



Upcoming Dates

AUG	Mon 17th— Fri 4th Sep	SRC Father's Day stall Check out the stall when you come in to swap over library books & readers (between 9 am and 3.30 pm weekdays)
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Birthdays

We wish the following students a very Happy Birthday:

Savior Ner Moo: Saturday
15th August

Georgia Allen: Sunday 16th
August

Nelson Rohde: Wednesday
19th August



Congratulations Mrs A

Congratulations to Mrs Alexander on achieving her Equip accreditation.

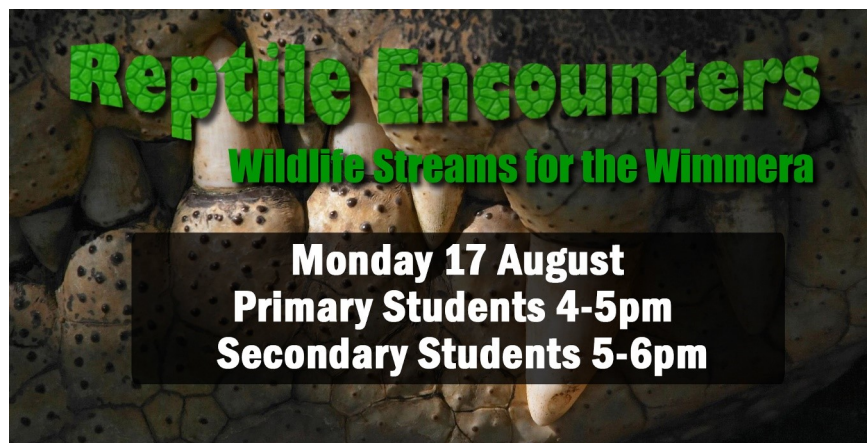
She is pictured receiving her certificate from Mr Prenzler.



Science Week

As part of Science Week, there will be 2 sessions with Reptile Encounters! You need to register on the link below to enjoy of a virtual tour with a lot of fun bringing the best of the Wimmera's creatures to a wild Live Stream experience to the community.

[https://
event.webinarjam.com/
register/79/7v823uko](https://event.webinarjam.com/register/79/7v823uko)



An initiative of



From the Principal

Remote Learning

I hope this week has been somewhat of a settling week as we get into the rhythm of remote learning. It has been great to see and hear stories of positive and innovative learning experiences happening. Feel free to share photos of your remote learning and we can place them in the newsletter. Remember the staff at school are here to help you if you need tech support, clarification of a learning task and so on.

Equip

This year all our teachers and integration aides have been completing the Equip course, a course delivered to staff in Lutheran schools to strengthen their theological understandings. We have been blessed to have Mr Gary Jewson from LEVNT lead these sessions with our staff. So far the staff have completed three sessions with one to go. Thanks to prior recognition of previous studies, Mrs Erin Alexander has completed the requirements of Equip a little earlier and she was presented with a certificate acknowledging her accreditation. Well done Mrs A!

Karen language lessons

Our school has been blessed by having Tan Resayna Tu assist with the delivery of Karen language lessons. Tan recently informed the school that she is no longer continuing her Karen lessons, and has introduced Klu Say who will commence the teaching of Karen language lessons. We sincerely thank Tan for teaching Karen and wish her every blessing, and we warmly welcome Klu Say to our community.

Thank you Mrs Croot, welcome back Mrs Mason

Thank you to Mrs Croot who has helped as an Integration Aide over the past few weeks as Mrs Mason has completed her teaching

practicum at our sister school in Dimboola. We look forward to welcoming Mrs Mason back next week.

Every blessing for your week,

Damon Prenzler

Father's Day Stall

The SRC has organised a Father's Day Stall here at school. Students are welcome to buy something from the stall when they drop in to change their library books and readers. The plan is to run the stall between 9 am and 3.30 pm on school days over the next three weeks, or until we run out of stock. Parents, please wear a mask and sign in at the front office.



Devotional Thought

Down, down

In my distress I called to the Lord,
and he answered me (Jonah 2:2).
[Read Jonah 2:1-10](#)

I have never before focused on the words of Jonah, sitting in the belly of a large fish, waiting on the Lord to rescue him. I have not noticed their beauty, the strength of Jonah's relationship with the Lord, or his growth in grace.

Jonah has been asked to take God's message of repentance and forgiveness to the Ninevites, who are known for their vicious persecution of the Hebrews. He has refused and has gone in the opposite direction.

Now Jonah has seen God intervene. Caught in a supernatural storm, Jonah has claimed responsibility for the tempest and abandoned himself to the waves. And God has sent a huge fish to swallow Jonah. How undignified. How miraculous.

What follows is one of the most beautiful passages of biblical poetry outside the Psalms.

Interestingly, Jonah focuses not on the international incident he is about to become part of, but on his intimate relationship with almighty God. Jonah recognises the desperate nature of his current situation but also trusts in God to save him. He doesn't know how or when, but he trusts that his deliverance will happen.

Jonah's movements until now have been leading him down: down to Joppa, down into the boat, and down, down into the sea. (I love the picture of the seaweed comb over that he describes.) So, having reached rock bottom, surrounded by digestive juices and fish food, Jonah repents.

Repentance is an ongoing and daily process. We repent, not so that God will accept us, but because he already has, and we want to be in that relationship with him where our will aligns with his. Jonah speaks repeatedly of 'going down', both into the belly of the fish and into the world of the dead, and God lifting him out of both situations.

Many of us sit in isolation right now, either enforced physical isolation or in loneliness. What is the most important thing for us? Big world events, or our relationship with almighty God? We don't know when we will be rescued or how we will be rescued, but we do know that 'salvation comes from the Lord' (verse 10).

May we sing a song of hope in God's salvation, a tune of daily repentance, and a shout of praise to the One who lifts us out of the pit.

God of the seas, sky, and land, you showed Jonah that nothing is more important than a relationship with you. Hold your isolated people close. Show us the gift of your presence, and help us to sing of your salvation to a world in need of hope. In our Saviour's name, we pray. Amen.

Worship News

Please note that there will be no worship services until further notice.

Online services can be viewed at:

<https://www.youtube.com/channel/UC2uy0xrShvyQVC4sy0xiOJg>



Church Office: 5391 1223

Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ♦ Frazer Wheaton and his family
- ♦ Eden Woodward and her family

Chapel

Chapel is now delivered via SeeSaw. Please check your SeeSaw app on Friday mornings.



Chapel Offering

Thank you to those people who have contributed towards our sister school. We are still a long way behind. If you would like to make a contribution, please contact Mrs Koning at the front office.

Did you know?

The names of our guinea pigs are: Captain, Ginger, Trinken and Puggle.



Learning at school



Learning at home

If you would like to send through a photo, a picture drawn by a student or sample of your child's learning we may add it to a future newsletter. Feel free to send to admin@nls.vic.edu.au



2021 Term dates

	Nhill Lutheran School	Vic Ed Dept
Term 1	28 Jan – 1 April Staff PD days Jan 21, 22, 25, 27.	28 Jan – 1 April
Term 2	19 April – 18 June Staff PD week June 21-25	19 April – 25 June
Term 3	12 July – 17 September	12 July – 17 September
Term 4	4 October – 10 December	4 October – 17 December

Greetings from Golden Grove

Recently we received this lovely message from Golden Grove Lutheran Primary School in SA:

Dear Mr. Prenzler and the Nhill Lutheran school community,

We would like to encourage you by sending you this email. We are a Lutheran school in Golden Grove in Adelaide. Our class is year 3 and 4 students. We understand that Victoria is finding it hard to contain Covid-19 and would like you to know that we are praying for you in our class.

We are thinking of you in stage 4 lockdown. It must be hard that you can't go out for very long. Online learning is hard for everyone. Also, staying at home so much and working from home must be difficult. It must also be hard when you can't visit your loved ones, especially grandparents. We hope that Victoria can soon contain Covid-19 and that soon people will feel safe again.

Here are some special greetings from a few students in our class:

Abbey and Nalah would like to say: *Stay strong and don't give up.*

Emily would like to say: *We believe that God is with us and will help our country.*

Isaac W would like to say: *Stay healthy in these times.*

Charlie and Isaac C would like to say: *We can learn more about ourselves at this time.*
Aria hopes it is all over soon. (as we all do!)

We would all like to encourage you with the words from Philippians 4: 19 – 20: *And my God will meet all your needs according to the riches of his glory in Christ Jesus. To our God and Father be glory for ever and ever. Amen*

In Christ,
Jacquie Paech and year 3/4 students at Golden Grove Lutheran Primary School.

Short Movie Competition

Its not too late to submit your entry for the **Lutheran Media Movie competition** closing on the 11th September 2020. There is prize money for the best 3 videos and a gift pack for each entry. Go to **www.lutheranmedia.org.au/competition** for more information and entry details, or find the entry form in this newsletter.

Lunchtime music

Can anyone work out Mrs Koning's theme this week? And could you come up with any other songs using this theme?

Mon: Smile—Nat King Cole

Tues: Nothing Compares to You—Prince

Wed: Bohemian Rhapsody—Queen

Thurs: Royals—Lorde

Happyland

Check out the videos and activities at <http://www.happyland.com.au/>.

THE HAPPYLAND WORD SEARCH

LEVEL: EASY

NAME: _____



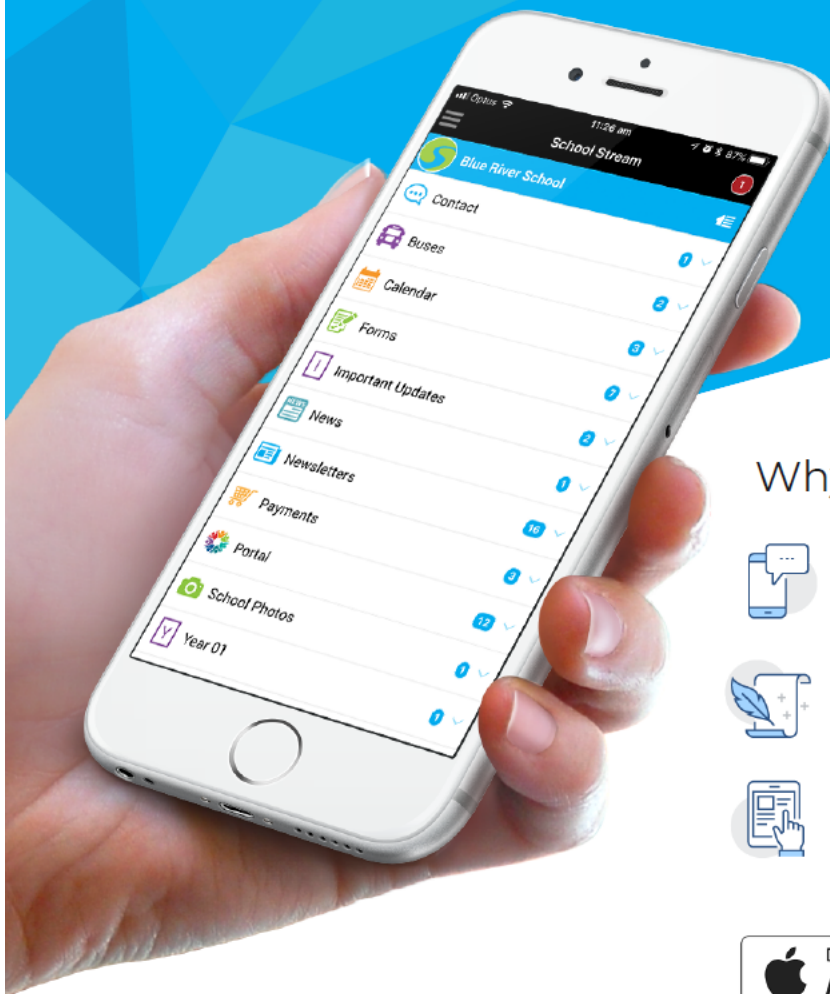
Do your best to find all the words listed below:

AARON
ANDREW
CHLOE
FARM
GOD
HAPPYLAND
JESUS

LUKE
PAUL
RUTH
SHEEP
STAR
TEECH

Words can only run forwards.

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Easily register absentees and excursions.



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App Store



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Google Play

Download instructions:

1. Go to the App Store and download "School Stream" to your phone.

2. Open the app and type the school's name into the search bar to load the school's profile.

3. Make sure you agree to Push Notifications when prompted.



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INSIGHTS

Encourage kids to occupy themselves



A child's ability to fill in their own time and cope with moments of boredom are important independence skills to develop. Children have less practise at keeping themselves occupied than those of past generations. You have many jobs as a parent, but constantly entertaining your child, should not be one of them. These ideas will help:

Invite them to keep themselves busy

When your child tells you that he or she is bored they are bringing you a problem to solve. Boredom is your child's problem, not yours. If this happens, encourage your child to keep themselves busy by asking questions such as "How can you keep yourself amused?"

Make a list

If your child is stuck for ideas make a list of activities that they can refer to when they're bored. Include a variety of activities such as creative tasks, performance tasks, crafts, sports, indoor and outdoor games, music activities, reading and helping. Place the list in a convenient place with easy access and visibility.

Make a boredom buster jar

Cut up a list of boredom busting activities and place them in a jar. When your child is stuck for an idea to keep him or herself amused invite them to select an activity from the boredom buster jar. Ask your child to add enjoyable activities to the jar over time.

Encourage plenty of green-time

Today's children spend more time in front of screens, and less time outdoors than those of previous generations. Not only is time spent in natural environments refreshing, relaxing and rejuvenating, but It's also a wonderful way for kids to relieve boredom. Encourage your child to spend some of their free time outside in natural environments to promote good mental health and develop their confidence.

Help find their interests

If your child struggles to keep him or herself occupied, consider helping them identify a hobby or interest that they enjoy. Often finding that one activity a child loves or excels in makes a huge difference to their self-esteem and wellbeing, and can become the driver for future career choice.

Build in downtime

A trait common among healthy families is the propensity for everyone to enjoy spending downtime or unstructured time together. It's during downtime that parents and children share activities together, which promotes better relationships and helps children's informal learning.

Most children when given unstructured time will rise to the occasion (even after some complaining) and will find interesting things to do. By encouraging them to find something "to do", other than filling their time with screen-based activities, you are promoting a fabulous life-skill in your kids.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

Provided as a part of our school's Parenting Ideas membership

parentingideas.com.au

Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at messagesofhope.org.au.

9th August It's Not Fair (Round the Table)

How do we react when we feel like things aren't fair? Where do we turn to vent the frustration and sense of injustice? Celia, Richard and Noel explore how we cope when things in our life seem unfair and what gives us perspective.

16th August Just As I Am (Pastor Mark Doecke)

What gives our lives value? Is it our jobs? Things we own? Or the relationships we nurture? Mark Doecke explores how we can feel valuable despite our situation and circumstances and what gives life true value.

23rd August Trust (Interview)

As we continue to live with coronavirus, there is still a lot of uncertainty. Will things ever go back to "normal?" Is God someone you can trust to get us through these uncertain times?

30th August Doing Things That Last (Pastor Mark Doecke)

What would you do differently if you had a chance to "re-do" things? Mark Doecke looks at some responses to this question and shares his perspective.

CORONAVIRUS RESOURCES

As coronavirus restrictions begin to ease for some of us and ramp up again for others, there are still challenges and changes to navigate. Life still looks a bit different and feels uncertain which can make us feel stressed or anxious.

For resources to help make sense of what you're going through and give you hope, go to www.messagesofhope.org.au/coronavirus



Short Movie Competition

Entry Form

Original and creative short movie under 4 minutes long that is engaging, entertaining, and shareable and contains a message of hope to deal with life's challenges.

Best 3 short movies in the school student category and general category each receive the following prize money. Every valid entry receives a gift pack.

1st \$300, 2nd \$200, 3rd \$100

The best short movies will be shared on the internet, social media & to schools & congregations.

Entries close 11th September 2020.

For more information, go to www.lutheranmedia.org.au/competition, or Freecall 1800 353 350.

Enter online at www.lutheranmedia.org.au/competition

or submit this Entry Form with your short movie on USB or Data CD:

I submit an entry into the Lutheran Media Short Video Competition and agree with the competition rules.

Name: _____

Postal Address: _____ PC: _____

Email: _____ Phone: _____

Video Title and File Name: _____

Entry Category: ☐ School (produced by students) ☐ General (produced by anyone) (Default is General)

School Name: _____ Year level: _____

(Required video specifications are 1920 x 1080p as an .mp4 or .mov with a bit rate no less than 2500 but 10000 is preferred.)

I agree for Lutheran Media to use and share the video in whole or part for the purposes of all forms of media and/or broadcast, exhibition, distribution, publicity and promotion. I agree that all use as outlined above is without payment, including if the broadcast secures commercial release and that I disclaim any right, title or interest in the broadcast including all copyright to Lutheran media for these purposes. I acknowledge that the information above is true and that the film I have submitted is my own original production. I agree to the terms and conditions of entry to this competition. I have completed participant release forms and complied with copyright legislation.

If the entrant is under 18 years of age, I, (parent/guardian's name) _____, as parent or legal guardian of the above named individual, have read this release and give my approval of the terms.

Entrant's signature: _____

Parent/Guardian signature if entrant is under 18 years of age: _____

Lutheran Media, 197 Archer Street, North Adelaide SA 5006
luthmedia@lca.org.au Freecall 1800 353 350 www.lutheranmedia.org.au



Ten ways to reduce your risk of coronavirus

- ✚ **WASH** hands often with soap and running water, for at least 20 seconds. DRY with paper towel or hand dryer.
- ✚ **TRY** not to touch your eyes, nose or mouth.
- ✚ **COVER** your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- ✚ **ISOLATE** yourself at home if you feel sick. If you take medication ensure you have adequate supplies.
- ✚ **PHONE** your GP first if you need medical attention. They will tell you what to do.
- ✚ **CONTINUE** healthy habits: exercise, drink water, get plenty of sleep, and now is the time to quit smoking. Call the Quitline 137 848.
- ✚ **DON'T** wear a face mask if you are well.
- ✚ **BUY** an alcohol-based hand sanitiser with over 60 per cent alcohol.
- ✚ **GET** the flu shot (available April).
- ✚ **SHAKING HANDS** is optional!



Find out more

www.dhhs.vic.gov.au/coronavirus

If you are concerned, call the

Coronavirus hotline 1800 675 398 (24 hours)

Please keep Triple Zero (000) for emergencies only

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Health and Human Services