

## **TOGETHER WE GROW**

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Term 2	Week 6	Issue 16	28th May 2021

## Remote Learning

As soon as the announcement that schools would be returning to remote learning was made , the staff were busy organising iPads, stationery and workbooks to send home with the students.

Today staff are preparing for lessons next week. A huge thank you to all our families for the patience and understanding. Thank you for supporting the students in their learning by encouraging them and providing a quiet place for them to complete their learning tasks.



## **Birthdays**

We wish the following teachers a very happy belated birthday: Ms Marshman: Sunday 23rd



Miss Lindsay: Thursday 27th May

May

JUN	4th	Face to face learning resumes
	8th	Lightning Premiership— Nhill College
	18th	Last day of Term 2 for students

Upcoming Dates

### Working Bee

Unfortunately the working bee has had to be postponed due to COVID restrictions.

Watch this space for further updates.

### From the Principal

#### **Remote Learning**

Welcome to remote learning 4. As I wrote in my email to families yesterday, even though we have experienced lockdowns and remote learning before it doesn't get any easier. Thank you, again, to members of our school community for adapting and let's hope we will be welcoming our students back onsite soon. Thank you also to the staff who need to make adjustments in their teaching and delivery of the learning program. Hopefully, all going well, we will be back on site at school next Friday.

Teachers will be providing remote learning for students and will inform families how best to access the learning. I appreciate there may be a sense of 'not again', however schools are still required to deliver the learning program and students are expected to complete tasks required of them. The learning does not stop, it is just done differently. Student attendance will still be recorded. If there are any difficulties accessing or completing the learning please let your child's teacher know.

Students who are attending school onsite will be doing the same learning as those at home.

Times like this can present challenges to families, and frustration and anxiety may exist. I encourage our school community to look after yourself, your family and support one another. The following agencies provide support if needed:

Beyond Blue – beyondblue.org.au; 1300 224 636

Kids Helpline – kidshelpline.com.au; 1800 551 800

MensLine Australia – mensline.org.au; 1300 789 978

Open Arms - openarms.gov.au; 1800 011 046

Lifeline – lifeline.org.au; 131 114

Suicide Call Back Service – suicidecallbackservice.org.au; 1300 659 467

Safe Steps (family violence) – safesteps.org.au; 1800 015 188

#### **Representing NLS**

In recent weeks there have been a number of occasions where NLS students have received positive feedback from members of our broader community. I have received positive compliments from people who saw our students on ANZAC Day, Cross Country, the 5/6 student leadership day and more, who commented how polite and well-mannered our students were. Just this week, the photographers from MSP commented how cooperative our students were during school photographs and how well they followed instructions.

#### Get 'Em Going Playgroup

It was lovely to welcome children and their parents/caregivers to the Get 'Em Going playgroup this week after a pause due to Covid. It was great to see children enjoying our PMP equipment in the hall, the books in the library, and the fun activities in the Science Room. I think even Peter Rabbit was happy to see the playgroup again. Thank you to Mrs Cattanach for leading the playgroup. Playgroup will be happening on Tuesdays starting at 9.30am and all are welcome. With the current lockdown playgroup will not happen next week, but hopefully will be happening the week after.

#### **Mid-year Reports**

Teachers are currently preparing mid-year reports for their students outlining student progress. These will be distributed during the last week of term.

#### PD Week

Our students finish Term 2 on Friday June 18. The staff are back the following week for days of professional learning. During the week staff will be visiting four Lutheran schools in South Australia, complete online and face-to-face workshops, and finish with a retreat day led by Pastor David Spike from LEVNT. The office will be open during PD week.

#### Masterplan Update

Images of the school's masterplan have been placed on our website. The school has applied for funding through the Victorian Government Non-Government Schools Capital Fund, and will find out in a couple of months if our application is successful.

Every blessing for your week.

Damon Prenzler

### **Devotional Thought**

#### <u>Pray for a revival</u>

'Then afterward I will pour out my spirit on all flesh ... Then everyone who calls on the name of the Lord shall

be saved' (Joel 2:28a,32a). <u>Read Joel 2:28–32a</u>

There are situations around the world right now that need for a lot to happen to return to 'normal' – whatever that means. Trade wars, cyber-attacks, the COVID pandemic death toll continuing to climb, the severe civil unrest that doesn't seem to be slowing down at all, media attacks on politicians, trial by talkback radio. The list could go on. And we could lament and wish for the 'good old days'. You know the ones. Those were the days when everyone went to church and believed in God. When there was no sport on Sunday, and most jobs were nine to five. Years ago, when we knew every person in our town, village or street. The era when we could send the children out to play for hours without worrying what might happen to them. Was there ever such a time? Really?

But what would we most like to return to now? Freedom of travel? No lockdowns or threat of face masks? No social media, so we're not continually bombarded with an unknown person's opinion that shatters another person's self-esteem? This list could go on also.

It seems that times of humanity living through some good times for a season and then experiencing the bad times is an age-old cycle dating back throughout history. Where's God in all this? I sometimes wonder what God must be thinking as he reflects on the ability of people to ruin a good thing. I don't dwell there for too long because it's too disheartening. All that sin. All that failure, depravity, stupidity, unleashed evil, destruction, cowardice, greed. This list could go on too.

What does this lead God to do? Our God of new beginnings speaks words of renewal and new life. 'I will pour out my Spirit on all people.' God is promising to unleash the most powerful 'force' in the universe onto a tiny planet called Earth and bring salvation, healing, restoration and hope. You and I live here. We call it home – for now. But we know and believe there's better coming because that same Spirit has led us to Jesus as our Lord and Saviour. Let the revival begin anew.

What would you list as the most important things you want God to revive, renew or change for the better?

Lord God Almighty, pour out your Holy Spirit afresh into the hearts of the world's leaders, those in positions of influence and power so that your will can be done in and through them. Please help me be consistent in lifting them to your throne of grace so that you may be honoured and your eternal banquet room filled to overflowing. Amen.

#### Worship News

Please see below for this week's church service times;

Sunday 30th May No service due to COVID restrictions.



Online services can be viewed at:

https://www.youtube.com/channel/ UC2uy0xrShyyQVC4sy0xjOJg Parish Office: nhillpar2@bigpond.com or 5391 122

NhillLutheranParishOnline.com

## Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- Matilda Prenzler and her family
- Trinity, Zara and Lexie Rethus and their family

#### Chapel

Chapel each week is held in the Multi Purpose Room on a Friday at 9am. Next week Chapel will be led by Year 1/2. Parents and friends are invited to join us and stay for morning tea and coffee.

### Chapel Offering

So far this year, \$362.10 has been generously received from Chapel offerings. Thank you for blessing our sister school in Myanmar.

## Animal care

The Year 3/4 students have been busy putting down fresh straw to keep the chickens warm over the chilly nights.



## Farewell Fawad Family

On Thursday we said farewell to Saad and Samava, as they move interstate with their family. We wish them all the best in their new school.



## For Sale

We currently have a number of computers that we no longer require. They are HP Compaq 8200 Elites and are for sale for \$100 each.

If you are interested in purchasing one of the computers, please contact the front office.



### School Council Board News

Dear Nhill Lutheran School community,

The past 12-18 months has seen the church community, school management, and governance go on a journey to meet changes for independent schools to meet government VRQA compliance requirements. This started NLS becoming a 'district' school last year, to make each constitution standardised and not to be seen as under the management of a church board from a government perspective: this was to provide assurance that all public funds from commonwealth and state to support the school were not under church influence in any way (not that they were beforehand).

Since then, further improvements to provide a clean governance structure back through to LEVNT required all schools in Victoria to become companies limited by guarantee, with one owner being LEVNT (who distribute the public funds). As of 5th May 2021 Nhill Lutheran School is now an incorporated body (a company limited by guarantee) under ASIC guidelines and rules, with the traditional "school council" now a "school board" and members registered as directors under ASIC requirements. The incorporated certificate is on proud display in the entrance hallway at school. Along with this, several adjunct activities which happen to support the school functions such as P&F will require constitution changes and Nhill Lutheran School Ltd to be approved by the ACNC as a charity (which happened 26 May).

All daily operations do not change in any way. If there are any questions, please direct them through to the school board and we'd be happy to respond as best we can.

Blessings Matthew Miller NLS Chairperson

> **Certificate of Registration of a Company** This is to certify that

NHILL LUTHERAN SCHOOL LTD Australian Company Number 649 962 149 is a registered company under the Corporations Act 2001 and is taken to be registered in Victoria. The company is **limited by guarantee**. The company is a **public** company. The day of Commencement of registration is **the fifth day of May 2021**.

> sued by the ustralian Securities and Is n this fifth day of May, 20

> > Janu F.



CERTIFICAT

### Parents and Friends

Please join us for our Catch Up Coffee afternoon

Date: Friday 4th June (COVID restrictions permitting)

Place: Multipurpose room

When: After assembly (around 2.45 pm)

### NLS volunteers

#### **Reading Buddies Program**

We are currently seeking some parent helpers to assist with our reading buddies program . Reading buddies involves parent volunteers listening to students reading aloud. Volunteers must have a current Working With Children Check and complete the training that is explained below.

#### Volunteering at NLS

For all parents wishing to volunteer at school to help in the classroom, on camps or with other student activities this year, parents must bring the following to the front office: 1) a current Working with Children Check and; 2) a certificate of completion of one-hour Valuing Safe Community training session on-line within the past three years. As a school of the Lutheran Church of Australia (LCA), staff and volunteers are obliged to meet the requirements of the LCA Safe Place Policy. Valuing Safe Communities (VSC) is a program to comply with this expectation. This training is valid for three years.

#### **VSC Online Training Instructions**

Go to http://ilearn.alc.edu.au/course/ view.php?id=170. Follow the instructions. Use the Enrolment Key: VSC3\_Volunt33r to gain access to the training. On-line training takes about 30-40 minutes. Certificates of completion will be generated at the end of the session. If you need any assistance, or would like to use a school computer to complete the training, please see Mrs Koning at the front office.

#### Photo Competition

The Lutheran Media Calendar Image Competition is happening again this year. Send us your best original and inspiring nature or landscape photo. Go to <u>www.lutheranmedia.org.au/image</u> for more details.

Entries close 11<sup>th</sup> June 2021.



### LLL interest

The lovely people at LLL are keen to update passbooks with the annual interest, which will be added on 31st May. Could all LLL passbooks be delivered to the front office by Friday week so that we can send them to Adelaide in one package.



## Parenting Ideas—Webinars and Guides

Our school has a Parenting Ideas membership which enables us to publish articles in our newsletter. I hope you find these articles useful and informative. In addition to the articles, Parenting Ideas also provides support for parents through webinars and eGuides. Parents of Nhill Lutheran School are able to access free webinars provided by Parenting Ideas (usually the cost is \$39). Some of the webinars have already occurred and have been recorded, others are planned for later this year. To gain free access to a webinar simply request a voucher from the school, which will have all the details you need to view the webinar. Upcoming webinars include:

# parenting **\***ideas

- Communicating with teenage boys March 24 at 8pm, valid to June 24
- Connecting with teenage daughters June 23 at 8pm, valid to September 23

The eGuides are booklets that are also available free to parents. They cover the topics of optimism, family meetings, friends, coping, understanding children's behaviour, and bring out your child's confidence. Copies of the eGuides can be sent electronically by the school, just ask via <u>admin@nls.vic.edu.au</u> or phone the school.



Listen to Messages of Hope and invite others to do the same. Download or listen online at **messagesofhope.org.au**.

#### 23<sup>rd</sup> May Worrying About Money? (Richard, Celia and Anna)

Do you stress about your finances? Many people worry about money, especially the lack of it. Richard, Celia and Anna chat about how this affects us and what can help.

#### <u>30<sup>th</sup> May Financial Stress (Interview)</u>

Many people are facing financial anxiety at the moment and the uncertainty of knowing what the future looks like. Jan, a financial counsellor, shares her experiences in working with people to find hope and a way forwards.

#### 6<sup>th</sup> June Unlocking Ability (Interview)

Rachael was diagnosed at age 3 with Wolf Hirschhorn Syndrome, a rare genetic disorder. Chris shares her determination to give daughter Rachael purpose and support to discover and foster her abilities.

#### <u>13<sup>th</sup> June Saying Goodbye (Pastor Richard Fox)</u>

Saying goodbye is one of the hardest things we may ever have to do, especially when it's to someone we love. Changes we're experiencing can also generate grief. Richard shares what has given him hope through this grief.

#### **CORONAVIRUS RESOURCES**

As coronavirus restrictions continue and some tighten further, there are challenges and changes to navigate. Life looks a bit different and feels uncertain which can make us feel stressed or anxious. For resources to help make sense of what you're going through and give you hope, go to **www.messagesofhope.org.au/coronavirus**.

## parenting **\***ideas

# Anxiety requires understanding



The recent rise in childhood and adolescent anxiety and its acceleration during COVID-19 has worried parents and teachers. Many ask how they can assist kids when they become anxious about seemingly routine events such as attending school camps and excursions, tackling difficult subjects, or facing the prolonged absence of a favourite teacher.

Typical responses such as ignoring their worries or encouraging them to 'get on with it' are unhelpful. Allowing a child to avoid an activity that makes them anxious is another unhelpful option. Avoidance may help kids feel safe in the short term, but it risks the establishment of a long-term pattern that can be impossible to shift.

Regardless of the source every child and young person needs an adult in their life that understands them when they are anxious. It may make little sense that an activity makes a child anxious, you just need to understand that they are anxious. They need someone to witness their anxiety without dismissing or ignoring their feelings.

Anxious kids frequently look to parents and teachers for reassurance when they feel anxious. This shows in many ways, including kids continually seeking the opinion of others, wanting parents or teachers to make decisions for them, and continually asking for praise. Adults don't have to fix kids' problems, but we do have to understand they are anxious.

The use of 'Ahhhh' statements to validate how an anxious child is feeling, is a practical way to show that you are trying to understand them. It's also a great way to help a child develop a more nuanced emotional vocabulary. Here are some examples:

'Ahhhh, you're feeling anxious about going to school camp . . .' 'Ahhhh, you're having one of those "I might mess it up" thoughts . . .'

Each child's anxiety is unique. The first and most important response from an adult is to show a child that you 'get' that they are anxious. Having someone understand that they are anxious is an enormous relief, particularly if they haven't been taken seriously in the past. Sitting alongside a child who feels anxious is an underestimated act of compassion that makes a huge difference to their immediate emotional state.



#### **Michael Grose**

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.



## **ALC Research Seminar**

## **Dr Adam Hensley** 31 May 2021, 1:30 – 2.30 pm via Zoom

## The Function of Psalms 105–106 in the Psalter

Long recognised as a historical psalm pair, Psalms 105–106 coincide with the end of Book 4 of the Psalter (90–106). Drawing on the presenter's commentary work on Psalms 101–150, this research seminar shares his insights and discoveries on the function of Psalms 105–106 in the Psalter, exploring the thesis that they are voiced by 'David' (cf. 101–103) who intercedes for the people and leads them in thanksgiving.

Couched in a call to thanksgiving, Psalms 105–106 anticipate YHWH's favourable response in Book 5 where the voice of 'David' continues. Among the issues to be addressed are the Book 4/5 division, the relationship of 1 Chronicles 16 to Psalms 105– 106, and these psalms' function in the Psalter.



## **Dr Adam Hensley**

Adam Hensley is the Lecturer in Old Testament at ALC, having previously served as Assistant Professor of Theology at Concordia University Irvine, California (2012–2016).

He is the author of *Covenant* relationships and the editing of the Hebrew Psalter, LHBOTS 666 (London: Bloomsbury T&T Clark, 2018), and is currently working on Psalms 101–150 for the Concordia Commentary Series.

Format: Online presentation via Zoom.

**RSVP:** Email Dr Anna Nuernberger at <u>research@alc.edu.au</u> to receive the Zoom link.

RSVP by Friday 28 May 2021

## Get 'Em Going

Get 'Em Going Playaroup is restarting at Nhill Lutheran School after pausing due to Covid. We are excited to again be offering playgroup starting Tuesday May 25, led by Mrs Jade Cattanach. Jade is a mum of two daughters, has been involved in numerous childrelated activities and groups, and has recently started as playgroup coordinator and integration aide at NLS.

When?: Tuesday 9.30am - 11.30am (during school term time).

Where?: Nhill Lutheran School, 2 Mackay Street.

Who?: All pre-school aged children and their parents/caregivers.



Get 'em Going Playgroup is offered weekly during school term time, and is available to all pre-schoolers. The progra the community and assists with the development of e emotional, social, and fine and gross motor skills. T Program (PMP) and children also get to explore outdoor learning spaces, including the mini

all families in ild's mental, s the Perceptual Motor Science Room, and the

further notice program that allows parents to em ponedur in activities stimulate development child. When participating in activities at children are asked to do activities with ds/feet, different patterns or ways which assists o make a connection with both sides of the brain. ts can then use these tools and incorporate it in every y play at home. The PMP program is therefore not only a dren, but also gives parents the opportunity to utilise different how their child learns. Parents also become more engaged in nd notice changes on a weekly/daily basis.

lso provides a wonderful opportunity for parents to meet and connect ents.

The co of the playgroup is a gold coin donation. Proceeds contribute to the provision of resources for the running of the playgroup.

Nhill Lutheran School, 2 Mackay Street, Nhill 3418

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learning pro

resource

their

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