

## Congratulations, Lucy!

The whole school was cheering Lucy home on Wednesday morning, when she, along with her team, won gold for Australia.



## Enrolments for 2022

Nhill Lutheran School is accepting enrolments for 2022. If you have a child ready to start school next year, or know of families who are moving to the area, then enrolments may be lodged now. Enrolment forms are available from the front office (5391 2144 or admin@nls.vic.edu.au).

## Upcoming Dates



AUG	6th	Athletic Sports Day (NOTE DATE CHANGE)
	9-12th	Year 5/6 camp
	18-20th	Year 3/4 camp



## Birthdays

We wish the following students a very happy birthday:

Mia Grover: Friday 30th July

Clayton Hiscock: Friday 30th July

Vidhi Brahmhatt: Monday  
2nd August

Matilda Zanker: Tuesday 3rd



## From the Principal

It was nice to have students return to face to face learning this week. Hopefully we can experience a prolonged time of face to face learning. What is particularly noticeable during lockdowns is many children miss social interaction with others, and being at school provides opportunities for socialisation and the many associated learning opportunities - learning to take turns, to share, to collaborate and communicate, to play fairly and more.

The chapel this week was led by the Foundations and focused on 'joy', another fruit of the Spirit. I remember, as a child, learning 'joy' as an acronym which stood for Jesus, Others, Yourself, meaning we can put Jesus first in our lives, then others and then ourselves. This can be difficult at times to get that order right, but with God's help we can learn to prioritise wisely and experience joy as a result.

### Athletics Day

Our Athletics Day will go ahead next Friday, August 6. A separate note with a programme will be distributed to families. Please note that under current COVID guidelines any spectators are not allowed on site.

### NCCD

All Australian schools participate in the Nationally Consistent Collection of Data (NCCD) each year. The NCCD provides the government with information they need to support students with additional needs through funding and the like. Our staff have identified students for consideration for the NCCD. Students are not involved in any additional testing or identified in any way in line with privacy and confidentiality guidelines. Further information about the NCCD can be found at [www.nccd.edu.au](http://www.nccd.edu.au).

### Camps

Camps are once again permitted under current COVID guidelines. Our 5/6 class will be

attending camp in Melbourne August 9-12, and the 3/4 class to Halls Gap August 18-20. Camps are wonderful experiences for students to spend time together in different locations, and to experience new and interesting learning opportunities. Thank you to Miss Morrison and Miss Lindsay for their efforts in organising camps during the uncertainties of COVID.

Every blessing for your week,

Damon Prenzler

## For Sale



We currently have a number of computers that we no longer require. They are HP Compaq 8200 Elites and are for sale for \$100 each.

If you are interested in purchasing one of the computers, please contact the front office.



## Devotional Thought

### Even if he does not

But even if he does not, we want you to know, Your Majesty, that we will not serve your gods or worship the image of gold you have set up (Daniel 3:18).

[Read Daniel 3:16–28](#)

In the face of a furious King Nebuchadnezzar and the threat of being thrown into a fiery furnace, Shadrach, Meshach and Abednego refused to back down and worship an idol.

If you read what they said, it seems that these three men had complete faith in God's ability to save them. They knew the truth that God is all-powerful and totally able to rescue his people from anything. After all, what is a fiery furnace compared to the Lord Almighty? Even one that is seven times hotter than usual!

But then comes the twist in what they said. They also knew that there was no guarantee that God would rescue them. What is more, they told the king that even though they didn't know whether or not God would actually save them, they were okay with that.

How could they have such faith, confidence and peace when faced with the possibility of being thrown in the furnace and God not doing anything about it?

Our faith can often waver when God appears to be doing nothing. How do you react when God doesn't come through? Or doesn't come through in the way that you want or expect? What happens to your peace and calm then? I know what happens to mine.

These three men kept their eyes fixed on God, not the furnace. God gave them their faith in him. God gave them their confidence to trust in him. God gave them his peace, which in this case, certainly surpasses all understanding. God was literally with them in the fire.

So how can you and I have this same faith, confidence and peace when we are faced with the fiery furnaces of life? With troubles and trials? With persecution?

The same God who was there with them is here with you. He is at work in you as well. Keep your eyes fixed on him and not on your troubles. He will give you the faith, confidence, peace and everything else that you need when you face hard things with him, regardless of the outcome.

***Loving God, help me keep my eyes fixed on you when I am faced with the fiery furnaces of life. Thank you that you are always there with me in the midst of them.***

***Please give me the faith, confidence and peace that I need as I walk through them with you. Amen.***

## Worship News

Please see below for this week's church service times;

Sunday 1st August  
Nhill—10:00 am

Don't forget to register first via the Parish Office.



Online services can be viewed at:

<https://www.youtube.com/channel/UC2uy0xrShyyQVC4sy0xjOJg>

Parish Office: [nhillpar2@bigpond.com](mailto:nhillpar2@bigpond.com) or 5391 122

[NhillLutheranParishOnline.com](http://NhillLutheranParishOnline.com)

## Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ♦ Mrs Koning and her family
- ♦ Miss Lindsay and her family

## Chapel

Chapel each week is held in the Multi Purpose Room on a Friday at 9am. Parents and friends are invited to join us and stay for morning tea and coffee, once restrictions have eased.



## Chapel Offering

With no visitors onsite, we have had very little money received through the chapel offering for many weeks. Please consider donating. So far this year, \$483.20 has been generously received from Chapel offerings. Thank you for blessing our sister school in Myanmar.



## Mini Olympics

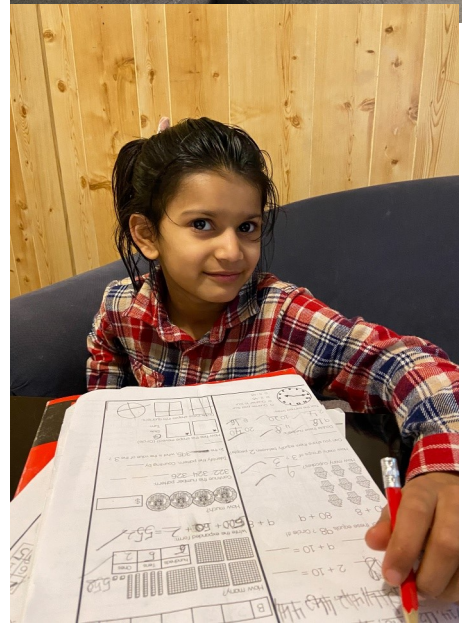
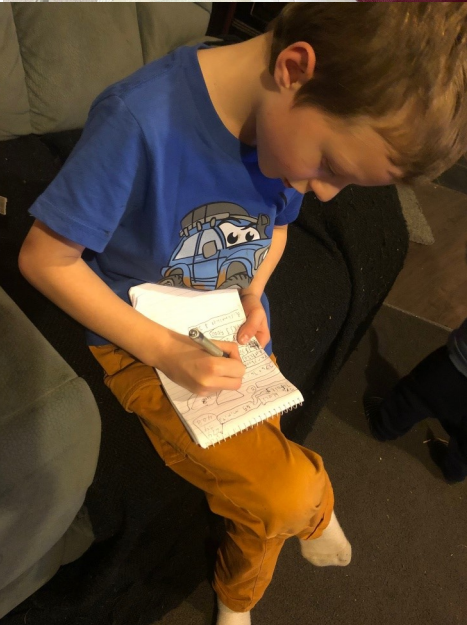
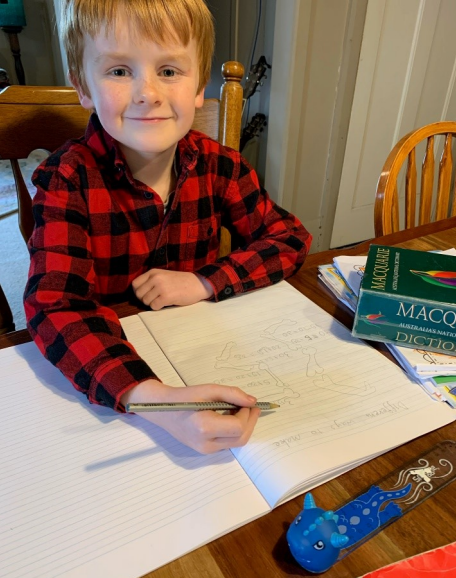
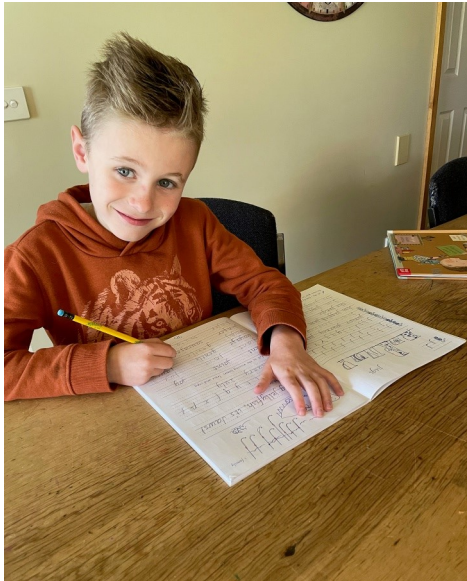
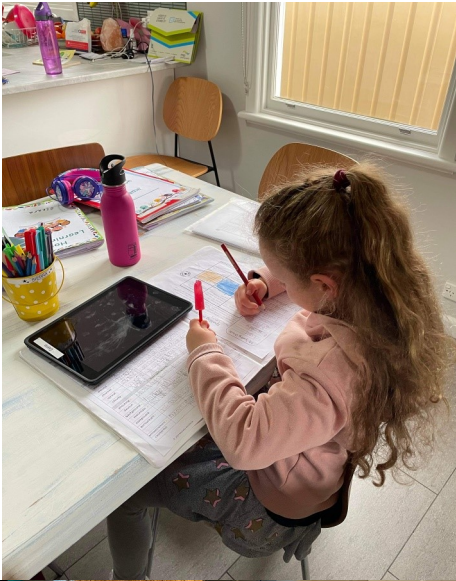
What better way to celebrate the opening of the current Olympic Games than conduct your own Mini Olympics. Students competed in gymnastics, sand castle sculptures, obstacle course and hurdles. The students then received a medal for their efforts.





## Learning from home

We are thankful for the support that our parents and caregivers provide to the students as they learn from home. Even some of the pets have been helping out (thanks, Jasper Borgelt).





## Parenting Ideas—Webinars and Guides

Our school has a Parenting Ideas membership which enables us to publish articles in our newsletter. I hope you find these articles useful and informative. In addition to the articles, Parenting Ideas also provides support for parents through webinars and eGuides. Parents of Nhill Lutheran School are able to access free webinars provided by Parenting Ideas (usually the cost is \$39). Some of the webinars have already occurred and have been recorded, others are planned for later this year. To gain free access to a webinar simply request a voucher from the school, which will have all the details you need to view the webinar. Upcoming webinars include:

*Connecting with teenage daughters –*  
June 23 at 8pm, valid to September 23

The eGuides are booklets that are also available free to parents. They cover the topics of *optimism, family meetings, friends, coping, understanding children's behaviour, and bring out your child's confidence*. Copies of the eGuides can be sent electronically by the school, just ask via [admin@nls.vic.edu.au](mailto:admin@nls.vic.edu.au) or phone the school.

parenting\*ideas

Messages of hope 

Listen to Messages of Hope and invite others to do the same. Download or listen online at [messagesofhope.org.au](http://messagesofhope.org.au).

### **8<sup>th</sup> August No shame (Discussion)**

No-one is immune from shame. Celia, Anna and Richard discuss shame to help understand what shame really is and what we can do about it.

### **15<sup>th</sup> August It doesn't make sense (Bishop John Henderson)**

It can be very difficult to get through disasters, sometimes it seems impossible. Bishop John Henderson will share his insights about a tragedy that was close to him, and how there can still be hope.

### **22<sup>nd</sup> August I want to be healed (Interview)**

Have you ever felt like life is ripping you off? That what you're suffering isn't fair? Stephen and Therese have faced those feelings for over a decade and can help answer these questions and where is God when you are suffering?

### **29<sup>th</sup> August Why not me? (Discussion)**

What questions do you ask when you see, or experience, suffering? Noel, Celia and Richard will share a conversation about where to find hope in times of suffering.

### **FAMILY FUN AT HAPPYLAND.COM.AU**

Enjoy the Happyland website game at [happyland.com.au](http://happyland.com.au). Set up your own character, change them, and take them on an adventure. Go on to the App store and download the Happyland App for iPhone and iPad.

Happyland Stories videos are also available. They make great children's messages.

## INSIGHTS

### The perks and pitfalls of being born first



The birth of a first child is a big event. Such is the excitement and emotion that parents often don't realise that the baby that they bring home is a ground breaker, taking them headlong into every stage of development.

First-borns are born into a privileged position. Living in the spotlight, they get piles of attention and as they grow up, they are given more responsibility than other children in other positions. They lead the way, break new ground, and rule the roost if others follow. Parents expect a great deal from first-borns, so to avoid disappointing them many become low risk-takers. Parental expectation and their tendency for perfectionism and conscientiousness can make first-borns more anxiety prone than children in other birth order positions.

First-born children can be bossy, responsible, and achievement-oriented but they are more neurotic, more intense, and more inflexible than children in any other birth order position. Taking life and themselves too seriously is a problem for many first-borns. Here are some tips for parenting children and young people in this privileged but anxiety-prone position:

#### Encourage rather than praise or criticise

First-borns respond to encouragement as it releases the pressure on them to perform. When they know that effort, improvement, and contribution matter more to parents than good results they're more likely to take risks and stretch themselves as learners.

#### Save responsibilities for others

First-borns know all about responsibility, as they get more than their fair share of jobs and reminders to be good role models. Share chores, responsibilities, and expectations among all children in the family, including youngest children.

#### Enjoy two-on-one time

First-borns love having both parents to themselves, if applicable, as that's the way life was until a second-born came along and robbed them of their privileged position. Only children are fortunate that they don't experience the 'disgrace' of dethronement.

#### Embed wellbeing practices into family life

Help anxiety prone first-borns develop positive wellbeing habits including healthy eating, adequate exercise, and sleep and relaxation techniques such as mindfulness and meditation.

#### In Closing

The drive, leadership and attention to detail of first-borns contributes enormously to society. We need to help them lighten up and enjoy themselves as well.



## Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

Provided as a part of our school's Parenting Ideas membership

parentingideas.com.au

## Competition

### Short Movie Competition

The Lutheran Media Short Movie Competition has begun. Create an original and engaging movie under 4 minutes that tells an encouraging and inspiring story. Go to [www.lutheranmedia.org.au/competition](http://www.lutheranmedia.org.au/competition) for details. Entries close 3rd September 2021.



## DVD

### Bible on Trial

Check out how the Bible has withstood intense scrutiny from critics and cynics. Order and watch the DVD of The Bible On Trial: Beyond a Reasonable Doubt at [www.lutheranmedia.org.au/bibleontrial](http://www.lutheranmedia.org.au/bibleontrial).

You'll come away with a fresh appreciation of the Bible.

**The Bible on Trial DVD comes with a study guide. The DVD is \$15 plus postage and handling.**

