

Term 2

Week 3

Issue 13

May 12th 2023

Upcoming Dates



May

Tues 16th Board Meeting 7.30pm

Fri 19th Golf Clinic (change of date)

Tues 23rd School Photos

(Note No Playgroup Tuesday 23rd May)

Wed 24th National Simultaneous Story Time

Fri 26th Athletics Day

Tues 30th to Fri 2nd June Year 5/6 Camp @ Anglesea

Tues 30th Year 1/2 Parent/Teacher Interviews

June

Thurs 1st Year 1/2 Parent/Teacher Interviews

Fri 2nd P&F's Donut Day fundraiser

Mon 5th Incursion Sussing Out the Solar System

Mon 12th King's Birthday public holiday

Mon 19th Incursion Freestyle Dance Ministry

Tues 20th School Board 7.30pm

Fri 23rd Last Day Term 2 pick up 2.15pm

Friday Assembly Dates at 2pm

9th June

23rd June

Year 1/2 Class

Miss Schultz's class looks like they have a very relaxed time in at school, but looks can be deceiving, they are actually doing some math learning. They appear to be enjoying the activity. What fun school can be!



How long is my leg?



Estimate, measure then count to check - how many objects does it take to measure from my toes to my waist?



Birthdays

Happy birthday wishes are sent to the following students:

Jackson 16th May

Amber 16th May

Connor 19th May



From the Principal

Happy Mother's Day

Happy Mother's Day to all mums for Sunday. We thank God for our mothers, and for the love and care they provide. This morning the students led a Mother's Day chapel and it was a wonderful way to acknowledge our mums, and to say thanks and 'I love you'.

Year 3/4 camp

The 3/4 class safely returned from their Mount Gambier camp adventures last Friday. Nhill Lutheran School values the learning experiences provided by camps, and there is further information about the camp in the newsletter. The 5/6 class are heading to Anglesea on May 30 for a 3 night camp.

Little Desert Cross Country

Congratulations to the students who represented Nhill Lutheran School at the Little Desert Cross Country in Horsham on Wednesday: Barrett, Trinity, Miss A, Imogen, Clayton, James, Zara, Toleen, Sophie and Savannah.

Athletics Day

We are preparing for our Athletics Day on Friday May 26. Further information will be sent to families prior to the day.

Every blessing,

Damon Prenzler



School Photos Envelopes

A reminder that School Photo envelopes have been sent home this week with every student.

If you require family photo packages please contact the office.

The envelopes will need to be returned to the school with cash/cheque or online payment before Monday 22nd May.

Devotional Thought

Do not let your hearts be troubled.
Believe in God; believe also in me
(John 14:1).

Read [John 14:1-14](#)

It's the Last Supper. Jesus has just made it clear that he will be put to death very soon, and the disciples won't see him for a while. One of them will betray Jesus, and one will deny he even knows him. It's a lot to take in.

Now Jesus tells them, 'Do not let your hearts be troubled. Believe in God; believe also in me' (verse 1). He reassures them that while he will die, he is going before them to heaven to prepare a place for them. They might not understand what he is saying now (and they clearly don't), but what they need to remember is that anyone who knows Jesus knows God. God will welcome them into his kingdom because they know Jesus.

The disciples struggle to understand everything Jesus is telling them. Thomas wants to know how to get to this big palace in the sky. Jesus explains that he, Jesus, is the way, the truth and the life and that anyone who wants to get to the Father needs to go through him. They still don't get it. Philip asks Jesus to show them the Father. Again, Jesus explains that he is God, and he has been with them the whole time. If they know Jesus, they already know the Father.

I imagine the disciples' heads are about to explode at this point. In verse 11, Jesus says, 'Believe me that I am in the Father and the Father is in me, but if you do not, then believe because of the works themselves.' In other words, if this is too much for you to comprehend right now, look at what I've done – all the miracles, the healings, the fulfilment of prophecies.

As people living on this side of Jesus' death and resurrection, we might be tempted to scoff at the disciples' lack of comprehension. We know that Jesus died as the perfect sacrifice for our sins so that the Father no longer counts our failings against us. Through faith in Christ, we have eternal life and can know God as our loving Father.

How often, though, do we live even more cluelessly than those disciples? They at least asked Jesus to explain and sought to understand his words. They may not have understood the big picture, but they did trust Jesus, even in the midst of their confusion. When we walk through the valley of the shadow of death or feel lost in the desert, may we remember that we know Jesus, too. Even if we don't understand what's happening in our lives or our world right now, we know the most important thing – Christ Jesus and him crucified. If you are overwhelmed and struggling with doubt, fix your eyes on what Jesus has already shown you. One step after the next, keep walking the path. Through it all, Jesus will show you the way.

Lord Jesus, forgive us when we forget who you are and trust in our own strength and reason. Help us to walk in your way, knowing your truth and bathed in your light. Amen.

Worship News

Please see below for this week's church service times:
6th Sun of Easter
Nhill 11am
Jeparit 9am

NhillLutheranParishOnline.com



Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ◆ Miss Rutherford and her family
- ◆ Helena and her family
- ◆ Tricia and her family
- ◆ Tom & Zoe and their family



Chapel

The Year 5/6 class will host Ascension Chapel next Friday, 9am in the multi – purpose room.

Chapel Offerings

At today's Chapel \$74.60 was collected for the Maw Per Koh orphanage school in Myanmar. Please consider sending an offering each Friday morning as the children there rely on our help.



Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead.

Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin@nls.vic.edu.au

What a beautiful morning. We thoroughly enjoyed pasting the coloured pasta onto our sun for Mother's Day. We sang and danced and played musical instruments to play school songs. Peek A Boo was played in the red tunnel, the noodle horses were galloped around the room, and built some amazing things with Lego. At the end of the session we visited Peaches and Peter Rabbit we gave him some clean water and both Peter and the playgroup friends enjoyed a pat. Thanks for coming.



SRC Hot Chocolates

Hot Chocolates will be available on **Monday's only** for the cooler months.

- Cost \$2 each
- Send the money
- Students place their orders on the slip of paper in their classroom tub
- 1.20pm enjoy a hot choc for lunch

Year 1/2 Class — More Math Photos



Year 3/4 Class Camp to Mt Gambier







Mother's Day creates all sorts of feelings for every mum. For many mothers, it's a day of delight and joy. For some, it is a day of high hopes that hubby (or partner) and the kids will come through with a special something (and no fighting!). In some cases, you get what you really wanted: a "World's Best Mum" coffee cup from the school Mother's Day stall, and everything is *perfect*.

And some people mourn Mother's Day. It's a day of difficulty. The pain of not having your own mum with you, the pain of having a mum who wasn't safe, or even the pain of knowing you're not doing great right now with your own kids (or don't have any) can make the idea that we would celebrate seem insensitive.

Today, as we move toward Mother's Day, our *Insights* article is about *you...* mum - and how you can get more out of Mother's Day. The three ideas I share are designed for every mother, regardless of your approach to, and feelings about, Mother's Day.

1. Get into 'We'-Time vs 'Me'-Time

Canadian researcher, Dr Elizabeth Dunn, has discovered that connection through time together (we-time) is associated with greater happiness than having time alone (me-time). The irony here is that on Mother's Day (or other special occasions) there is often a pull towards that quiet bath, massage, or brunch without kids asking questions and getting in the way!

To be clear, there's *nothing* wrong with having some me-time. In fact, sometimes it's the only thing that provides the sanity you're seeking. If you need it, take it.

But... once you've had that respite, jump back into being mum with both feet!

Close to a century of the very best research tells us that "Happiness is love, full stop." And we experience that love through high quality connection: feeling *seen, heard, and valued*. Relationships where we feel seen, heard, and valued, are life-giving relationships. They elevate us. They build us. They sustain us.

This Mother's Day, enjoy your moments of peace and indulgence. You deserve them. But make time for relationships where you and those around you feel seen, heard, and valued. Maybe you can pause and really 'be there' for your kids? Or perhaps they can dive in and give you that foot rub or back massage - or get into doing the dishes and folding clothes?

2. Savour

Being a mum is hard at times. It's a long game! But studies show that being able to pause and really take in what's happening around us might be one of the most direct pathways to happiness.

Sometimes that little bit of heaven that happens when you see your child (or children) smiling as you receive your gift from them, or feel their body squeezing up against you as they give you that hug, or even as you watch them eating brekky with you (after they've made something scrumptious as a treat!) is all it takes for the world to feel right again.

I know it's a word you hear thousands of times a day/week/month, but have you closed your eyes and savoured the fact that there is a kiddo (or a family of them) who make it possible for you to have the special privilege of being called "Mum"?

3. Do Something For You

Ok, so I pushed the 'we-time' pretty hard. But this is *your* special day. Can you find an hour where you get to set

And yet, there's the thing where "it's Mother's Day" and it's nice to spend the time doing what *you* want, but with those humans who make you a mum. It could be that you take the family on a ride, a rainforest walk, or a sunset stroll.

Bonus idea: Make Mother's Day Meaningful for Your Mum

The average woman in Australia lives to the age of 83. At the risk of saying something scary, the number of times you'll say "Happy Mother's Day" to your own mum is vanishingly small, and reducing each year. Take this opportunity to say what needs to be said. Express love. Write a letter of gratitude and read it to her. Tell your mum why she's your rock. Go one step further and tell her how she inspires you as a mum yourself. (And if things are strained, consider whether repairs can be made in meaningful ways. Small steps can make big differences). It's possible that it might be the best Mother's Day ever - because it's (weirdly) not about you - but all about you!

An important note for husbands, partners, co-parents and kids

Hubby, partner, co-parent... this week it's time to step up. Make an effort. Find a way to express the magic that you have in your life - and the unspeakable support you receive - as a result of this great woman in your life. Involve the kids. Support them in their efforts to honour their mum. Make it count. Create space for your kids' mum to spend *quality* time with her children. Do the household chores she'd normally do so she can have that space to do what she wants most - be a present, available, connected mum to her children.



AUTHOR Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 7 books about families and parenting. For further details visit happyfamilies.com.au.



Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au or on iTunes and Spotify.

14th May Unlocking Ability (Interview)

How do you parent a child with a rare genetic disorder? Chris shares her journey with her daughter Rachel and the hope that helps them.

21st May One Foot in Heaven (Interview)

Annette's daughter was tragically killed in a car accident and shares her journey of grief, forgiveness and the hope that keeps her going.

28th May Losing Mike but Keeping Hope (Interview)

Mike was receiving treatment for a brain tumour but after 3 years there was a sudden and dramatic change. Listen to Jen and her daughter Allie as they share their journey of losing Mike but keeping hope.

Mother's Day Celebrated at Nhill Lutheran School

Flappy Mother's

You taught me how to wash my face
And how to use the potty.
You made me eat up all my greens
And wiped my nose when snotty.

You taught me to say 'Please'
and 'Thanks',
Because politeness is the way,
So 'Please' can I borrow some money?
Thanks!

Just kidding.

Day!



Mother's Day was celebrated this morning with a student lead chapel, students spoke of how special their Mums are to them, back into the classrooms where they did activities together, before the Mum's made their way to morning tea that the students cooked for the Mums. The food was served by the Year 5/6's. Enjoy your day on Sunday.



As a mum you are number one,
A parent who is second to none.

On Mother's Day, chores you
should shun
For it is time for relaxation and fun.

Even if at the end of the day
nothing gets done,
Just remember we will still love
you a ton!

Students of the Week

Congratulations to the following students who were presented with Student of the Week awards at assembly today:

Year 1/2: Sienna

Year 3/4: James

Year 5/6: Harper



Bananas the Monkey

Congratulations to Chelsea for receiving Bananas the Monkey at assembly today. We hope you both enjoy your time together.



Today at assembly medallions were presented to the Nhill Schools Cross Country Division winners, which were held in Term 1. Congratulations.

Foundation Class

The Foundation class was visualizing how the numbers from 1 to 20 grow from a small amount to a larger amount.



Nhill Lutheran School

Classroom Teacher

Contract for Term 3 and 4 for 2023
(with potential to be ongoing)

Nhill Lutheran School is seeking applicants for a passionate and innovative teacher. The successful applicants should be willing to support the Christian ethos of the school.

For a job description please email
principal@nls.vic.edu.au with the subject line of
'Classroom Teacher Position'

Applications can be sent to principal@nls.vic.edu.au or
2 Mackay St, Nhill 3418

Applications close: Friday 2nd June 2023

Position commences Monday 10th July 2023