



Upcoming Dates

MAR	Sunday 27th	Final service at Woorak Lutheran Church
	Monday 28th	P & F meeting at 8 pm
APR	Tue 5th / Wed 6th	Parent Teacher Interviews
	Wednesday 6th	SRC Dress Up Day \$1 donation
	Thursday 7th	Year 2 Sleepover
	Friday 8th	Last day for orders Cookie Dough
	Friday 8th	Last day of Term 1

Cookie Dough

Our delicious fundraiser Billy G's Gourmet Cookie and Biscuit Dough is up and running. We only have a few weeks left to order cookie dough. We would love to see all students and families involved to participate in this fundraiser even if it is only one tub. Get your orders in.



Birthdays

We wish the following students a very happy birthday:

Esther Alexander: Sunday 27th March

Chelsea Bone: Monday 28th March



Student of the week

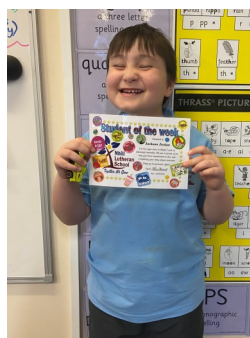
Congratulations to the following students who were presented with Student of the Week awards at assembly last Friday:

Foundation: Jackson

Year 1/2: Sienna & Esther

Year 3/4: Harper

Year 5/6: Annabella



From the Principal

Parent-Teacher interviews

Parents/caregivers are asked to complete their bookings for parent-teacher interviews. Teachers look forward to sharing this time with parents on April 5 and 6.

Harmony Day

Monday was a sea of orange and cultural attire as our school community celebrated Harmony Day. The students enjoyed the variety of activities teachers had planned which focused on the theme of diversity and everyone belonging.

Looking ahead

As we enter the last weeks of Term One and cast an eye forward to Term Two there is much to look forward to. In the last week of term our 3-6 students will compete in cross country at the golf course, and our Year 2 students will enjoy their sleepover at school. The first weeks of Term Two will see the 3/4 class go to Portland for their camp, the Year 5/6 students attend a Student Leadership Day, and the whole school incursion from Freestyle Dance Ministry.

Thank you P and F

Thank you to the Parents and Friends for selling donuts at the Nhill Aviation Heritage Centre on the weekend and raising close to \$700 for the school.

NAPLAN

Year 3 and 5 students will be participating in NAPLAN tests next term. These tests cover the areas of Writing, Reading, Conventions of Language and Numeracy. NAPLAN will be conducted online and the data received from these tests are useful to track areas of strength and growth for students and for the school, however there is a lot NAPLAN does not tell us about a student's capabilities. Parents/caregivers of Year 3 and 5 students would

have received an information letter explaining NAPLAN.

Every blessing for your week.

Damon Prenzler

P & F News

A huge thank you to the members of P & F who sold donuts at the Nhill Aviation expo last weekend.

They took in \$693.60. A wonderful achievement.

Thanks also to the students who helped out.



Devotional Thought

Dwelling in safety

Answer me when I call, O God of my righteousness! You have given me relief when I was in distress. Be gracious to me and hear my prayer! (Psalm 4:1)
Read Psalm 4

This psalm has been called an evening prayer because it says in verse 8, 'in peace, I will both lie down and sleep; for you alone, O Lord, make me dwell in safety'.

The psalm writer has been mocked and criticised and seems to carry heavy burdens. He shouts and prays directly to God in his deep suffering because he believes that only God knows the truth and may defend him righteously. And indeed, the merciful God heard his prayer. Trusting that God heard him enabled the psalm writer to rest and sleep in peace.

We also experience times of trials and sleepless nights where we are in great fear and anxiety. Particularly now in the world, I assume many people are spending peaceless nights, as COVID-19 puts thousands of people into hopeless situations.

When we are overcome with distress, let us, too, call upon God and plead for his mercy.

God delivered his beloved Son to die for our sins and always stands by our side. He always listens to our prayers, giving affirmed forgiveness and peace.

'What then shall we say to these things? If God is for us, who can be against us? He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things? Who shall bring any charge against God's elect? It is God who justifies. Who is to condemn? Christ Jesus is the one who died – more than that, who was raised – who is at the right hand of God, who indeed is interceding for us' (Romans 8:31–34).

When in distress, this psalm writer believed in the One who has promised to listen to the cry of his faithful servants, and so he called on him. May you also call on the merciful Lord to hold you in his arms and give you peaceful rest whenever you are restless.

Prayer: Pray for the Kinki Evangelical Lutheran Church, Japan, that they will continue to call upon God for his mercy whenever they experience trials. Pray God will make you his faithful servant who calls upon him and lives in his loving-kindness every day.

Worship News

Please see below for this week's church service times;

Sunday 27th March

Nhill— 11 am

Woorak—2 pm

(Final service)

Jeparit—9 am

Wednesday 30th March—Lenten Reflection

Nhill—7.30 pm



Online services can be viewed at:
<https://www.youtube.com/channel/UC2uy0xrShyyQVC4sy0xjOJg>

NhillLutheranParishOnline.com

Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ♦ Logan Hickey and his family
- ♦ Shilah, Clayton and Harper Hiscock and their family

Chapel

Chapel this morning was run by the Year 1/2 class.

Next week Chapel will be led by the Year Foundation class.



Chapel Offering

This morning's Chapel offering was \$26.00. Please consider sending an offering each Friday morning as the children in Myanmar rely on our help.

Stephanie Alexander

This week in our Stephanie Alexander class we baked apple and cinnamon muffins, which were delicious! Thank you to the Cramer family for supplying the apples from their apple tree at home. Whilst waiting for these to bake the Foundation and 1/2 students used apples cut in half as stamps, and dipped these in paint to create a '10 apples up on top' inspired painting.



Swimming

Last Friday Oleara and Henry competed in the Greater Western Region Swimming Championships. We are so very proud of both of these students for representing our school. Oleara finished 8th over two heats and Henry finished sixth. We would like to congratulate them both and thank their parents for getting them to these events.

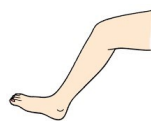


Harmony Day

On Monday students were dressed in orange or a cultural dress to represent our country's cultural diversity for Harmony week. Students participated in a range of activities including French toast making, dressing up, many games and self portrait drawing with oil pastels.



Foundation Word of the Week



This week in Foundation, we have been learning about the sounds and letters associated with the word 'leg', as well as other words where we hear the same sounds. Students participated in different movement tasks linked with this word, identified insects with different amounts of legs and created their own visual masterpieces using the outline of a leg. They also explored different word building exercises to aid their capacity to construct words using the colour coding system for vowel (red) and consonant (blue) sounds.



Year 1/2 Chapel

The Year 1/2s led this morning's chapel service. They used puppets to tell the story of Moses as a baby, when he was hidden in a basket on the river to escape from Egyptians.

It was wonderful to see so many parents and grandparents this morning.



Buddy Time

The Year 5/6 and Foundation class enjoyed buddy time outside with some games, colouring and role play.

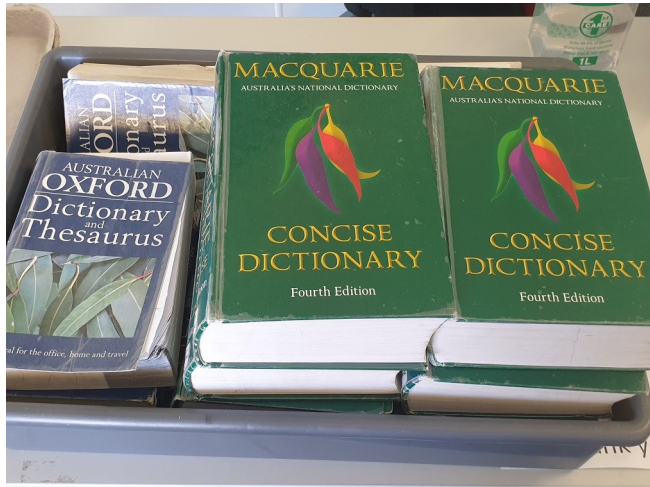


Posie Visits

This week the students were thrilled to receive a visit from Posie and Miss Lindsay.

The staff also appreciated the cuddles.

Free Dictionaries



Feel free to pick up one of our old dictionaries. They are available at the front of the school.

SRC Casual Day

The SRC is having a Casual Dress Day on Wednesday 6th April.

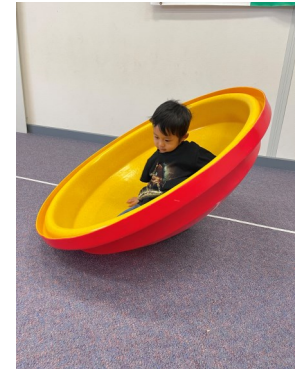
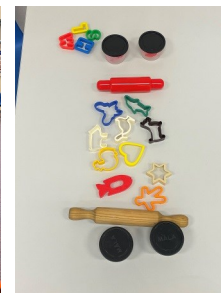
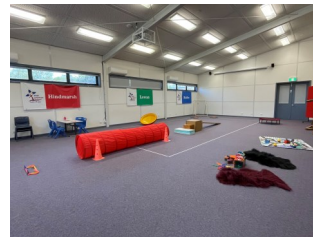
The theme is: Kids dress as teachers and teachers dress as kids.

\$1 donation.



Get 'em Going

Get 'Em Going playgroup this week we played with play doh, harmony week craft and enjoyed the room. Looking forward to next Tuesday 29th of March 9.30 - 11am, this will be our final session for term 1. All adults face masks and be double vaccinated. To register interest please email or phone the school before Monday (admin@nls.vic.edu.au or 53912144). Looking forward to Easter craft and activities.



A parenting style for the ages



There's been a great deal of conversation lately about the most appropriate parenting style to raise kids effectively. How do you get cooperation from your child without nagging, yelling or using other less pleasant, coercive means? How do you build a strong connection with your child or young person, so that they you can build a lasting and respectful relationship?

The solution to these dilemmas is easier than you may think. It lies in your ability to assess two different communication styles when you interact with your child. These two styles indicate credibility and approachability. The credible or 'cat' style, as many of the behaviours are cat-like, is the style to use when managing or disciplining children. The approachable style, known as a 'dog' style as many of the behaviours come from the canine world, is used when building positive, healthy relationships. Let's explore a little further and find out how to access each side or style.

Find your inner cat to guide and manage

The 'cat' refers to the credible or authoritative side that we all have but may find difficulty accessing. This cat or credible side is expressed through non-verbal communication – your tone of voice, your posture and your head position.

Speaking with a flat, even voice shows credibility. Keep your head still and body upright when you talk, and your credibility increases dramatically. The quickest way to access your inner cat or credible side is to speak with your palms facing the ground. Most people find that when they do so they naturally speak with a clipped voice, still head and body and a serious expression on your face.

When you speak from your cat or credible side people will usually believe what you have to say. Cat body language gives you authority.

Guide like a cat by speaking calmly, quietly and staying still when you speak. 'Cats' will also withdraw eye contact rather than stand and argue, so look away or respectfully move away rather than become involved in a pointless argument with a child.

'Cats' also look for ways to manage visually (with such things as rosters or charts) or by moving close and whispering, rather than repeating themselves. If 'cats' repeat themselves, they are more likely to lower their voice than raise it to get attention. These cat behaviours work well when guiding and managing children and teenagers.

Use your inner dog to nurture and build relationships

We also have a 'dog' side to our nature. This is the approachable, conversational, relationship-building side. When you access this side, you generally speak with lots of inflection in your voice. Your head will bob up and down. You'll probably lean forward as you speak, and you'll smile a lot. The quickest way to access your dog side or approachable side is to speak with your palms up.

parenting*ideas

Many of us feel more comfortable with the dog or approachable side than with the cat side of our nature. If you are in a management position at work, you probably spend more time accessing your cat or credible side than your dog or approachable side. Highly effective managers, like highly effective parents will move seamlessly between the two, accessing their dog when networking and relationship-building, then finding their cat for negotiations or when making decisions.

Bring your cat and dog to your parenting

As a parent you can make subtle adjustments to your communication to increase your effectiveness. Consciously alter your style to suit different situations rather than let your moods dictate your communication style. It takes effort and practice to move between the two styles. Do it often and you'll find switching from cat to dog and back again becomes an ingrained parenting pattern.

Get your cat and dog wrong and you'll be ineffective. Manage or discipline like a dog and you'll do one of three things – whine to get cooperation, become frustrated if children or teenagers ignore you, or do nothing because you don't want to offend your children. Build relationships like a cat and you'll be seen as distant, stiff and unapproachable.

Get the mix right and you'll be able to give your children exactly what they need. That is, the leadership and safety that cats provide and the nurturance and encouragement that comes naturally to dogs.

In closing

The cat-dog approach spans many different parenting styles and importantly, accommodates for the emotional needs of children and teenagers. It also provides tools for parents who view parenting as an individual endeavour and for those who see parenting as a group leadership task. The cat-dog approach offers parents the flexibility needed to parent effectively in our current times.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

Provided as a part of our school's Parenting Ideas membership

parentingideas.com.au



WHAT'S IN YOUR BACKPACK?

Kids Camp 2022

Monday 11th to Wednesday 13th April, 2022

Tandara Lutheran Camp – Halls Gap

For 9-12 year olds only

\$170

Registrations are limited, use the link to register -

Link:

<http://jstan2.pairserver.com/apps/tlcapp/register/form/7>

manager@camptandara.com

(03) 5356 4253





Messages of **hope** 

Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au.

27th March Saying Goodbye (Richard Fox)

Saying goodbye to someone we love is heart breaking and can cause deep grief. But grief can also occur from other types of goodbyes. Have you ever moved house, changed jobs, or moved away from close family and friends? Richard, Celia and Anna share their insights on hope in grief.

3rd April Fear to Hope – Rachel's Story (Interview)

Rachel
isolation,
gave

found herself facing huge consequences for her actions, and fear for the future. Hear how God worked in her life and her hope and purpose.

10th April The God of Easter (Bishop John Henderson)

For a lot
off to
Easter?
what that means for us.

of people Easter is about having a long weekend and time have fun with family and friends. But what is the real story of John Henderson talks about the life and death of Jesus and

17th April Easter – A Time of Hope (Pastor Richard Fox)

What does Easter offer us in times of crisis? Listen to Richard share about Easter and where there is hope for us all.

Piggery Lane Players

with permission from Lazy Bee Scripts

presents

All patrons need to provide
proof of double COVID
vaccination & mask
wearing rules apply or
provide medical exemption

The
Wizard
of
OZ

proudly sponsored
by
Klata Wind Farm

A Pantomime by
Adrian Barradell

Nhill Community Center



FRI March 25th - 7.30pm
SAT March 26th - 2pm Matinee
- 7.30pm Cabaret

Book Tickets via QR code

www.trybooking.com/BXCYJ or at the door
Adult \$12.50 Child/Student \$5 Concession \$10



Thank you so much for supporting Nhill Lutheran School, especially through fundraising. This term, we are running a **Billy G's Gourmet Cookie Dough** fundraiser.

Billy G's Gourmet Cookie Dough is an exciting fundraiser, made by an Australian, family owned and operated business. There are ten (10) dough-licious flavours to choose from, including the most popular **Choc Chunk** and **Caramel White Choc**.

You can also create your own cookie magic with a **NEW** Golden Classic flavour – the base of the Billy G's secret family recipe. Add Hundreds & Thousands, macadamia and white chocolate, anything you like: the sky is the limit on what you can create! There is even something for your special furry friends, with a cheese flavoured Doggie Dough! Billy G's Gourmet Cookie Dough is exclusive to fundraising – so stock up!

Get started! Cookie dough orders must be placed online using the online platform. Create your child's profile by visiting australianfundraising.com.au, and follow the instructions in the order form. Orders are open **from 07/03/2022 until 08/04/2022**, so make sure you get rolling and create your online fundraising page today!

How do prizes work? Every student who sells a tub will receive an incentive prize for their efforts! But why not aim higher? The more tubs you sell the more prizes you will receive! There are 12 prizes up for grabs, so why not set your own fundraising goal and aim for them all? Prizes are automatically ordered at the end of our fundraiser based on the number of tubs you have sold.

Family and friends are your greatest supporters, so make sure you ask them for support. You will reach your fundraising goal in no time!

Win a \$10,000 JB Hi-Fi Shopping Spree! Our highest tub seller will go into a draw to win a \$10,000 JB Hi-Fi Shopping Spree. Plus, every student that achieves all online virtual badges will win a Billy G's "You're One Awesome Cookie" Bag Tag.

Want to aim even higher? Australia's highest tub seller will scoot away with a Razor Prize Pack valued at \$3,000. How exciting!

Happy fundraising,