



## Upcoming Dates

JUN	Mon 8th	Queen's Birthday holiday
	Tues 9th	Years 3-6 return to face to face learning
	Fri 19th	Last day of classes for Term 2
	Mon 22nd— Fri 26th	Staff PD week
JUL	Mon 13th	First day of Term 3

## Mastering Reading



## LLL interest

The lovely people at LLL are keen to update passbooks with the annual interest, which will be added on 31st May. Could all LLL passbooks be delivered to the front office by next Friday so that we can send them to Adelaide in one package.

Congratulations to Harry for successfully completing his 100 magic words.

## Newsletter contributions

If you would like to send through a photo, a picture drawn by a student or sample of your child's learning we may add it to a future newsletter. Feel free to send to admin@nls.vic.edu.au



Finance  
with a  
mission

## From the Principal

What a joy it was to welcome our F-2 students back to school on Tuesday. Incredibly we had 100% attendance from students in those year levels! We very much look forward to welcoming our 3-6 students on June 9.

### **Creativity and imagination – the joy of play**

Seeing the students re-connecting with each other has been wonderful. It's clear that many children have missed seeing their classmates, and have enjoyed playing and learning with them. Our playground has seen amazing creativity and imagination: branches have become cubbies, rocks have become beauty salons, sandpits have become farms, and more. I've met princesses, superheroes with special powers, and even surfers and pineapple growers from Hawaii! How wonderful when children can creatively and imaginatively play together.

### **Thank you parents**

Thank you to parents for your cooperation during drop off and pick up times by remaining in your vehicle. Thank you also to parents of Year 3-6 students who continue to assist their children with remote learning – only one more week!

### **Looking ahead**

COVID-19 has seen us implement many changes. Unfortunately, many events have had to be postponed or cancelled. Now that some restrictions are being lifted we must still follow the latest rulings and advice provided by authorities. As we look ahead to Term 3 we are hoping that many of the events planned will still occur, for example Athletics Day, Concert, Father's Day etc..., however we cannot plan with certainty at this stage. Thank you for your understanding. We will endeavour to keep you informed as best as possible.

## Pentecost

It's Pentecost Sunday this weekend, a time where the Church season of Pentecost begins. At Pentecost we remember the story of the disciples receiving the gift of the Holy Spirit, which then enabled them to speak in different languages and communicate with people in their own language. The Holy Spirit gave the disciples courage to share the good news of Jesus, with many people being baptised and believing in Jesus.

Every blessing for your week,

Damon Prenzler

## Slippers and rubber boots

Students are permitted to wear rubber boots outside, especially as parts of our school yard become a little sloshy during the winter months. This also prevents school shoes from becoming too dirty. Additionally, students are allowed to wear slippers inside to keep their feet warm and comfortable, as well as preventing the spread of dirt and mud in the school. Rubber boots are kept on racks located on the outside verandah, slippers are housed in the shelves near the toilets. You are welcome to provide boots and slippers for your child. Please ensure they are clearly named. If there are boots or slippers belonging to your child that are currently at school but your child has grown out of them, we ask that you collect them.



## Devotional Thought

### Rejoice always

**'Though the fig tree does not blossom ... yet will I rejoice in the Lord' (Habakkuk 3:17,18).**

Read Habakkuk 3:16-19

We often tie 'rejoicing' to when things go very well for us. We rejoice when we have a bumper harvest; when our child achieves one of his/her goals; when the weekend arrives; even when we get a good parking space. While we should indeed praise our gracious Lord for the many blessings he supplies, each and every day, we often fall into the trap of only praising him when things go well.

The prophet in this passage writes a beautiful song that is basically saying: 'Even if everything goes wrong, and I end up without any job, not knowing where my next meal is coming from, or how I pay this week's bills, I will still praise the Lord!' He knows that the Lord is his Saviour. He knows that while the world around him is falling apart, our Sovereign Lord is in charge. Justice will prevail. God will come and set the world aright!

We know that God did come, as one of us, in the person of Jesus of Nazareth, and lived, suffered and died for all of us and that our Father raised him on that glorious Sunday morning. What the prophet looked forward to, we remember. We rejoice in what God has already done for us. We rejoice that we are daughters and sons of the most high; brothers and sisters of our Lord and Saviour – not through what we have done but through his death and resurrection.

It is not because we enjoy hardship, that we rejoice – but because we focus on the cross and what was done for us. Rejoice! God loves you so much that he sent his only Son to die for you!

***Gracious Father, I don't like the way the world is currently. I miss so much. Help me to trust in you. Fill me afresh with your Holy Spirit, so that I might be like the prophet and rejoice in these difficult times. In Jesus' precious name, Amen.***

## Worship News

Please note that there will be no worship services until further notice.

Online services can be viewed at:  
<https://www.youtube.com/channel/UC2uy0xrShyyQVC4sy0xjOJg>

Church Office: 5391 1223



## Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ♦ Michael Merrett and his family
- ♦ Sophie Moll and her family

## Chapel

Chapel is now delivered via SeeSaw. Please check your SeeSaw app on Friday mornings.



## Chapel Offering

With no face to face chapel for the foreseeable future, there is limited opportunity to be able to continue blessing our sister school in Myanmar.

We have received a message from the school asking if we could try and provide approximately \$60 a week so that they can keep operating. If you would like to make a contribution towards our sister school, please contact Mrs Koning at the front office.

## National Simultaneous Storytime

This week the students at school took part in National Simultaneous Storytime, listening to the story of Whitney and Britney Chicken Divas.



## Buses

A couple of small reminders for students travelling on buses. Please let the school know if:

- Your child is being picked up and won't be on the bus.
- Your child will be travelling on a different bus.
- Your child is not normally a bus traveler, but will be travelling on the bus for a certain period.

## Lunch Orders

Please note that lunch orders will be available on Mondays and Fridays from now on.

The lunch order list is available on FlexiBuzz or contact Mrs Koning for a copy.

## CSEF payments

The Camps, Sports and Excursions Fund (CSEF) provides payments for eligible students to attend activities like:

- \* swimming camps or trips
- \* swimming and school-organised sports programs
- \* outdoor education programs
- \* excursions and incursions.

Families holding a means-tested concession card or temporary foster parents are eligible to apply. \$125 per year is available for primary aged students.

Please see Mrs Koning if you believe that you are eligible and would like an application form or download it from this site:

<https://www.education.vic.gov.au/Documents/about/programs/health/CSEF-Application-Form-2020.pdf>

Then bring the form and Centrelink card to Mrs Koning so that she can apply on your behalf.

## Hindmarsh Shire survey

We have some fun activities and competitions planned, but we need your input! Please take a minute to do our Youth Activities survey @ <https://www.surveymonkey.com/r/J7MZVL5> and let us know how you would like to spend your time in lock down.





## Learning at school

It has been wonderful to welcome back our Foundation to Year 2 students. We look forward to seeing the rest of the Year 3 to 6 students soon.





## INSIGHTS

### Successfully transitioning students back to school



The recent home-schooling experience of Australian students is about to end with most states and territories transitioning kids back to school. For parents, many of whom have discovered just how complex teaching can be, the return to school will be a welcome relief. For children, going back to school may bring a mixed bag of feelings. Eager anticipation about reconnecting with friends and teachers will probably be accompanied by a level of anxiety about what school may be like upon return.

School undoubtedly will be a different experience for students post COVID-19. For a start they've just experienced a prolonged period of remote learning and an absence from their friends, which will take time to process when they return to school.

With organised extra-curricular activities put on hold most children have had a great deal of free time, which has placed the locus of control firmly in their hands. I suspect many kids will grieve their lack of freedom, as they've had a glorious glimpse of what an unstructured life is like. It may take some time for them to get back into the swing of school life.

With the return to school imminent here are some sensible strategies to make adjustment easier for students.

#### Get ready for a return

Worriers and anxious types in particular like to know what's ahead so your approach will make a difference. Prepare your child for a return by discussing the safety procedures the school will be implementing. Let young children know that an adult won't be accompanying them past the school gate. Ask your child what they are looking forward to and check in with how they are feeling about a return. Validate any fears and apprehensions and correct any misconceptions.

#### Go slowly

This period will mirror the start of the school year when your child had to adjust to new teachers, different classmates and a new year level. Adjusting to change takes a great deal of personal energy, so your child or young person may become tired, grumpy, even moody at home. Make allowances for these personal changes and make sure they have plenty of free time to unwind after school.

#### Focus on reconnection

Make reconnection the theme for your child's return to school. He or she will have to reconnect with friends, teachers and learning, which takes time. In all likelihood, your child's teachers will use many strategies to help your child connect with their friends, reflect on their time at home and move them back into full-time learning mode. Support these activities and keep your learning expectations for your child in check.

It may take the rest of the term for some children to adjust to their life back at school.

# parenting\*ideas

## Stay calm

Anxiety is very contagious, so it's easy for us as parents to take on our children's worries and fears. The reverse is true, and kids can pick up our worries, taking them on as their own. As a buffer against anxiety ensure you do something each day that brings you some joy, whether it's listening to music, going for a walk or having a coffee with a friend.

## Look after yourself

In recent months parents and teachers have been doing significant emotional labour. The learning and adjustment curves have been massive, with little time to relax and take a break. Consider your own emotional resources and make your wellbeing a priority, which will make it easier for you to stay calm if your child experiences difficulties.

## Communicate confidence

It's a fine line that many parents walk between being flippant ('you'll be right') and showing confidence ('you'll do okay') when kids struggle to adjust to change. My research into childhood anxiety reveals that children and young people want parents and teachers to understand their fears and anxieties, and to coach them to negotiate difficulties including adjusting to change. You can support your child through sharing stories of resilience, focusing on the positives and letting them know that will eventually adjust.

The COVID-19 pandemic has thrown up many difficulties requiring us all to quickly adapt to new situations. Flexibility is a prime characteristic of resilient people, so if nothing else, getting through these challenging times will make us all more resilient.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

Provided as a part of our school's Parenting Ideas membership

parentingideas.com.au

## Learn, save, grow!

Teach children how to save, before they learn to spend, with an LLL Children's Savings Account.

### Featuring:

- No fees or charges – at all
- Great interest rate with no 'bonus' rate hurdles to jump
- Funds always accessible
- No minimum deposit or balance required
- Easy to follow passbook with internet access available.

Cash deposits can be made into your child's account via school banking available at this school - ask the School office how.



LLL school banking encourages students to develop regular saving habits which can be maintained throughout life.

For more information or to open an LLL Children's Savings Account:



www.lll.org.au  
Phone our office on  
1800 556 456



**\$25 offer extended!**

Until 31 May 2020.



**Children's Account**

Learn, save, grow.

This advice is general in nature and does not take into account your personal situation, needs or objectives. Please refer to the Disclosure Documents before making a decision to deposit funds with the LLL. \*The \$25 gift consists of the normal \$5 gift paid into the first account opened in the child's name, PLUS an additional \$20 when quoting the promotional code (GET25) and the account is opened by 31 May 2020.





# Short Movie Competition

Original and creative short movie under 4 minutes long that is engaging, entertaining, and shareable and contains a message of hope to deal with life's challenges.

2 categories – School students and General. Best in each category receives:

**1<sup>st</sup> Prize \$300**

**2<sup>nd</sup> Prize \$200**

**3<sup>rd</sup> Prize \$100**

*Every valid entry receives a Lutheran Media gift pack.*

**Best short movies to be**  
shared on the internet, social media, in schools and in congregations.

**Entries close 11<sup>th</sup> September 2020**

For more information including entry forms, go to  
[www.lutheranmedia.org.au/competition](http://www.lutheranmedia.org.au/competition), or Freecall 1800 353 350.





# Ten ways to reduce your risk of coronavirus

- ✚ **WASH** hands often with soap and running water, for at least 20 seconds. DRY with paper towel or hand dryer.
- ✚ **TRY** not to touch your eyes, nose or mouth.
- ✚ **COVER** your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- ✚ **ISOLATE** yourself at home if you feel sick. If you take medication ensure you have adequate supplies.
- ✚ **PHONE** your GP first if you need medical attention. They will tell you what to do.
- ✚ **CONTINUE** healthy habits: exercise, drink water, get plenty of sleep, and now is the time to quit smoking. Call the Quitline 137 848.
- ✚ **DON'T** wear a face mask if you are well.
- ✚ **BUY** an alcohol-based hand sanitiser with over 60 per cent alcohol.
- ✚ **GET** the flu shot (available April).
- ✚ **SHAKING HANDS** is optional!



Find out more

[www.dhhs.vic.gov.au/coronavirus](http://www.dhhs.vic.gov.au/coronavirus)

If you are concerned, call the

**Coronavirus hotline 1800 675 398 (24 hours)**

Please keep Triple Zero (000) for emergencies only

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Health and Human Services