and the wider community, the day will be held on National Donut Day Friday 2nd June. Thank you for all the volunteers who are willing to help on the day. On Friday 26th May, at the Athletics Day the P&F will be running a barbecue where we will be selling hamburgers, chicken steaks, homemade soup, tea and coffee will also be available for just a gold coin donation.

We are also really excited to be able to provide the school with our newest purchase a heart sine PAD 500p defibrillator which is fantastic!

This is something we have been able to achieve with the help of everyone involved in our school community. We have so many amazing volunteers and we also have so many people supporting our fundraising. We are very grateful for your help and contributions.

Our next meeting will be held on Tuesday 13 th of June at 8pm, anyone is welcome to attend these meetings.

Foundation Class



The Foundation students were enjoying their snack time while choosing the instruments that would portray the characters in the book "You are Mine" by Max Lucado. So each time the characters name will be read they will play the instrument.



What has happened this week at NLS



Year 5/6 were working on sentence structures, learning about complex and compound sentences. To practise their use of these types of sentences they viewed a short clip from "¡HOLA LLAMIGO!", they wrote 6 sentences using compound and complex sentences to review the clip they had just watched.



These students represented our school at the Little Desert Division of the Cross Country in Horsham, we are so proud of your efforts in the competition.



These photos are showing the Year 3/4 class enjoying the Rock and Water program.



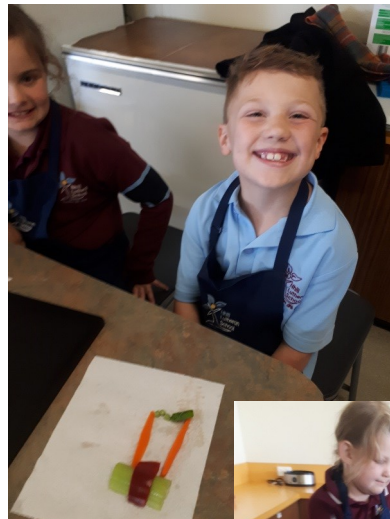
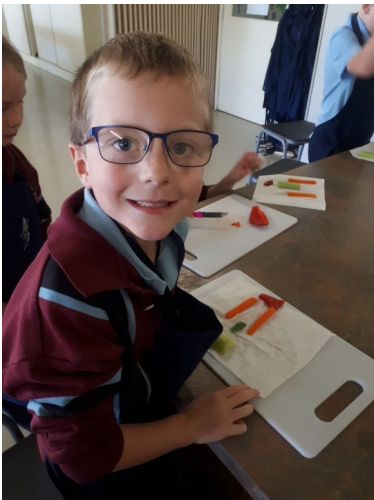
The program encourages the students to identify their own body, emotional and social awareness.



The Foundation Students were learning about vegetables today in their cooking class, Jed decided to make an airplane with his food.



The Golf Clinic for the students was held today before lunch, the students had the opportunity to experience the finer techniques of golf.



What else can you do with vegetables other than eat them...make things





Understanding consent as a concept is essential to everyday life and relationships for people of all ages - and it often has nothing to do with sexual intimacy. Consent exists in every interpersonal context, like in the playground as kids learn to negotiate mutually enjoyable games to play, respecting others' boundaries or managing disappointment when someone says no.

Consent education encourages children to think about what makes for respectful attitudes and behaviour. We can - and need to - create a positive consent culture where children and young people immediately think to ask: "Is everyone safe? Is this a safe space for others? Do I feel safe?"

The topic of teaching consent to children sometimes raises concerns. Parents want to know when it is appropriate. Age-appropriate consent education often has little to do with 'sex', especially for younger kids. It's actually teaching fundamental decision-making skills that will serve them well in their lifetime journey into adulthood.

Parents/carers play a key role in teaching children about consent. It is a critical responsibility to build this knowledge and these skills early.

Some examples of consent education by parents/carers at different ages:

1 - 5 years old: Body safety and naming body parts

Learning about body safety needs to happen at a very young age. Everyone has the right to body autonomy and should be able to develop the tools to verbalise their boundaries and feel safe. Body safety information results in kids having the power and knowledge to know who is allowed to touch their body and strategies to respond when boundaries are not listened to. I.e., "stop it I don't like it"

But consent is also about understanding 'yes' and 'no'. Hugs, tickles, kisses, and so on all fall under the consent umbrella.

5 - 8 years old: Communication skills

Consent means our children learn how to negotiate an activity that everyone will enjoy. You can also teach children the importance of how to pay attention to verbal and non-verbal cues e.g., being aware if someone

8 - 13 years old: Mutuality and negotiation

Consent means "permission" which involves both/all people. We need to highlight that the person who suggests doing something should take equal responsibility for a yes, not just the person they are asking being required to take responsibility/be the gatekeeper for the no or yes. This teaches mutually pleasurable/enjoyable experiences by emphasising the importance of suggesting something that everyone is likely to enjoy.

For example in, [Kit and Arlo Find A Way](#) a group of friends are planning to watch a movie. Most of the group want to watch a horror movie but they all know one person in the group gets really scared watching those movies. The friends should think about whether that person will feel pressured to watch that movie because everyone else wants to. The friends should think about whether they should even suggest it in the first place, since they know that person won't want to say yes. They should all consider what type of movie everyone would want to watch so that everyone enjoys the experience

14 - 18 years old: Feeling safe to withdraw consent

The ability to withdraw consent and feel safe to do so, is essential. We all need the courage, skills and sense of self to be able to say that we have changed our mind. We also need to learn how to provide a safe space for others to do so to reduce or eliminate the social cost of a refusal. It's vitally important to recognise that females have been conditioned to be caregivers; polite and agreeable. They've historically been taught to be nice and not hurt other's feelings. Communicating what they want and don't want can be hard for some who might lack confidence, vocabulary, and/or power to speak up about how they feel.

Consent is not just a single 'yes' that can't be taken back. People can change their minds. Young people need to be taught how to check in with one another to see if everyone is still having a good time. If someone changes their mind, that should be respected. Checking in is a communication skill everyone needs and must

Final thoughts

Parents/carers play an essential role in shaping their children's understanding of consent. Research shows that conversations about consent at early ages impacts the skills and behaviour children need as they grow up. Teaching topics like body boundaries and empathy is empowering, offering kids the words and confidence to stand up for themselves and others. Let's start talking to our kids about consent today and



AUTHOR Vanessa Hamilton

Vanessa Hamilton is a sexuality, respectful relationships, and consent educator. Founder of [Talking The Talk Healthy Sexuality Education](#), she is also an author, speaker, and writer with over 25 year's experience as a Sexual Health Nurse and 18 years as an educator. Her most important role is mum to three teens.



Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au or on iTunes and Spotify.

21st May One Foot in Heaven (Interview)

Annette's daughter was tragically killed in a car accident and shares her journey of grief, forgiveness and the hope that keeps her going.

28th May Losing Mike but Keeping Hope (Interview)

Mike was receiving treatment for a brain tumour but after 3 years there was a sudden and dramatic change. Listen to Jen and her daughter Allie as they share their journey of losing Mike but keeping hope.

Position Vacant



Nhill Lutheran School

Classroom Teacher Contract for Term 3 and 4 for 2023 (with potential to be ongoing)

Nhill Lutheran School is seeking applicants for a passionate and innovative teacher. The successful applicants should be willing to support the Christian ethos of the school.

*For a job description please email
principal@nls.vic.edu.au with the subject line of
'Classroom Teacher Position'*

Applications can be sent to principal@nls.vic.edu.au or
2 Mackay St, Nhill 3418

Applications close: Friday 2nd June 2023
Position commences Monday 10th July 2023