



Upcoming Dates

APR	Monday 4th	Cross Country—Years 3-6
	Tue 5th / Wed 6th	Parent Teacher Interviews
	Wednesday 6th	SRC Dress Up Day \$1 donation
	Thurs 7th	Year 2 Sleepover
	Friday 8th	Last day for orders Cookie Dough
	Friday 8th	Last day of Term 1 2.15 pm finish time
	Mon 25th	ANZAC day
	Tues 26th	First day of Term 2

Cookie Dough

Our delicious fundraiser Billy G's Gourmet Cookie and Biscuit Dough is up and running. We only have a few weeks left to order cookie dough. We would love to see all students and families involved to participate in this fundraiser even if it is only one tub. Get your orders in.



Bob Bear

Congratulations to Tom who is our next recipient of Bob Bear. Tom has been following our school rules well, including our Learning Rule where he successfully completed designing and building all of his Sports Precinct. He now has to paint and decorate it.

Congratulations, Tom.



SRC Casual Day

The SRC is having a Casual Dress Day on Wednesday 6th April.

The theme is: Kids dress as teachers and teachers dress as kids.

\$1 donation.



From the Principal

Parent-Teacher interviews

We are very much looking forward to the parent-teacher interviews next Tuesday and Wednesday. There is considerable benefit to the children when they know parents/ caregivers and teachers are working collaboratively and respectfully together.

Looking ahead:

Cross Country for Years 3-6: this will be held at the golf course on Monday April 4. Students in these classes are to wear their sports uniform on Monday.

SRC Dress Up Day: Wednesday April 6. Cost is \$1. Kids dress as teachers and teachers dress as kids.

Year 2 sleepover: Thursday April 7.

ANZAC Day: April 25. Families have been provided a letter with further information. Nhill Lutheran School will participate in the ANZAC Day commemoration through marching, laying a wreath and singing songs. Being the very first day of Term Two, we need to know which students will be present, so please return the permission slip by Monday.

Bounce Back

Bounce Back is a social-emotional program delivered in all classes. One of the impacts Covid has had on schools is in the area of social-emotional health of students, and we have intentionally planned our learning program to address this need. Bounce Back is an evidence based program designed to equip students with skills and strategies to help them when times get tough, and to help them 'bounce back'. During Term One, the students have explored the elements of wellbeing in the PERMA+ acronym (P – positive emotion, E – engagement, R – relationships, M – meaning, A – accomplishment, + - diet, sleep, exercise). The students have also explored the values of honesty, fairness, responsibility and diversity.

Last day of Term One

Please note that school finishes at 2.15pm next Friday, April 8.

Chapels

Each class has led chapel over the last few weeks focussing on the Old Testament Heroes of Elijah, Moses, David and Noah. Our OT Heroes theme will continue in Term Two. As Easter is in the middle of the holidays the focus for chapel next week will be on Palm Sunday, which is the Sunday before Easter and where we hear the story of Jesus entering Jerusalem on a donkey.

Every blessing for your week.

Damon Prenzler

Uniform Changeover

It's the time of the school year when we transition from summer to winter uniform. From now until the end of Week Two next term, students may wear either summer or winter uniform. From Week Three next term all students are to be in their winter uniform. Uniform items are available at the school. The blue jackets and school beanies are popular in colder weather.



Devotional Thought

The joy of salvation

With joy you will draw water from the wells of salvation
(Isaiah 12:3).

Read Isaiah 12:1-6

Water in Australia is often a problem. Many parts of the land have only recently emerged from several years of severe drought, and as I write, large areas of eastern Australia are suffering the destructive force of floods. It must be hard to read Dorothea Mackellar's poem about her love for a sunburnt country and a land 'of droughts and flooding rains' when we have experienced the worst of both of these extremes recently and probably found little to love. Water dominates our lives – from those who have too much to those who have too little.

Some years ago, on a visit to the South Island of New Zealand, I heard a comment that we measure what is most important to us, which is why Australians measure water and New Zealanders measure sunshine. While I haven't counted personally, apparently water is mentioned 722 times in the Bible, which sounds like it was important enough to be measured during biblical times.

In Isaiah's song of praise to God who comforts us and is our strength and defence, the word salvation is repeated three times. Repetition emphasises the importance of salvation, not just in the context of the people of Judah thousands of years ago but in our lives today.

Therefore, it follows that to draw from wells of salvation is also important. This is a reminder that just as water is essential to life, so God's salvation is also essential to life. It is easy to imagine the joy of salvation drawn from deep wells, as we know what it is like to be refreshed by water on a hot summer's day.

When these words from Isaiah were first written, the world was unpredictable, just as it is today. It was not often a safe world where people could feel in control of their lives. Similarly, today our world seems to lurch from one unpredictable catastrophe to the next and rarely are we in control – whether we are enduring personal crises, such as illness, job or family pressures, or political instability threatens peace in our world. It is days like these we are most in need of assurance and the joy of water from the wells of salvation.

Heavenly Father, we thank you for life-giving water and the gift of your salvation. We also pray for those most in need of your strength and defence and ask for your peace. Amen.

Worship News

Please see below for this week's church service times;

Sunday 3rd April

Nhill— 9am

Jeparit—11 am



Wednesday 6th April—Lenten Reflection

Jeparit—7.30 pm

Online services can be viewed at:
<https://www.youtube.com/channel/UC2uy0xrShyyQVC4sy0xJOJg>

NhillLutheranParishOnline.com

Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ◆ Grace Jensz and her family
- ◆ Jackson Jordan and his family

Chapel

Chapel this morning was run by the Foundation class.

Next week Chapel will be led by Mr Prenzler.



Chapel Offering

This morning's Chapel offering was \$14.80. Please consider sending an offering each Friday morning as the children in Myanmar rely on our help.

P & F News

On Monday night the P&F met, with 5 meeting in person at the school and 2 joining via Zoom. We would like to thank everyone who supported the Donut stall at the Nhill Aviation Heritage Centre on Saturday 19th of March. It was great to have many volunteers and we had many positive comments about the yummy donuts and enjoyment of volunteering which gave people a chance to catch up and have fun while helping the school. \$597 was profited from this fundraiser.

The P&F are working towards having a family event each term. The Term 2 event will be social lawn bowls. Keep your eyes peeled for more information to come on this exciting event!

We will also be planning a working bee for later in the year. This is a chance to get some extra jobs and maintenance done around the school. More information to come.

Discussion also centered around the possible purchase of a defibrillator for the school and possible grant opportunities which may be available to us.

We are still looking for more people to come to meetings. All families are welcome to come along. You don't need to commit to all meetings, just a couple each year is helpful. At this stage anyone attending the meeting onsite at the school need to be up to date with their covid vaccination however everyone is able to attend via Zoom. Just let Jackie, Maree or Damon know and we will send you the Zoom link. We would love to see some new faces at meetings.

The next P&F meeting will be Monday May 2nd at 8pm, at the school or via Zoom.

Thank you all for your on going support of the P&F.

Jackie Rethus



WHAT'S IN YOUR BACKPACK?

Kids Camp 2022

Monday 11th to Wednesday 13th April, 2022

Tandara Lutheran Camp – Halls Gap

For 9-12 year olds only

\$170

Registrations are limited, use the link to register -

Link:

<http://jstan2.pairserver.com/apps/tlcapp/register/form/7>

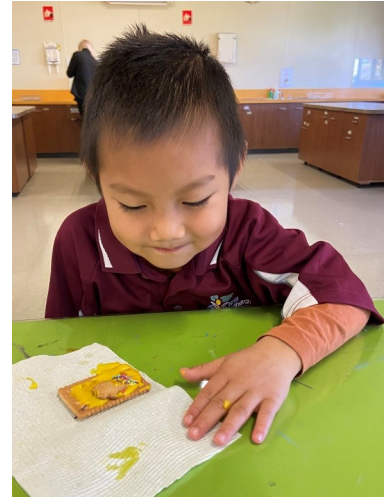
manager@camptandara.com

(03) 5356 4253



Foundation Word of the Week—Bed

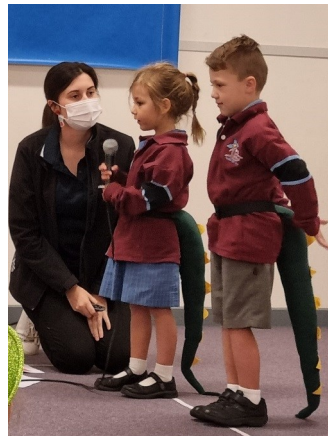
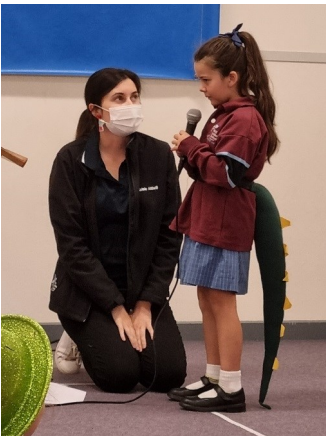
This week in Foundation, our word of the week is 'bed' and we have been busy learning all about this word, and the sounds associated with it. We have constructed our own beds using different materials, producing beds with inventive designs and sizes. Students also explored the use of mixed media, in their creation of their own teddy bear in bed using tiny teddies, colourful icing, biscuits and sprinkles. The best part was eating them afterwards though!



Foundation Chapel

The Foundation students led this morning's chapel service. They told the story of Noah.

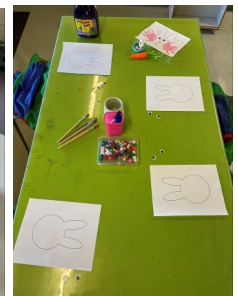
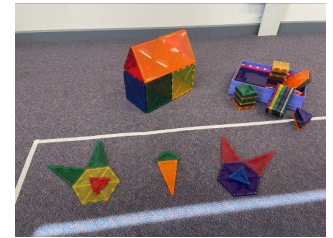
Thank you to the parents and grandparents who attended this morning. It was lovely to have you here.



Get 'em Going

Get 'Em Going playgroup this week had a wonderful hoppy day. Hand print painting, Easter egg hunt, books and plenty of fun. The next session will be after the April holidays. Jade will be in contact to confirm the date and time. To register interest please email or phone the school before Monday (admin@nls.vic.edu.au or 53912144).

Wishing everyone a blessed Easter and safe and happy holidays.



INSIGHTS

Will Smith hit Chris Rock. What do we tell our kids?



This week, the biggest news event wasn't war in Ukraine, floods on Australia's East Coast, or even COVID surges. Instead, it was a story of an angry celebrity (Will Smith) storming the Oscars stage and hitting the comedian (Chris Rock) who made an inappropriately targeted joke at the expense of the angry man's wife (Jada Pinkett Smith). And everybody is talking about it. Including our children.

How do we talk to our children about this incident?

What to talk about with your children

The Smith/Rock saga offers an amazing opportunity to have real conversations with your kids about big questions we all face. But I think we can go a little deeper. Rather than talking to your kids, now's the time for some really fascinating and important *questions*.

One of the most powerful ways that we build resilience in our children is by helping them to discover their *identity*. And we do *that* by *asking them questions*. In the wake of this incident we could ask questions so our children can learn about the kinds of people they are.

We can ask them questions about violence, like:

- "Why do you think Will Smith hit Chris Rock?"
- "Should he have done that?"
- "When is it ok to hit someone and when is it not ok?"
- "Should anyone ever hit anyone?"

We can ask them questions about humour, like:

- "Is it ok to tell jokes at someone else's expense?"
- "How should we respond when someone tells an unkind joke?"
- "What kind of humour is really funny, and what kind of humour isn't?"
- "Why do you think so many comedians make jokes at the expense of other people?"

We can even ask questions about honour, and feminism, like:

- "Does a man have a responsibility to defend his wife or those close to him if someone offends them?"
- "How might he defend them best? With fists? With words? Or in some other way?"
- "What does this tell us about gender stereotypes? Women have to have beautiful hair? Men are strong and can hit people they disagree with or are offended by? Women are helpless?"
- "Why is it more offensive to joke about a woman who has lost her hair than it is to joke about a man who has lost his hair and is bald?"

How counterfactuals can help

You may have heard of *counterfactuals*. A counterfactual is simply something that didn't happen, but could have. It's kind of like saying, "if koalas had wings, they could fly." And counterfactuals provide us with all the tools we need to have quality conversations about tricky topics with our children.

Some fascinating counterfactuals you can ask your children (that will help them disentangle their feelings about violence, race, gender, and more) are:

"What if a white man (like Seinfeld) told the joke and Will Smith (a black man) hit him?"

"What if Chris Rock (a black man) told the joke and a white man (Hugh Jackman) hit him?"

"What if Jada Pinkett Smith got off her seat and hit Chris Rock? Is it ok for a woman to hit a man?"

Teaching empathy and humanity

Regardless of your views, or the views of your child, this incident also gives us the chance to teach empathy for both Smith and Rock.

For example, if you or your child think Smith did the wrong thing, ask, "Have your emotions ever gotten the better of you?" "Was he trying to ruin the night for everyone?" "Why did his brain flip its lid?" (Smith has said that "when I was nine years old I watched my father punch my mother in the side of the head so hard that she collapsed... I saw her spit blood... that moment in the bedroom, probably more than any other moment in my life, has defined who I am.") Without excusing Smith, that moment and his inability to stop his father has probably played a part in what he did.

Empathy is feeling someone's emotion in your heart. This conversation allows us to have compassion for the perpetrator and the victim.

And Chris Rock was just doing what decades of comics have done before him – picked on rich, successful people in the room. In poor taste, but can we have a sense of the humanity of both people without excusing them?

When we ask these kinds of questions, with curiosity and openness, we do a few important things for our children:

1. We build trust into our relationships. Our children know we are interested in them, their views, and their values. They see that we're not trying to impose ideas. We're real conversation partners. They belong with us, are safe sharing with us, and can learn with us.
2. We show them we believe in them. This fosters a sense of competence and capability. They learn to articulate their views, feelings, and reactions. Moreover, if we take our time and respond with gentle questioning, they learn that challenging topics can be broached respectfully, and ideas can be shared, even if the people in the conversation don't completely agree with one another.
3. We teach them, specifically, about who they are. This happens because as they share their ideas, they're tapping into their values. They're shaping what they believe as they speak their words. It empowers them to continue talking, and continue discovering values that build identity.

Importantly, asking these questions of our children – and hearing their responses – opens them up to hearing our reactions, our values, and the ideas that make us who we are.

And finally: Will Smith apologised. Eventually. Via his publicist. Talking with your children about what makes a good apology might make for a very useful family discussion.

This week as you talk with your children about the Smith/Rock saga, withhold judgment, invite ideas, and watch your child grow in character right before your eyes.



Dr Justin Coulson

Dr Justin Coulson helps families be happier. His Goalcast and TEDx positive parenting videos have been viewed by more than 80 million people. He is the author of 6 parenting books and the cohost and parenting expert on Channel 9's Parental Guidance. He hosts Australia's #1 podcast for parents: Dr Justin Coulson's Happy Families. Justin and his wife, Kylie, are the parents of 6 daughters.



Messages of hope 

Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au.

3rd April Fear to Hope – Rachel's Story (Interview)

Rachel found herself facing huge consequences for her actions, isolation, and fear for the future. Hear how God worked in her life and gave her hope and purpose.

10th April The God of Easter (Bishop John Henderson)

For a lot of people Easter is about having a long weekend and time off to have fun with family and friends. But what is the real story of Easter? John Henderson talks about the life and death of Jesus and what that means for us.

17th April Easter – A Time of Hope (Pastor Richard Fox)

What does Easter offer us in times of crisis? Listen to Richard share about Easter and where there is hope for us all.

24th April Single but not lonely (Interview)

Emma, almost 40, with no partner or children constantly faces questions like "why aren't you married" "you better hurry up if you want children", "are you on Tinder?" How do you navigate society's expectations as a single person, and thrive?



A one-day event held during school holidays for young people in years 6, 7, 8 and 9.

Youth School Holiday Workshops

The Workshops are designed to provide young people who may experience social isolation, anxiety and other stressors, with an afternoon of fun activities whilst also encouraging social interactions, teamwork and improving their sense of wellbeing.

Fun to be had includes:

- Level Up! Gaming – Virtual Reality experience included
- Lego – let your imagination run wild and make something cool
- Make your own design for your custom t-shirt or hoodie using cool Cricuts and accessories
- Sphero robot challenges
- Light snacks and water provided
- Plus some quiet activities.

Date:

Tuesday 11th April 2022

Time:

12.00-3.00pm

Venue:

The Station
16 Pysent St, Horsham

Cost:

Free

Bookings:

You must register to attend as limited spots are available.

Get in touch:

Email

shwwimmera@vt.uniting.org

or call Ari

0481 063 747



Horsham Rural City Council
urban rural balance

Uniting



Thank you so much for supporting Nhill Lutheran School, especially through fundraising. This term, we are running a **Billy G's Gourmet Cookie Dough** fundraiser.

Billy G's Gourmet Cookie Dough is an exciting fundraiser, made by an Australian, family owned and operated business. There are ten (10) dough-licious flavours to choose from, including the most popular **Choc Chunk** and **Caramel White Choc**.

You can also create your own cookie magic with a **NEW** Golden Classic flavour – the base of the Billy G's secret family recipe. Add Hundreds & Thousands, macadamia and white chocolate, anything you like: the sky is the limit on what you can create! There is even something for your special furry friends, with a cheese flavoured Doggie Dough! Billy G's Gourmet Cookie Dough is exclusive to fundraising – so stock up!

Get started! Cookie dough orders must be placed online using the online platform. Create your child's profile by visiting australianfundraising.com.au, and follow the instructions in the order form. Orders are open **from 07/03/2022 until 08/04/2022**, so make sure you get rolling and create your online fundraising page today!

How do prizes work? Every student who sells a tub will receive an incentive prize for their efforts! But why not aim higher? The more tubs you sell the more prizes you will receive! There are 12 prizes up for grabs, so why not set your own fundraising goal and aim for them all? Prizes are automatically ordered at the end of our fundraiser based on the number of tubs you have sold.

Family and friends are your greatest supporters, so make sure you ask them for support. You will reach your fundraising goal in no time!

Win a \$10,000 JB Hi-Fi Shopping Spree! Our highest tub seller will go into a draw to win a \$10,000 JB Hi-Fi Shopping Spree. Plus, every student that achieves all online virtual badges will win a Billy G's "You're One Awesome Cookie" Bag Tag.

Want to aim even higher? Australia's highest tub seller will scoot away with a Razor Prize Pack valued at \$3,000. How exciting!

Happy fundraising,