

Term 2

Week 1

Issue 11

April 28th 2023

Upcoming Dates



May

Wed 3rd to 5th Year 3/4 Camp @ Mt Gambier

Tues 9th Board Meeting 7.30pm

Wed 10th Little Desert Division Cross Country @ Horsham

Wed 17th Golf Clinic

Tues 23rd School Photos

(Note No Playgroup Tuesday 23rd May)

Wed 24th National Simultaneous Story Time

Fri 26th Athletics Day

Tues 30th to Fri 2nd June Year 5/6 Camp @ Anglesea

June

Mon 5th Incurion Sussing Out the Solar System

Mon 12th King's Birthday public holiday

Tues 20th School Board 7.30pm

Fri 23rd Last Day Term 2 pick up 2.15pm

Friday Assembly Dates at 2pm

12th May

9th June

23rd June

Birthdays

Happy birthday wishes are sent to the following student:

Darcy 30th April



Welcome New Staff



The Year 1/2 class welcomed Miss Schultz this week, they are having a great time getting to know each other through the enjoyment of learning. Debbie is at the back on the right.



The Year 5/6 class welcomed Mrs Jessica Crouch today, who will be taking the class each Tuesday and Friday, this is a great opportunity for the students to adapt to having different teachers as they move onto their secondary education.

Another welcome new staff photo on page 4 of newsletter.

From the Principal

Welcome to Term Two. I hope families had an enjoyable Easter break, and it has been wonderful seeing the students this week. This term we welcome Miss Debra Schultz as Year 1/2 teacher, Mrs Jessica Crouch as Year 5/6 teacher 2 days per week, and Mrs Heidi Lees who is teaching the F-2 students their specialist lessons on Fridays.

Looking ahead

This term promises to be filled with exciting learning opportunities for our students. Purposeful learning happens in many places beyond the walls of a classroom, and during Term Two our students will be learning on camps, from visiting performers, sports clinics, and more.

A couple of dates to highlight: school photos on Tuesday May 23, Athletics Day on Friday May 26.

ANZAC Day

Thank you to the students and family members who attended the Nhill ANZAC Day commemorations. It was a special time for our students to participate in the march, and for our school captains, Imogen and Chelsea, to lay a wreath.

Congratulations Miss Lindsay

We thank God for the safe arrival of Maeve Louise Miller, daughter to Miss Isabel Lindsay and her partner Dale, and sister to Posie.

Easter

We are in the Church Season of Easter where we remember the risen Jesus. This morning at chapel students reflected on the resurrection, and heard the story of Jesus and the Miraculous Catch of Fish which occurred after he rose from the dead. Visitors are welcome to attend our chapels at 9am on Fridays. This term we continue our animals in the Bible theme, as well as holding special chapels for Mother's Day, Ascension and Pentecost.

Mother's Day chapel

All mums and significant females are welcome to attend our Mother's Day chapel on Friday May 12 at 9am. A morning tea will be held also and there will be an opportunity to visit classrooms.

Every blessing,

Damon Prenzler

SRC Steamed Dim Sims

The staff and students are very excited to learn that the "Dim Sim Wednesday" is returning on Wednesday 3rd May.

If you would like to support the SRC with this delicious lunch idea, please feel free to use every Wednesday or only once every now and again.

- Cost \$1 each
- Send envelope with money, name on front and how many steamed dim sims required
- Students place their orders in their classroom tub for collection
- 1.10pm enjoy hot dim sims for lunch



Devotional Thought

A new relationship

How much more, then, will the blood of Christ ... cleanse our consciences from acts that lead to death, so that we may serve the living God! (Hebrews 9:14)

Read [Hebrews 9:1-14](#)

Times change. Compared with the ways in which our grandparents worshipped in our churches, we now have a choice of new music, new worship songs, new translations of the Bible, all designed to provide greater understanding of the wonders of the life of Christ and what our God continues to do for all of us.

Today's reading begins with a description of the traditional rituals carried out by priests in the temple in Jerusalem. Only the high priest could enter the inner part of the temple, and then only once a year to atone for his sin and the sins of the people. In contrast, Jesus brought redemption, not through rituals, but through his own sacrifice, a sacrifice that redeemed people for all time.

This marks a change in the relationship between God and his people from atonement, as understood in the Old Testament, to redemption through Christ. The curtain that closed off access to the most holy part of the temple is no more and the way to God is now opened. Jesus' sacrifice opens the physical barrier between us and God. The blood sacrifices of the temple priests have been surpassed by the infinitely superior blood of Christ.

This is a significant change for the new Christians who are the audience for the message in Hebrews, far more significant than the relatively minor changes we have observed in our worship over the years. Jesus' sacrifice also achieves far more than the priests in their humanity could ever hope to achieve. His sacrifice cleanses our consciences, which in itself is amazing. Even more amazing is that Jesus has overcome death and through him we now serve the living God! Through Jesus we are able to see God as the centre of all things because his death and resurrection have opened the way to a new relationship with God.

Heavenly Father, thank you for the incredible sacrifice Jesus made for us. Thank you that through the Holy Spirit our conscience is cleansed, and we have been given sufficient grace to love you and serve you. In Jesus' name, Amen.

Worship News

Please see below for this week's church service times:

4th Sun of Easter at Nhill Parish
10am

NhillLutheranParishOnline.com



Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ◆ Savior & Seraph and their family
- ◆ Maddy, Charlotte & Atreyu and their family
- ◆ Aaron, Nathan & Amber and their family



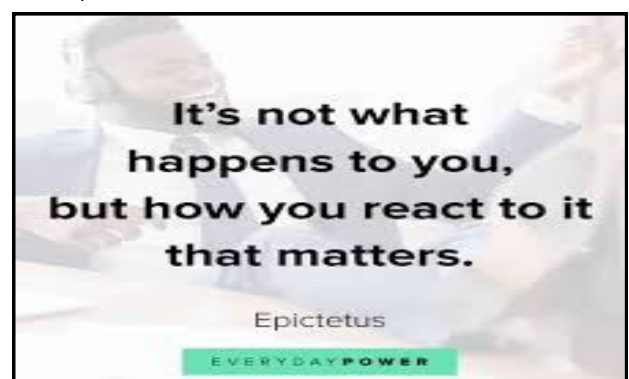
Chapel

Pastor Carl will host Chapel next Friday, 9am in the multi – purpose room.



Chapel Offerings

At today's Chapel \$1.20 was collected for the Maw Per Koh orphanage school in Myanmar. Please consider sending an offering each Friday morning as the children there rely on our help.



Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead.

Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin@nls.vic.edu.au

Mr Holt's Riddle

What is the fluffiest and cutest AFL team?

Answer else where in the newsletter



Gum Boots and Slippers



If your child has boots or slippers that are too small, can you please collect them from the school, as space is limited. Thank you.

Students can bring gumboots to wear outside for play and slippers to wear in the class for

Student Absences

Reminder: if your child/ren is/are absent from school, can you please inform the

Welcome New Staff

Mrs Heidi Lees was warmly welcomed today by the Foundation class and the Year 1/2 class as their specialist education teacher. Mrs Lees is pictured with the Foundation class.



What has happened this week at NLS



A presentation of a certificate and medallion from the Warracknabeal Wheatlands Museum Rally over the Easter weekend was made to Koda today at Assembly for winning a colouring competition for her age group. Congratulations.

Bananas the Monkey



Congratulations to Oakley for receiving Bananas the Monkey at assembly today. We hope you both enjoy your time together.

This week as we paid respect to the Anzacs and all serving service men and women, we are so grateful the sacrifices that were made. They fought to allow our country to be free, respectful and safe for us to live our lives with all the creature comforts we enjoy today. The humble Anzac biscuit is a favourite of many generations. Lest We Forget.

The students made anzac biscuits to enjoy and reflect on how lucky they are.





This history of parenting is, almost universally, horrible. Throughout centuries and millennia gone by, what few records we have depict infanticide, beatings, abuse of all kinds, and indescribable cruelty to children. Childhood over the past several thousands of years (in every culture we can find historical records for) has been a horror story of unrelenting heartlessness and cruelty.

Since the enlightenment, the way children are raised has been (slowly) improving. Science has helped somewhat, but it's been a circuitous route to making life better for kids. And plenty of scientists have made a bigger mess of things. For example, in the early 1900s the founder of modern psychology, John B Watson famously argued:

"Won't you then remember when you are tempted to pet your child that mother love is a dangerous instrument? An instrument which may inflict a never healing wound, a wound which may make infancy unhappy, adolescence a nightmare, an instrument which may wreck your adult son or daughter's vocational future and their chances for marital happiness."

As the 1900s progressed parenting science fortunately began to improve the way we interact with our children... somewhat. By the end of the 1960s science could point the way to some parenting fundamentals that stand the test of time (and the test of science). Those fundamentals have now been accepted for between 50-60 years. And they distill parenting down to three things that I'm calling the what of parenting:

1. Love your kids and show it
2. Establish developmentally appropriate boundaries
3. Support choice and autonomy

That's it. Parenting at its most fundamental.

Here's the problem...

The scientists who developed these ideas did a great job on the what of raising children well. These three things are exactly what children need. Unfortunately they botched the how part.

So much of how to do these three things was based on flawed ideas. Outdated concepts of discipline and punishment meant that parenting styles built around hurting kids prevailed. Ideas like "you've got to be cruel to be kind", "this will hurt me much more than it hurts you", and "children should be seen but not heard" developed during this period and they built on archaic ideas of love and discipline; ideas that are generations old. The frustrating thing is that we have enough great parenting science to not just explain what children need to thrive. We also have enough great parenting science to explain how to do those things.

We know that "what" kids need is unconditional love. And now we know how to give it to them: through noncontrolling involvement, empathy, and connection (which helps them feel seen, heard, and valued).

We know that "what" kids need are effective limits and boundaries. And now we know how to give it to them: through non-controlling development of structures, scaffolding, and the building of social expectations collaboratively.

We know that "what" kids need is autonomy support. And now we know how to give it to them. I've developed a framework called the 3 Es of Effective discipline, where we explain, explore, and empower our children to find ways through the difficulties we all face.

Research shows that children raised this way are more likely to succeed in school, have positive relationships, and develop a strong moral compass. They're also less likely to engage in "deviant" behaviours (drinking, drugs, early sexual exploration, and delinquency). In short, they're more likely to thrive.

How it works

Each person on the planet has three basic psychological needs. They are the need for relatedness (a feeling of connection with others), competence (a sense that they can do things), and autonomy (a feeling that they can make their own decisions).

Old-school parenting strategies run rough-shod over those needs. A smack, a time-out, or being yelled at leaves relationships ruptured, makes a child feel stupid and incompetent, and takes a child's sense of control and stomps all over it.

The circuit-breaker

It's time we let go of the fad parenting styles and the old science based on decades and centuries of poor parenting, and we move towards a need-supportive approach to raising our children.

How?

1. Support our children's relatedness needs by being involved and connected
2. Support our children's competence needs by developing structures and boundaries with them
3. Support our children's autonomy needs by helping them understand the 'why' behind what we ask, and providing choice wherever we can.

The path forward requires perspective, compassion, empathy, and patience. Now and then it will look like it's not working because it doesn't operate on quick (but ineffective) 'fixes' like the old-school styles. But the evidence shows that this is the parenting revolution we need as parents, and our kids need to grow resilience and wellbeing. To revolutionise your parenting and learn how to break the cycle, buy a copy of The Parenting Revolution now.

AUTHOR

Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 6 books about families and parenting.



Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au or on iTunes and Spotify.

30th April Teenage Anxiety (Interview)

How do you help someone through anxiety? Listen to teenagers share their experience of anxiety and what helps them.

