



## Upcoming Dates

MAR	Monday 21st	Harmony Day casual dress in Orange or cultural wear
	Sunday 27th	Final service at Woorak Lutheran Church
	Monday 28th	P & F meeting at 8 pm
APR	Friday 8th	Last day of Term 1

## P & F

The next P & F meeting will be held on Monday March 28th at 8pm at the school (zoom option will also be available.) Coffee and biscuits provided.

Everyone is welcome to come along for a coffee and a chat. Any questions please contact Jackie Rethus.

See you there!!

## Birthdays

We wish the following students a very happy birthday:

Aaron Pedie: Tuesday 22nd  
March

Nathan Pedie: Tuesday 22nd  
March



## Bob Bear

Congratulations to Nathan who is our next recipient of Bob Bear. Nathan has shown great leadership with his buddy. He has followed the school rules on fair play, communication, learning, property and safety.

He has demonstrated a positive mindset when learning and achieving his learning goals.

Congratulations,  
Nathan.



## Harmony Day

Next Monday, the 21st of March, the school will celebrate Harmony Day wearing orange or a cultural dress to represent our country's cultural diversity. The students will participate in numerous activities on this day. There is no donation needed for this day.



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## From the Principal

### Welcome Ms Higginson

Welcome to Ms Penni Higginson who is joining our staff team next week. Penni will be undertaking dual roles, Office Administrator on Mondays and Integration Aide on Thursday and Friday.

### Parent-Teacher interviews

Parent-Teacher interviews are scheduled for Tuesday April 5 and Wednesday April 6. Details outlining how to book will be distributed soon. These interviews are a key part of our reporting processes to parents, and allows an opportunity for parents and teachers to collaborate for the benefit of the students.

### ANZAC Day

Nhill Lutheran School will again participate in the Nhill ANZAC Day commemorations on April 25. Students will be part of the march to the memorial, and also lead some of the singing at the ceremony. ANZAC Day falls on a Monday immediately before the start of Term Two, so it would be great to see as many of our students present as possible.

### Foundations first Wednesday

Congratulations to the Foundation students for attending their first Wednesday at school. As one excited Foundation student said to me, "we have to come to school on Wednesday for the rest of our life!"

### Visitors and Volunteers at School

The latest DET Operations Guide states that visitors and volunteers who are performing work at school and work in close proximity to students or staff, including parent helpers, must have received a third Covid vaccination dose by 25 March 2022. All visitors and volunteers must adhere to Covid Safe requirements of physical distancing, face mask requirements, cough etiquette and good hand hygiene. Any other visitor (not performing work) who

enters the school building must be able to show evidence of two doses of Covid-19 vaccine or have a valid medical exception.

Every blessing for your week.

Damon Prenzler

## P & F Need You!!

There are still 3 extra member positions to be filled on the P&F executive. Are you able to fill these positions?

P&F is a great way to be involved in your child's school and educational journey. It is rewarding and a great way to meet new people.

General member is a great starting position as you just need to attend most meetings and give you options, from there you can be as involved as you choose. We only need half of the executive present at a meeting to form a quorum, so you wouldn't need to be present every month but we would encourage you to come as much as possible. We try and keep meetings short (1-1.5 hours) and when meeting in person, we hope to enjoy a coffee and cake/slice while at the meeting. We meet 2-3 times each term. If attending meetings in person is too difficult, zoom is always an option so you can still be involved.

If you are interested in a general member position, please contact one of the P&F executive to discuss further. Women and men are all welcome. We would love to have you!

Jackie Rethus

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## Devotional Thought

### Our hiding place

You are a hiding place for me. You preserve me from trouble. You surround me with glad cries of deliverance (Psalm 32:7).  
Read Psalm 32

When I was 17 years old, I remember watching the movie, *The Hiding Place*, at the Albury cinema in NSW. It is about Corrie ten Boom and her family. They were Dutch Christians who hid Jewish people in their home for their safety during World War II. The ten Boom family were eventually reported to the Nazi authorities, and Corrie and her sister were taken to Ravensbrück concentration camp. Corrie survived and later wrote the book, *The Hiding Place*. She gave witness to God's help and protection for her and her sister Betsie, who died in the camp. Corrie believed that Betsie died safely in the arms of Jesus.

The psalmist David knew firsthand of the protection of God, particularly when he hid from King Saul, who was trying to kill him. David hid among rocks and in caves on several occasions. Have you ever had to hide for your safety? Many people throughout history have had to literally hide, and some still do. We can take this psalm verse as a wonderful metaphor for God's protection and care.

I have a banner of Jesus the Good Shepherd in my office, made by Christians in a rural village in Pakistan. There is a lamb safe on his shoulders and sheep of various colours close by him. Jesus holds a staff to protect and guide the sheep. He is like a moving *Hiding Place*. In the middle of the night, when your thoughts spin and your fears abound, Jesus is with you. You can talk to him anytime – even your thoughts are prayers. Jesus is your safe place, your go-to in any situation.

As a pastor, I know people can be deeply disappointed when it seems like prayers are not heard, and it feels like the safety or protection promised in this psalm verse and others like it is not there. I want to say: persist in prayer, keep talking, express disappointments, frustrations, pain. God can take it. When others express to you their disappointment about God's care, listen to their pain and, over time, affirm God's love for them.

Somewhere there will be glad cries of deliverance – on Easter Sunday, from saints on earth and in heaven. Think of people who have gone on ahead, who are shouting and singing praise to a delivering God.

Pray for all who are in hiding at this time, hiding even in their own homes, looking somewhere for a safe space.

## Worship News

Please see below for this week's church service times;

### Sunday 20th March

Nhill— 9 am

Woorak—11 am

Jeparit—11 am



### Wednesday 23rd March—Lenten Reflection

Jeparit—7.30 pm

Online services can be viewed at:  
<https://www.youtube.com/channel/UC2uy0xrShyyQVC4sy0xjOJg>

NhillLutheranParishOnline.com

## Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ♦ Mia Grover and her family
- ♦ Imogen and Savannah Hedt and their family

## Chapel

Chapel this morning was run by the Year 3/4 class.

Next week Chapel will be led by the Year 1/2 class.



## Chapel Offering

This morning's Chapel offering was \$24.65. Please consider sending an offering each Friday morning as the children in Myanmar rely on our help.



## Stephanie Alexander

This week in Stephanie Alexander classes, students practiced their cutting skills to turn fresh tomatoes into a yummy salsa. The F-2's combined their salsa with corn chips, while the 3-6's used their salsa to prepare nachos. In these classes, students also got creative and made their own tomatoes in different ways.



## Foundation Word of the Week



This week in Foundation, our word of the week was net. Students engaged in a variety of hands on learning tasks associated with sound recognition and articulation, and discussed different types of nets we find around the school, or at home. Visual Art and fine motor skill development was also associated with this weeks learning, through the use of weaving, painting, cutting and pasting. You can view the students weaving patterns and fish around the school.





## Year 3/4 Party

Thank you to everyone for supplying a wonderful array of food for yesterday's Marble Jar Reward Party. The party was great fun and thoroughly enjoyed by the children. Despite advice given at the start to have a mix of savory and sweet food, the lolly bowl and chocolate biscuits were the number one target! The sausage rolls and pizza then got a good going over. Once they'd had their fill of sugar and we formed a circle to play some games, they made short work of the veges crackers and dip. Entertainment options were thoughtfully provided by Ms Rutherford! The party was a fitting reward and celebration for the good start the class have made to the year.



## Year 3/4 Artefacts

In our Unit of Inquiry the students have all brought in an artefact that tells a story about their family and its history. They then wrote descriptions for their artefact so that we could set up a display. The Year 3-4 Artefact Exhibition is now open for viewing in the foyer outside our classroom. Other classes have been to have a look and seemed suitably impressed. Parents are invited to come and view the display (under covid protocols: fully vaccinated and wearing a mask). The exhibits range from a 100 year old mud brick and a Bible from 1927 to an assortment of tools and sporting equipment, all with interesting family history.





## Uniform update

With many aspects of schooling and education, reviews and updates are required to ensure that our students are able to achieve their best. School uniforms are no different. With this, the School Board has reviewed current uniform options and believe that it is time to introduce a pair of unisex pants for winter and update the current short-sleeved polo top (please note, the winter skirts and pinafores remain uniform options).

These decisions have been agreed upon based on practical, financial and aesthetic reasons. These uniform options will be available in the coming months (ready for winter 2022), but are not a requirement until January 2024.

Until this time, the current grey pants and short-sleeved polo tops are available at 50% off.



New  
Unisex  
pants

New  
short-  
sleeved  
polo  
top



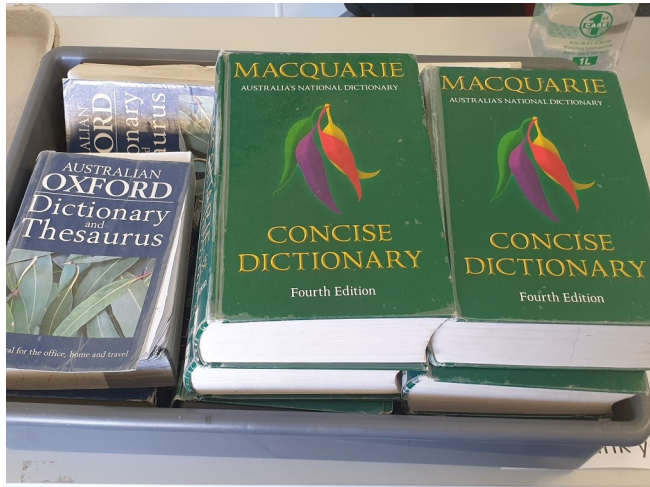
## Year 3/4 Chapel

The Year 3/4s led this morning's chapel service, focusing on the Old Testament hero, David, and his unlikely victory over Goliath the giant Philistine. I write in faith that it went well, that everyone remembered their lines and that David felled the giant with his first stone, or at the very least, his second shot! Well done to everyone for the work you put in to prepare for and lead chapel.

NB. Note to self. In future Mr Holt, don't schedule a chapel rehearsal directly after a sugar-hit class party!



## Free Dictionaries



Feel free to pick up one of our old dictionaries. They are available at the front of the school.

## Buddy Time

The Year 5/6 and Foundation class enjoyed buddy time this week borrowing library books, reading stories and viewing books from the Book Fair together.



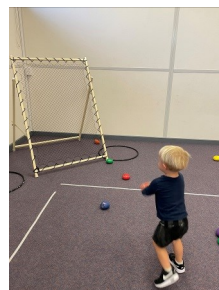
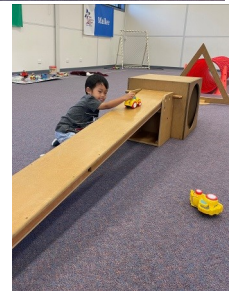
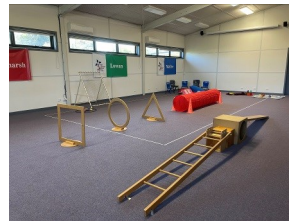
## Face Masks

A reminder to all families that reusable (fabric) face masks should be washed each day that they are used.



## Get 'em Going

Get 'Em Going playgroup this week we played with play doh, stickers and enjoyed the room. Looking forward to next Tuesday March 22nd 9.30 - 11am, and continuing on following Tuesdays. All adults face masks and be double vaccinated. To register interest please email or phone the school before Monday ([admin@nls.vic.edu.au](mailto:admin@nls.vic.edu.au) or 53912144). Looking forward to plenty of play, books and craft activities next week for Harmony week.





## INSIGHTS

### Growing up is not straight-forward



The pandemic has delivered change and upheaval to families on an enormous scale. However upheaval is not new for some children, particularly those who've experienced illness, a loss of a loved one or who've moved home and changed schools. Each change requires acceptance, adjustment and an attitude realignment to help them fit the new circumstances. Every change is an opportunity for a child to grow and develop, if they are supported, and they're not overwhelmed by the experience.

#### The twists and turns of development

A child's pathway to adulthood, and the accompanying journey of their parents, is generally viewed as linear. Growing up is seen as a straightforward march from infancy, early childhood, childhood, adolescence, post-adolescence to adulthood. If COVID has taught us anything it's that a child's journey is full of twists and turns.

While your child has a developmental clock that keeps ticking over, it's their experiences that determine their maturity and their ability to reach fully-fledged adulthood with the resilience, grit and adaptability needed to thrive. These experiences that develop maturity and coping capacities fit into two broad areas – challenging experiences and positive experiences.

#### Challenging Experiences

The challenging experiences that a child encounters enable them to build their coping capacities and develop their emotional resources that contribute to their maturity. These challenges include:

##### Conflict

Disagreements, arguments and rivalry is part of growing up. Whether it's a dispute with siblings or a fallout with a friend, negotiating conflict is a developmental task.

##### Rejection

Rejection by a friend or group is hurtful and feels horrible, but it also builds a level of social smarts and judgement necessary for navigating relationships in later life.

##### Loss

This takes many forms including a friend moving away, the death of a pet or the passing of a family member. Loss is the cause of sadness, grief and heartbreak that can feel overwhelming. However, with time and support kids learn to cope and get on with their lives.



## Disappointment

Losing a game, not being picked for a team, not receiving a gift they wanted are unpleasant but character-building experiences that help kids develop perhaps the most treasured resilience capability of them all – acceptance.

## Failure

Mistakes are seen in three ways. They are activities to be avoided, signs of failure, or opportunities for further learning. Resilient learners know that mistakes, even initial failures, are part of every learning process so the risk of failure doesn't hold them back. Children and young people grow from these experiences as coping and recovery generally build character, confidence and resilience.

## Positive experiences

Though children and young people will inevitably experience challenging experiences, positive experiences help to balance the experience ledger by building a child's identity, wellbeing and emotional collateral.

## Love

Knowing that a child is loved and loveable is at the core of their self-worth. Self-esteem and identity built in adolescence needs a solid foundation of self-worth.

## Friendship

Making and keeping friends is an essential life task linked to many aspects of happiness and wellbeing.

## Contribution

The ability to belong to groups through contribution fulfils a basic need. It allows children to experience real gratitude and feel needed, which builds self-esteem.

## Excitement

Fun, joy, excitement! Any activity that shifts a child's emotion from unpleasant, low energy to pleasant and high energy is a good thing.

## Play

Involvement in enjoyable activities such as hobbies, interests, sports, music, games, creative and performance arts are central to healthy wellbeing. Activities that are fun, freely chosen and create flow (the ability to lose track of time) fit the criteria of play.

## In closing

A child's age and related milestones is a recognised marker of their development. However, their life experiences, as much as the number of birthdays they've had, contribute to their maturity, resilience and readiness for the wider world.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

Love  
AT FIRST  
Bite

I am going to decorate Marie  
biscuits to fundraise for the  
Starlight Foundation.  
Please pre-order on the  
form provided.

Decorated Marie  
biscuits \$3



To be available at recess on  
Monday 28th of Feb and the 21  
of March

from  
Shilah

## Star order form ★

Please return by 21/2/22

Name: \_\_\_\_\_

No of  
biscuits : \_\_\_\_\_

Date(s)  
for biscuits : 28/2/22 or 21/3/22

Money\$ \_\_\_\_\_

Biscuits Wheat Flour, Sugar, Vegetable Oil, Golden Syrup,  
Baking Powder, Salt, Starch (Wheat), Milk Solids, Emulsifier  
(Soy Lecithin), Natural Flavour, Antioxidant (E307b From Soy).

**Ingredients** Icing (icing  
sugar, water  
and food  
colour)





# WHAT'S IN YOUR BACKPACK?

## Kids Camp 2022

Monday 11<sup>th</sup> to Wednesday 13<sup>th</sup> April, 2022

Tandara Lutheran Camp – Halls Gap

For 9-12 year olds only

\$170

Registrations are limited, use the link to register -

Link:

<http://jstan2.pairserver.com/apps/tlcapp/register/form/7>

[manager@camptandara.com](mailto:manager@camptandara.com)

(03) 5356 4253



## Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at [messagesofhope.org.au](http://messagesofhope.org.au).

### **20<sup>th</sup> March      Losing Mike But Keeping Hope      (Interview)**

What do you do when your rock, your protector is diagnosed with a brain tumour? How do you cope with the changes in their personality, your relationship and in all the things you used to do together? Jen and Allie share their story.

### **27<sup>th</sup> March      Saying Goodbye      (Richard Fox)**

Saying goodbye to someone we love is heart breaking and can cause deep grief. But grief can also occur from other types of goodbyes. Have you ever moved house, changed jobs, or moved away from close family and friends? Richard, Celia and Anna share their insights on hope in grief.

### **3<sup>rd</sup> April      Fear to Hope – Rachel's Story      (Interview)**

Rachel found herself facing huge consequences for her actions, isolation, and fear for the future. Hear how God worked in her life and gave her hope and purpose.

### **10<sup>th</sup> April      The God of Easter      (Bishop John Henderson)**

For a lot of people Easter is about having a long weekend and time off to have fun with family and friends. But what is the real story of Easter? John Henderson talks about the life and death of Jesus and what that means for us.



# HISTORIC ENGINEERING EXPO

CELEBRATING NHILL'S UNIQUE ENGINEERING HERITAGE

## SAT 19th MARCH

10am - 4pm  
@ Nhill Aerodrome

Entry \$15  
chn/students free

FOR MORE INFO CONTACT JENNY CREEK- 0417014278  
WWW.NHILLAVIATIONHERITAGECENTRE.COM.AU  
WWW.SASKYDIVING.COM.AU

heritage plaques unveiled @ 2pm

scrap metal artwork display

wood turning & blacksmithing

historic engineering exhibits

sky diving bookings essential

food available all day

Made with PosterMyWall.com

## SKYDIVING AT NHILL

*Book now for the thrill of lifetime!*

### SATURDAY MARCH 19<sup>TH</sup>

- ✓ Freefall : 25 - 70 seconds
- ✓ Parachute Flight : 5-6 minutes
- ✓ Stunning views over Nhill
- ✓ Australian Parachute Federation (APF) Membership
- ✓ Australia's highest skydive

9,000ft	\$349
12,000ft	\$449
15,000ft	\$529

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Photos & Video	\$149
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Terms & Conditions Apply



AVAILABLE WITH

**BOOKINGS:** [www.saskydiving.com.au](http://www.saskydiving.com.au)  
<http://www.saskydiving.com.au/book-online/skydive-nhill/>  
 or follow SA Skydiving on facebook

In conjunction with the Nhill Aviation Heritage Centre at the  
**Historic Engineering Expo . Sat March 19th**  
**Nhill Aerodrome**

More information : Jenny 0417 014 278 / lcreek6@bigpond.com

## NETSETGO & AUSKICK

## COME & TRY NIGHT



### THURS 7TH OF APRIL

### 4PM AT DAVIS PARK

## NEW FAMILIES WELCOME



**Piggery Lane Players**

*with permission from Lazy Bee Scripts*

**presents**

All patrons need to provide  
proof of double COVID  
vaccination & mask  
wearing rules apply or  
provide medical exemption

*The*  
**Wizard**  
*of*  
**OZ**

proudly sponsored  
by  
Klata Wind Farm

A Pantomime by  
Adrian Barradell

**Nhill Community Center**



FRI March 25th - 7.30pm  
SAT March 26th - 2pm Matinee  
- 7.30pm Cabaret

Book Tickets via QR code

[www.trybooking.com/BXCYJ](http://www.trybooking.com/BXCYJ) or at the door  
Adult \$12.50 Child/Student \$5 Concession \$10





Thank you so much for supporting Nhill Lutheran School, especially through fundraising. This term, we are running a **Billy G's Gourmet Cookie Dough** fundraiser.

Billy G's Gourmet Cookie Dough is an exciting fundraiser, made by an Australian, family owned and operated business. There are ten (10) dough-licious flavours to choose from, including the most popular **Choc Chunk** and **Caramel White Choc**.

You can also create your own cookie magic with a **NEW** Golden Classic flavour – the base of the Billy G's secret family recipe. Add Hundreds & Thousands, macadamia and white chocolate, anything you like: the sky is the limit on what you can create! There is even something for your special furry friends, with a cheese flavoured Doggie Dough! Billy G's Gourmet Cookie Dough is exclusive to fundraising – so stock up!

**Get started!** Cookie dough orders must be placed online using the online platform. Create your child's profile by visiting [australianfundraising.com.au](http://australianfundraising.com.au), and follow the instructions in the order form. Orders are open **from 07/03/2022 until 08/04/2022**, so make sure you get rolling and create your online fundraising page today!

**How do prizes work?** Every student who sells a tub will receive an incentive prize for their efforts! But why not aim higher? The more tubs you sell the more prizes you will receive! There are 12 prizes up for grabs, so why not set your own fundraising goal and aim for them all? Prizes are automatically ordered at the end of our fundraiser based on the number of tubs you have sold.

Family and friends are your greatest supporters, so make sure you ask them for support. You will reach your fundraising goal in no time!

**Win a \$10,000 JB Hi-Fi Shopping Spree!** Our highest tub seller will go into a draw to win a \$10,000 JB Hi-Fi Shopping Spree. Plus, every student that achieves all online virtual badges will win a Billy G's "You're One Awesome Cookie" Bag Tag.

Want to aim even higher? Australia's highest tub seller will scoot away with a Razor Prize Pack valued at \$3,000. How exciting!

Happy fundraising,