



Upcoming Dates

FEB	Mon 24th– Thurs 27th	Swimming classes @ 11am-1.30pm
	Tues 25th	Shrove Tuesday
	Wed 26th	Ash Wednesday Chapel 9 am No Foundation classes
	Fri 28th	Swimming Carnival
MAR	Wed 4th	Wimmera Machinery Field Days excursion No Foundation classes
	Tues 10th — Fri 13th	Book Fair

Lutheran Laypeople's League

The LLL provides school banking, which teaches children the important life skill of saving money.

If a children's saving account is opened with the LLL before 31 March 2020, the LLL will deposit a gift of \$25.

See details on the back page for more information or see Mrs Koning at the front office.

Students of the Week

Congratulations to the following students who were presented with Student of the Week awards at assembly last Friday:

Year F/1: Zara

Year 1/2: Justin

Year 3/4: Moosa

Year 5/6: Nate



From the Principal

Organisation, Adaptability and Having-A-Go

Swimming lessons commenced this week and students are to be commended for their attitude and participation thus far. A special thank you to Mrs Mason and Mrs Alexander for their extra contribution in leading swimming lessons. Equipping children with essential water safety skills is hugely important and we are pleased to offer this opportunity for lessons. Last week at assembly we spoke about the need to be organised (having our necessary gear and being ready in a timely manner), being adaptable (our timetable has changed and we're doing different things), and having a go – for some children putting their head under water is a huge achievement, but will only happen through having a go. Taking appropriate risks helps us to grow in confidence and resilience. The characteristics of organisation, adaptability and having-a-go are important qualities to possess, and hopefully are developing through our swimming lesson time.

Parent Handbook

The 2020 Parent Handbook will be sent home soon. The handbook is filled with useful and important information about the school, including communication processes, curriculum information, uniform requirements and more. I encourage you to read and familiarise yourselves with it.

IPad compatible keyboards

The school has purchased portable keyboards for students to use with iPads. These keyboards will provide opportunities for skill development in typing and keyboard navigation, and by being portable allow students greater flexibility in their learning.

Swimming Carnival and Wimmera Field Days

Next Friday our annual Swimming Carnival will be held. Once we have finalised nominations for events a program will be created and distributed. The carnival will start at 9.30am and conclude around 12.30pm. Students will need to be at school normal time before we walk to the pool. A letter with greater detail will be distributed next week.

On Wednesday March 4 the whole school will attend the Wimmera Field Days at Longerenong. Transport will be by bus and students may wear their sports uniform. This is a wonderful opportunity for the students to experience the field days, and to learn about the many facets that contribute to rural and regional communities.

Every blessing for your week,

Damon Prenzler

Get 'em Going

Get 'Em Going Playgroup has started again, meeting each Tuesday at 9.30 am. Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead.

Please bring along the following:

- A water bottle
- Fruit snack
- Gold coin donation

If you have any questions or would like more information on the program please see Mrs Koning at the front office.



Devotional Thought

Celebrating life with God

So it is with faith: if it is alone and includes no actions, then it is dead.

But someone will say, 'One person has faith, another has actions'. My answer is, 'Show me how anyone can have faith without actions. I will show you my faith by my actions.' (verses 17,18)

Read [James 2:14-26](#)

You may have joined in the song sung at birthday celebrations: 'Why was he born so beautiful, why was he born at all? Because he had no say in it, no say in it at all!' This song is sung in fun, but it makes the serious point that the life each one of us enjoys comes to us as a gift. In fact, at birthday celebrations we rejoice in this gift of life: we eat and sing and laugh and talk.

The point St James is making in the reading is this: none of us choose to have spiritual life from God – God gives us the gift of faith. But just as it's difficult to imagine being physically alive without eating and laughing and talking and thinking, so it's difficult to imagine being spiritually alive without praying and loving and serving and hoping.

God has given you faith in the Lord Jesus. You are free to celebrate this spiritual life with all your heart!

Father, thank you for giving me the gift of faith. Give me wisdom so that I will always serve you with my whole heart. Amen.



Worship News

Please see below for this week's church service times;

Nhill: 11 am

Woorak: 11 am

Jeparit: 9 am

Church Office: 5391 1223



Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

- ♦ Oliver and Chelsea Bone and their family
- ♦ Darcy Borgelt and his family

Chapel

Chapel is held in the Multi Purpose Room on Friday at 9am. Today it was run by Pastor Carl. Next week chapel will be on Wednesday instead of Friday. Parents and friends are invited to join us and stay for morning tea and coffee.



Chapel Offering

At today's Chapel \$37.20 was collected and will go to the Maw Per Koh orphanage school in Myanmar. So far this year, \$111.35 has been generously received from Chapel offerings. Thank you for blessing our sister school in Myanmar.



NLS volunteers

Reading Buddies Program

We are currently seeking some parent helpers to assist with our reading buddies program and Perceptual Motor Program (PMP). Reading buddies involves parent volunteers coming into classrooms and listening to students reading aloud. Volunteers must have a current Working With Children Check and complete the training that is explained below.

Volunteering at NLS

For all parents wishing to volunteer at school to help in the classroom, on camps or with other student activities this year, parents must bring the following to the front office: 1) a current Working with Children Check and; 2) a certificate of completion of one-hour Valuing Safe Community training session on-line within the past three years. As a school of the Lutheran Church of Australia (LCA), staff and volunteers are obliged to meet the requirements of the LCA Safe Place Policy. Valuing Safe Communities (VSC) is a program to comply with this expectation. This training is valid for three years.

VSC Online Training Instructions

Go to <http://ilearn.alc.edu.au/course/view.php?id=170> and follow the instructions. Use the Enrolment Key: VSC4_Volunt33r to gain access to the training. On-line training takes about 30-40 minutes. Certificates of completion will be generated at the end of the session. If you need any assistance, or would like to use a school computer to complete the training, please see Mrs Koning at the front office.

Hats

Please remember that hats are compulsory for Term 1. No hat means no play. Please make sure that all hats are named and maintained in good condition.

Swimming News

We are looking forward to our swimming lessons over the next week. Please ensure students have the necessary items with them for the lessons. Lesson times are listed below, classes will be walking to and from the pool, allowing around 15 minutes for the journey. Because of this, some classes will have a slightly different recess or lunch time during swimming weeks.

Year 5/6: 11.00 – 11.30

Year 3/4: 11.30 – 12.00

Year 1/2: 12.00 – 12.30

Year F/1: 12.30 – 1.00



The Swimming Carnival will be held on Friday 28th February and we are **seeking a few volunteers** to assist us on the day. If you are able to assist please contact Mrs Koning at the front office.



Cyber safety agreements

All students are required to return a signed cyber safety agreement before they are permitted to use devices at school. These were emailed to families with the Welcome letter. There are still a few outstanding. Please return these ASAP. If you require a new cyber safety agreement please see Karen in the front office.

Zooper Doopers

A reminder that Zooper Doopers are to be ordered before school each day.

Hockey roadshow

On Wednesday 19th February each class had the opportunity to participate in the Hockey Roadshow. Thanks to Zali for instructing the students and Carol Case-Hassall for helping.



Students in Years 3 to 6 now have keyboard cases to use with their iPads.



INSIGHTS

Daily lessons in resilience



Recently, I saw a mother give a simple, yet profound resilience lesson to her school-aged child, after he missed a much-anticipated excursion due to poor behaviour at school. Replying to the child's protests about teacher unfairness and his over-reaction to missing out on a learning opportunity his mum simply replied, "Oh well!" Then she busied herself with other tasks. The child stunned by her reaction, shrugged and headed off to complete his homework.

Adult reactions matter

It's in our reactions to children's and young people's every day mistakes, mess-ups, muck-ups and hurts where the real lessons in resilience lay.

The lessons for this child were simple but profound. "Oh well" meant:

- *Stuff happens*
- *Don't look for fault or blame*
- *Keep your perspective*
- *Pick yourself off and continue with what you were doing*

How to react

The resilience lesson for this mother were equally as profound. When a minor mishap with a child or teenager occurs:

- *Match your response to the incident*
- *Stay calm and be positive*
- *Don't look for fault or blame*
- *Remember, stuff happens*

Resilience lesson for parents – "Oh well"

Every day there are opportunities for parents to give their children lessons in resilience.

A child misses being picked for a team that he had his heart set on joining. *"Oh well. Let's see how you go next time"*

When a boy experiences rejection in the playground at school. *"Oh well. You'll find that some people don't want to be your friend."*

When a teenage girl doesn't get the mark she thinks she deserves in an assignment. *"Oh well. Sometimes we don't get the marks we think we deserve."*

Match your response to the challenge to promote resilience

parenting*ideas

There are times when “Oh well” won’t cut it. When a child is bullied he needs your continued support.

When a student’s continuous efforts at improvement are constantly met with criticism then you may need to act on his behalf and meet with a teacher.

When a child always struggles to make the grade and is never picked for a team then you may need to help him make different choices.

These types of situations also present opportunities for daily lessons in resilience, but they require more parental support and teaching.

The resilience lessons learned are deeper and include concepts such as ‘things will eventually go your way,’ ‘there are times when you need to seek help’ and ‘this too shall pass.’

Promoting personal resilience focuses on helping kids cope with life’s hurts, disappointments and challenges in the present, while building strengths for the future.

Daily lessons in resilience are everywhere. You just need to be ready to make the most of these valuable lessons when they come your way.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia’s leading parenting educators. He’s an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

Provided as a part of our school’s Parenting Ideas membership

parentingideas.com.au

A photograph showing two tennis rackets and three yellow tennis balls on a red clay tennis court. The rackets are blue and white, and the balls are bright yellow.

NHILL LAWN TENNIS CLUB

**JUNIOR POINTS
TOURNAMENT**

SUNDAY 23RD FEBRUARY 2020
@ 8.30AM

\$7 Singles
\$13 Doubles
U10, U12, U14, 15+

Contact: Helen Cannell
Email: nhilltennisclub@gmail.com
Text: 0419829272
Entries Close: Wednesday 19th
February 2020



#WILDWIMMERAKIDS COMPETITION

Win a private meet & greet with
Chris Humfrey & his animals
during the Horsham Fishing
Comp weekend

**Enter
Now!**

MARCH 8



Wimmera CMA

We are offering Wimmera child, with their family and up to three friends, a once-in-a-lifetime opportunity to meet Chris and his animals when he visits Horsham on Sunday March 8, 2020.

Conditions for entry are:

1. The child lives in the Wimmera catchment (check [this map](#) to see our catchment boundary)
2. The child is available to come to Horsham on the afternoon of Sunday March 8
3. Entries are open to children aged 12 years and under
4. We will only accept photo entries that are posted on social media by a parent, guardian or teacher

Entering is easy!

All photo entries must be posted by a parent, guardian or teacher.

1. Take a photo of a child actively helping the local environment. It could be picking up rubbish, using a boomerang bag while shopping, planting trees, recycling, catching a carp or riding your bike or walking to school instead of using a car.
2. Upload the photo to Facebook or Instagram and tag Wimmera CMA, plus include the hashtag #WildWimmeraKids or #wildwimmerakids - this automatically enters the child into the competition draw.
3. Wimmera CMA will share the entries on our Facebook and Instagram pages, and we welcome others to share our competition posts on social media.

* For us to view and share competition photos you need to select 'public' for the audience in your settings when you upload your photo entry.

Entries close Monday February 24. A Wimmera CMA staff judging panel will select the winner who will be notified by Friday February 28.



GOD'S 4 FENCES

Kids Camp 2020

Tuesday 31st March – Thursday 2nd April



Tandara Lutheran Camp – Halls Gap

For 9-12 year olds only

\$170

Registrations are limited, use the link to register

<http://www.tandara.org.au/app/register/form/1>

kerry.linke@camptandara.com

(03) 5356 4253





Dance & Drama at The Patch

Commencing Wednesday 12th February

The Nhill Community Performing Arts Program is an activity run by The Nhill Learning Centre. It is open to all students of primary and secondary school age and will run every Wednesday of each term.

DANCE: to be held at "The Patch", 9 Clarence St, Nhill

After a warm up, participants will learn good techniques to maintain their safety and look after their bodies whilst dancing. Sessions will cover various dance styles over the course of the program. These include ballet, lyrical, jazz, tap and more!

Years 3 - 4 students: 3.45pm – 4.30pm

Years F - 2: 4.30pm – 5.00pm

Years 5 & above: 5.00pm – 6.00pm



DRAMA: to be held at "RSL Room", 10 Clarence St, Nhill

During drama sessions, participants will explore various technique skills, areas of expression, and styles of performance. These include, amongst others, vocal projection and characterisation, gesture, mime, improvisation, melodrama, script interpretation, and performance creation.

Year 5 & above students: 4.00pm – 5.00pm

Years F – 4 students: 5.00pm – 5.45pm



Cost: \$40.00 for dance OR drama for the term, or \$50.00 for both dance AND drama

Nhill Learning Centre
80 MacPherson Street, Nhill, 3418
Ph: 53879 800



END OF SUMMER
FINAL FRIDAY NIGHT

28.02.2020

*Lots of Fun to be had by all

FIESTA

* Relaxing Lakeside Atmosphere

* BYO Alcohol

ENTRY: ADULTS \$5 and KIDS (under 15) GOLD COIN

TIME: 6 PM NHILL LAKE

KIDS DISCO 6:30-8PM

FACEPAINTING



BALLOONS

KIDS CRAFTS

RAFFLES

DISCO DANCING

(Dress Up Event)

FOLLOWED BY

BEST DRESSED COMP

JEFF WOODWARD



GREAT MUSIC

Cecilia's Asian and Aussie Van *Seed n Sprout Food Van* *Lions BBQ* *Hot Donuts* *Lolly Stall* *Icy Poles*

Nhill Town Committee In association with the Nhill Early Learning Centre PAC have coordinated to bring you the Final Fiesta for 2020.

Come along and support this fantastic evening, and enjoy a great end of summer event.



**TODAY'S THE DAY
TO HAVE A BLAST!**



Nhill Sporting Club Cricket Blast!

5 - 10 Year Olds

Every Saturday, February 8th to March 14th
9.30am to 11am @ Davis Park, Nhill

\$40 for a 5 week program + a pack with cap,
drink bottle, ball & bag

Register your interest with Tarrah Dodds

0438 329 042

NHILL LIONS COMMUNITY MARKET

Jaypex Park - Nhill,
Victoria

9 am to 1 pm

**Sunday 15th March
2020**



Contact Kerrie - 0401 246 811 or Lesley - 0419 135 132
Email: NhillLionsCommunityMarket@gmail.com Facebook: www.facebook.com/NhillLionsCommunityMarket/



START PLAYING

MAKE FRIENDS, BURN ENERGY AND LEARN THE NETBALL BASICS.
PLAY SUNCORP NETSETGO
AT YOUR LOCAL CENTRE.

VENUE

NHILL & DISTRICT SPORTING CLUB, Davis Avenue, Nhill

SESSION DAYS & TIMES

THURSDAYS 4PM

START DATE

Thursday April 16, 2020

CONTACT

Cathy Harcock - 0437 227 382

Find your nearest centre at play.netball.com.au



Learn, save, grow!

Teach children how to save, before they learn to spend, with an LLL Children's Savings Account.

Featuring:

- No fees or charges – at all
- Great interest rate with no 'bonus' rate hurdles to jump
- Funds always accessible
- No minimum deposit or balance required
- Easy to follow passbook with internet access available.



Cash deposits can be made into your child's account via school banking available at this school - ask the School office how.



LLL school banking encourages students to develop regular saving habits which can be maintained throughout life.

For more information or to open an LLL Children's Savings Account:



www.lll.org.au
Phone our office on
1800 556 456

This advice is general in nature and does not take into account your personal situation, needs or objectives. Please refer to the Disclosure Documents before making a decision to deposit funds with the LLL. *The \$25 gift consists of the normal \$5 gift paid into the first account opened in the child's name, PLUS an additional \$20 when quoting the promotional code (GET25) and the account is opened by 31 March 2020.

Escape the Heat



Or the Cold

Enjoy a variety of games with some friends at the Nhill Library for:

After School Games



Wednesdays during School Terms

Anytime from 3:30pm to 5:30pm



LLL
Children's Account

Learn, save, grow.