

TOGETHER WE GROW

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Term 1 Week 8 Issue 8 March 24th 2023

Upcoming Dates



March

Mon 27th to Tues 28th Year 5/6 Leadership overnight camp @ Tandara

Tues 28th P&F Meeting 8pm

Fri 31st F-2 Roses Gap Excursion

April

Mon 3rd Nhill Cross Country

Tues 4th Parent Teacher Interviews

Wed 5th Parent Teacher Interviews

Thurs 6th Last Day Term 1 pick up 2.15pm

Fri 7th Good Friday

Mon 24th Pupil Free Day

Tues 25th Anzac Day public holiday

Wed 26th Students return for Term 2

May

Wed 3rd to 5th Year 3/4 Camp @ Mt Gambier

Wed 10th Little Desert Division Cross Country

Wed 17th Golf Clinic

Tues 23rd School Photos

Fri 26th Athletics Day

June

Mon 12th King's Birthday public holiday

Fri 23rd Last Day Term 2 pick up 2.15pm

NOTE P&F Meeting Tues 28th March 8pm

Everyone is welcome to attend we would love to see some new faces, enjoy some nibbles and a chat, but if you can't make it but would like to attend via zoom, please let us know and we can organise a zoom link. Hope to see you there.

Birthdays

Happy birthday wishes are sent to the

following students:

Esther 27th March

Chelsea 28th March



Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead.

Please bring along the following:

A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or admin@nls.vic.edu.au

The dolls were cuddled and carried around by the participants, lots of bouncing and jumping, moving and grooving to music, rocking on the see-saw and to



From the Principal

Being the eighth week of term one would expect students to be well and truly engaged in the rhythms of learning, and our students are doing exactly that. There are moments in schools when the hum and excitement of learning is obvious, and there has been plenty of rich learning experiences taking place.

Parent Teacher Interviews

Parent-teacher interviews are being held Tuesday April 4 and Wednesday April 5. Please return your preferred times if you are yet to do so. There will be no interviews for Year 1/2 students, and we hope to offer some in Term Two.

NAPLAN

NAPLAN tests for 2023 have now concluded for our Year 3 and 5 students. Well done to the students for the positive attitude they brought to the tests, some students even saying they enjoyed them! With NAPLAN being brought forward this year, we will receive the results earlier than previously.

Staffing update

Miss Debra Schultz will be the Year 1/2 teacher for Term Two. Debra has had extensive experience teaching in Lutheran schools, and also has connections with the Nhill community having lived here when she was younger. We look forward to welcoming Debra to Nhill Lutheran School.

Miss Isabel Lindsay has been teaching the Year 5/6 class two days a week this term. She is expecting her second child soon and will finish her teaching at the end of Term One, and we are looking for a replacement for her two days.

COVID-19 update

We continue to follow the advice of the Department of Education and the Department of Health in relation to COVID-19. If a student tests positive to COVID-19 it is recommended they isolate for a minimum of 5 days and not attend school until their symptoms have resolved. The school has Rapid Antigen Tests available if families require them. The Department of Health recommends that face masks should be worn by a person who has COVID-19 for at least 7 days after a positive test when they need to leave home, and that close contacts of someone who has tested positive should also wear a mask when leaving home.

Animals in the Bible

Our Chapel theme is Animals in the Bible. This week the Foundation class shared the story of Noah's Ark. There will be no Chapel next week due to the F-2 excursion to Roses Gap, the following week Chapel will be on the Thursday, Maundy Thursday, and will be led by Pastor Carl.

Every blessing for your week,

Damon Prenzler







Devotional Thought

Plenty or in want

He said to the disciples, 'Gather the pieces that are left over ...' So they gathered them and filled twelve baskets with the pieces ... left over by those who had eaten (John 6:12,13).

Read John 6:1-15

This story of the loaves provides us with insight into who Jesus is. It reveals to us that he has the ability to work miracles, showing us his divine nature. It also demonstrates Jesus' practical nature. Our Lord is concerned with people's needs. He cares for the hungry.

Did you notice that Jesus doesn't just produce enough food to fill the crowd, but he also has enough for there to be plentiful leftovers? Jesus is generous. His hospitality is not frugal but abundant. He wants to bless us.

How has God blessed you in your life?

Sometimes we don't see how God is blessing us. In fact, at times, he can feel very far away. A wise pastor once told me that, in times like these, we can pray to God: 'God, I know you want to bless me. Please reveal to me how you are blessing me through this.'

Are you in times of plenty or in want? Are you giving thanks to God for his abundance, or are you crying out for assistance without explanation for your suffering?

Either way, come to Jesus. Keep speaking to him. Thank him for the times of abundance and joy. Thank him even for the times of suffering. Ask him to teach you and lead you so that, either way, you may be strengthened to show abundant love and generosity to others as he has shown you.

Lead me, Lord Jesus, to live a life of abundant love as you have shown us. Amen.



Worship News

Please see below for this week's church service times:

10am at Jeparit Parish Service

Midweek Lent service 7.30 at Jeparit



NhillLutheranParishOnline.com

Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for......

- Mrs Leitch and her family
- Jackson and his family
- James and his family



Chapel

There is NO Chapel next week Pastor Carl will host Chapel on Thursday 6th April.



Chapel Offerings

At today's Chapel \$12.80 was collected for the Maw Per Koh orphanage school in Myanmar. Please consider sending an offering each Friday morning as the children there rely on our help.



Mrs Alexander had the Foundation and the Year 1/2 class colour in different sheets to create a Harmony Day collage, which is displayed in the corridor and included in the newsletter.









Year 3/4 Class



Mr Prenzler was in the Year 3/4 class, they made their......????can you fill in what it was!



What Has Happened This Week



the School has to offer, the environment allows them to pursue their own individual interests of play, like building a cubby, flying paper planes, playing on the old favourite – the swing, or being creative with



Foundation Class

This was the first full week for the Foundation students for 2023 to be attending school. They had been preparing all week for their very first turn at hosting Chapel, they chose their costumes to go with the theme of Noah's Ark, they performed the song by The Wiggles to the delight of the students, teachers and visitors attending. Might be some tired ones about this weekend, after such a big week with celebrating Harmony Day and participating in the Auskick clinic as well.











My child is a bully

No parent wants to hear that their child is a bully. It's awful to think that your child maybe inflicting harm on someone. If you hear that your child is being a bully, resist the temptation to panic or be defensive. Stay composed and begin to gather the facts. These tips will help:

Communicate

Let your child know that you have heard that they are bullying and that you are concerned about this. Let them know that you are worried about them and want to help. This may take many attempts as your child may feel embarrassed, or unhappy that they've been caught. Remain calm and direct and ensure your child that you want to hear their side of the story. Talking through with your child about their situation can help you understand why the aggression is occurring and help you work out what to do about it. Some children due to their age or mental health may not be able to articulate their thoughts. Consider a visit to as health professional for further assistance.

Look ahead

Once you've gained an understanding of the causes of the bullying look ahead and work through with your child how they may act in future situations. Help them understand how their behaviour may have impacted on the other child, and what it would be like if they received that behaviour.

Reflect

Children often copy the behaviours they experience so take the time to reflect on the relationship skills that your child may be witnessing at home. If family members yell, hit or put each other down then look for ways to foster a positive family culture based on kindness, respect and empathy.

Use consequences

Consequences for bullying can be useful if they are related to the behaviour and reasonable in nature. For instance, it's reasonable for a teenager involved in cyber-bullying behaviour to lose their Internet access and phone use privileges as they've failed to stick to the expectations laid down about responsible use. The length of time for loss of privileges depends on the severity of the issue and your child's attitude. As a rule of thumb lengthy loss of privileges can be ineffective as kids cease to care when they're too long.

Restore relationships

'How will you fix this?' is something a child who bullies needs to hear. Discuss with your child how they will make some restitution to the child or young person they've hurt, whether it's through a written apology, playing a game with a child who they've excluded or apologising to a child whom they humiliated in front of their peers.

Monitor the situation

Your child's bullying may be a one-off event, however stay mindful or your child's behaviour, their state of mind and the way they continue to relate to others. Let your child know that you want to help them be happy, to enjoy positive friendships and relate well to others.

Bullying is an emotive term that leaves most of us shaken when we hear it. It helps to think of bullying as a being a behaviour resulting from poor decision-making or poor communication skills rather than as a reflection on your child. The latter is hard to change, however the former is always up for change and improvement.



Michael Grose

Michael Grose is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including Spoonfed Generation, and the bestselling Why First Borns Rule the World and Last Borns Want to Change It. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

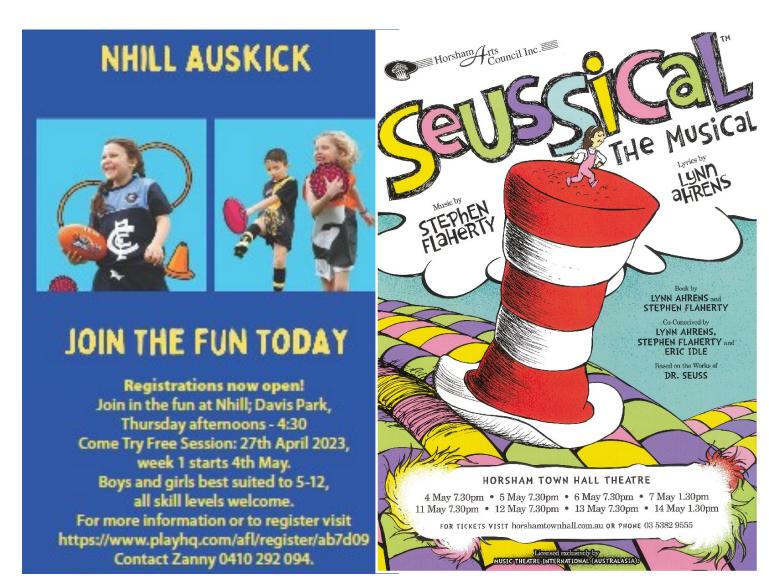


Listen to Messages of Hope and invite others to do the same. Download or listen online at **messagesofhope.org.au**.or on iTunes and Spotify.

26th March Endless Love (Suffering)

(Pastor Noel Due)

When things are at their worst, is there still a place for love? Listen to Noel Due as he tells the true story of Geoff and his life changing experience in a Japanese prison camp.







GUEST SPEAKERS
WILL SHARE THEIR
KNOWLEDGE AND
RESOURCES TO
HELP US TALK
WITH OUR TWEENTEEN(S).
TOPICS INCLUDE:
DRUGS & ALCOHOL,
SOCIAL MEDIA,
MENTAL
WELLBEING,
RELATIONSHIPS &
SEX



"AWKWARD CONVERSATIONS"

the how to for talking with your tween-teen(s)

APRIL 5 2023, 7PM
NHILL COLLEGE MUSIC SHED

PURPOSES

FOR PARENTS/CARERS OF STUDENTS IN YEARS 5-9 COFFEE & CAKE TO FOLLOW RSVP: 29/3/2023 TO NHILL COLLEGE 5391 2111 - FOR CATERING



APRIL 2023

SCHOOL HOLIDAY WEEK 1 PROGRAM W

FREE

BUS >

FREE

BUS >





MONDAY 10 APRIL

Easter Monday
Public Holiday

TUESDAY 11 APRIL

Crafty Art with Danelle Nhill Library 2pm - 3pm



WEDNESDAY 12 APRIL



Cooking with Sharon

Jeparit Library 10am - 11:30am

Cooking with Sharon Rainbow Library

2pm - 3:30pm





Crafty Art with Danelle

Dimboola Library

10am - 11am

Level Up! Gaming

Nhill Memorial Community Centre



FRIDAY 14 APRIL



10am - 11:30am

Cooking with Sharon

Nhill Library 2pm - 3:30pm

Crafty Art with Danelle Rainbow Library 2pm - 3pm





MONDAY 17 APRIL

Crafty Art with Danelle Jeparit Library

10am - 11am

Shredability Skate Lessons Rainbow Skatepark: 10am - 11am and

11:15am - 12:15pm Nhill Skatepark: 2pm - 3pm and 3:15pm

4:15pm

TUESDAY 18 APRIL



Science with Cam

Nhill Library 2pm - 3pm

Shredability Skating Competition Nhill Skatepark

12pm - 4pm



WEDNESDAY 19 APRIL

Science with Cam Jeparit Library 10am -11am

Science with Cam Rainbow Library

ainbow Librai 2pm - 3pm



THURSDAY 20 APRIL

Science with Cam Dimboola Library 10am - 11am

Level Up! Gaming Dimboola Library 1pm - 5pm



scan to register

REGISTER NOW!

Registrations Due: Friday 7 April, 12pm



For more information visit www.hindmarsh.vic.gov.au/events, call 03 5391 4444 or email youth@hindmarsh.vic.gov.au.







Children under 11 years of age are required to have parent/guardian supervision.









