



## Upcoming Dates

MAR	Tues 10th — Fri 20th	Book Fair
	Fri 20th	Harmony day and dress up day
	Fri 27th	Grandparent's day- POSTPONED  Last day of term 1
APR	Tues 14th	First day of term 2
	Tues 21st	Mobile Dental Clinic
	Wed 29th— Fri 1st May	Year 3/4 Camp— POSTPONED

## Birthdays

We wish the following students a very Happy Birthday:

Nathan Pedie: Sunday 22nd March

Aaron Pedie: Sunday 22nd March



## Grandparent's Day

Unfortunately we have had to make the decision to postpone Grandparent's Day.

A new date will hopefully be announced later in the year.

## Students of the Week

Congratulations to the following students who were presented with Student of the Week awards at assembly last Friday:

Year F/1: Maddison

Year 1/2: Ryan

Year 3/4: Savior

Year 5/6: to be presented



## From the Principal

### Coronavirus (COVID-19)

Thank you to members of our school community for your understanding and manner in which you have approached the challenges presented by Coronavirus. I am mindful of the many emails and messages parents are currently receiving in relation to the Coronavirus, but it is important you are as up to date as possible with how the school is being impacted, what the school has done, is doing and potentially need to do. The situation and advice changes regularly and our school is endeavouring to keep up to date with developments as they happen.

I would like to thank the staff who have been placed under extra pressure because of COVID-19, and who have spent considerable time preparing for possible school closure, while still turning up to school every day with a smile and being there for our students.

Yesterday, Prime Minister Scott Morrison announced schools would remain open. The Prime Minister also spoke of further social distancing measures including a ban on indoor gatherings of more than 100 people. This figure may impact our Chapels and assemblies, however is unlikely. If all students and staff were present our total numbers would be in the mid to high 70s. If we had a number of visitors attend which took our total numbers over the 100 figure, we would need to make necessary adjustments. The idea of 'social distancing' has also been encouraged with people keeping sufficient distance (1.5 metres has been suggested) between themselves and others. We have spoken to our students about keeping distance and not touching unnecessarily, however find that in a primary school setting this is very difficult to enforce and follow.

In the meantime we continue with the

learning. Students have shown impressive resilience as they continue their learning while remembering good hygiene habits, and other changes.

We ask that if you, your child, or any individual who may be dropping off or picking up your child feel unwell, especially if the symptoms are consistent with that of the coronavirus, that you not enter the school building. Using the school driveway for drop offs and pick-ups while remaining in your vehicle is ok.

This week's Parenting Ideas article provides useful information for parents to inform and reassure you as you help your children with Coronavirus concerns.

### Mark Carthew author visit

On Wednesday we were fortunate to host author Mark Carthew. Mark was able to share some of his books and share some writing and illustrating tips. Mark has kindly donated some of his books to the school library and I am sure they will be popular additions to our reading selection.

### Looking ahead

Next week is the last week of Term 1 before students embark on their holiday. Please note that finishing time on Friday is at 2.30pm.

Every blessing for your week,

Damon Prenzler

## Book Fair

Friday 20th March is the last day for our Book Fair. Please finalise any purchases by then.



## Devotional Thought

### Christ removed sin once and for all

**For Christ did not go into a Holy Place made by human hands, which was a copy of the real one. He went into heaven itself, where he now appears on our behalf in the presence of God. The Jewish high priest goes into the Most Holy Place every year with the blood of an animal. But Christ did not go in to offer himself many times, for then he would have had to suffer many times ever since the creation of the world. Instead, now when all ages of time are nearing the end, he has appeared once and for all, to remove sin through the sacrifice of himself.** (verses 24-26)

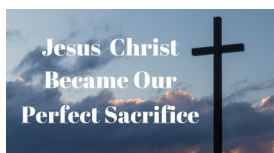
Read [Hebrews 9:24-28](#)

The one sacrifice of Jesus Christ for the sins of the world is the centre point of Christian worship. Through this sacrifice the forgiveness of sins is announced to those who are penitent and believing. This sacrifice is remembered each time holy communion is celebrated. When people are received as members of Christ's church, they are baptised into the death of Jesus. When Christian people die and are buried, a cross or crucifix is usually placed on the coffin. The cross or crucifix usually occupies a central place in a Christian place of worship.

Yet the Christ who is worshipped is the living one. He is the perfect High Priest. In heaven he appears on our behalf in the presence of God. Not only does his sacrifice on our behalf guarantee us the forgiveness of sins but it also guarantees that God hears and is open to all our requests and prayers. We can confidently open our hearts to him and lay before him all our needs. If God is for us, and Christ's sacrifice underwrites this, then we can survive against all our spiritual foes.

Because of Christ's sacrifice for you, go trustingly and boldly into the tasks and situations of your daily life.

***Christ, my Lord, I know I am precious to you, therefore I step boldly and confidently into my daily tasks. Amen.***



## Worship News

Please see below for this week's church service times;

Nhill: 11 am

Woorak: 9 am

Jeparit: 9 am

March 25 Lenten service at Nhill: 7.30pm

Church Office: 5391 1223



## Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ♦ Liam and Shelley Dickinson and their family
- ♦ Saad and Samava Fawad and their family

## Chapel

Chapel is held in the Multi Purpose Room on Friday at 9am. Parents and friends are invited to join us and stay for morning tea and coffee.

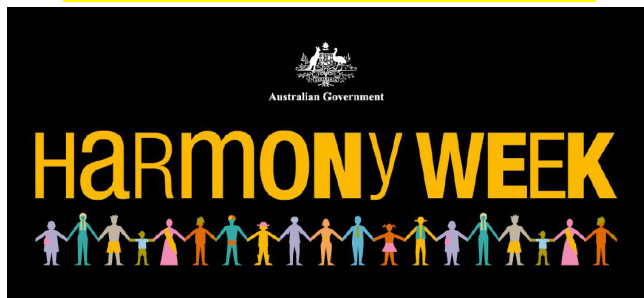


## Chapel Offering

So far this year, \$111.35 has been generously received from Chapel offerings. Thank you for blessing our sister school in Myanmar.

We have not received any offerings since 6th March. If you would like to make a contribution towards our sister school to keep them going over the holidays, please contact Mrs Koning at the front office.

## Harmony Day



## SRC Fundraiser

### Casual Dress Day

Friday 20<sup>th</sup> March 2020

For a gold coin donation  
wear orange or traditional dress  
for Harmony Day

EVERYONE BELONGS  
[www.harmony.gov.au](http://www.harmony.gov.au)

All Wimmera Regional Libraries

will no longer offer programs

eg. Storytime,

Rhymetime,

Book Groups

due to COVID-19.

Please note:

All Wimmera Regional Libraries

will remain open for all other services

until otherwise directed.

 WIMMERA  
REGIONAL LIBRARY  
CORPORATION  
your local library

## Stamps for Mission

Nhill Lutheran School is happy to be a collection point for LCA Stamps for Mission. The sale of used postage stamps raises thousands of dollars to support God's mission in the world. So far, nearly \$447,000 has been raised!

Projects supported by Stamps for Mission include:

- Home of Grace, Thailand
- Ogelbeng seminary in PNG
- Courses on Lutheran Distinctions, Myanmar

If you have used stamps to donate, please send them along to school. If you are unsure of the guidelines, please cut the stamps off the envelope, leaving the postmark clearly visible.

There is a collection box at the front office. Thank you for your help.

Hindmarsh Shire  
Youth Week



Friday 3 April 2020

## SKATE PARK TOUR 2020

**Help us to deliver the event that you want!**

Contact Gaby @ Facebook CDO Hindmarsh  
call or text 0477-040-113 to be part of the  
team to help plan the best Skate Park Tour  
in the region!





## Fruit Art

The Year 1/2 class have been investigating art from around the world this term. Last week they focused on Thailand and used their creative skills with fruit.



## Mark Carthew

We appreciate author, Mark Carthew, visiting our school when we were unable to travel to him.



## Furniture for sale

The school has numerous items of furniture it no longer needs and is offering these for a minimal cost of either \$5 or \$10 (depending on the item). Items include old student desks, filing cabinets and lockers. This offer is available until the end of Term 1. Please see Karen Koning or Damon Prenzler if interested.

## INSIGHTS

# Leading the way for children during the Coronavirus pandemic



If you're like me, the news of the Coronavirus (COVID-19) pandemic has your head spinning and your heart pumping. That's only natural as life as we know has taken a seismic shift in recent days.

International travel bans, cancellation of sporting and cultural events, shopping frenzies and talk of school closures continue to dominate the airwaves. Terms such as social distancing, self-isolation and social lockdowns have entered our vocabularies and may soon become part of our daily lives.

Coronavirus is having an unprecedented impact on our daily lives, and will probably do so for some time. While keeping ourselves and children healthy and safe is our main concern, it's also essential to address the anxieties of children and young people during these changing times. Here are some ideas to help inform, reassure and keep children and young people safe.

### Build on what your children know

Children and young people have already been exposed to a great deal of information about corona virus through media, digital means and direct social contact. Their understanding will vary depending on their age and also the quality of their information sources so you probably will need to help kids process what they already know.

Casual conversations with teenagers and older children can be useful ways to glean their understanding. You could ask questions like "What are you hearing about Coronavirus? Is there anything you're not sure about?" Younger primary age children may need a more direct approach with parents addressing their specific concerns without giving too much information that can overwhelm them.

### Check your own thoughts and feelings

Check your own frame of mind and emotions about COVID-19 before talking to kids. Most children are astute mood detectives and they'll gauge their safety by the way you communicate with them. If you tell a child, "You've got to wash your hands or you'll get infected," you are communicating your own anxieties, making it difficult for them to maintain a healthy state of mind. Have a think about how you can frame your instructions and their importance in a way that doesn't heighten your child's anxieties.

### Stay informed

It's difficult to work out fact from fiction, correct from incorrect, information from exaggeration when the news is changing so fast. However you need to educate yourself about the virus itself, including how it's transmitted and how to stay safe. Get information from trustworthy sources such as The Australian Government Health Department website and the current federal government corona virus information media campaign.



# parenting\*ideas

## Answer questions truthfully

It's important that parents and teachers answer children's questions honestly in age-appropriate ways and within context of what is happening at the given time. If their sport or hobby has been temporarily cancelled empathise with their concerns, while helping them maintain a sense of perspective.

## Initiate positive action

One way to reduce anxiety and allay children's fears is to involve them in planning and preparation for their personal and group safety. Positive activities such as maintenance of personal hygiene, greeting people with an elbow tap and getting plenty of sleep can help restore a sense of control, that is so important for their wellbeing.

## Find refuge in rituals

Regular rituals such as mealtimes, bedtime stories and regular one-on-one time provide both an anchor to normality and a sense of connection for kids at times of change. Consider reconstituting favoured family rituals at this time if they have lapsed due to lack of time, or lifestyle frenzy.

## Look outwards

In difficult times there is a tendency to look inwards, which is a natural protective strategy. The alternative is to establish a sense of connection and community spirit by focusing on generosity and togetherness. Help children see past their own needs and look for ways to assist others whether it's shopping for an elderly neighbour, helping a younger sibling occupy themselves, or planning an indoor movie night for the whole family.

The Coronavirus presents many practical challenges to parents and other important adults in the lives of kids. Staying calm, keeping informed, and adjusting our own habits are just some of the challenges we face. However a significant challenge is one of personal leadership. That is, during these difficult times we need to be civil to each other, look out for each other and be mindful of the common good in everything we do. In this, we can all take a significant lead.




### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

Provided as a part of our school's Parenting Ideas membership

[parentingideas.com.au](http://parentingideas.com.au)



## Introducing the LLL app

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- Make payments
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- Open a new account
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## Horsham - Victoria

**DATE:**

Monday 6th April

**TIME:**

9am - 3pm

**ADDRESS:**

Horsham City NA  
Park Drive  
Horsham VIC 3400



Age: 6-15 years

**COST:** \$85 Per Participant

**EARLY BIRD:** \$75 (Ends 23rd March)

Including a T-Shirt

**BOOK NOW:**

<https://netfitnetball.com.au/netfit-clinic/>

Powered by:  **The Athlete's Foot**

# 1 DAY KIDS RETREAT

LITTLE DESERT NATURE LODGE  
9.30AM-3.30PM | WEDNESDAY 1 APRIL | 2020

**WHAT TO EXPECT**

NATURE WALKS  
MINDFULNESS  
TEAM BUILDING  
OBSTACLE COURSE  
MORNING TEA  
LUNCH  
AFTERNOON TEA  
LIMITED SPACES  
AGES: 6+

GET THE KIDS ACTIVE  
THESE HOLIDAYS!

A DAY FILLED WITH  
OUTDOOR FUN &  
TEAM BUILDING

ALL INCLUSIVE  
PACKAGES FROM  
\*\$60.00

\*Packages available for multiple children

BOOK ONLINE NOW | VISIT OUR RETREATS PAGE

FOR MORE INFORMATION PLEASE CONTACT US ON  
5391 5232 OR EMAIL [BOOKINGS@LITTLEDESERTLODGE.COM.AU](mailto:BOOKINGS@LITTLEDESERTLODGE.COM.AU)



## Learn, save, grow!

Teach children how to save, before they learn to spend, with an LLL Children's Savings Account.

**Featuring:**

- No fees or charges – at all
- Great interest rate with no 'bonus' rate hurdles to jump
- Funds always accessible
- No minimum deposit or balance required
- Easy to follow passbook with internet access available.



Cash deposits can be made into your child's account via school banking available at this school - ask the School office how.



LLL school banking encourages students to develop regular saving habits which can be maintained throughout life.

For more information or  
to open an LLL Children's  
Savings Account:



[www.lll.org.au](http://www.lll.org.au)  
Phone our office on  
1800 556 456

This advice is general in nature and does not take into account your personal situation, needs or objectives. Please refer to the Disclosure Documents before making a decision to deposit funds with the LLL. \*The \$25 gift consists of the normal \$5 gift paid into the first account opened in the child's name, PLUS an additional \$20 when quoting the promotional code (GET25) and the account is opened by 31 March 2020.



**Children's  
Account**

Learn, save, grow.



# START PLAYING

MAKE FRIENDS, BURN ENERGY AND LEARN THE  
NETBALL BASICS.  
PLAY SUNCORP NETSETGO  
AT YOUR LOCAL CENTRE.



## VENUE

NHRL Clubhouse, 1000, Newell Road, Newell, NSW 2114

## SESSION DAYS & TIMES

THURSDAY 4PM

## START DATE

Thursday April 16, 2020

## CONTACT

Casey Hiscock - 0427 227 382

Find your nearest centre at [play.netball.com.au](http://play.netball.com.au)



**Starting date POSTPONED  
until further notice, due to  
covid19 social distancing  
recommendations**



# Ten ways to reduce your risk of coronavirus

- ✚ **WASH** hands often with soap and running water, for at least 20 seconds. DRY with paper towel or hand dryer.
- ✚ **TRY** not to touch your eyes, nose or mouth.
- ✚ **COVER** your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- ✚ **ISOLATE** yourself at home if you feel sick. If you take medication ensure you have adequate supplies.
- ✚ **PHONE** your GP first if you need medical attention. They will tell you what to do.
- ✚ **CONTINUE** healthy habits: exercise, drink water, get plenty of sleep, and now is the time to quit smoking. Call the Quitline 137 848.
- ✚ **DON'T** wear a face mask if you are well.
- ✚ **BUY** an alcohol-based hand sanitiser with over 60 per cent alcohol.
- ✚ **GET** the flu shot (available April).
- ✚ **SHAKING HANDS** is optional!



Find out more

[www.dhhs.vic.gov.au/coronavirus](http://www.dhhs.vic.gov.au/coronavirus)

If you are concerned, call the

**Coronavirus hotline 1800 675 398 (24 hours)**

**Please keep Triple Zero (000) for emergencies only**

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Health and Human Services