



## Upcoming Dates

JUL	MON 11th	Term 3 begins
	FRI 29th	Hockey 7's
	FRI 29th	P & F Movie Night

## Student of the Week

Congratulations to the following students who were presented with Student of the Week awards at assembly on Monday:

Foundation: Alyssa

Year 1/2: Matilda and James

Year 3/4: Mia

Year 5/6: Shilah



## Bob Bear

Congratulations to Robbie for receiving Bob at assembly this Monday for his wonderful participation and his leaning in class. We hope Bob enjoys a well earned rest with you over the School Holidays.



Sophie and Sierra spending some time with our new chickens in the mini farm.

## Birthdays

We wish the following students a very happy birthday:

Savannah: Sunday 26th of June

Hunter: Monday 27th of June

Alyssa: Thursday 7th of July



## Devotional Thought

### In credit with God?

Abraham believed God and it was credited to him as righteousness (Romans 4:3).

Read Romans 4:1–12

In chapter three of Romans, Paul spells out clearly that God comes to sinners, and through Christ, they are made right, justified, in his sight, by faith and not the works of the law. So why, then, does he begin chapter four by asking, 'What then shall we say that Abraham ... discovered in this matter?' The reason is that over the years, to make sense of why God chose Abraham, Jewish rabbis had surmised that Abraham had kept the law so well that God was pleased with him and blessed him. If the rabbis were correct, then Abraham was saved by works and not by faith alone.

One of those supposed works was that Abraham obeyed God and was circumcised. However, Paul shows that circumcision happened many years after God made a covenant with Abraham (Genesis 15). God promised him that his descendants would be as many as the stars in the sky. Abraham believed, and it was 'credited to him as righteousness'. It was a true gift of grace, and with an open heart, Abraham accepted the gift and believed.

Paul's other example of salvation by faith alone is King David, the penitent sinner, who had nothing to offer God but his many and heinous wrongs. He repented and believed that he had been freely forgiven and that God would not count, or credit, his sins against him.

What does our balance sheet of credit and debit look like? Praise God that through his word and sacraments, we too believe in Christ's full atonement for our sins. The debt is gone, and God credits us with righteousness. We are covered with the righteousness of Christ so that when God the Father looks at us, he can say, 'Welcome, my beloved sons and daughters, into my family as descendants of my friend Abraham, that man of faith'.

***Father, we thank and praise you for the free gift of faith that you have put into our open hands and hearts through the work of your Spirit. Amen.***

## Worship News

Please see below for this week's church service times;

Sunday 26th June

Nhill—11 am

Jeparit—9 am



Online services can be viewed at:  
<https://www.youtube.com/channel/UC2uy0xrShyyQVC4sy0xjOJg>

NhillLutheranParishOnline.com

## Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ♦ Miss A and her family
- ♦ Henry and Matilda Zanker and their family

## Chapel

The next Chapel will be on the first Friday of Term 3 at 9 am in the Multi Purpose Room.



## Chapel Offering

Please consider sending an offering each Friday morning as the children in Myanmar rely on our help.



## Jump Rope for Heart

Next term we will be participating in the 40th year of Jump Rope for Heart. Students will learn different skipping techniques during PE lessons and through lunch time activities run by the SRC.

As it is the 40th year of JRFH we have set a school goal of skipping for a total of 40hours! Students are able to set their own skipping goals at [jump rope.org.au/parents](http://jump rope.org.au/parents). Through this link you will be able to donate to this wonder cause and support our students in being active and having fun.

Happy Skipping

NLS SRC



## Stephanie Alexander

The last stop on culinary and dance world tour was China. As part of this students helped to make spring rolls, and decorated fans which they then used for a 'fan dance'.

Thank you so much to the students for their positive attitude and wonderful participation in this dance and cooking unit this term.



## 1/2 Word of the Week

Word of the week for the 1/2 class this week is Kite. The students spent time decorating their kites. They then tested them out on the oval with plenty of energy and excitement.





## Naracoorte Caves F-2

Last Friday, the students in Foundation, Year One and Year Two headed over to South Australia to visit the Naracoorte Caves and Wonambi Fossil Centre. They had a fun filled day exploring the Victoria Fossil Cave learning about stalactites, stalactites and marine fossils. Students explored the Wonambi Fossil Centre and dug for their own fossil discoveries. It was a wonderful day out and it is safe to say we have a few budding paleontologists on our hands!





## 3/4 Term 2

What a great birthday I had this week! Thank you to all the staff, students and parents who helped me celebrate the occasion. My present, a Hawaiian Geelong Cats shirt was PERFECT, thank you Mrs Koning. I received cards and gifts from my kids as well as birthday wishes from kids in F-2. There was a fabulous chocolate mud cake, almost too rich even for me! and a bottle of my favourite beverage, Diet Coke to wash it down.

Then, in an unexpected encore, the year 3/4s threw a surprise party for me after lunch yesterday, including a chocolate cake made by Clayton. Was it a clever ploy to allow them to get high on sugar? I don't know, but the bowls of lollies were very quickly emptied! Thankfully we had Phys Ed straight after and they were able to burn some of the calories off in a great game of soccer. We are practicing in preparation for a challenge game against the year 3/4 class at the College next term. Harry has secured the position of goalkeeper with an outstanding performance. In light of the lolly binge I decided to hold the birthday cake over until Thursday, thus adding a third day of celebration!

I decided to change our learning routine in Maths this week and focus on problem-solving and puzzles, which the kids have (mostly) enjoyed. They did some logic and deduction puzzles on Monday. On Tuesday they learnt about prime numbers and then began using them to solve challenges. Today they investigated squared and cubed numbers and combined them to reach target numbers. For example, "Can you (yes you, Mum/Dad) find two different pairs of squared numbers that add up to 125?" Or "Can you find 8 consecutive prime numbers that add up to 124?" They are also continuing in the Great Time Marble Quest, earning a marble if they can correctly tell me the time when asked.

All of these activities have the aim of making Maths and learning engaging and fun. No-one said learning has to be boring or serious all the time and the evidence (smiles, laughter, excitement, triumphs) suggests the kids are enjoying learning through games, puzzles and challenges too.

The Year 3/4s have had a good semester which I hope was reflected in their reports this week. It was a big job getting them completed, not just because of tech problems along the way. If you have any questions or things you'd like to discuss in your child's report please let me know.

It has been a very busy and enjoyable term and I can say with 100% honesty that I love my job, I love the school and the kids and that I'm very glad God, and Damon, brought me to Nhill. In fact, I have made way more connections in the community and town in 6 months than I did in two years living in Horsham. I don't know what will happen next year but right now I am loving being part of Nhill Lutheran School. Thanks again for making me feel so welcome and blessing me in so many ways. Of course, it goes without saying that I am looking forward to spending the next two weeks at home with Carolyn in Ocean Grove, seeing some of my family and friends, going to some footy games and sleeping in! See you next term. Go Cats!

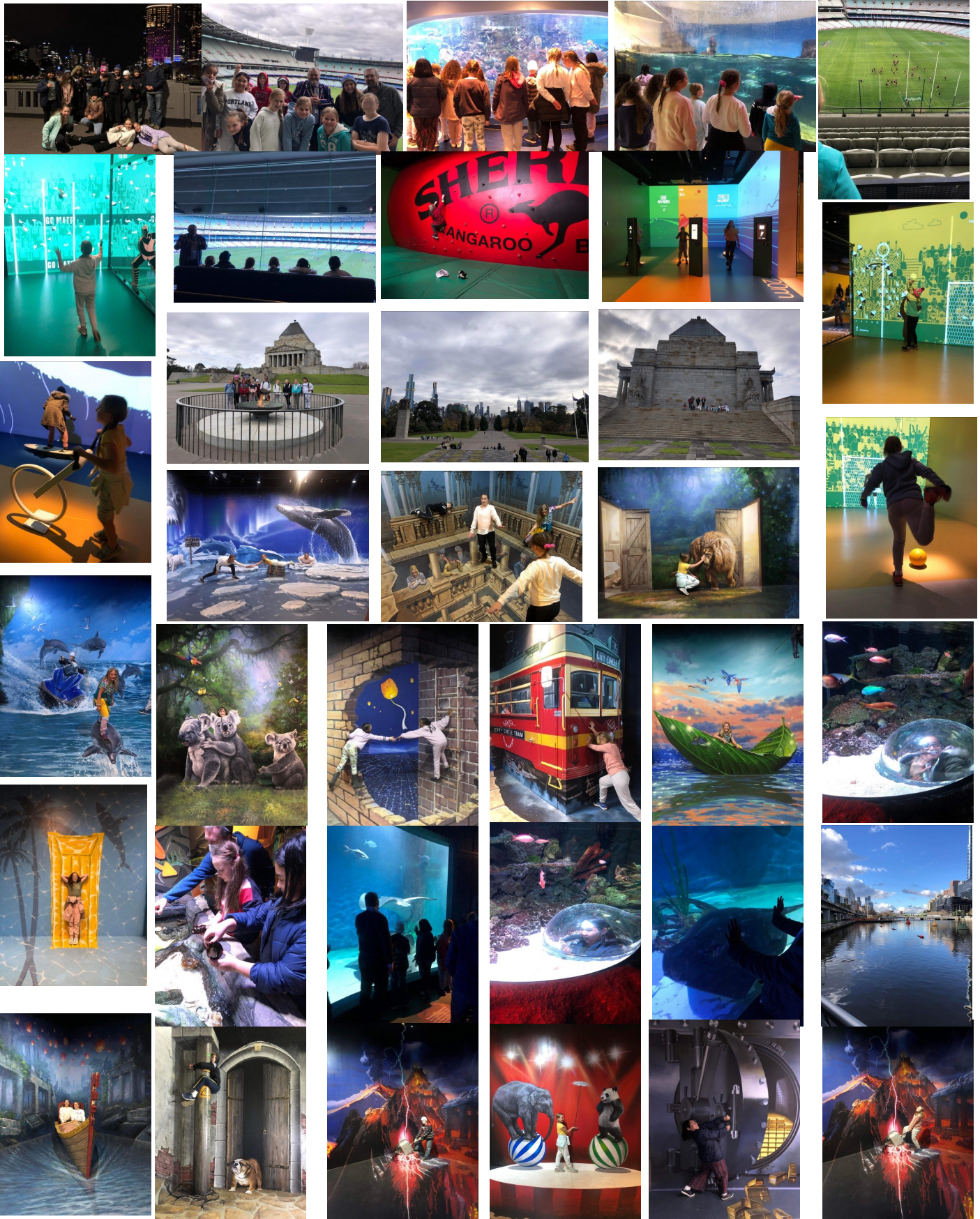
Mr Holt





## Sneak Peak 5/6 Camp

Here is a sneak peak of our 5/6 students on School camp in Melbourne so far. Thank you to Mrs Woodward for transporting them via bus before they boarded a train. Miss Morrison and Mr Prenzler have confirmed a wonderful trip so far with activities including Melbourne walk at night, ArtVo, Melbourne Cricket Ground tour, tour of War Memorial and the Aquarium.







### **Office Administrator Mon—Fri**

Nhill Lutheran School is currently seeking an Office Administrator to join the team. The Office Administrator is the first point of contact for the School and ideally possesses the following:

- ♦ Excellent people skills and communication, together with a high level of organizational ability and attention to detail is critical.
- ♦ Professional and co-operative team worker.
- ♦ Self motivated and shows initiative.
- ♦ The ability to be flexible in roles.
- ♦ Able to cope well under pressure.
- ♦ Honest and reliable.
- ♦ Friendly, positive and confident manner.
- ♦ Use word processing//data software and IT systems with a high degree of accuracy and reliability.

The Role Description can be accessed by contacting Nhill Lutheran School, 03 5391 2144 or [admin@nls.vic.edu.au](mailto:admin@nls.vic.edu.au)

### **Applications are due on Wednesday 6th July**

Applicants need to address the Selection Criteria in no more than 3 pages. In addition to this, applicants need to provide a Resume and Cover Letter including the names and contact details of 3 referees.

This can be addressed to:

Principal: Damon Prenzler  
Email: [principal@nls.vic.edu.au](mailto:principal@nls.vic.edu.au)  
Address: 2 Mackay Street, Nhill, 3418

## Premiers' Reading Challenge

Thankyou to all the students who have commenced their participation in the Premiers Reading Challenge for 2022. Books can continue to be read over the course of the holidays, and the challenge will conclude on Friday 2nd September. So far, we have one student who has already completed the challenge, and we have read 130 books as a school. Keep up the great work everyone!

## Library Book Return

In relation to books borrowed from the school Library, we have several outstanding loans so it would be greatly appreciated if these could be returned in Week 1 of Term 3. If you are unsure of book titles that your child may have at home, please contact the school.



## Teacher's Aide

We offer a safe Christian environment that endeavours to provide a diverse learning environment that nurtures mutual respect, love and care.

Our school is unique as it is a small school with small class sizes and a low teacher-to-pupil ratio. This allows us to devote the most time possible to each student and contributes to the sense of family within our school.

This position is for school hours for twelve months.

**Applications close at 4pm Friday 1st July 2022**



For further information and to apply, please visit  
[www.spls.vic.edu.au/employment](http://www.spls.vic.edu.au/employment)

## Parenting Ideas—Webinars and Guides

Our school has a Parenting Ideas membership which enables us to publish articles in our newsletter. I hope you find these articles useful and informative. In addition to the articles, Parenting Ideas also provides support for parents through webinars and eGuides. Parents of Nhill Lutheran School are able to access free webinars provided by Parenting Ideas (usually the cost is \$39). Some of the webinars have already occurred and have been recorded, others are planned for later this year. To gain free access to a webinar simply request a voucher from the school, which will have all the details you need to view the webinar. Upcoming webinars include:

*Encouraging good behaviour* – June 8 at 8pm, valid to September 8

The eGuides are booklets that are also available free to parents. They cover the topics of *optimism, family meetings, friends, coping, understanding children's behaviour, and bring out your child's confidence*. Copies of the eGuides can be sent electronically by the school. Just ask via [admin@nls.vic.edu.au](mailto:admin@nls.vic.edu.au) or phone the school.

parenting \* ideas

Messages of hope 

Listen to Messages of Hope and invite others to do the same. Download or listen online at [messagesofhope.org.au](http://messagesofhope.org.au).

### **19<sup>th</sup> June A Second Chance (Interview)**

Family relationships can be complicated. But Gavin and Dion show it's never too late for a second chance.

### **26<sup>th</sup> June A Ladder and a Torch (Interview)**

There are many tragic stories about the abuse of alcohol, but how does it start, and how can it change. Hear Darryl's lifelong story with alcohol and how his life was transformed through hope.

### **3<sup>rd</sup> July Letting Go Of Control (Round Table)**

Life can be crazy and chaotic at the best of times, even more so when we're in a pandemic. Hear how we can live each day when the future is so uncertain.

### **JUNE APPEAL**

**1 in 3 people are lonely.** Lutheran Media and Messages of Hope is reaching out to people who are feeling lonely.

Join with us in this vital mission to offer the promises, hope, and love of Jesus Christ. You can do this by giving a donation today. Your support provides the messages, resources, and reach so people have hope in Jesus Christ.

Donate today (tax-deductibility available) at [www.lutheranmedia.org.au/donate](http://www.lutheranmedia.org.au/donate) or call us on **1800 353 350**.

Thank you for supporting the spread of hope in Jesus Christ to millions of lonely people.



## INSIGHTS

### Parenting introverts and quiet kids



Many parents worry when their child is shy, quieter than others or not the outgoing type. The thought that their child may be a loner turns parents into social organisers who arrange playdates and parties or friendship coaches. They may upskill their kids to start conversations, manage conflict and play with others. This flurry of activity can be exhausting, and they cause a great deal of angst for kids. However, it may be that their child is introverted by nature, and they are trying to make them fit the extrovert mould.

#### It's genetic

Introverts are wired differently to extroverts. Introverts have closer links to the para-sympathetic nervous system, which is responsible for calm and relaxation, so they feel more at home in quieter, less stimulating environments. Extroverts, on the other hand, are more closely aligned with the sympathetic nervous system, which is responsible for high arousal levels, so they seek stimulating environments to keep their energy levels high.

Extroverts work hard to get their dopamine hits, those little shots of happiness the brain releases to reward behaviour and keep them coming back for more. Introverts, on the other hand, who only have to read a book to get a dopamine hit, feel more comfortable in low stimulus environments.

#### Birth order plays a role

While nature plays a huge part in temperament development, genetics can't claim all the credit for creating introverts and extroverts. In birth order studies, eldest borns repeatedly score higher on introversion than children in other birth order positions, while later-borns consistently lean towards extroversion. Being born last in a family usually means time alone is a rarity, while eldest children usually spend a great deal of time in their own company in the early formative years when personality is being shaped.

The world is skewed toward extroverts, so knowing how to raise introverts means that you may need to discard many parenting rules of thumb you've taken for granted. Here are some parenting ideas to get you started.

#### Welcome introspection

Introverts like to go within to process daily events and find solutions to their problems. In an era when we encourage kids to discuss rather than bottle problems up, introspection can be disconcerting for parents. But giving introverts space to think through adverse events before they seek help, enables them to get their thoughts in order and feel more in control of their lives. Welcome quiet times and remember that introverts need time to refresh and replenish away from the hustle and bustle of school and family life.

## Provide silence and solitude

Extroverts like to keep company of others, while introverts like to keep their own company, or keep friendship circles small. Introverted kids appreciate quiet time and spaces away from others to recharge, reconnect and relax. This may seem strange to extroverted parents, or siblings who want to hang out or play with their siblings. Giving kids permission to seek solitude, balanced with activity to prevent brooding, is an introvert-friendly family habit.

## Use stepladders not escalators

Extroverts tend to jump boots and all into new social situations. School camp coming up. *"Great. It'll be fun."* Family holiday approaching. *"Terrific! I hope we go where there's heaps of other kids."* Joining a new sports team. *"I can't wait. I bet I'll know heaps of kids already."*

Introverts, on the other hand, are more tentative entering new social situations. School camp. *"I hope some of my friends are going."* Family holiday. *"Who else will be there?"* Joining a new sports team. *"Will I know anyone?"*

Give introverts plenty of information about new situations and don't expect them to immediately embrace the whole scenario. Give them time to make new friends and become comfortable in social situations.

## Quietly celebrate quiet achievers

Introverts can easily feel that something is wrong with them. Mainstream entertainment and social media celebrates extroverts in all walks of life. Brain surgeons don't receive standing ovations, yet they do their best work on their own. When introverts do well in any field shout it out (but quietly!) as they need someone to aspire to as much as extroverts.

## Chess anyone?

Help your introverted child discover their strengths and interests and resist pushing them down common leisure paths such as sport or drama that may not hold strong appeal. When they join clubs and groups they may be really interested in, such as chess, crafts or reading, they will more than likely form friendships with like-minded souls... as birds of a feather really do flock together.

## It's a balancing act

Too much solitude can lead to depression so introverted children and teenagers need to be challenged at times to leave the comfort of their own company and spend time with friends, or even the rest of the family. Firm but gentle persuasion and nudging works better with introverts than heavy-handedness so work on your persuasion skills to ensure your introvert lives a socially balanced life.

## In closing

Parenting introverts can be a challenge particularly if you are an extrovert yourself. Adopt the mindset that introversion is normal, indeed a strength, and put steps in place to help an introverted child feel both comfortable in their own skin and confident navigating the world at large.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.



Tandara Lutheran Camp - Halls Gap  
Contact Emilie-Rae 0428 461 809/clw.lyv@lca.org.au  
f: LYVs Christian Life Week  
@lutheranyouthvic

**CLW 2022**

4<sup>th</sup> - 8<sup>th</sup> JULY

26<sup>th</sup> - 30<sup>th</sup> SEPT

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**WIMMERA BOWLS REGION**

# JUNIOR BOWLS COME TRY DAY

An opportunity for juniors aged 8 and above to try the sport of bowls during the school holidays. No cost whatsoever.




- MONDAY 27TH JUNE @ ARARAT BOWLS CLUB, 10AM - 12PM
- MONDAY 27TH JUNE @ CHARLTON BOWLS CLUB, 2PM - 4PM
- TUESDAY 28TH JUNE @ HORSHAM CITY BOWLS CLUB, 10AM - 12PM
- TUESDAY 28TH JUNE @ WARRACKNABEAL BOWLS CLUB, 2PM - 4PM

For enquiries about the days, please contact Josh Thornton on 0474 741 177 or [josh@bowlsvic.org.au](mailto:josh@bowlsvic.org.au)

To register, and select the appropriate venue, click on the link below :  
<https://wimmera.bowls.com.au/juniors/>

<https://cvent.me/r0bV90>

**CLW 2022**

**GREGO'S open NOW!**





# NAB AFL AUSKICK BURST HAS ARRIVED!

The Auskick Burst program gives kids a taste of Auskick for a fraction of the price.

For just \$55 Auskickers Burst into fun games learning the skills of AFL.  
They also receive their very own footy!

**Sign up for Auskick Burst today!**

Visit [play.afl/auskick](https://play.afl/auskick)



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& Long Day Care in 2023?

**OPEN DAYS**

*Come look and play...*



REGISTRATIONS CLOSE  
KINDERGARTEN - FRIDAY, 22ND JULY  
LDC - MONDAY, 12TH SEPTEMBER



### **Nhill Kindergarten**

**3 & 4 year old Kindergarten**

**Thursday 14th July 2022**

**2.30pm – 3.30pm**

### **Nhill Early Learning Centre**

**Over 3 Long Day Care**

**Tuesday 12th July 2022**

**2.30pm – 3.30pm**

**Under 3 Long Day Care**

**Thursday 14th July 2022**

**1.30pm – 2.30pm**

**2/20 Whitehead Avenue, Nhill**



Scan QR Code  
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#### **KINDERGARTEN**

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Phone: 5382 7997

#### **LONG DAY CARE**

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Email: [kimberley@eeys.com.au](mailto:kimberley@eeys.com.au)

Phone: 0428 485 933

or pick up a form from an EEYS Office

Emerge Early Years Services is the Early Years Manager for the above sites