



TOGETHER WE GROW

2 Mackay Street, Nhill 3418 P: 5391 2144 F: 5391 2022 E: admin@nhillsls.vic.edu.au

Term 2 Week 6 Issue 15 25th May 2017



Upcoming Dates

MAY	Tuesday 30th	P&F Meeting @ 7.30pm
	Tuesday 30th	AFL Clinic Year 4/5/6
	Wednesday 31st	School photos
JUNE	Saturday 3rd	Aviation Weekend—P&F Donut Selling
	Sunday 11th	Jeparit Pioneer Museum—P&F Donut Selling
	Monday 12th	Public Holiday
	Tuesday 20th	Lightning Premierships
	Friday 23rd	Last Day Term 2

Birthdays

We wish the following student a very Happy Birthday:

Paw Blu Moo: Monday 29th May



From the Principal

Special thanks to the P&F for organising such a wonderful 'Mum's Night Out' evening last Friday. The multipurpose room looked just beautiful as it was transformed into a movie set with memorabilia and artefacts about the movie, 'Gone with the Wind'.

As we wandered around the room, many of us received a history lesson about the 1939 American epic historical romance film and the Civil War. When it came to culinary indulgence, the P&F had it covered! We were spoilt with an amazing range of delicious red velvet cupcakes, slices and homemade chocolate and ice-cream! All who attended definitely enjoyed a wonderful evening of great fellowship, fun, and reminders of how special it is to be a Mum and how important it is to take time out.

It takes a lot of effort and time to organise an event such as this and it is important that we support and encourage our P&F who invest so much for **all** children at our school.

Upcoming events that rely on the support of all families, is the cooking and selling of donuts at the Aviation Show on Saturday, June 3rd and the Jeparit Museum on Sunday, June 11th. The roster has now gone home to every family and I would like to thank you in advance for being willing to support these two major P&F fundraisers for the year. The next P&F meeting is Tuesday, the 30th of May beginning at 7.30pm. All are welcome to attend.

Please note that we have school photos next Wednesday, the 31st of May. All students will need to wear correct school winter uniform. The Year 3/4/5/6 students will be having their sport on Monday, the 29th of May instead of Wednesday. Please remind your child to wear sports uniform next Monday.

Yours with Christ,

Tara Pritchard

Devotional Thought

Mind Blowing

Then he opened their minds to understand the Scriptures, and said to them, 'This is what is written: the Messiah must suffer and must rise from death three days later, and in his name the message about repentance and the forgiveness of sins must be preached to all nations, beginning in Jerusalem. You are witnesses of these things.'

⁴⁴ Then he said to them, "These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." ⁴⁵ Then he opened their minds to understand the scriptures, ⁴⁶ and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, ⁴⁷ and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. ⁴⁸ You are witnesses of these things. ⁴⁹ And see, I am sending upon you what my Father promised; so stay here in the city until you have been clothed with power from on high." ⁵⁰ Then he led them out as far as Bethany, and, lifting up his hands, he blessed them. ⁵¹ While he was blessing them, he withdrew from them and was carried up into heaven. ⁵² And they worshiped him, and returned to Jerusalem with great joy; ⁵³ and they were continually in the temple blessing God.

Jesus doesn't just open their minds, he blows them! Just before this story, Luke describes how the disciples' eyes were opened and how their hearts burned within them when Jesus talked with them (verses 31,32). When the living Jesus engages you and me, he wants that experience to be mind- blowing. He wants to touch the whole of us – mind, body, heart, soul.

These men knew their Scriptures. They just didn't understand them fully. Or maybe they had become a bit too blasé about them.

It can be like that for you and me – so familiar with God's word that we don't always understand or treasure it as fully as we might. Or perhaps we have been around that word so long that we think we have it all sorted out, and our minds become closed to its exciting greatness and mystery.

So, living Lord Jesus, come to me, again and again. Open my mind. Blow my mind. Give me bright eyes and a burning heart.

Too much passion for you? Well, that's what happens when you hang around the living Jesus!

Thank you, Lord Jesus, for the joy of knowing you. Amen.

Chapel Offering

Currently, the chapel offerings are donated to support a sponsor child, Waxiagong, and his community in Laos. So far we have raised \$198.45.

Chapel



Chapel will be held at 9am in the Multi Purpose Room. It will be ran by a group of senior students. We invite all guests to join us for morning tea.

Worship News

Please see below for this week's church services times.

Jeparit: 11am

Nhill: 9am

Woorak: 9am

Church Office: 5391 1223



Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....

♦ Imogen Hedt and her family

School Event News

Volunteering at NLS

For all parents wishing to volunteer at school to help in the classroom, on camps or with other student activities this year, parents must bring the following to the front office: 1) a current Working with Children Check and; 2) a certificate of completion of one-hour Valuing Safe Community training session on-line within the past three years. As a school of the Lutheran Church of Australia (LCA), staff and volunteers are obliged to meet the requirements of the LCA Safe Place Policy. Valuing Safe Communities (VSC) is a program to comply with this expectation. This training is valid for three years.

VSC Online Training Instructions

Go to <http://ilearn.alc.edu.au/course/view.php?id=170>. Follow the instructions. Use the Enrolment Key: VSC3_Volunt33r to gain access to the training. On-line training takes about 30-40 minutes. Certificates of completion will be generated at the end of the session. If you need any assistance, or would like to use a school computer to complete the training, please see Brittany at the front office.

MAINTENANCE NOTICE

Please note that due to maintenance upgrades the south entrance of the school is blocked off. Please use the side ramp doors.



Wood for Sale

The Parents & Friends Association currently has wood for sale. It is \$80 per trailer load and is able to be delivered upon negotiation. Please see Mr. Pritchard for further information and inquires.



www.illustration.com - 966658175

Maintenance Roster

The purpose of this roster, is if there are any small maintenance issues that arise in your month, you may be called upon to help. Thank you in advance for your help.



May/June

Darryn Rethus, Paul Marshman, Martin Colbert, Peter Hedt, Andrew Hiscock

P&F News

The next P&F meeting will be held on 30th May at 7.30pm in the Meeting Room. These meetings are open to all families in the school, and we welcome new faces. At the meetings we talk about social events for the school community and fundraising for the school, we generally have lots of laughs and cake. Please consider coming to the next P&F meeting we would love to see you there.

Donut rosters for the upcoming events have been sent home with each family. If you didn't receive it please see the front office for another copy.



School Photos

Family photos are again available this year. If you would like to order these, please see Miss Keller at the front office to get a special envelope.



Students of the Week

Shilah Hiscock: For excellent writing, listening in class and helping other students. Excellent effort Shilah!

Bethel Tu: For working hard in class and for always listening to instructions. Great effort Bethel!

Archie Zanker: For working well during Daily 5 rotations and writing an excellent rhyming poem. Keep up the great work Archie!

Lanie Clark: For using beautiful manners and completing her homework and ensuring that is was lovely and neat. Keep up the wonderful work Lanie!

Cory Koop: For making much better use of his time with his script writing and shape picture. Great to see Cory!

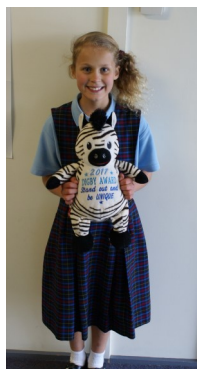
Sidney Marshman: For doing a great job of his shape/ angle picture. Terrific, neat work Sid!



'The Digby Award'

Starla

For writing a fantastic puppet play for Chapel and organising the PowerPoint presentation. Well done Starla!



Student Wellbeing Information

Your child's mental health and wellbeing is vital for their learning and development. If your child has a strong sense of wellbeing and positive mental health they will have confidence and optimism, which will help their learning. Andrew Fuller has listed 'Ten strategies to help kids develop resiliency'. Andrew is a clinical psychologist who describes resiliency as the ability to 'bounce back' from life's difficulties. For many young people it is vital to help them develop resilience strategies that promote well-being and develop coping mechanisms. At school, we teach resiliency skills and there are things you can do at home as well.

1. Make connections

Teach children how to make friends and develop empathy. Encourage them to be a friend in order to get friends.

2. Teach children to help others

Children who may feel helpless can be empowered by helping others. Ask for help with a task they can master.

3. Daily routine

Following a routine can be comforting to children, especially younger children who crave structure in their lives. Encourage children to develop their own routines.

4. Take a break

Although it is important to stick to routines, endlessly worrying can be counter-productive. Show children how to focus on something besides what's worrying them.

5. Self-care for children

Teach child the importance of making time to eat properly, groom themselves, exercise and rest. Children need 'down time' to relax, so make sure that not all free time is filled with a scheduled activity.

6. Goals

Teach children to set reasonable goals and move toward them one step at a time. Moving toward that goal and receiving praise for doing so will focus children on what they have accomplished.

7. Nurture a positive self-view

Help children remember ways that they have successfully handled hardships in the past and how this can help them handle future challenges.

8. Be optimistic

Even when children are facing very painful events, help them look at the situation in a broader context. A positive outlook enables children to see the good things in life and keep going even in the hardest times.

9. Self-discovery

Change and tough times are often when children learn the most about themselves. Help children to see that this is a good time to find out "what they are made of."

10. Make home a safe haven

Home should be a haven, especially as your teen encounters more freedoms and choices and looks to home to be a constant, safe and emotionally secure place in his or her life.

(Reference: generationnext.com.au)

CHILD SAFETY MESSAGE

Sharenting: Do You Share Too Much About Your Children On Social Media? Written by Kate Land

It is common for parents to post about their children online. In fact, more than 90 percent of American children have an online presence before the age of 2, according to a study by the internet security firm AVG.

We share so much that there is now a term for it: sharenting. Sharenting describes parents' habitual use of social media to share news and images of their children – whether it is poking fun at a pouty teen at a museum or a toddler in the midst of potty-training, proudly clad in Spiderman briefs.

Sharing the highs and lows of parenthood can create camaraderie and support. But before we enter into the social media space, we need to consider whether we are potentially compromising our children's safety.

We tap into a support network to get us through those difficult moments. An online support community can be crucial for parents whose children have health, emotional or behavioural struggles. Social media can help families stay connected with distant relatives. Video chats with grandparents benefit both kids and adults.

But a darker side to all of this online connectivity potentially exists:

- Posting about our children can put them at risk of identity theft and digital kidnapping, which is when someone copies pictures of a child and then uses the pictures, claiming to be the parent.
- Their photographs can be copied and reposted on webpages frequented by paedophiles.
- Posts can fuel bullying – online or in person.

If parents share without their children's permission, they may create a sense of mistrust and disrespect between them.

Adapted from a 2016 legal paper on children's privacy in social media, these guidelines are helpful to keep in mind before posting online about your children:

- First, ask yourself who will benefit from the post. If you're not posting pictures, comments or information about your children for their benefit (to help them bond and communicate with distant relatives, for example), skip it.
- Before you share online, be sure you'd be just as comfortable sharing the same information in public – because you are. Do not discuss your children's behavioural or emotional struggles.
- Do not share information about your child's location, since this can put your young one at risk.
- Before posting about your children, ask yourself how they might feel in the future about what you're sharing.
- Never post pictures of children of any age in any state of undress, even a baby in a bath tub. Such pictures can be copied and reposted on sites used by paedophiles.
- Do not include their full name and birth date in your social feeds – such as with a birth announcement. Doing so risks identity theft.
- Know the privacy settings on the platforms you use, but also understand that even posts shared with closed groups can reach a wider audience than intended.

Set up an alert on Google for your kids' names to track where information about them appears.

Sharing our parenting journey with family, friends and support groups is valuable and it is here to stay. But before we hit the "post" button, let's be mindful and carefully consider the consequences by asking who our sharenting serves and how it may negatively affect our kids. Let's create an online world that's safe, considerate and supportive, and share stories that make everyone feel comfortable.

Reference: Kate Land, http://health.usnews.com/wellness/for-parents/articles/2017-02-13/sharenting-do-you-share-too-much-about-your-children-on-social-media?src=usn_tw
