



## Upcoming Dates

OCT	Fri 23rd	Grand Final public holiday
NOV	Tues 3rd	Melbourne Cup public holiday
	Fri 6th	Foundation/1/2 Excursion to Roses Gap
	Wed 11th— Frid 13th	Year 3/4 camp to Portland
	Tues 17th— Fri 20th	Year 5/6 camp to Ballarat

## Students of the Week

Congratulations to the following students who were presented with Student of the Week awards in their classes last Friday:

Year F/1: Michael

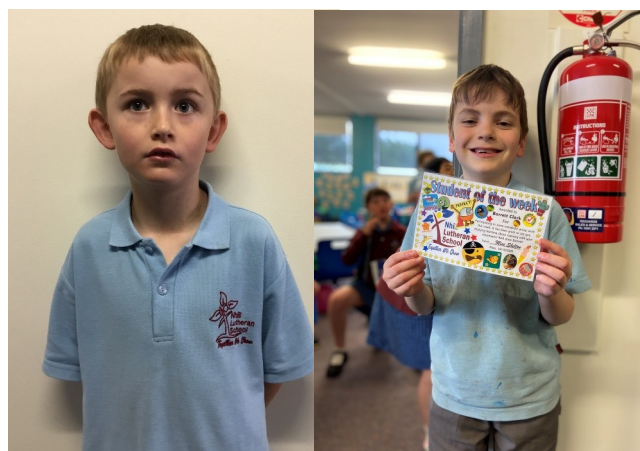
Year 1/2: Barrett

Year 3/4: Stella

Year 5/6: Giana

## School photos

Today we welcomed Andrew from Creations Photography in Horsham to take our school photos.



## From the Principal

It has been great to see learning momentum build over the last few weeks, and our students applying themselves well to their learning. One thing that has stood out to me this term is the way students have responded to being challenged in their learning. We talk of growth mindset, resilience and grit, and these are great attributes for learners to have in their toolkit.

### Upcoming visits for 2021 Foundation students

In the next few weeks we look forward to welcoming our 2021 Foundation students for orientation visits. The structure of our pre-Prep visits needs to be different this year due to Covid-19, but we are grateful we will still be able to spend some time, albeit limited, with our incoming students. Orientation visits are planned for November 10, 17 and 24.

### Camps, excursions and sleepovers

Teachers are busy preparing for camps, excursions and sleepovers happening in upcoming weeks. We are thankful that these activities are permissible in regional Victoria. Understandably, all activities must be Covid safe and follow latest rules and regulations. This has seen some of our original plans needing to change, but I'm sure the camps, excursions and sleepover will be great opportunities for learning and growth, as well as building comradery and relationships. Looking ahead there is a F-2 excursion to Roses Gap, Year 2 sleepover, 3/4 camp to Portland and 5/6 camp to Ballarat.

### Public Holidays

Please remember the public holidays in the coming weeks: AFL Grand Final Friday (October 23) and Melbourne Cup (November 3).

May the best team win the AFL Grand Final (unfortunately not my Crows!).

Every blessing for your week.

Damon Prenzler

## Gifts of Grace

Australian Lutheran World Service (ALWS) provides the opportunity for people to purchase gifts for communities overseas. The Gifts of Grace catalogue outlines what the gifts are and their cost, and families are encouraged to consider a contribution to ALWS. Nhill Lutheran students will be contributing towards the Gifts of Grace, with the SRC determining what gifts to purchase. More information can be found at [www.alws.org.au](http://www.alws.org.au).

## Congratulations Miss Shelton

Congratulations to Miss Shelton who will continue serving in a Lutheran school next year. Miss Shelton will join the staff of Calvary Lutheran Primary School in Morphett Vale, SA.



## Looking forward to 2021

To assist the school with planning for 2021 could families please inform the school if they will not be part of the school community next year.

## Devotional Thought

### Attitude to Authority

'Let every person be subject to the governing authorities; for there is no authority except from God, and those authorities that exist have been instituted by God' (Romans 13:1).  
Read Romans 13:1-7

Sometimes Christians who claim to surrender to Christ as the Lord of their life are at the same time quite dismissive and even rebellious in their attitude toward other authorities, such as parents, bosses, teachers, or governments. Sadly, I know this from my own life (Psalm 25:7)! We learn from the Scriptures, however, that our attitude to authority is a spiritual issue. Luther picks up on this in his explanation to the fourth commandment, where we are called to honour our father and mother. He says, 'we should fear and love God so that we should not despise or anger our parents and other authorities'. Notice the connection between our life before God and our life before others whom God sets over us.

In our text, St Paul focuses on our attitude toward the governing authorities wherever we live. He says that when we consider how we act toward those in our governments, we do well to remember that all true authority finds its source in God and that the government, and those in authority, have been instituted by God for our good. We are to be subject to them as a fundamental attitude, and this means specific things, too, like paying our taxes. There are, of course, limits to this. For example, if we are asked by the government to engage in something that is an offense to God (Acts 5:29). But it's quite likely St Paul was writing to Christians who lived under governments far less friendly to them than most of us do.

God is rich in his goodness toward this world. Are we able to recognise that even our governing authorities are, in fact, a gift from God? Through them, he has provided a well-ordered society and protection for the weak and vulnerable. No government will ever do this flawlessly, of course. Still, we owe them our honour as those who exercise authority in this world on God's behalf.

**Heavenly Father, thank you for our government. Please give wisdom to our leaders as they navigate the many complex issues facing our community. Lead us by your Spirit to subject ourselves to them and honour them. In Jesus' name, Amen.**

## Worship News

Please note that there will be no worship services until further notice.

Online services can be viewed at:

<https://www.youtube.com/channel/UC2uy0xrShyyQVC4sy0xjOJg>



Church Office: 5391 1223

## Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ♦ The new students who will be starting in Foundation in 2021

## Chapel

Chapel will be delivered on site in Term 4. Unfortunately we cannot welcome guests at this time.



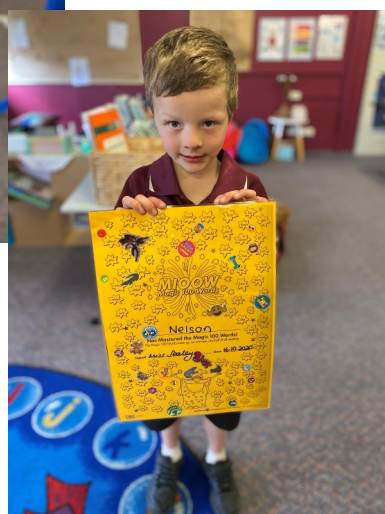
## Chapel Offering

Thank you to those people who have contributed towards our sister school. We are still a long way behind. If you would like to make a contribution, please contact Mrs Koning at the front office.



## Magic 100 Words

Congratulations to Cooper and Nelson for successfully completing their 100 magic words.



More Magic 100 Words certificates awarded to Foundation and Year 1 students last week.

## Hats

Don't forget hats need to be worn outside.



## Parenting Ideas—Webinars and Guides

Our school has a Parenting Ideas membership which enables us to publish articles in our newsletter. I hope you find these articles useful and informative. In addition to the articles, Parenting Ideas also provides support for parents through webinars and eGuides. Parents of Nhill Lutheran School are able to access free webinars provided by Parenting Ideas (usually the cost is \$37). Some of the webinars have already occurred and have been recorded, others are planned for later this year. To gain free access to a webinar simply request a voucher from the school, which will have all the details you need to view the webinar. Upcoming webinars include:

*Teaching young people about healthy relationships* – September 9 at 8pm, valid to December 9

*Parenting like a cat and dog* – November 11 at 8pm, valid to December 31

The eGuides are booklets that are also available free to parents. They cover the topics of *optimism, family meetings, friends, coping, understanding children's behaviour, and bring out your child's confidence*. Copies of the eGuides can be sent electronically by the school, just ask via [admin@nls.vic.edu.au](mailto:admin@nls.vic.edu.au) or phone the school.

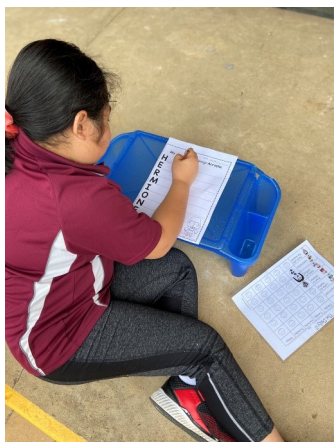


## Book Week





## Year 3/4 Daily 5 and Book Study



The Year 3/4 class has been studying Harry Potter and the Philosopher's Stone this semester, along with Daily 5. The students have thrived with this learning. Due to the beautiful weather recently, they have been doing these morning rotations outside. Some examples pictured focus on their work on writing and reading to someone.



## Nhill Lutheran School

### Classroom Teacher

Nhill Lutheran School is seeking an applicant for a passionate and innovative full time teacher.

The successful applicant will demonstrate enthusiasm and creativity in their daily work as a classroom teacher, fostering an environment where students are fully engaged in their learning. A desire to work as part of a Professional Learning Community will be highly valued.

The successful applicant should be willing to support the Christian ethos of the School and be part of a dedicated team committed to excellence in education.

Nhill Lutheran School currently has four classes from Foundation to Year 6, and follows the Victorian curriculum.

*For a job description please phone (03) 5391 2144 or email [admin@nls.vic.edu.au](mailto:admin@nls.vic.edu.au) with the subject line of 'Classroom Teacher Position'*

**Applications close: Monday 26th October**

**Position commences: 21/01/2021**

## Book Fair



Thanks to everyone who supported our Book Fair. Altogether over \$1,200 was raised. That's a fantastic achievement for our school.

The school benefits from these sales, by receiving teaching resources.

## 2021 Term dates

	Nhill Lutheran School	Vic Ed Dept
Term 1	28 Jan – 1 April Staff PD days Jan 21, 22, 25, 27.	28 Jan – 1 April
Term 2	19 April – 18 June Staff PD week June 21-25	19 April – 25 June
Term 3	12 July – 17 September	12 July – 17 September
Term 4	4 October – 10 December	4 October – 17 December

## INSIGHTS

### Parenting in challenging times



Life has a way of throwing curve balls that really test the strength and resilience of families. Personal tragedy, natural disasters and global pandemics are the types of events that challenge us all to the core, testing our emotional and social resources.

When difficulties occur children look to the adults in their lives to maintain their security and safety. When change and uncertainty reigns, kids want strong, empathetic leadership from the significant adults in their world. As a parent it can be difficult responding to a child's needs when you're trying to adjust to changes that are forced on you.

Following are some elements to consider when parenting through times of challenge, change and difficulty:

#### Attention

Like a television antenna your attention is tuned to pick up the strongest signal. In times of difficulty a child may not necessarily signal that they are struggling, so you may need to fine tune your attention to pick up their needs. Start to notice the small comments and subtle behavioural changes, as they may not be small at all, and can provide helpful clues to their state of mind.

#### Priorities

In challenging times your focus may need to shift away from schoolwork, household neatness and chores. It can move toward relationship building, maintaining wellbeing and helping each other out. Parental priorities need to shift to the immediate rather than the future, the emotional instead of the behavioural and from thriving mode to survival mode in tough times.

#### Permission

Children and young people often struggle to express their feelings and thoughts in the face of adversity. They look to the significant adults in their lives for guidance about how they should respond to change, loss, uncertainty and disappointment. Allow them to speak about how they are feeling. Prompt conversations through closeness and connection. Display your own vulnerability and in doing so give your kids the permission they need to express themselves in safe ways.

#### Collaboration

Difficult times will invariably suit a family that enjoys a collaborative, close parenting style. In collaborative families kids feel listened to and also have an ability to impact family decision making. Shared mealtimes and regular family gatherings are generally a prominent feature of collaborative families. In difficult times those families that prosper are those that value and promote close connection between siblings and parents.

#### Wellbeing



# parenting\*ideas

Child and parent wellbeing becomes paramount in times of hardship. That may mean reprioritising the importance of school and work, doing something joyful every day and practising regular wellbeing strategies such as exercise, mindfulness, deep breathing and spending time in nature. The wellbeing bucket needs to be regularly refilled during challenging times.

These five elements form the basis of a planned parent response when major difficulties occur. Be patient, be kind to yourself and be willing to reach out to the wider community for help.



## Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

Provided as a part of our school's Parenting Ideas membership

[parentingideas.com.au](http://parentingideas.com.au)

## Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at [messagesofhope.org.au](http://messagesofhope.org.au).

### **25<sup>th</sup> October    Where's God in Tough Times?                      (Interview)**

When things go wrong, we often ask "Why me?" And how do you make sense when the tough times seem to just keep coming? Celia chats with some friends about how they cope when life gets tough.

### **1<sup>st</sup> November    Standing Together With Depression                      (Interview)**

Vicki Rochow, a counsellor and mum shares her experiences of walking alongside her children's depression as well as her own.

### **8<sup>th</sup> November    When God Seems Far Away                      (Interview)**

How does someone with faith reconcile a God who often seems far away? Mark shares his 20 year struggle with depression

### **15<sup>th</sup> November    One Foot on Earth, One Foot in Heaven                      (Interview)**

Annette shares her life-changing journey through the grief of losing her daughter, and how she found hope to keep moving forwards

## **CORONAVIRUS RESOURCES**

As coronavirus restrictions continue and some tighten further, there are challenges and changes to navigate. Life looks a bit different and feels uncertain which can make us feel stressed or anxious. For resources to help make sense of what you're going through and give you hope, go to [www.messagesofhope.org.au/coronavirus](http://www.messagesofhope.org.au/coronavirus).





**Gifts of Grace**

**NEW ALWS Gifts of Grace out NOW!**

- 8 gifts under \$10
- every gift is **tax-deductible**
- first 500 orders receive beautiful **tea towel gift!**

**alws.org.au/grace | 1300 763 407**



Australian  
Lutheran  
World Service



LUTHERAN CHURCH  
OF AUSTRALIA  
*where love comes to life*

### NHILL JUNIOR CRICKET TRAINING - THURSDAYS 5pm

Training has started: Thursdays at 5pm at Davis Park Nhill. All new and returning players welcome! We'd love to see some new faces at the nets and encourage any boys and girls who'd like to play in the under 14 or under 16.5 comps to come along for a look.

For more info please contact Ash Dickinson on 0417587002.



**Nhill Golf Club MyGolf Program**  
**Dates :** November 9th, 16th, 23rd and 30th  
**Time :** 4:00 - 5:00  
**Cost :** \$15  
**Suitable for grade 3 upwards**  
**Register at mygolf.org.au**

MyGolf is Australia's introductory golf program for 5 to 12 year olds.

The program runs over 6-10 weeks and introduces kids to golf in a safe and friendly environment.

Participants learn new skills, make new friends and most importantly, **HAVE FUN!**

**REGISTER NOW AT  
MYGOLF.ORG.AU**





# Ten ways to reduce your risk of coronavirus

- ✚ **WASH** hands often with soap and running water, for at least 20 seconds. DRY with paper towel or hand dryer.
- ✚ **TRY** not to touch your eyes, nose or mouth.
- ✚ **COVER** your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- ✚ **ISOLATE** yourself at home if you feel sick. If you take medication ensure you have adequate supplies.
- ✚ **PHONE** your GP first if you need medical attention. They will tell you what to do.
- ✚ **CONTINUE** healthy habits: exercise, drink water, get plenty of sleep, and now is the time to quit smoking. Call the Quitline 137 848.
- ✚ **DON'T** wear a face mask if you are well.
- ✚ **BUY** an alcohol-based hand sanitiser with over 60 per cent alcohol.
- ✚ **GET** the flu shot (available April).
- ✚ **SHAKING HANDS** is optional!



Find out more

[www.dhhs.vic.gov.au/coronavirus](http://www.dhhs.vic.gov.au/coronavirus)

If you are concerned, call the

**Coronavirus hotline 1800 675 398 (24 hours)**

Please keep Triple Zero (000) for emergencies only

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Health and Human Services