6	Nhill Lutheran School	TOG	ETI	HER	WE GROW		
2 Mackay Street, Nhill 3418 P: 5391 2144 F: 5391 2022 E: admin@nls.vic.edu.au							
	Term 4	Week 9	Issu	e 37	4th December 2020		
		oming Dates			Year 6 Graduation Dinner		
DEC	Wed 9th	SRC Activities Day	<u> </u>	The Year 6 students were the centre of attention last night at the Year 6 Graduation Dinner. Students, staff and parents gathered together to congratulate the students and wish them			
	Fri 11th	Last Day of School					
	Sat 12th	Christmas Carols					

### **Birthdays**

We wish the following student a very Happy Birthday:

Michael Merrett: Monday 7th December

Also:

Mr Prenzler: Monday 7th December



## **SRC** Activities Day

The SRC will be holding a Christmas fun filled activities day next Wednesday (9th of December). Your child is invited to come to school in Christmas colours, with all their Christmas spirit intact! No donation is necessary, just smiles and Christmas cheer!

the best for the future.

The staff at the Little Desert Lodge provided a lovely meal and the students led the evening and told everyone of their hopes, dreams and thank yous. Gifts were then presented to the students and the departing families.

Thank you to all who helped prepare for the evening.



## From the Principal

#### **Student Leadership**

Today at assembly our School Captains for 2021 were announced. Congratulations to Lanie Clark and Frazer Wheaton who will serve as captains next year. The remaining Year Six students will also be given leadership roles for next year.

#### Year 6 graduation

Year 6 students, their parents and staff enjoyed a lovely dinner on Thursday night at the Little Desert Lodge to recognise our six graduating students. Thank you to Miss Lindsay, the Little Desert Lodge and the students for their contribution towards the evening.

#### End of Year service

Next Thursday morning the students and staff will gather for the end of year service. This will be filmed and distributed to families via Seesaw and/or a link. At the service we will again acknowledge our graduating students, as well as present awards to students.

#### **End of Year Reports**

The end of year student progress reports will be sent home next week.

#### School dates and times – Dec/Jan

The last day of term for Nhill Lutheran School is next Friday, December 11. School will finish at the usual 3.15pm time. All staff will be back on site on January 21, with administration staff on site the week prior. Term 1 commences on Thursday January 28 at 9am.

#### **Nhill Christmas Carols**

A reminder that the Nhill Lutheran School will be participating in the Nhill Christmas Carols on Saturday December 12. Please let the school know if your child will be attending and able to sing by no later than Monday December 7. A form was distributed earlier this week.

#### Thank you Stu

Stu Williams has concluded his service to the school in looking after the grounds and gardens. We thank Stu for his contribution to the school and wish him God's blessings for what lies ahead.

Every blessing for your week.

Damon Prenzler

### Library

The library is now closed for borrowing. Could all library books be returned by Monday, please.

### Uniform Store price rise

Please note that we will have to increase the prices of our uniform items in 2021. These prices will be released soon.

The items we have on hand will remain at the current price until the end of the school year.

If you would like to take advantage of the lower price, please see Mrs Koning at the front office.

## Gifts of Grace

Thank you to the students who donated the following through the SRC:

Tree saplings, mobility kit, COVID-19 clinic, school lunches, COVID clean (water tank and soap), welcome meals, senior care (counselling sessions), baby strong (milk powder, etc.), clothes kit (clothing and mosquito net), learning kit (books, balls, stationery etc.), sanitary set, a pig, farmer kit (equipment, seeds and training) and school uniform.

In total, \$502 was donated.

## Devotional Thought

#### <u>When you give account</u>

'The Lord will roar from Zion and thunder from Jerusalem; the earth and the heavens will tremble. But the Lord will be a refuge for his people' (Joel 3:16). Read Joel 3:16–21

When you think of the day of the Lord, what emotions do you have? Are you scared to meet Jesus face to face? Are you afraid that you will need to give an account of every single part of your life to the Lord? Are you excited to finally see your Saviour, Jesus?

Does the roar from Zion and thunder from Jerusalem – that is, God roaring and thundering – unsettle you at all?

Well, it shouldn't. For what will you say to the Lord as you give account for your life to him? Will you need to run and hide? No way. You will simply say in faith, 'Here is my life. Jesus Christ, in whom I believe, is my account for every breath I have ever taken and everything I have ever done. All of my sins have been washed away by the water of baptism and the gift of eternal life, salvation and forgiveness. Not because I got it right, but because Jesus won my victory on the cross, and my pardon is written in his blood shed for my sin'.

You see, everything we have ever done – our sins, failings, selfishness, our hurtful words, actions or anger that damaged others – is forgiven in Jesus. God is love. That love, our God in Jesus our Lord, does not keep any record of wrongs.

So, on the day of the Lord, and every day before then, our Lord is our refuge and safe place. He is a place of peace and strength in our weakness. So, we have nothing to fear, though there are signs of the return of our Lord Jesus. The Lord, who is our rock and refuge, protects, heals, uplifts, forgives, and loves us as we face all things.

We know in faith that we will stand on the day of judgement not looking to hide like those who do not believe, but we will be at peace, for Jesus has paid our account in full.

Jesus, you have suffered and died for me and my sin and set me free. Let me live each day knowing that you are my refuge and that when I am called to give account for my life, you will give account for me. Amen.

#### Worship News

Due to COVID restrictions you are welcome to register for any of our following services on **SUNDAY 13th DECEMBER**:

Nhill	11 am
Woorak	11 am
Jeparit	9 am

Register (before Thurs 5pm) via the Parish Office: nhillpar2@bigpond.com or 5391 1223

NhillLutheranParishOnline.com



#### Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- Nate Prenzler and his family
- Archie Zanker and his family
- Asher Zanker and his family

#### Chapel

Chapel will be delivered on site in Term 4. Unfortunately we cannot welcome guests at this time.

### **Chapel Offering**

Thank you to those people who have contributed towards our sister school. We are still a long way behind. If you would like to make a contribution, please contact Mrs Koning at the front office.

## 2021 School Fees

The fee structure for 2021 is listed below. Tuition fees have increased by 5% from 2020, with the Composite Fee remaining the same. Students enrolled in Prep (Foundation) automatically receive a fee remission for the Term 1 tuition fee.

o	
Child 4	No Charge
Child 3	\$1194.00 per year
Child 2	\$1194.00 per year
Child 1	\$1405.00 per year

Composite Fee per child: \$250.00 per year

Fee assistance is available to current Nhill Lutheran families who may be experiencing financial hardship. Families requiring assistance are asked to complete a fee assistance form which outlines the procedures to follow in order to request assistance. These forms will be sent to school families upon request. All requests are treated as confidential and will be left to the discretion of the Principal and/or Business Manager. Families will be notified at the start of the year if they have been successful in securing a bursary. We realise that financial situations change and fluctuate, therefore bursaries are reviewed and offered on an annual basis.

## Classes for 2021

The classes and teachers for 2021 are listed below.

Year 5/6: Miss Georgina Morrison Year 3/4: Miss Isabel Lindsay

Year 1/2: Mrs Jessica Mason

Year F/1: Miss Leah Noll

Parents will be notified if there are any changes made before the beginning of the 2021 school year.

Ms Greer Marshman, Miss Kelsie Attiwill and Mr Prenzler will provide specialist teaching roles in the areas of The Arts, Stephanie Alexander Kitchen, Technology, Physical Education, and Library. Ms Rutherford and Mrs Woodward will continue as Integration Aides to support student learning.

## Parenting Ideas—Webinars and Guides

Our school has a Parenting Ideas membership which enables us to publish articles in our newsletter. I hope you find these articles useful and informative. In addition to the articles, Parenting Ideas also provides support for parents through webinars and eGuides. Parents of Nhill Lutheran School are able to access free webinars provided by Parenting Ideas (usually the cost is \$37). Some of the webinars have already occurred and have been recorded, others are planned for later this year. To gain free access to a webinar simply request a voucher from the school, which will have all the details you need to view the webinar. Upcoming webinars include:

# parenting **\***ideas

Teaching young people about healthy relationships – September 9 at 8pm, valid to December 9 Parenting like a cat and dog – November 11 at 8pm, valid to December 31

The eGuides are booklets that are also available free to parents. They cover the topics of optimism, family meetings, friends, coping, understanding children's behaviour, and bring out your child's confidence. Copies of the eGuides can be sent electronically by the school, just ask via <u>admin@nls.vic.edu.au</u> or phone the school.

#### Year 5/6 camp

#### <u>Tuesday</u>

On Tuesday the 17th of November, the 5/6 students loaded our bags into Mr. Prenzler's car and set off to Kryal Castle. We went to Lake Bellfield which had some nice views and went to the ice-creamery for icecream (it was very yummy!). We went for a walk to Venus baths which was a beautiful place though Lanie, Oliver, Deegan and myself got a bit wet and Nate fell in and had a swim. We got back on the bus and headed to Ballarat. We got there at about 4pm and had a look around. At 7:30pm, we watched three short plays, they were all really funny and we got to meet the actors and actress. We had some supper and then went to bed.





#### <u>Wednesday</u>

On Wednesday, we got up at 7:30am for our breakfast before we met War-Master Matthew who took us to do some activities. First we Chain-Maille making (Chain Maille is a type of armour) which involved a steady hand and some muscles. Then we did some leatherwork before taking a look at some torture devices (wish I could have tried them out on Deegan, haha!) which was really interesting. We then had some morning tea and had a go at archery (Lanie and Oliver were naturals!). We did some sword fights (without real swords of course) in which we learnt some tactics, it was really fun. We also learnt about sieges on castles. After lunch we watched Sir Phillip and Sir Clifford face off in a joust. The horses were well trained and did dances to get the crowd moving. They had 5 lances which they used in an attempt to hit each other. After we watched them joust (which was a draw) we got to meet them and ask lots of questions. The joust was a great highlight of camp. We went to the Throne Room and Knights Round (a building) to try on some armour and learnt about what is does to protect the person wearing it. We finally learnt and re-enacting the Battle of Hastings which was really interesting. We went for a drive into the city of Ballarat; we saw Lake Wendouree and a big war memorial just next to it. We went back for tea, watched a movie (which was Dragons) and went to bed. It was a great day.

#### <u>Thursday</u>

We woke up really early for breakfast so we could get to Anglesea in time for surfing at 10am. We had some instructors who taught us how to surf properly. It was much harder than we expected, though Asher and myself caught some really good waves on the boogie-board. We ate our lunch quickly so we could get to Geelong in time for our next activity..... rock climbing! It was really fun even though I didn't do very well. However, Frazer, Deegan, Giana and Sean were quite good at it. After that, we had early tea at Schnitz which was amazing, the food was so good! Finally, we went and played laser tag; we got into teams and got our weapons. My team (the red team) won both games, scoring was sort of hard to work out though. We then headed back to Kryal Castle (we were really tired!) we stopped for some fuel before having a shower, some supper and bed.







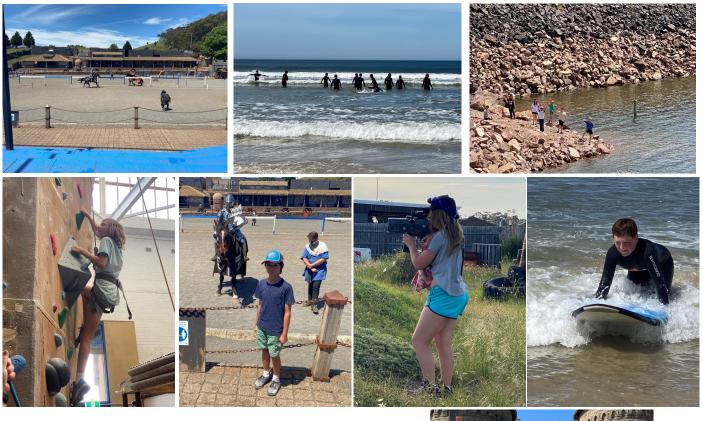


#### <u>Friday</u>

On Friday we were up early so we could hit the road and get to J-Ward in Ararat which was a really interesting place, we learnt some stories there of prisoners and patients who once were 'living' there. We learnt the history of the place and also a bit about Aradale, I found it really cool. Finally, we got some lunch from McDonalds before arriving back at school in time for the bus. It was a great Camp!

- Archie Zanker











## Looking forward to 2021

To assist the school with planning for 2021 could families please inform the school if they will not be part of the school community next year.

## 2021 Term dates

	Nhill Lutheran School	Vic Ed Dept
Term 1	28 Jan – 1 April Staff PD days Jan 21, 22, 25, 27.	28 Jan – 1 April
Term 2	19 April – 18 June Staff PD week June 21-25	19 April – 25 June
Term 3	12 July – 17 September	12 July – 17 September
Term 4	4 October – 10 December	4 October – 17 December

## parenting **\***ideas

#### INSIGHTS

## Building deep emotional connections with kids



Imagine your child comes to you upset that a sibling or friend has cheated in a game. There are a number of ways to respond, including telling them not to worry ("Let it go!"), advising them how to handle it ("Next time you keep the score.") or empathising emotionally ("You must feel disappointed.")

Each is a legitimate response for a parent and teacher to make, but only the latter builds a deep emotional connection. Importantly, the empathetic response builds a child's or young person's emotional intelligence as it taps into their ability to recognise current feelings.

#### How emotional connection works

Kids crave to be understood by others, especially by the people they love or respect. When you accurately feed back how a child or young person is feeling you demonstrate that you really care. Strong relationships are formed on the bedrock of care, kindness and compassion.

#### How to give emotional feedback that connects

Giving accurate emotional feedback to an upset child or teenager takes practice. It requires that you pay attention, move into the present moment, listen to a child and identify the feeling behind their words. High or loud emotions such as anger, annoyance and panic are often easier to identify than low or muted emotions such as worry, discouragement or loneliness.

An effective way to connect on emotional level is to listen to what a child has to say, and then think back to a time you were in a similar situation. Imagine if a child says they feel horrible because their friends laughed at them when they made mistake in class. Rather than respond immediately, think back to a time when you made a mistake in front of others and identify how you felt. Embarrassed, ashamed, or annoyed? "I bet that you felt embarrassed and annoyed when your friends laughed at you." Your child may tell you that you're off the mark, but they'll more than likely appreciate the empathy you show.

#### Feed back the positive emotions too

You don't have to wait until something challenging happens to connect with a child on an emotional level. Accurately mirror positive feelings such as relief (after a stressful situation has passed), enthusiasm (as they begin something they love doing) and chilled (as they put their feet up at the end of the day). We all experience many emotions throughout the day. The ability to accurately recognise and feed back the emotions of children and young people is a wonderful way to build connections of quality and depth.

## parenting **\***ideas



#### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

Provided as a part of our school's Parenting Ideas membership

parentingideas.com.au



Listen to Messages of Hope and invite others to do the same. Download or listen online at **messagesofhope.org.au**.

#### 6<sup>th</sup> December What to Buy

The build up to Christmas can be really stressful and tiring, Richard shares his struggle to find the perfect gift for the special people in his life.

13<sup>th</sup> December Stress

Do you ever get stressed trying to meet everyone's expectations, as well as your own? Richard, Celia and Noel talk about stress and how sometimes it can be so destructive.

#### 20<sup>th</sup> December Christmas is for Everyone

The Story of Jesus birth at Christmas is as relevant today as it has been throughout history. Bishop John shares how the story of Christmas is for all people.

#### **CORONAVIRUS RESOURCES**

As coronavirus restrictions continue and some tighten further, there are challenges and changes to navigate. Life looks a bit different and feels uncertain which can make us feel stressed or anxious. For resources to help make sense of what you're going through and give you hope, go to **www.messagesofhope.org.au/coronavirus**.

#### FAMILY FUN AT HAPPYLAND.COM.AU

Enjoy the Happyland website game at **happyland.com.au**. Set up your own character, change them, and take them on an adventure. Go on to the App store and download the Happyland App for iPhone and iPad.

#### (Round the Table)

(Bishop John Henderson)

(Pastor Richard Fox)







## Ten ways to reduce your risk of coronavirus

- WASH hands often with soap and running water, for at least 20 seconds. DRY with paper towel or hand dryer.
- TRY not to touch your eyes, nose or mouth.
- COVER your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- ISOLATE yourself at home if you feel sick. If you take medication ensure you have adequate supplies.
- PHONE your GP first if you need medical attention. They will tell you what to do.
- CONTINUE healthy habits: exercise, drink water, get plenty of sleep, and now is the time to quit smoking. Call the Quitline 137 848.
- DON'T wear a face mask if you are well.
- BUY an alcohol-based hand sanitiser with over 60 per cent alcohol.
- GET the flu shot (available April).
- SHAKING HANDS is optional!

## Find out more www.dhhs.vic.gov.au/coronavirus

## If you are concerned, call the Coronavirus hotline 1800 675 398 (24 hours) Please keep Triple Zero (000) for emergencies only

To receive this publication in an accessible format email COVID 49@dhhs.vic.gov.au Authorised and published by the Victorian Government, 1Treasury Place, Melcourne, 8 State of Victoria, Narch 2020 (2001620)









TOPLA

Health and Human Services