

Upcoming Dates



DECEMBER

w/c 5th Dec

Week of Year 7 Orientation for current Yr 6

Fri 9th

Pre-Prep and Whole School Transition Day
Assembly 2pm

Wed 14th

Last Day of School for Term 4

End of Year Service and Graduation at
St Pauls Lutheran Church 7pm

Thurs 15th

Staff PD Day

2023 Dates

Mon 23rd January

Staff Return

Mon 30th January

Term 1 Starts

Term Dates for 2023

Term One: January 30th - April 6th
Staff Return Jan 23rd

Term Two: April 26th - June 23rd
Pupil Free Day April 24th

Term Three: July 10th - Sept 13th
*Pupil Free Days August 11th &
Sept 14th -15th*

Term Four: October 2nd - December 13th

Year 6 Graduation Dinner 2022



Miss Morrison, Toqa, Eden and Shilah

Last night a celebration dinner was held at the Zero Inn, the occasion was for 3 young ladies graduating Year 6, as they move onto the next stage of their education. The students made lovely speeches for all the staff and what they will remember them for and how appreciated they were for being part of their lives. Mr Prenzler wished Shilah, Eden & Toqa all the best as they end one stage and enter another stage of their learning. Miss Morrison spoke of how proud she was of their achievements and the confident students they have become. All the best girls, in the future, may you all be blessed.

Birthdays

We wish the following students and staff a very happy birthday:

Michael 7th December

Mr Prenzler 7th December

Toleen 8th December



From the Principal

The Foundation class led chapel this morning with a wonderful theme of maps. They shared that in the Bible John the Baptist acted as a kind of map, pointing the way to Jesus. The students then shared a map they had created of where they find Jesus, with responses including 'in a stable', 'in heaven', 'at school' and 'near my home'. This Sunday is the second in Advent, and the candle lit is often referred to as the candle of love. May the love of Jesus be with all members of our community as we conclude the school year, and as we prepare for Christmas.

Get 'Em Going playgroup

The last Get 'Em Going playgroup for the year was held earlier this week, and it was also the last playgroup led by Mrs Cattanach. Thank you to all families who attended and supported the playgroup this year, and a special thank you to Mrs Cattanach for providing a fun, enjoyable playgroup. Get 'Em Going will return next year.

Looking ahead

The end of the school year is always a busy time. Next week, our Year 6 students are involved in an orientation program for secondary school, and on Friday we have our whole school transition where students spend time in their 2023 classes. The End of Year Graduation service will be held on Wednesday December 14 at 7pm at the Lutheran Church. All students are expected to attend and wear their formal school uniform. Our students are also singing at the Nhill Community Christmas Carols on December 17.

Year 6 graduation dinner

Last night, the Year 6 Graduation Dinner was held to acknowledge a special moment in the educational journey of our Year 6 graduates, Toqa, Shilah and Eden. It was wonderful to share this occasion with parents, special guests and staff. A special thank you to Miss Morrison, the Year 6 students and Mrs Cattanach for helping to organise the evening, and to the Zero Inn for hosting.

Student Leadership

2023 School Captains will be announced at assembly next Friday, and a presentation of badges will take place at the graduation service. There will be additional leadership roles for our 2023 Year 6's, and these will be determined after the school captains have been announced.

Every blessing for your week,
Damon Prenzler



School TV

Check out the latest articles on SchoolTV:

<https://nhills.vic.schooltv.me>

SchoolTV is a

great resource for parents/caregivers looking for helpful information to support raising their children.

This months edition from School TV-Bullying

Bullying is an ongoing or repeated misuse of power in relationships, with the intention to cause deliberate psychological harm. Bullying behaviours can be verbal, physical or social. It can happen in person or online, via various digital platforms and devices and it can be obvious or hidden. Bullying in any form or for any reason can have immediate, medium and long-term effects on those involved, including bystanders.

Despite the efforts made to reduce bullying behaviours, the research tells us that one in four students still report being bullied every few weeks. However, not all negative behaviour should be considered bullying. The key difference is that bullying does not stop on its own. It's important young people learn how to identify behaviours that are rude, behaviours that are mean, and behaviours that are related to bullying.

Often the reasons for bullying can be complex. Some young people do it to get approval from others, some do it to regain control, whilst others may do it because it makes them feel safe. Supporting young people as they work through their emotions will help them unpack the motivation and reason behind the behaviour.

In this edition of SchoolTV, caregivers can better understand why some young people engage in bullying behaviours and what to do to support a child experiencing it. We hope you take time to reflect on the information offered in this month's edition, and we always welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to this month's edition <https://nhills.vic.schooltv.me/newsletter/bullying>

Devotional Thought

He will teach us his ways, so that we may walk in his paths (Isaiah 2:3b).

[Read Isaiah 2:1-4](#)

Are you a good listener? There is the temptation, especially when you are busy, to not listen very well or perhaps at all. We also want to do the teaching bit to others, especially when they don't quite see things the way we do. Yet when it comes to listening and learning through listening, many of us struggle.

God wants us to learn from him – to learn his ways and walk in his Word, Jesus Christ. In a world hungry for spirituality, let us live out our Christian spirituality or a life in the spirit of Jesus Christ.

Let us come to our Heavenly Father through Jesus, hearing his word. As we hear the word of our Lord, we come to know him. He teaches us his ways, not so that we can look down on others with our spiritual wisdom, but so that we can build others up in the love of God. Our call is to go into the world to make disciples of all nations. As we go, it is Jesus who goes with us. He is a light shining in us and through us to those we come in contact with, whether by word or deed.

God loves us and wants to teach us his ways so we can walk in his path. We follow Jesus to the cross, not on a path of glory but humility, patience, kindness, gentleness and love. At the cross, we are reminded again of what Jesus has won for us. In Jesus, we are forgiven, so now, by faith, there is no condemnation. In Jesus, we have been put in a right relationship with our Heavenly Father. In Jesus, we have salvation – we are saved from sin, eternal death and the power of the devil.

When the devil says to you, 'See your shame, guilt and failure. See how you are not worthy of God's love. See how you could never get it right', it is then that Jesus speaks for us and in us. 'You are loved, you are valuable, you have hope, you are forgiven, and you are mine.'

Jesus, our Good Shepherd, leads us on the path of righteousness for his name's sake. So, listen to the soft voice of the Lord when he says, 'Follow me, and I will lead you and guide you. You are mine'.

God of grace, you want to teach me your ways, so I may walk in your truth forever. Help me to follow your living Word, Jesus. Remind me that you want the best for me and that everything you teach me will not always be easy, but help me trust you as I follow where you lead me. I pray in Jesus' name, Amen.

Chapel

The next Chapel will be on Friday 9/12/22 at 9am in the Multi Purpose Room. Hosted by Mr Prenzler



Worship News

Please see below for this week's church service times;

9am at Nhill

11am at Jeparit

NhillLutheranParishOnline.com



Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ◆ Alyssa and her family
- ◆ Matilda P and her family
- ◆ Trinity, Zara, Lexie and their family
- ◆ Nelson, Luka and their family

community
christmas
Sensitive Santa
for families with special needs
Tuesday, 6th December, 2022 from 6pm

Quiet setting, low key session, photo's available,
No waiting in queues, pre-booked 5 minute time slots

Bookings essential
Phone 03 5382 0912 manager@horshamplaza.com.au



Chapel Offerings

At today's Chapel \$22.40 was collected for the Maw Per Koh orphanage school in Myanmar. Please consider sending an offering each Friday morning as the children there rely on our help.

NHILL BOWLING CLUB INC

NIGHT OWLS SOCIAL BOWLS



ALL ABILITIES
ALL AGES
FAMILY FRIENDLY

ADULTS \$10 - KIDS \$5
INCLUDES SAUSAGE SIZZLE
SINGLE OR TEAM ENTRIES
TEAMS OF THREE

FLAT SOLED SHOES, SNEAKERS,
BARE FEET AND A SENSE OF
HUMOUR ARE REQUIRED
FOR A GREAT NIGHT OUT

LOAN BOWLS ARE AVAILABLE

7:00 P.M. TILL 9:00 P.M.
COME AND TRY
JANUARY 5TH & 12TH

COMPETITION STARTS
JANUARY 19TH
CONCLUDES
FEBRUARY 23RD

RAFFLES, SPOT AND WEEKLY
PRIZES EACH WEEK

BAR OPEN DON'T MISS IT

FOR MORE DETAILS OR TO REGISTER YOUR INTEREST PLEASE CONTACT
BARRY CRAMER 0457 676 976 OR JEFF FRITSCH 0456 781 972

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Get 'Em Going

At the final Get Em' Going Playgroup for 2022 Christmas Special this week we completed craft activity, checked out the Science room animals, played in the room and read Christmas books. It's been my absolute pleasure to facilitate playgroup each week. Feeling so blessed and going to miss those smiling faces every week. Mrs Cattanaach



Positions Vacant



Nhill Lutheran School

Classroom Teacher
12 month contract for 2023 (with potential to be ongoing)
&
Integration Aide
3-4 days per week

Nhill Lutheran School is seeking applicants for a passionate and innovative teacher. Additionally, we seek one Integration Aide to provide learning support to students.

The successful applicants should be willing to support the Christian ethos of the school.

For a job description please phone (03) 53 912 144 or email admin@nls.vic.edu.au with the subject line of 'Classroom Teacher Position' or 'Integration Aide'.

Applications can be sent to principal@nls.vic.edu.au or 2 Mackay St, Nhill 3418

Applications close: Monday 12th December 2022
Position commences Monday 23rd January 2023



What Has Happened This Week

Year 5/6 Bizarre Bazaar

The 5/6 Bizarre Bazaar Market was inspired by the real Bizarre Bazaar in Istanbul. The students had to design and create a useful product that they might find at a market. This process required a lot of creation, modelling, experimenting and prototyping. Overall, the students loved creating their products and enjoyed marketing these to their parents and staff. Altogether we raised \$126.05 for Myanmar our sister school. Thank you to everyone who supported our market.



Year 5/6 Making and decorating Cakes





Beck Delahoy is a neuroscientist, writer, and home-educator. When she's not researching and writing about parenting, she's outside exploring the wonder of nature with her three kids. Find her @beckdelahoy on Instagram

My husband and I are looking to buy a new car. I'm dreaming of an electric vehicle, and with 3 kids in car seats, a 7 seater would be ideal. So I'd been doing some research when I found it – the perfect car. It had an impressive range for an electric vehicle, the required 7 seats, and with falcon wing doors I would be the coolest mum in the kinder car park. I excitedly showed my husband and told him that I want this car! And he oohed and aaahed at the car with me, and then I went back to looking at cars that were realistically in our budget. Because my dream car had one issue. It cost twice as much as we earn in a year.

How often do our kids ask us for things that they can't realistically have?

A 5-year-old wants to read books at bath time.

A 7-year-old wants to kick their soccer ball in the living room.

A 12 year-old wants the latest smartphone, with the 6.1" screen and a camera that can record in 4K – perfect for filming TikToks!

But in these moments, when our kids tell us what they want, how often do we immediately say "no"?

"No way"

"Not now"

"No...no...NO"

The problem is, when we are constantly telling our kids "no", they don't feel full of gratitude for having such reasonable and logical parents. Instead, they feel unheard and frustrated. They feel as though we don't trust their decision making. They feel as though we are taking away their capacity to make choices. And they feel disconnected from us. What if we could do for our kids what my husband did for me, and show them that we honour their wishes and trust them to make reasonable decisions? Next time a "no" jumps to your lips when your child wants something they can't have, try one of these three strategies instead:

1. Engage in problem-solving to find win-win solutions Instead of pushing our will onto our kids, we can work with them to find a solution that works for everyone. This involves hearing their perspective, voicing your own concerns, and then working to come up with possible solutions together. That might look like this:

"You want to read books right now. You really love reading books. I'm worried that if we read all of our books right now, we won't have time for a bath. What do you think we can do so that we have time for books and a bath?" By working with our kids to find solutions, we give them power over their own lives, and show that we trust them to make good decisions.

2. Find the yes in the no.

Sometimes what our kids want is almost ok. It might be ok to kick the soccer ball around, just not in the living room. Or it might be ok to eat ice cream, just not right before dinner. When that happens, we can say yes to what is ok with their desire, while redirecting the rest. That might look like this:

"I can see that you want to kick the soccer ball around! You sure can kick that ball really well. I'm a bit worried that there's not enough room inside our house for you to kick the ball around safely. Let's take the ball outside where you have more room. Would you like some help to set up some goals?"

When we say yes to what we can, we help our kids feel heard and understood.

3. Give it to them in fantasy.

Joanna Faber and Julie King, authors of *How to Talk So Little Kids Will Listen*, suggest that when your child wants something they can't have, our first impulse is to explain why they can't have it... which often doesn't work out very well for us. Instead, we can give to our child in fantasy what they can't have in reality. That might look like this:

"You want to buy that new smartphone? Wow, I can see why! That camera is fantastic. Look, it says here that it's the same quality as what you see in the movies! Maybe we can go to the shops tomorrow and record a TikTok on the display phone. That could be a bit of fun!"

By acknowledging that our child wants something, and joining them in their fantasy, we're not building them up for disappointment like we think we might be doing. We're actually giving them a healthy outlet for experiencing their desire. Taking "no" out of our vocabulary doesn't mean that we need to buy the latest smartphone for our tweens, eat dessert at every meal, and spend all of our life savings on a fancy car. It's not a recipe for indulgence. It does mean that we honour our kids' feelings and help them make good choices. And boosting our kids' sense of autonomy and competence is something we can say "yes!" to.

Parenting Ideas Webinars and Guides

parenting * ideas

Our school has a Parenting Ideas membership which enables us to publish articles in our newsletter. I hope you find these articles useful and informative. In addition to the articles, Parenting Ideas also provides support for parents through webinars and eGuides. Parents of Nhill Lutheran School are able to access free webinars provided by Parenting Ideas (usually the cost is \$39). Some of the webinars have already occurred and have been recorded, others are planned for later this year. To gain free access to a webinar simply request a voucher from the school, which will have all the details you need to view the webinar. Upcoming webinars include:

The eGuides are booklets that are also available free to parents. They cover the topics of *optimism, family meetings, friends, coping, understanding children's behaviour, and bring out your child's confidence*. Copies of the eGuides can be sent electronically by the school. Just ask via admin@nls.vic.edu.au or phone the school.

Messages of hope 

Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au or on iTunes and Spotify.

4th December Reconciling Family Conflict (Interview – Pastor Paul Kerber)

How do reconcile family conflict? Pastor Paul Kerber shares personal stories demonstrating what has helped him reconcile with his daughter and wife. Stories that may help you reconcile family conflict.

11th December Life Together When Apart (Interview – Jo and Luke)

How do you keep your relationship together, especially when you are apart? Listen to Jo and Luke share about the challenges they face as Luke works away for weeks at a time. There are helpful insights for your relationships.

18th December How God sees Christmas (Pastor James Winderlich)

Listen as Pastor James Winderlich tells the story of one troubled family, and a stranger in the rain. Discover how they all experienced the true meaning of Christmas.

25th December Messy Christmas (Richard, Celia and Noel)

Do you look forward to Christmas or would you rather avoid it? Listen as Richard, Celia and Noel discuss the messy side of Christmas. Is it possible to still enjoy the peace, joy and hope of Christmas, even in the mess

P&F 2022 Report

On Tuesday night, 6 parents and 2 staff met for the last P&F meeting for the year. We finished up the activities that have happened this term and look forward to a productive 2023.

Movie night was held back on October 7th which was well attended and enjoyed by all who attended, both young and old.

Show catering was a successful fundraiser, raising approximately \$1200 for the school. Thank you to all families, staff and children who donated their time, produce, and funds to make this fundraiser happen. This is a big event and raises significant funds for the school but also reflects positively on the school throughout the community.

We held a Quiz Night on the 5th of November thanks to our amazing quiz master Mr Holt. Around 100 people attended, adults and kids. It was a very fun night enjoyed by all.

Finally, for our last event for the year, we held a sausage sizzle at the Voting Centre on Election Day November 26th. Thank you to all the wonderful volunteers who made this happen. It was another successful fundraiser which reflected positively on the school in the community.

This term the P&F have contributed funds for the school to purchase Decodeable Readers, which will be used in the Junior Primary next year. It is very exciting to see this literacy program being introduced to the school.

We also started planning the 2023 Welcome BBQ, which will be held on February 10th, more information to come in the new year.

The 2022 P&F year has been a busy one with many events:

- Welcome BBQ
- Donuts at Aviation Heritage Museum Engineering Expo
- Lawn Bowls social afternoon
- Working Bee
- Father's Day Hot Dogs
- Local Business and School Donut Day
- Movie Night
- Show Catering
- Quiz Night
- Election Day BBQ

And we have been able to provide the school with new resources:

- I pad chargers
- Connetix
- THRASS mat
- Decodeable Readers

I would like to thank every parent and student for their ongoing support of the P&F in our social events, fundraisers, and everything in between. We cannot be successful without your support, thank you so much.

I would like to say an extra big thank you to those on the P&F Executive and those who attend meetings, putting in this extra effort is amazing and much needed, P&F wouldn't exist without you. Thank you for all you do and being so willing to put up your hand.

Our next meeting is planned for February, at this meeting we will elect a new P&F executive, including Chair, Vice Chair, Secretary, Treasurer, and up to 5 extra members. If you are interested in joining the executive in any way, please contact either Jackie Rethus or Maree Moll. Please remember you do not need to be a member of the executive to attend meetings, every parent of the school is most welcome. Thank you again for supporting the P&F in 2022 and giving us such a successful year.

Jackie Rethus
NLS P&F Chair

Year 5 and Pre Foundation enjoying Buddy Time



Kids Camp 2023



Araluen Lutheran Camp January 11-13



Register at: araluenecamp.com.au

Ages 9-12

Cost : \$195 per/child

Now taking
expressions
of interest

Summer Camp 2023



Our Summer Camp in Roses Gap is returning.

Registrations are now open for the camp which will run from 17-20 January 2023.

We have up to 40 places available for children aged 9-12, who might be rurally isolated, disadvantaged or have additional needs.

The camp experience will be built on fun, adventure and friendship with a focus on enhancing leadership qualities through the values of:

- Gratitude
- Resilience
- Optimism
- Wellbeing
- Trust
- Health.

Summer Camp 2023 will be an experience that your child will never forget.

Cost
\$200 per child (50% of the usual cost).

Get in touch
To learn more or book your child's place, get in touch with Arianna Vettos:

T 03 5362 4000
E wimmeracommunity@vt.uniting.org



Volunteer at Summer Camp

Senior Leaders needed

We are looking for enthusiastic community members.

Roses Gap is a summer camp for young people aged 9-12 years old.

It runs from 17-20 January 2023, providing fun in the sun for up to 40 kids.

We need volunteer Senior Leaders to make this camp possible. Anyone aged 18 and above can apply.

This would be great for anyone who enjoys spending time with young people, having fun, and making memories along the way.

Sign up now to support Wimmera kids to have a great summer this year.

Complete an application form and make a difference with Uniting this summer.

All activities are preorganised, and equipment is supplied for volunteers. There is no cost to you.

Appointments are subject to satisfactory Police and Working with Children Checks, reference checks and a successful interview.

When
17-20 January 2023

Where
Roses Gap

Get in touch
Call Arianna
on 5362 4000 or
wimmeracommunity@vt.uniting.org

Expressions of Interest
By 2 December 2022

Uniting

Uniting