Nhill Lutheran School	то	GETHE	ER N	WE GROW	
2 Mackay Street, I	2 Mackay Street, Nhill 3418		2144	E: admin@nls.vic.e	du.au
Term 3	Week 8	Issue 2	6 3	3rd September 202	1
Vale	Kiara			Upcoming Dates	

Vale Kiara

The Nhill Lutheran School community is deeply saddened to hear of the loss of one of our treasured past students, Kiara Drendel. We will remember Kiara's kindness and her passion for helping others. Deepest sympathy to Paul, Linda, Amelia and family.

Jesus said "And this is the will of him who sent me, that I shall lose none of all those he has given me, but raise them up at the last day. For my Father's will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day." John 6:39-40



	1	
SEP	8th	P & F Meeting at 8pm via
		Zoom
	17th	Last day of Term 3
		·
OCT	4th	First day of Term 4
		,

Parents and Friends

The P&F will be meeting on Wednesday 8th of September at 8.00pm via zoom. We encourage everyone to attend the meeting, new faces are always welcome. If you would like to attend please contact the P&F via email pandf.nls@gmail.com and they will send you the meeting link.

Birthdays

We wish the following students a very happy birthday:

Oakley Moylan: Tuesday 7th September



Barrett Clark: Thursday 9th September

From the Principal

Happy Father's Day

Have you seen the "How to Dad" clips on YouTube? These amusing clips show 'instructional videos' on how to do things like put a baby to sleep, how to travel with a baby and more. Apart from the comical tone of the videos it is clear this Dad loves his child. Parents know that following lists of instructions for parenting do not always work, and many challenges exist in raising children. Having love for your child that shows itself through thoughts, words and actions is super important. Christians refer to God as 'Father', and are thankful for his abundant love. Thank you to all the fathers and other significant males who demonstrate love and guidance for the younger generations, including students of our school. I hope you have a wonderful Father's Day! The Parenting Ideas article in this newsletter is a special one for dads and worth a read.

Remote Learning

I wish to extend a huge thank you to all members of our school community for your efforts during remote learning. The announcement on Wednesday of an extension to lockdown and remote learning was not the news we were hoping for, and so we continue to do our best in the circumstances. Times like this can be a struggle for some, and if you or members of your family are struggling please reach out to support personnel. Pastor Carl, has returned to Nhill after a period of R and R, and is available for pastoral support.

Looking ahead to next week, Wednesday will be a 'wellbeing Wednesday' with little or no learning set for the day. Teachers will inform their classes of plans for their class. This may be a day for students and parents to focus on wellbeing, for example play games, art/craft or outside activities, and re-energise for the final week and a half of Term 3.

The lockdown has meant we have had to reschedule or postpone activities:

Three way conversations are now scheduled for 12-13 October.

Concert has been postponed to Term 4, date TBC.

Book Week dress up and activities will happen once students return to face to face learning.

NAPLAN

The NAPLAN results for our school were very pleasing with 100% of our Year 3 and Year 5 students above the national minimum standard in all tests. Well done to all the students who sat the tests and thank you to Miss Attiwill for coordinating the NAPLAN tests.

Every blessing for your week,

Damon Prenzler

Congratulations Miss Lindsay

Miss Lindsay and her partner, Dale, are thrilled to announce that they are expecting a baby in March 2022.

We wish them God's blessing for a safe and joyful pregnancy and we look forward to meeting the new arrival next year.





Devotional Thought

Penalty all paid!

For the wages of sin is death, but the gift of God is

eternal life in Christ Jesus our Lord (Romans 6:23). <u>Read Romans 6:12–23</u>

Penalties are a reality in our lives. Whether it is a speeding fine or interest on a late credit card payment, we face the consequences.

And there's a price – a penalty to be paid for our sin, disobedience, imperfection and broken relationship with God. The Bible's very clear about that penalty. The wages of sin is death. For all of us who sin in any way against God, his clear word is: there's a penalty that has to be paid.

But his word also says that the one person who didn't sin came to pay the penalty in our place. He could have decided otherwise very easily. He might well have and could have fairly said that we need to pay for our mistakes ourselves. But he didn't. He came to take our penalty in our place.

He knew it wasn't going to be easy for him. He knew before he was born that he'd be stricken, smitten, despised and forsaken. When he was born, King Herod tried to put him to death. When he began his ministry, his own townspeople in Nazareth tried to kill him. And his own family thought he was 'out of his mind' and tried to stop him from preaching and teaching. But none of this stopped him. He stood strong when people laughed at him, persecuted him, accused him, hated him; when he lost his followers; when he lost the trust of his disciples; when he lost his own Father in the loneliness of his suffering on the cross. And lastly, when he lost his life.

Any other person would have said 'enough'. Any other person would have said, 'I can't take this'. But he didn't because he wasn't just any other person. He was God's Son, and he refused to leave us to pay the penalty for our sin. For all have sinned and fall short of the glory of God but are justified freely by his grace through the redemption that came by Christ Jesus. Because of Jesus and his sacrifice, we've been rescued from the punishment we deserve. We have God's forgiveness and peace and the assurance of eternal life.

Gracious Lord Jesus, thank you. Thank you for paying the price that we deserved to pay for our sin. Thank you for the sacrifice you made for us. We can so often take it for granted because we don't always acknowledge the seriousness of our sin or its consequences. So, thank you. Fill our hearts with gratitude again today. Help us to show our thanks in all that we say and do. Amen.

Worship News

Please see below for this week's church service times;

Sunday 5th September No service due to COVID restrictions.



Online services can be viewed at: https://www.youtube.com/channel/ UC2uy0xrShyyQVC4sy0xjOJg Parish Office: nhillpar2@bigpond.com or 5391 122

NhillLutheranParishOnline.com

Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- K'Lu Say and her family
- Mrs Woodward and her family

Chapel

Chapel each week is held in the Multi Purpose Room on a Friday at 9am. Parents and friends are invited to join us and stay for morning tea and coffee, once restrictions have eased.

Chapel Offering

With no visitors onsite, we have had very little money received through the chapel offering for many weeks. Please consider donating. So far this year, \$489.20 has been generously received from Chapel offerings. Thank you for blessing our sister school in Myanmar.

Happy Father's Day

We wish all the dads, grandfathers, uncles and other significant father figures a very happy Father's Day.









Enrolments for 2022

Nhill Lutheran School is accepting enrolments for 2022. If you have a child ready to start school next year, or know of families who are moving to the area, then enrolments may be lodged now. Enrolment forms are available from the front office (5391 2144 or admin@nls.vic.edu.au).

Parenting Ideas—Webinars and Guides

Our school has a Parenting Ideas membership which enables us to publish articles in our newsletter. I hope you find these articles useful and informative. In addition to the articles, Parenting Ideas also provides support for parents through webinars and eGuides. Parents of Nhill Lutheran School are able to access free webinars provided by Parenting Ideas (usually the cost is \$39). Some of the webinars have already occurred and have been recorded, others are planned for later this year. To gain free access to a webinar simply request a voucher from the school, which will have all the details you need to view the webinar. Upcoming webinars include:

parenting *****ideas

Connecting with teenage daughters – June 23 at 8pm, valid to September 23

The eGuides are booklets that are also available free to parents. They cover the topics of optimism, family meetings, friends, coping, understanding children's behaviour, and bring out your child's confidence. Copies of the eGuides can be sent electronically by the school, just ask via <u>admin@nls.vic.edu.au</u> or phone the school.



Listen to Messages of Hope and invite others to do the same. Download or listen online at **messagesofhope.org.au**.

5th September Dads 101 (Interview)

For Father's Day, a group of dads share their joys, struggles and hopes as fathers. Being a dad isn't always easy but it's a whole lot better when we know we're not the only one. There is forgiveness and plenty of joy to be had.

<u>12th September Blended families (Interview)</u>

"When you join two families, you don't mean to be but you're actually really quite threatened about trying to maintain territory. We both had to give a lot more than 50 percent." How do you parent with different styles, and what does it take to make the relationships work?

19th September The day my mum disappeared (Interview)

"I remember just driving around the neighbourhood, relentlessly looking for mum. I was in tears. Where could she be?" Where do you find hope when illnesses like Dementia change the relationship you have with your parents?

26th September Dementia is not the end (Interview)

Gaye has worked in aged care for over 20 years and specialised in Dementia care. Gaye shares some of the misunderstandings around Dementia, including some surprising insights and encouragement.

parenting *****ideas

INSIGHTS

In praise of fathers: the place of the modern dad



Fatherhood has been transformed from the breadwinner and disciplinarian role of the past to a far more complex framework. Here's how:

Diversity rules

A look at different cultures even within our shores shows there's no one 'right way' to be a dad. Fathers have a strong biological urge to ensure their children's survival, which drives dads to be protective, some to have high expectations and others to promote self-sufficiency. Fathers may differ in how they parent, but ultimately, we all belong to the same valued club. Fathers almost universally want what's best for their child.

Recognising dads

Being a dad is not given the same attention as motherhood. The parenting advice industry is often skewed toward mothers as the direct or primary carers. The lack of recognition can also at times be seen in the mental health field. It's now recognised that men experience heightened anxiety at all stages of fatherhood, however, most simply suffer in silence because 'that's what men do.' The recent advances in mental health promotion still have some way to go when it comes to fathers.

Playtime is crucial

Fathers have long been seen as the kings of play. Science now shows that play is a critical part of the fathering toolkit. Whether it's engaging in rough and tumble play with toddlers, sharing pizza night with primary-school kids or laughing with teens over the latest cat video, dads bond best with their children through play. Oxytocin, the bonding chemical that promotes strong relationships is released most intensely for men when playing with kids. On the other hand, oxytocin spikes for women are prompted by affectionate activities such as stroking, cuddling and talking softly to kids. Activity is at the heart of effective fathering as it's through play that many men do their best fathering work.

Part of team parent

'I wish my partner raised children like me' is a common parent comment. While usually uttered out of sheer frustration this comment misses the point that evolution dislikes duplication. Put simply, if one parent is the disciplinarian the family doesn't need another. Better for the other parent to focus on nurturing, teaching or arranging daily timetables. In busy families it's better to ensure all the parenting bases are covered rather than duplicating roles and leaving out important functions. Working together as one part of team will ensure that most of the needs of a child are met. Alternatively, if you are parenting a child on your own stay connected with other families and reach out for assistance when required.

parenting *****ideas

The school of dad

Traditionally, fathers have been heavily linked with children's learning, but not necessarily of an academic kind. The reinforcement of values, real-world problem-solving and teaching for self-sufficiency have been the usual domain of dads. Recent studies show that dads can also positively impact their children's academic achievement, but in different ways to mothers. While mothers are more likely to be involved in at home learning activities such as hearing children read and supervising homework, fathers are more likely to positively impact their children's attitude to learning. According to American educational researcher William Jeynes, dads focus more (than mothers) on moulding and modelling correct mindsets and behaviours, which provide the foundation upon which children and teens can build their academic journeys. It's this bigger picture focus where fathers can do their best work, particularly changing boys' attitudes to women and giving their daughters the confidence to stand up and be heard.

Dads and kids' development

If a father wants to positively influence children and teenagers, it's important to ensure that their relationship is warm and supportive. While this may be at odds with men's natural tendency to push children's developmental boundaries, fathers should lean on their well defined ability to relate to their kids through play. As Australian educational leader Dr. Tim Hawkes noted in his book *"Ten conversations you should have with your son"* dads who engage in banter and fun are better placed to discuss issues of real substance with their children.

Dads and resilience

Fathers who promote children's self-sufficiency are well placed to develop resilience in their children. In fact, a key role for modern fathers is to ensure, as part of team parent, that their children can confront and overcome the hardships, frustrations and difficulties that life throws at them. This is done less by adopting tough, hard-nosed tactics, and instead allowing kids to take physical and emotional risks in the knowledge that they can return to a warm and secure base.

Dad is a social role

With children growing up in step, adaptive, single parent and same sex families fatherhood has become less a biological and more a social role. As society changes and assisted parenting techniques continue to advance, whoever answers to father takes on importance in a child's life. This is not denying the rights of a biological father, but rather acknowledges that for many children the person who shows up whether stepfather, relative or family friend, or even a single parent doing both roles, is the social father for a child.

In closing

As society changes the role of fathers is also shifting as well. While the place of a father in a child's life has always been important, there's never been a greater need for fathers to be supported in their role and to widen our view of what it is to be a dad.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.