

TOGETHER WE GROW

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Term 2 Week 1 Issue 9 17th April 2020



Upcoming Dates

	APR	Sat 25th	ANZAC day
	MAY	Sun 10th	Mother's day
	JUN	Mon 8th	Queen's birthday holiday
		Fri 19th	Last day of classes for Term 2
		Mon 22nd— Fri 26th	Staff PD week

Birthdays

We wish the following students a very Happy Birthday:

Esther Alexander: Friday 27th March Chelsea Bone: Saturday 28th March Archie Zanker: Sunday 12th April



Students of the Week

Congratulations to the following students who were presented with Student of the Week awards at assembly on 20th March:

Year F/1: Max

Year 1/2: Henry

Year 3/4: Saad

Year 5/6: Oliver









From the Principal

Welcome to our first newsletter for Term 2! We aim to continue with a weekly newsletter during this time of remote learning. I hope you and your family are healthy, safe and coping well.

Our school motto is "Together We Grow" and I think it's fair to say we are all growing at the moment! (Hopefully is a good way).

I would like to again thank all parents and students for their efforts and patience as we commence remote learning. I would also like to acknowledge the staff for going above and beyond.

Your feedback is useful as we deliver remote learning, and please let your child's teacher know of your thoughts and ask any questions if needed. We welcome your thoughts on the following:

Is there too much/not enough learning?

Are the instructions clear/unclear?

The balance between screen time and nonscreen time.

How is communication between your child and their teacher?

How is your family coping with this model of learning?

Is there anything else you would like to see the school doing or providing at this time?

Challenges, opportunities and growth

Numerous challenges exist at the moment, not just in an educational sense, but more broadly too. In regards to student learning we are experiencing the challenges presented by learning remotely. This can be hard and cause frustration. At the same time challenges provide opportunities for growth, and at these times there are creative ways to problem solve and learn new ways of doing things.

Essential skills

Last year when the school introduced agile and contemporary learning spaces for our students, there was commentary about essential skills, sometimes also referred to as soft skills or 21st century skills. These skills are identified as being necessary and important for future times, and schools have a responsibility to intentionally plan for these skills to be promoted. Amongst the top essential skills are creativity, communication, problem solving, critical thinking, adaptability, resilience and digital fluency. The current situation has, in a way, thrust the importance of many of these skills into the educational realm, but also more broadly as people work from home and operate in different ways.

Connecting and communicating

During this time connecting and communicating with others is important for wellbeing. For our students the connection with their teacher and their fellow students is a special part of their schooling. Although not the same as being physically present, we are hoping connections still occur where we can see faces and hear voices. So far teachers have tried different ways to connect and communicate including Zoom meetings, phone calls, video and voice messages via Seesaw. When communicating in these ways we remind all students and families to ensure background images and sounds are appropriate, and devices are used safely.

Students on site

If your child is learning onsite at school during this time they are to wear their school uniform. We will allow some flexibility in that students may wear their sport or formal uniform. Also, if your child is learning from school they must bring their iPad and other learning requirements.

Fees

Statements for school fees have been distributed to families. In recognition of the need for children to undertake remote learning, and therefore use extra electricity, internet and other necessities for learning purposes, the school is providing a 10% remote learning fee rebate. This amount will be shown on the fee statement. If families are experiencing financial difficulty in paying school fees they may talk to our Business Manager, Mr Garry Wallace (5382 2529).

Swapping books and readers

To assist students with their reading, and so students are able to refresh their reading stocks, the school is providing times for families to visit the school to borrow/ change readers/novels/lexiles etc... This will commence next week. One family may be permitted in the school building at a time to source books and will be required to apply hand sanitiser, and follow social distancing requirements of 1.5m. We ask that you keep your time on site to a minimum and only use it for the purpose of returning and borrowing books. If a family member is unwell they must not enter the school building. A return box for books will be placed at the main entrance to the school, with all books hygienically wiped on return. Days and times are:

Monday 1pm - 3pm: Family surnames

beginning with A-C

Tuesday 1pm - 3pm: Family surnames

beginning with D-L

Wednesday 1pm - 3pm: Family surnames

beginning with M-P

Thursday 1pm - 3pm: Family surnames

beginning with Q-Z

Cleaning

The school continues to be cleaned as usual during this time with extra attention being given to surfaces such as door handles, and desk and bench tops. A whole school clean occurred during the second week of the holidays. We hope to keep the school as clean and hygienic as we can.

Would you like to contribute to the newsletter?

If you would like to send through a photo, a picture drawn by a student or sample of your child's learning we may add it to a future newsletter. Feel free to send to admin@nls.vic.edu.au.

Every blessing for your week,

Damon Prenzler

Act of Service Award

Congratulations to Frazer and Oliver on their Act of Service Awards, presented at assembly on 30th March.



New signs

If you have recently walked up our front steps, you may have noticed our new signs, welcoming all to the school.



Devotional Thought

Radical peace

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid (John 14:27).

Read John 14:25-30

There's been a lot of talk about 2020 being a year that we should cancel or start over. But those who trust in Jesus have strong reasons to have a very different point of view.

Everything that's happening in the world right now has the potential to bring about a whole lot of good that might not have happened otherwise. Whenever hardships occur, it brings people out from the distractions of day-to-day life and leads many to question their mortality, identity and purpose. For example, if people desire peace now, they might discover that Jesus spoke a lot about peace – a peace that is unique because it can't come from the world but only directly from him (John 14:27, our verse for today). And he first spoke about this during a time of great hardship, when the Jewish people were living under the strict Roman Empire and when the hearts of many people were far away from God – kind of similar to today in some ways. If Jesus could offer radical peace then, he can sure offer it to us now.

So, rather than wishing we could skip this year, we really have good reasons to be hopeful and optimistic about it. Jesus is doing some amazing things in our midst. His Spirit is at work making people aware of their sin and brokenness, and helping them see the free gift of hope and eternal life that can be found in Jesus Christ. What a time to be alive!

Lord Jesus, ruler of all the universe and ruler of my heart, give me your peace and help me not to be afraid of the hardships that are in front of me. Help me to be hopeful and to trust in your love more and more. Jesus, I pray that you would be with my friends who don't trust you yet, that you would help them see their need for a Saviour, and that you would lead them to your peace. Amen.

Worship News

Please note that there will be no worship services until further notice.

Church Office: 5391 1223



Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for......

- Erin Fraser-Klix and her family
- Olivia Fritsch and her family

Chapel

Chapel is now delivered via email. Please check your emails on Friday mornings.



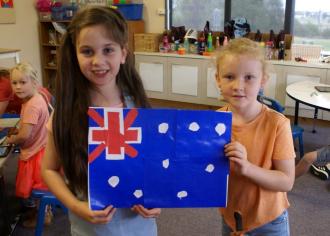
Chapel Offering

With no face to face chapel for the foreseeable future, there is limited opportunity to be able to continue blessing our sister school in Myanmar.

We have received a message from the school asking if we could try and provide approximately \$60 a week so that they can keep operating. If you would like to make a contribution towards our sister school, please contact Mrs Koning at the front office.

Harmony Day











Hindmarsh Bear Hunt





The school is participating in the Hindmarsh Bear Hunt.



How many bears have you found?

Dress ups

Thanks to Mrs Mason and Ms Rutherford for cleaning up our costume cupboard and making sure the outfits are still functional.













Shade sail



Thank you to Carey Covers for installing our new shade sail over the sand pit.

iPads



If students are having trouble with their iPads, including keyboards not connecting or apps not installing properly, please contact Mrs Koning at the front office.

New banners



parenting *ideas

INSIGHTS

Helping siblings resolve their fights



With family members living in close proximity during the current COVID-19 pandemic, parents may find an increase in sibling squabbles. This is understandable as any relationship is tested to its limits by excess time and lack of space. Sibling squabbles usually arise over low level issues such as space ("He's sitting in my seat."), possessions ("That's my book!") and fairness ("It's not fair. I was here first!"). It's enough to send most parents around the twist.

While it seems that kids in families are programmed to fight with each other, the good news is that parents have the power to facilitate learning.

According to a recent study, sibling fights teach kids important conflict resolution skills. In fact, parents who stop their children from arguing may well be depriving them of important learning opportunities. Researcher Laurie Kramer from the University of Illinois in the US found that kids who learned how to argue with their siblings had more advanced emotional development.

Many parents also worry that their children who fight with each other will not get along as adults. The evidence doesn't support this view. The test for strong families is more about the willingness for kids to pull together when the chips are down, rather than the frequency of the squabbling.

Healthy families know how to fight well. When parents take an active approach to helping their children resolve their fights, they are teaching them a valuable life skill as well as reducing the incidence of fighting over the long term. Here are some practical strategies to use:

Model good conflict resolution skills

Kids wear L plates when it comes to solving disputes. Some kids will yell, get abusive or even get physical when they are settling disputes. Show them better ways of sorting out problems by talking things through with your partner, compromising and apologising when you've said something upsetting to your partner or your children.

Help kids manage their emotions

"Yep, it would make me mad too if someone said that to me." Usually someone's feelings get hurt when siblings argue so make sure you recognise their emotions without taking sides. This focus on feelings helps kids develop emotional literacy and promotes empathy in siblings as well.

Monitor sibling relationships

Keep your antenna up for the signs of discord within sibling relationships. Some disputes kids can sort out themselves, but you need to be ready to intervene and assist kids in the peace-brokering, or at least to act as a safety net when one child continually appears on the wrong end of a power imbalance.

parenting *ideas

Mentor them to sort out disputes

Kids need the chance to sort their conflict out themselves, but sometimes they need a little coaching. They often invite their parents to take sides, which is usually counter-productive. Rather than trying to sort out who started an argument, focus on possible solutions, provide suggestions such as taking turns, giving way, bargaining, swapping or even walking away.

Encourage them to make up

Kids often get over disputes far quicker than adults. They can be squabbling one minute and cuddling up the next, so it gets tricky intervening sometimes. However there are times when you need to encourage a child to mend bridges with an aggrieved sibling. This can mean kids have to swallow their pride, admit that they may be wrong, make an apology or make some sort of restitution such as doing a special favour. This type of restoration means kids must take responsibility for their behaviours and is a sign of growing maturity.

Conflict and siblings tend to go together. While sibling squabbles can be annoying, they also offer parents great opportunities to help kids to handle conflict effectively, which is a great life skill.

Related webinar

Our school has a membership with Parenting Ideas. As part of this membership, you can access the below webinar recording 'Sibling Fighting' at no cost.

Spend an hour with renowned parenting educator Michael Grose as he explores the weird and wonderful world of sibling relationships. He'll help you develop an active approach to resolving sibling disputes so they learn valuable life skills.

To redeem:

- 1. Click this link: https://www.parentingideas.com.au/parent-resources/parent-webinars/sibling-fighting-what-to-do
- 2. Click 'Add to cart'
- 3. Click 'View cart'
- 4. Enter the voucher code HARMONY and click 'Apply.' The \$37 discount will then be applied
- 5. Click 'Proceed to checkout'
- 6. Fill in your account details including our school's name to verify your eligibility. These are the details you will use to login to your account and access your webinar and resources
- 7. Click 'Place Order'

This voucher is valid until 5 May 2020.

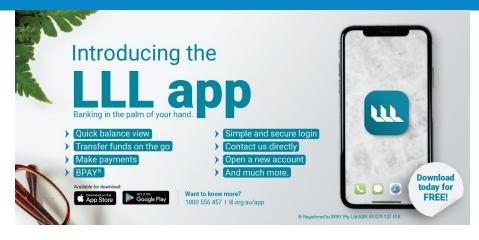


Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

Provided as a part of our school's Parenting Ideas membership

parentingideas.com.au





Ten ways to reduce your risk of coronavirus

- WASH hands often with soap and running water, for at least 20 seconds. DRY with paper towel or hand dryer.
- TRY not to touch your eyes, nose or mouth.
- COVER your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- ISOLATE yourself at home if you feel sick. If you take medication ensure you have adequate supplies.
- PHONE your GP first if you need medical attention. They will tell you what to do.
- CONTINUE healthy habits: exercise, drink water, get plenty of sleep, and now is the time to quit smoking. Call the Quitline 137 848.
- DON'T wear a face mask if you are well.
- BUY an alcohol-based hand sanitiser with over 60 per cent alcohol.
- GET the flu shot (available April).
- SHAKING HANDS is optional!

Find out more www.dhhs.vic.gov.au/coronavirus





If you are concerned, call the

Coronavirus hotline 1800 675 398 (24 hours)

Please keep Triple Zero (000) for emergencies only

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