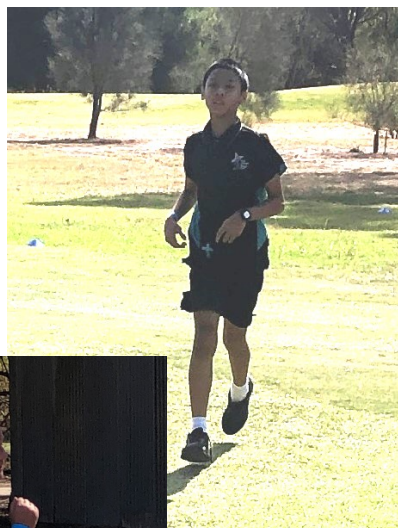


Cross Country

Well done to our 3-6 students for their efforts in the cross country, held last Monday at the golf course.



Upcoming Dates



APR	19th	First day of Term 2
	25th	ANZAC day
	28th	Hearing Assessments
MAY	7th	Mother's Day Chapel



Birthdays

We wish Miss Noll a very happy birthday for Saturday 10th April.



From the Principal

Parent teacher interviews

Thank you to all parents and caregivers who attended a parent teacher interview. It was a wonderful opportunity for conversations to take place to discuss student learning progress, and identify goals. Thank you to parents for the valuable role you play in your child's education, and we appreciate close home-school partnerships which benefit the children of our school.

Year 5/6 Exhibition of Learning

The 5/6 students have exhibited their learning, showcasing many learning tasks they have completed during Term One. They have enjoyed creating the space and showing parents and younger students their learning. It's a very empowering act when a student shows and explains their learning to others. When I asked the 5/6s how they felt about showing their learning in this way, the main response I received was 'proud', a sense of achievement. Hopefully we will have more exhibitions of learning to share as the year progresses.

Easter

At this important time in the church year, we cast our thoughts to the Easter story and the death and resurrection of Jesus. I hope that whatever you are doing, or wherever you may be over Easter, that you may stop and give thanks to the amazing sacrifice of Jesus to forgive our sins, the resurrection, and the amazing promise of eternal life.

Wishing you a blessed Easter, and a safe and enjoyable holiday.

Every blessing for your week.

Damon Prenzler



Learning Support / Integration Aide 2 days per week

Nhill Lutheran School is seeking a dedicated and caring applicant to work with our students. The successful applicant will demonstrate enthusiasm and creativity along with fostering an environment where students are fully engaged and supported in their learning. A willingness to lead playgroup once a week will be highly valued. The successful applicant should be willing to support the Christian ethos of the School and be part of a team of professionals committed to excellence in education.

If you would like a copy of the Job Description, please phone 03 5391 2144 or email: admin@nls.vic.edu.au with the subject line of "Integration Aide"

Applications close: Friday 16th April
Position Commences: 3/5/2021

Cybersafety

Our Year 3-6 students were able to share a cybersafety session led by Susan McLean. Thank you to Susan for sharing important information about how to safely navigate the cyberworld. A recommended website mentioned by Susan is esafety.gov.au, which has many useful tips and suggestions.



Devotional Thought

Command

'You also ought to wash one another's feet. For I have given you an example, that you also should do just as I have done for you' (John 13:14b,15)
Read John 13:1-20

What is the job you would least like to do? Perhaps it's vacuuming or dusting. Or you might be particularly disengaged from cleaning the toilet. Imagine, though, taking out the basin of water and washing the feet of your friends.

Maybe you've done this before as part of a worship service. There is a true sense of discomfort and embarrassment. Feet are generally dirty. Toenails aren't always kept well. Let's not get started on what grows ...

Now imagine that the Son of God is wrapping a towel around his waist and without asking begins to wash your feet. Are you uncomfortable? Is it about your feet, or the fact that Jesus the Christ is doing the washing?

There is no social distancing whatever in this command.

Embedded in this first Maundy ('Maundy' means 'command') Thursday is the directive that followers of Jesus are all part of foot-washing. There are no 'designated foot-washers'; all of them must do this so that they might experience the true grace, mercy and power of Jesus.

Who is this Jesus who looks beyond our dirt and the places we've been?

Who is this Jesus who washes us clean, not only with the waters of baptism but also with the blood from his veins?

Who is this Jesus who calls you and me into this mission?

What does washing the feet of others mean for you?

Heavenly Father, thank you for your Son, Jesus, who spared no indignity to offer us salvation through his cleansing blood. Open our hearts and minds for opportunities to care for others so that they might experience his grace and mercy. Amen.

Worship News

Please see below for this week's church service times;

Thursday 1st April **Maundy Thursday:**
Jeparit at 7.30 pm

Friday 2nd April **Good Friday:** Nhill at 10am, Jeparit at 2.30pm

Sunday 4th April **Easter Sunday:**
Woorak at 6.30 am
Nhill at 9.00 am
Jeparit at 11 am

Sunday 11th April
Nhill—11 am
Woorak—9 am
Jeparit—9 am

Register for Sunday (before Thurs 5pm) via the Parish Office: nhillpar2@bigpond.com or 5391 122

NhillLutheranParishOnline.com

Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ♦ Shilah, Clayton and Harper Hiscock and their family
- ♦ Grace Jensz and her family

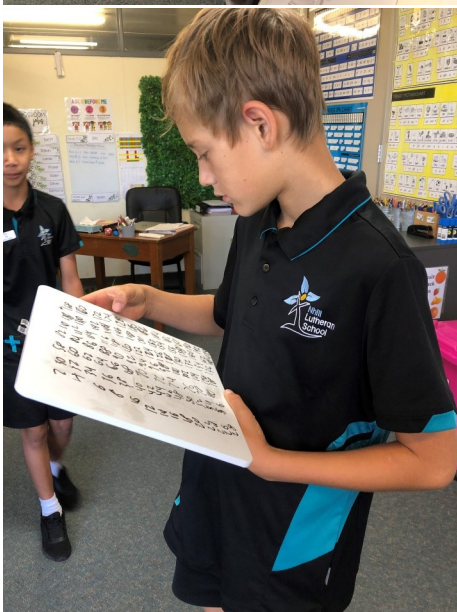
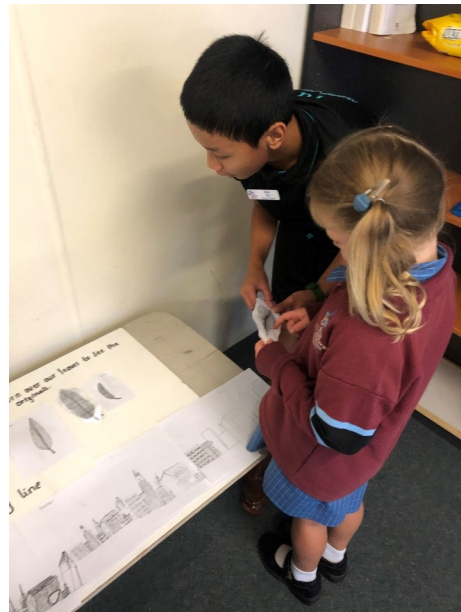
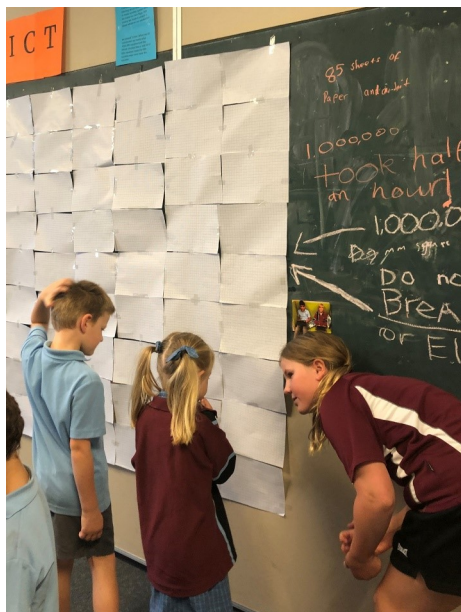
Chapel

Chapel each week is held in the Multi Purpose Room on a Friday at 9am. Parents and friends are invited to join us and stay for morning tea and coffee.



Year 5/6 showcase

The members of the Year 5/6 class took the opportunity to show the Foundation students the work they had completed during Term 1. Throughout the exhibition the 5/6 students explained to the Foundations about each subject and what they have achieved.



In HASS and Art we have been studying Asia. In Maths we have been focusing on multiplication and division. In English we have worked really hard on grammar, punctuation and sentence structure. The students worked very hard in Science, researching adaptations of their animals. It was a fantastic effort by the 5/6's and all the parents had the opportunity to see the 5/6's work during Parent Teacher interviews.



NLS volunteers

Reading Buddies Program

We are currently seeking some parent helpers to assist with our reading buddies program . Reading buddies involves parent volunteers listening to students reading aloud. Volunteers must have a current Working With Children Check and complete the training that is explained below.

Volunteering at NLS

For all parents wishing to volunteer at school to help in the classroom, on camps or with other student activities this year, parents must bring the following to the front office: 1) a current Working with Children Check and; 2) a certificate of completion of one-hour Valuing Safe Community training session on-line within the past three years. As a school of the Lutheran Church of Australia (LCA), staff and volunteers are obliged to meet the requirements of the LCA Safe Place Policy. Valuing Safe Communities (VSC) is a program to comply with this expectation. This training is valid for three years.

VSC Online Training Instructions

Go to <http://ilearn.alc.edu.au/course/view.php?id=170>. Follow the instructions. Use the Enrolment Key: VSC3_Volunt33r to gain access to the training. On-line training takes about 30-40 minutes. Certificates of completion will be generated at the end of the session. If you need any assistance, or would like to use a school computer to complete the training, please see Mrs Koning at the front office.

Uniform

We are in a transition time of the year where students change from summer to winter uniform as temperatures can be quite variable at this time of year. Students may wear either summer or winter uniform until the third week of Term 2, at which time all students will be required to wear winter uniform. Please ensure all uniform items are clearly named.

Last year jackets and beanies were introduced as uniform items and many children appreciated these during the colder months. Uniform items are available at the front office.

Additional and targeted student support

During Term Two numerous learning support initiatives will be delivered to our students. Ms Rutherford has recently completed her Minilit training and will lead sessions with selected students in Years One and Two, Mrs Woodward will lead the Reading Tutor Program with selected middle and upper primary students. Both Minilit and RTP support literacy development and is evidence based.

Our school has received funding through the Victorian Government's Tutor Learning Initiative. A main reason for this initiative is to address any learning need which may have developed or grown during 2020 and the periods of remote learning. We are grateful that our funding will provide 18 days of additional tutoring support that will be provided to selected students during Terms Two and Three. Thank you to Mrs Lauren Salt and Ms Greer Marshman who will be delivering the tutoring support to students.

Early in Term Two NLS is hosting Sue Ward from Wimmera Hearing Society to conduct hearing assessments for all our students. A letter and permission form will be distributed soon. Tarrah Dodds, speech pathologist, will be conducting screening for all Foundation and Year One students early in Term Two.

Parenting Ideas—Webinars and Guides

Our school has a Parenting Ideas membership which enables us to publish articles in our newsletter. I hope you find these articles useful and informative. In addition to the articles, Parenting Ideas also provides support for parents through webinars and eGuides. Parents of Nhill Lutheran School are able to access free webinars provided by Parenting Ideas (usually the cost is \$39). Some of the webinars have already occurred and have been recorded, others are planned for later this year. To gain free access to a webinar simply request a voucher from the school, which will have all the details you need to view the webinar. Upcoming webinars include:

Communicating with teenage boys –
March 24 at 8pm, valid to June 24

Connecting with teenage daughters –
June 23 at 8pm, valid to September 23

The eGuides are booklets that are also available free to parents. They cover the topics of *optimism, family meetings, friends, coping, understanding children's behaviour, and bring out your child's confidence.* Copies of the eGuides can be sent electronically by the school, just ask via admin@nls.vic.edu.au or phone the school.

parenting*ideas



HORSHAM CITY NETBALL ASSOCIATION

Email: horshamcitynetballa@gmail.com

Central Park, Park Drive Horsham

PO Box 327 Horsham Vic 3401

President: Cathie Weidemann 0411 166 914

Incorporation No. A8006147E

ABN 53 176 340 929

Vice President : Gayle Leith 0427 993 560

APRIL HOLIDAYS NETBALL DEVELOPMENT DAY

12th & 13th April HCNA are hosting Inspire Netball Group and will be running:

11-13 years player development day \$35

14-17 years player development day \$35

14-17 years umpire development day \$35

Evening Coaches workshop \$20

Evening Umpires Workshop \$20

Evening Senior Player Training Session \$20

To register: <https://www.trybooking.com/732211>



School Council

Welcome to Janine Grover who is now a member of the Nhill Lutheran School Council. Janine brings with her a broad skill set and range of experiences to add value to the council, and we thank her for her service to the school.

55 Squat Challenge

Congratulations to Miss Morrison for participating in the 55 Squat Challenge where she raised funds for the National Breast Cancer Foundation. Even the Year 5/6 students wanted to join Miss Morrison to show their support.



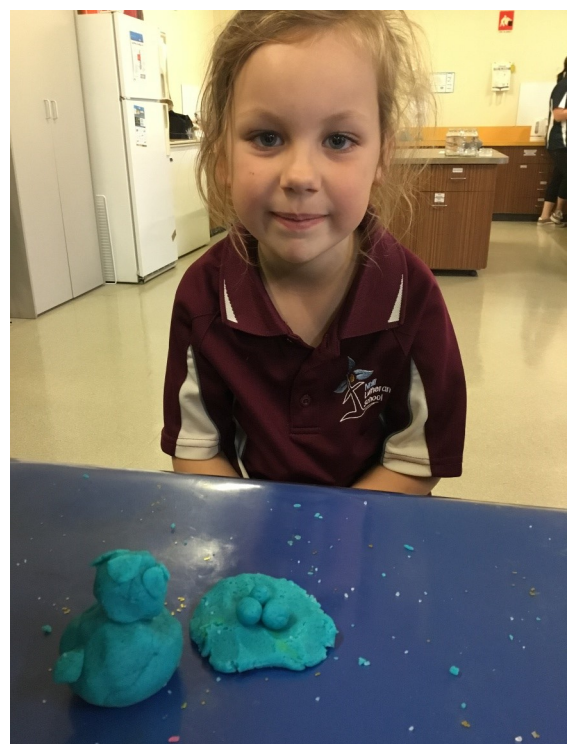
Nhill Tiger News

Under 12s Football Training
Thursdays from 4.30—5.30 pm.

All past and new players welcome.

Coach: Rob Bell 0407 522 264

Team Manager: Jess Mason



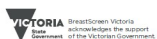
Breast screening—finding cancer early could save your life

Over 50? Visit BreastScreen Victoria's Mobile Screening Service:

- Free
- Takes 10 minutes
- No need for doctor's referral
- With a female radiographer
- Available near you throughout Victoria

17 - 28 May 2021
21 VICTORIA STREET
NHILL (NEW LOCATION)

Book at breastscreen.org.au or call 13 20 50



TTY
13 36 77



Interpreters
available
13 14 50



INSIGHTS

Establishing digital boundaries for the screen generation



Parents need to establish digital boundaries and be the pilot (for primary children) and co-pilot (for adolescents) of the digital plane.

Many parents establish screen time limits for their 'screenagers' (i.e. their children and teens) by stipulating how much time they can spend plugged in. Focusing solely on time is not the only digital boundary to consider. It's best to expand our dialogue beyond screen time as the only metric that's used to assess young people's digital behaviours.

We also need to create boundaries around:

The screens kids use

The most critical boundary parents need to establish with their children and teens relates to what they're doing online. Have conversations about the apps, platforms, games, videos, TV shows and media they consume and create. Visit the [eSafety Commissioner's](#) or [Common Sense Media's](#) websites to help you understand the various platforms and tools, so you're better prepared to know the risks and lessen some of the potential pitfalls.

The time of day

Establish what technology can be used at different times of the day. Ideally, devices would be switched off at least sixty minutes before bedtime as the blue light can delay the onset of sleep and reduce the quality of their sleep. Minimise exposure to rapid-fire, fast-paced screen action before school as this can hyper-arouse the brain and make it challenging to pay attention in class.

Technology zones

As a family, determine the 'no-go tech zones' in your house such as bedrooms, bathrooms, meal areas and play areas. Encourage them to use technology in publicly accessible, high-traffic areas of the home such as the kitchen, dining or lounge area. A young person is very unlikely to be sending nudes whilst sitting on the lounge or kitchen bench!

The people they interact with

Talk to your child or teen about who they're interacting with online and reassure them that if there's a problem online, they need to come and talk to you, as the pilot or co-pilot of the digital plane and avoid withdrawing screen time as a punishment.

Setting and enforcing firm digital boundaries with children young people is vital if we want them to cultivate healthy digital behaviours. These skills are critical if the screen generation is to thrive in the digital world.



Dr Kristy Goodwin

Dr Kristy Goodwin is a digital wellbeing and performance speaker, author and researcher (and mum who also deals with her kids' techno-tantrums!). She's the author of *Raising Your Child in a Digital World*, and a media commentator who doesn't suggest that we ban the iPhone, or unplug the gaming console (digital abstinence isn't the solution). Kristy translates research into essential information and realistic strategies for parents to ensure kids and teens thrive in the digital world. For further details visit www.drkristygoodwin.com.

Provided as a part of our school's Parenting Ideas membership

parentingideas.com.au

Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au.

4th April The God of Easter (Bishop John Henderson)

For a lot of people Easter is about having a long weekend and time off to have fun with family and friends. But what is the real story of Easter? John Henderson talks about the life and death of Jesus and what that means for us.

11th April Worth Fighting For (Interview)

Have you ever felt unloved and not worth fighting for? Sophie shares how she has learnt to rise above the hurts and discovered there's more than one kind of family.

18th April Letting Go of Tomorrow (Richard, Celia and Jo)

With the pandemic continuing to cause disruption, how do we cope with the constant change in our lives. Richard, Celia and Jo chat about what we can do to balance the uncertainty of everyday with a sense of confidence for the future.

25th April Coping with Change (Richard and Celia)

Change can be difficult to cope with, especially when its unexpected. How do you come to terms with things you can't change? Richard and Celia talk about what can give us confidence and hope whatever changes the future may bring.

CORONAVIRUS RESOURCES

As coronavirus restrictions continue and some tighten further, there are challenges and changes to navigate. Life looks a bit different and feels uncertain which can make us feel stressed or anxious. For resources to help make sense of what you're going through and give you hope, go to www.messagesofhope.org.au/coronavirus.

LET'S DO THIS

LEARN THE NETBALL BASICS, GET OUTSIDE AND MAKE SOME FRIENDS.
PLAY SUNCORP NETSETGO
AT YOUR LOCAL CENTRE.



VENUE

NHILL & DISTRICT SPORTING CLUB, Davis Avenue, Nhill

SESSION DAYS & TIMES

THURSDAYS 4PM

START DATE

THURSDAY 22ND APRIL, 2021

CONTACT

Casey Hiscock - 0427 227 382.

COST: \$68 incl. pack + club m'ship

Registrations are OPEN, visit PLAY.NETBALL.COM.AU.

Find your nearest centre at play.netball.com.au



Nhill junior basketball teams for Horsham tournament

We're looking for junior basketballers who would like to compete in a Mini-Tournament on Sunday 2 May 2021.

Under 12 Boys & Girls (Born 2010–2011)

Under 14 Boys & Girls (Born 2008 – 2009)

Register your interest by SMS to
Kat Colbert 0409 527 041
by Friday 23 April.



**Attention: For any Year 7s &
above: inc parents/adults
Badminton is Back!!**

Nhill Badminton Association Inc invites you to our:

Free Come N Try Nights

Thursdays 7.30pm — 22 April & 29 April

Registration forms due by 29 April

Competition starts Thursday 6 May

Club racquets available. Held at Lowan Sports Centre.

Registration forms available at Come N Try Nights.

More info available there or by contacting

Tricia Alexander 5392 3215 or Carolyn Blackwood 0418 307 844

@ your
local
library

What's on

Libraries
Change Lives



APRIL SCHOOL HOLIDAYS

WEEK 1 - FRIDAY 9TH

JEPARIT TOWN HALL

10am EGGciting STEM Session with Cam

See what our resident scientist is up to these school holidays.

RAINBOW TOWN HALL SUPPER ROOM

2pm EGGciting STEM Session with Cam

See what our resident scientist is up to these school holidays.

WEEK 2 - MONDAY 12TH

NHILL LIBRARY

9:30am Baby Rhyme Time

TUESDAY 13TH

NHILL LIBRARY

11am WILD Action The zoo that comes to you! With a focus on Wimmera animals.

BOOKINGS ESSENTIAL 5391 4452 or libraries@hindmarsh.vic.gov.au

DIMBOOLA LIBRARY

2pm WILD Action The zoo that comes to you! With a focus on Wimmera animals.

BOOKINGS ESSENTIAL 5391 4452 or libraries@hindmarsh.vic.gov.au

WEDNESDAY 14TH

NHILL LIBRARY

6pm The Pyjama Sessions

Wear your PJ's, bring your favourite cuddly friend, & join us for a special, night time story time.

DIMBOOLA LIBRARY

6pm The Pyjama Sessions

Wear your PJ's, bring your favourite cuddly friend, & join us for a special, night time story time.

THURSDAY 15TH

THE SOUNDSHELL, JAYPEX PARK, NHILL

10:30am Be Your own Superhero!

Learn the skills that every little Superhero needs - to climb and jump over obstacles, land like a superhero, roll like a ninja and work in a superhero team! Suited to ages 5 and up.

BOOKINGS ESSENTIAL 5391 4452 or libraries@hindmarsh.vic.gov.au

THE SOUNDSHELL, JAYPEX PARK, NHILL

11:30am Superhero Show for all ages (30minutes)

Full of comedy, tricks and flips! Watch in awe as our adult Superhero Trainer's demonstrate their incredible superhero skills right in front of your eyes!

BOOKINGS ESSENTIAL 5391 4452 or libraries@hindmarsh.vic.gov.au

FRIDAY 16TH

NHILL LIBRARY

2pm Botanical Screenprinting Bookings Essential 5391 4452 or libraries@hindmarsh.vic.gov.au

Learn to create your own stunning pieces of art with a take home screen print.

DIMBOOLA LIBRARY

10am EGGciting STEM Session

See what our resident scientist is up to these school holidays.



freeza
www.freeza.vic.gov.au





NHILL EARLY LEARNING CENTRE PAC HOSTS



EASTER EGG HUNT



SATURDAY 3 APRIL 2021

10.00 - 11.30

JAYPEX PARK, NHILL



JOIN OUR EASTER EGG HUNT AND SCAVENGER HUNT
WEAR YOUR CREATIONS FOR OUR EASTER BONNET PARADE

COST \$2 DONATION PER CHILD

REGISTRATION /WWW.EVENTBRITE.COM.AU/E/EASTER-EGG-HUNT-NHILL-TICKETS-14750592519 BY 31 MARCH



PROUDLY
SPONSORED BY



Nhill Town Committee

