

TOGETHER WE GROW

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Week 8 Issue 36 29th November 2019 Term 4



Upcoming Dates

NOV	Friday 29th	Final Pre-Foundation visit
	Friday 29th	"It does not match" SRC casual dress day
	Friday 29th	P & F Movie night
	Friday 29th— Sunday 1st	Christmas Tree Exhibition at Lutheran hall
DEC	Tuesday 3rd	Christmas carols at Avonlea
	Wednesday 4th	Jump Rope for Heart Jump Off day
	Thursday 5th	Whole school orientation
	Thursday 5th	Year 6 Graduation dinner

Birthdays

We wish the following students a very Happy Birthday:

Lanie Clark: Saturday 30th November

Riley Wheeler: Saturday 30th November



Year 4/5/6 cooking

The Year 4/5/6 class has been working hard to prepare food for the Year 6 Graduation Dinner coming up next week.









Library

Could all library books be returned by Wednesday 5th December, please.

There will be no more borrowing of library books after this date.

From the Principal

Pre-Prep Visits

This week marks our last Pre-Prep visit for our 2020 Foundation students. It has been wonderful to get to know these children and their families during the last six weeks, and we very much look forward to welcoming them to Nhill Lutheran School as Foundation students in 2020.

Student Progress Reports

Student Progress Reports will be sent home during the last week of term. Teachers are currently finalising these reports in preparation for distribution. Parents are welcome to arrange a time to speak with teachers to discuss your child's learning.

Orientation Day

An Orientation Day is scheduled for Thursday next week where students will spend time with their 2020 classes and teachers.

School Captains

School Captains for 2020 will be announced at assembly next week.

End of Year Happenings

The end of year light at the end of the tunnel is getting bigger but we're not there yet. There are several important happenings in the next 2 weeks including Carol singing at Avonlea, Jump Rope for Heart, Year 6 Graduation Dinner, End of Year Graduation service and more. Some of our students will also be participating in the Nhill Community Christmas Carols the day after school finishes on December 14.

Advent

This Sunday is the first Sunday in the Church Season of Advent, which lasts up to Christmas. It is a time of waiting and preparing for the amazing gift of Jesus, whose birth we celebrate at Christmas. Students have been hearing and learning about Advent and Christmas in their class and in Chapel. At this time of year an Advent wreath is placed in many Christian churches and homes. Wreaths typically have 4 or 5 candles with each having a special focus – hope, peace, joy, love is one example. The fifth candle, often white and larger, is known as the Christ candle and is lit at Christmas.

I hope that God's peace and joy will be with you during this time.

Every blessing,

Damon Prenzler



For Sale

Surplus to requirements:

A pair of Uniden UH510 UHF radios with charging cradle. 80 channels. Range: up to 7 km. \$30. Please see Mrs Koning.



Maintenance Roster

The purpose of this roster is to have a group of people available to fix any small maintenance issues that arise. If they occur in your month, you may be called upon to help.

November/December

Nathan Wheeler, Moody Tu, Don Oliver, Aaron Cramer, Alexander Jupp, Hamish Merrett, Glenn Fraser, Tom Curtis



Devotional Thought

Remember me

Two other men, both of them criminals, were also led out to be put to death with Jesus. When they came to the place called 'The Skull,' they crucified Jesus there, and the two criminals, one on his right and the other on his left. Jesus said, 'Forgive them, Father! They don't know what they are doing.' (verses 32-34a)

Read Luke 23:33-43

As he was in agony on the cross, being ridiculed and mocked, Jesus still loved those around him. Although dying physically, he had compassion for those around him who were already spiritually dead and blind, as he cried out to his Father for their forgiveness.

In that cry is the essence of the cross – Jesus dying to give you life. When you are blind to your actions, inflicting pain on yourself and those around you, Jesus is right there, crying out for forgiveness on your behalf, paying the price for you. He also opens your eyes to see the death inside of you. As the criminal on the cross beside Jesus said, he was getting what he (and you) deserved. Jesus was not. Yet to you Jesus also turns when you cry 'Remember me!', and he promises that you will be with him in paradise.

Remember me, Jesus, when you come as king! As you die in my place, forgive me. Amen.



Worship News

Please see below for this week's church service times:

Nhill: 9 am

Woorak: 9 am

Jeparit: 11 am

Church Office: 5391 1223

Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for......

- Harper Crouch and her family
- Olive Curtis and her family

Chapel

Chapel next week will be held in the Multi Purpose Room at 9am. It will be run by Pastor Carl. Parents and friends are always invited to join us and stay for morning tea and coffee.



Chapel Offering

So far this year, \$1,219.45 has been generously received from Chapel offerings. Thank you for blessing our sister school in Myanmar.



Naracoorte Excursion

The Foundation, Year 1 and Year 2 students enjoyed their excursion to Naracoorte last Friday. They visited the Victoria Fossil Cave and the Wonambi Fossil Centre. They were also able to try their hand at being paleontologists, brushing for their own fossils. They had a great day. Thanks to Miss Shelton, Miss Sealey, Mrs Mason and Mr Prenzler for making the day go ahead.



























Christmas Carols

Students in Years 2 to 6 will be visiting Avonlea to sing Christmas carols for half an hour on Tuesday 4th December at 11 am.



Free kittens



Contact Mrs Mason

School animals

If anyone is able to take one of the school animals home over the holidays please contact Mrs Koning at the front office.

We also need a volunteer to feed and water the chickens and budgies (for part of the holidays), and someone to feed the fish and frogs.

Thank you.





'Tis the season to be jolly at Horsham Plaza

Sensitive Santa for families with special needs

Tuesday, 10th December from 6-7pm

- Quiet setting
- Low Key session
- Photo's available
- No waiting in queues
- Pre-booked 5 minute time slots

Bookings essential Phone 03 5382 0912 manager@horshamplaza.com.au



Get 'em Going Playgroup

Get 'Em Going Playgroup meets each Tuesday at 9.30 am. Each week children are given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead.

Please bring along the following:

- A water bottle
- Fruit snack
- Gold coin donation



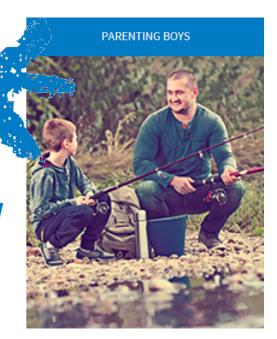


parenting *ideas

insights

Spending time with kids: How much is enough?

by Dr Jodi Richardson



The need to spend time with their parents differs for different kids. For some, there's no end to the time they'd spend with you. However, other kids feel differently. There's no right answer.

I'm fortunate to have the flexibility that allows me to spend a great deal of time with my children. However, my nine year old daughter wants to spend more time with me. My eleven year old son, on the other hand, is content either way.

Australia ranks first

According to a recent study Australian parents rank number one among OECD countries (including most of Europe, North America, the UK and Finland) when it comes to spending time with their kids. The lion's share of this time is still invested by mums, but Australian dads are ahead of those from many other countries, averaging around 70 minutes a day with their children.

The source of misplaced parental guilt

According to research published in the Journal of Marriage and Family, not spending enough time with children is the biggest source of parental guilt in Australia.

The researchers also found that it's quality, not quantity of time children spend with parents that's important for their emotional wellbeing, achievement and behaviour for kids aged 3-11 years. The researchers concluded that volume of time doesn't matter. It's much more important how time is spent with your children when you are together. This in no way advocates for absentee parenting. It's about making the most of the family time you have and reducing feelings of stress for you if you can't be around as much as you'd like to be.

Here are some ideas to help make sure you optimise the time you spend with your kids:

- Create a tradition of one-on-one time with each of your kids around an activity that you both enjoy, such as a
 cafe catch up over a milkshake, shooting hoops or playing a favourite board game
- Read regularly to each other, as these are special times of connection, especially in bed at night
- Eat meals together as a family so you can all catch up and connect this is worth its weight in gold when it comes to quality time
- Pay attention to your children, watching for cues that they're in need of extra time with you
- Adolescents benefit from spending extra time with their parents. Through interactions with their parents

parenting * ideas

teenagers can learn to make better decisions about their health, improve their academic achievement and experience better wellbeing

- Take an interest in their interests. Connect with your children through the activities that they value such as
 music, sport or games, even if they aren't hobbies you don't normally enjoy. Your kids will appreciate you
 making the effort and will respond accordingly
- Be present when you're with your kids. Research shows our minds can wander up to 47% of the time when we
 are with our loved ones. If you're present with our kids, you won't miss out on nearly half of that precious
 time.

Be mindful of the importance of unstructured time for kids. That is, time they spend playing alone or with siblings and friends. Play is essential for our kids' wellbeing and development. Play changes as our kids grow up but as long as whatever they're doing is child-led, it's play. This is the time to leave them to it.



Dr Jodi Richardson

Jodi is a happiness and wellbeing speaker and writer, and is mum to two primary school aged kids who light her up. For more great ideas on flourishing mental health for the whole family, subscribe to her newsletter at drjodirichardson.com.au and say hello on facebook.com/DrJodiRichardson. Enquiries to jodi@drjodirichardson.com.au

We're a Parenting Ideas school

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2020 Term dates

Term 1	29 January—27 March	
	Staff PD days Jan 22-24, 28	
Term 2	14 April—19 June	
	Staff PD week June 22-26	
Term 3	13 July—18 September	
Term 4	5 October—11 December	

Bursaries

2020 Fees

The fee structure for 2020 is listed below. Tuition fees have increased by 5% from 2019, with the Composite Fee remaining the same. Students enrolled in Prep (Foundation) automatically receive a fee remission for the Term 1 tuition fee.

Child 1	\$1338.00 per year
Child 2	\$1137.00 per year
Child 3	\$1137.00 per year
Child 4	No Charae

Composite Fee per child: \$250.00 per year

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A letter and form has been distributed to families regarding bursaries. Families who feel they require fee assistance may complete the form which outlines the procedures to follow in order to request assistance. All requests are treated as confidential and will be left to the discretion of the Principal.

In 2020 the Nhill Guild are providing 3 bursaries to the value of \$200 each. Two bursaries to the value of \$100 each are provided by Christine Cramer. Families will be notified at the beginning of next year if they have been successful in securing a bursary. Bursaries are reviewed and offered on an annual basis.



AN INVITATION FOR FAMILIES TO CELEBRATE 2019 WITH A

Where: Little Desert Nature Lodge, 1457 Nhill-Harrow Road, NHILL, 3418

When: Thursday 12th December, 2019 Time: 10am - 12pm Open and free to all families with Pre-school aged children. Morning tea provided.

Wimmera Pop-up playgroup van will be in attendance.

For more information please call Peta on 03 5391 4403 or email earlyyearsahindmarsh.vic.gov.au



NOVEMBER 29 TO DECEMBER

Friday, November 29

Music and market stalls from 9am Sand Sculpting from 3.30pm Festivities from 6pm-10pm

· Bubble man, music, dance, singing, rides, market stalls, mascots and family-friendly activities

In Firebrace St. Horsham

Saturday, November 30

Sawyer Park - 8am Park Run, jog, walk Bridge to Bridge Skiing 10am - 5pm CBD - 9am- noon Sand sculpting workshops Roberts Place

9am - Ipm Market stalls and buskers I I am - arrival of Salvo's Christmas Toy Run - Roberts Place

Sunday, December 1

Sawyer Park

Kannamaroo Gift, 9am at Dudley Cornell Park Bridge to Bridge Skiing from 10am Duck Race, 4pm on the river Carols by Candlelight activities from 5.30pm Carols Program from 7pm and closing with

Fireworks

Check our Facebook page for updates 🛭 Kannamaroo Festival | Instagram @kannamaroo | email kannamaroo@gmail.com

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